



2ND LOWER SILESIA OPEN JUDO CUP

11.04.2026 – KRZEPTÓW

NEXT TOURNAMENT: 9.05.2026

1. Organizers: Lower Silesian Judo Association, Marshal Office of the Lower Silesian Voivodeship, MKS Juvenia Wrocław

2. Competition venue: School and Kindergarten Complex in Krzeptów, Wladyslaw Reymont St. 1, 55-080 Krzeptów

3. Competition schedule – 11.04.2026 (Saturday)

8:30 – Opening of the sports hall

9:30 – Official opening ceremony

	U9	U11	U13	U15
weigh-in	none	none	13:50–14:40	16:40–17:20
warm-up	9:35–9:50	12:00–12:15	15:00–15:15	17:30–17:50
fight start	9:50	12:15	15:15	17:50

Medal ceremonies will take place during the competition.

If there are changes in the schedule, information will be published and sent to coaches.

The team ceremony will take place after the last individual medal ceremony.

4. Competition office: The office will be open in the sports hall from 9:00 until the end of the tournament.

5. Tournament director: Zbigniew Zamęcki phone: (+48) 601-57-45-20

6. Chief referee: Iza Kamińska-Lubczyńska

7. Applications: Registration is available in the Judo Mobile app and at:

<https://judomobile.app/t/pds26-2>

Registration opens: 24.03.2026 and closes: 9.04.2026 at 23:00

8. Entry Fee: 120 PLN/30 Euro per participant.

The fee must be paid in cash at the competition office by the coach. The fee is based on the number of registered athletes.

In U9 and U11 categories, we ask coaches to verify athletes' weight (no official weigh-in).

Withdrawal is possible by email until 16:00 on the day before the competition.

Fee for late withdrawal: 220 PLN.



9. Age groups:

U15 – born 2012–2013

U13 – born 2014–2015

U11 – born 2016–2017

U9 – born 2018–2019

The competition is open. Athletes from outside Lower Silesia may participate.

10. Weigh categories:

U15 Boys – 35,38, 42, 46, 50, 55, 60, 66, 73, 81, +81 kg

U15 Girls– 32, 36, 40, 44, 48, 52, 57, 63, 70, +70 kg

U13 Boys – 25, 29, 32, 35, 38, 40, 43, 46, 49, 53, 56, 60, 65, +65 kg

U13 Girls – 26, 30, 33, 36, 40, 44, 48, 52, 57, +57 kg

For U9 and U11, weight categories will be set after registration.

The weight difference between athletes should not be more than 3 kg (except the highest category). Boys and girls will not fight each other.

A weight category limit has been introduced: U9 – 40, U11 – 66

11. Weigh-in

Weigh-in according to the competition schedule.

Athletes must show ID and valid medical certificate (or signed declaration).

Coaches receive weigh-in cards. 200 g weight tolerance is allowed.

Athletes must wear underwear during weigh-in.

If an athlete exceeds the weight limit, they will be moved to a higher category.

Each athlete may compete in only one age and one weight category.

12. Competition system

U9 and U11 – group system (one group) from 3 to 5 athletes

2 athletes – best of three fights

U13 and U15:

2 athletes – best of three fights

3–5 athletes – one group

6 or more – cup system with double repechage

The tournament will be held on 6 mats.

Competition rules follow the Polish Judo Association rules. Changes for U9 and U11 (for safety reasons) are available at: www.pdsjudo.pl

13. Fight time

U9 and U11 – 2 minutes continuous time + golden score

U13 – 3 minutes + golden score (max. 1 minute) + golden score

U15 – 3 minutes + unlimited golden score

Golden score ends with the first point scored.

14. Awards:

U9 and U11 – all athletes receive medals and diplomas.

U13 and U15 – places 1–3 receive medals, places 1–5 receive diplomas.

Top 5 teams receive trophies (based on medal ranking).

15. COACH / TEAM MANAGER

All formal matters, including payment, must be handled by the coach or team manager.

Coaches receive weigh-in cards during weigh-in.

16. Team classification

Team ranking is based on medals won by clubs in U9, U11, U13, and U15.

Gold medals count first, then silver, then bronze.

Top 5 teams receive commemorative trophies.

17. Rankings

Rankings are regulated by separate rules.

The team ranking summary will be done after the last fight on Saturday.

Individual awards will be presented during the 2027 Lower Silesia Championships.

18. OTHER INFORMATION

The organizer may check the weight of U9 and U11 athletes in case of doubt.

Large weight differences may result in disqualification.

Athletes must have accident insurance (NNW). Clubs are responsible for insurance.

Athletes must have valid medical clearance.

The organizer is not responsible for incidents.

By participating, athletes agree to the use of their image for promotion (website, social media, advertising materials, etc.).

The tournament will be streamed online at:

<https://www.youtube.com/@PucharDolnegoSlaska>

See you at the competition!



DOLNY ŚLĄSK



www.pdsjudo.pl