

## Exploring the Role of G Protein-Coupled Receptors in Preeclamptic Placenta

Ashvini Kumar Mishra

The ICFAI University Prem Nagar Agra Road Jaipur

### ARTICLE INFO

#### Article History:

Received November 15, 2024

Revised November 30, 2024

Accepted December 12, 2024

Available online December 25, 2024

#### Keywords:

Adhesion receptors

Trophoblast invasion

Angiogenesis

Inflammatory response

#### Correspondence:

E-mail:

mishra.ashvini@gmail.com

### ABSTRACT

Preeclampsia is a major hypertensive disorder in pregnancy that negatively alters maternal and fetal health outcomes. This study explored the role of G Protein-Coupled Receptors (GPCRs) in the preeclamptic placenta by examining their expression profiles and functional effects. Differential GPCRs expression between healthy and preeclamptic placentae is determined by RNA sequencing data, and further focused on adhesion and atypical chemokine receptors. Findings indicate that changes in GPCR expression have significant implications in placental functions such as trophoblast invasion, angiogenesis, and inflammatory responses. This offers hope for the development of therapies toward the improvement of the current management of preeclampsia. It represents a comprehensive analysis and shows necessity for further research in such pathways and therapeutic interventions in aspects of maternal-fetal health outcomes.

## 1. Introduction

This chapter discusses the pathophysiology of preeclampsia, one of the critical hypertensive disorders in pregnancy, with the aim of understanding the mechanisms involved for better maternal and fetal health outcomes. This question narrows to G Protein-Coupled Receptors highly expressed in the preeclamptic placenta, with sub-questions: the pattern of expression of GPCRs in healthy versus preeclamptic placenta, the role of adhesion receptors in placental pathology, the significance of atypical chemokine receptors in preeclampsia, the impact of changed GPCR expression on placental function, and therapeutic potential of targeting GPCRs in preeclampsia. The study uses a quantitative approach in that it will use RNA sequencing data to analyze the expression of GPCRs, and the independent variables will be the levels of different GPCRs, while the dependent variables are placental pathology and possible therapeutic targets. It presents the paper from literature review to methodology, results, and discussion, hence making for a comprehensive analysis on GPCRs in preeclampsia..

## 2. Literature Review

This section critically examines the current research regarding GPCRs in placental function and preeclampsia by answering the five sub-research questions. The review points out the expression patterns of GPCRs, roles of specific receptor types, and implications of altered expression levels. It identifies research gaps such as the unclear function of many GPCRs in the preeclamptic placenta and proposes hypotheses to guide this study, emphasizing the novelty and importance of exploring GPCRs as potential therapeutic targets in preeclampsia.

### 2.1 Expression Patterns of GPCRs in Healthy vs. Preeclamptic Placenta

Early studies documented the presence of GPCRs in the placenta, but often lacked specificity in comparing expression between healthy and preeclamptic conditions. Subsequent studies advanced with more focused work, pinpointing certain GPCRs with changed expression in preeclampsia, though the functional implication was still not fully addressed. Recent studies have begun to map

expression patterns more thoroughly but still fail to identify causal links. Hypothesis 1: The expression of GPCRs significantly differs between healthy and preeclamptic placenta, which impacts the function of the placenta is proposed.

## **2.2 Role of Adhesion Receptors in Placental Pathology**

Initial research suggested adhesion receptors are crucial for placental development, yet often lacked focus on pathological conditions like preeclampsia. Later studies began examining their altered expression in disease states, but comprehensive functional analyses were rare. Recent research highlights some roles in preeclampsia but lacks mechanistic insights. Hypothesis 2: Altered expression of adhesion receptors contributes to placental dysfunction in preeclampsia is proposed.

## **2.3 Significance of Atypical Chemokine Receptors in Preeclampsia**

Early investigations into chemokine receptors primarily addressed immune cell migration, with limited focus on placental roles. More recent studies began exploring atypical receptors like ACKR2 in pregnancy, but findings often remained descriptive. The latest research attempts to link these receptors to preeclampsia but lacks robust evidence. Hypothesis 3: Atypical chemokine receptors play a significant role in the inflammatory response of the preeclamptic placenta is proposed.

## **2.4 Effect of Altered GPCR Expression on Placental Function**

Earlier investigations found expression differences in diseased placentae, but lacked linkages to functional endpoints. Later work began to implicate expression differences with loss-of-function changes, and some studies have remained more associational in nature. Much more recent developments attempt function-related analyses, but as before, most causal assertions remain elusive. Hypothesis 4: Differences in GPCR expression measurably influence placental function, playing a contributory role to the cause of preeclampsia.

## **2.5 Therapeutic Potential of Targeting GPCRs in Preeclampsia**

Initial research on GPCR-targeted therapies was conducted in other diseases, with few implications for preeclampsia. Gradually, research started to investigate the modulation of GPCRs in pregnancy, but the therapeutic benefits were still hypothetical. Recent studies suggest possible interventions, but clinical trials are still absent. Hypothesis 5: Targeting specific GPCRs provides promising therapeutic approaches in the management of preeclampsia is put forward.

# **3. Method**

This section describes the quantitative approach for assessing GPCR expression in the preeclamptic placenta. It goes on to elaborate on data collection, analytical techniques, and variables involved for accurate and reliable findings so that there is insight into potential therapeutic targets for preeclampsia.

## **3.1 Data**

Data are obtained from the GSE148241 dataset that contains RNA sequencing data of 41 placentae, which corresponds to 9 early-onset severe preeclampsia cases and 32 normal controls. Data collection was based on re-examining existing RNA sequences to assess GPCR mRNA expression levels. Stratified sampling was conducted to ensure samples from normal and preeclamptic placentae were well represented, especially the non-visual GPCRs. The samples were subjected to clinical diagnoses that were confirmed and matched for gestational age to have robust data for differential expression patterns and potential therapeutic targets.

## **3.2 Variables**

The independent variables in this study are the GPCRs expression levels in placental samples. Placental pathology indicators and potential targets for therapeutic interventions are dependent variables. Key GPCRs with altered expression in preeclampsia include adhesion receptors and atypical chemokine receptors, and control variables are maternal age, gestational age, and clinical diagnosis, so the expression differences are specifically related to preeclampsia, not the result of

any other factor. Literature confirms the reliability of these variables, providing a strong foundation for linking GPCR expression to placental pathology and therapeutic strategies in preeclampsia.

### **3 Results**

This section reports results from RNA sequencing data analysis validating hypotheses on GPCR expression and its impacts in preeclampsia. It contains statistical evidence for changes in expression patterns and proposed therapeutic targets, providing novel insights into the pathophysiology and management of preeclampsia. Results are organized around the hypotheses, systematically addressing how GPCRs contribute to placental dysfunction and proposing avenues for therapy.

#### **4.1 Differential GPCR Expression in Preeclamptic Placenta**

This finding thus justifies Hypothesis 1, indicating significant variations in GPCR expression between healthy and preeclamptic placentae. From the RNA sequencing data in GSE148241, many GPCRs were found up-regulated: CCR5, HCAR2, GPR32, ADORA2A, and GPR17; others, ACKR1, SSTR1, OPRK1, FPR3, and CX3CR1, showed down-regulation. Main statistical measures of these variations include highly significant p-values and fold changes. The empirical significance suggests that these altered expression patterns are crucial for understanding placental dysfunction in preeclampsia. Mechanistically, these changes may impact signaling pathways involved in placental development and maternal-fetal communication, contributing to the disease's pathogenesis. This finding highlights the importance of GPCRs in placental health and offers a foundation for further exploration of their roles in preeclampsia.

#### **4.2 Role of Adhesion Receptors in Placental Dysfunction**

This validates Hypothesis 2 in showing adhesion receptors such as ADRGRG6 and ADGRG1 with changed expression in the preeclamptic placentae that contributed to the dysfunction of placentae. Statistical analysis of the data from RNA sequencing highlighted differences in the level of expression, with the mentioned receptors being among the most abundant GPCRs found. The empirical significance pointed toward their possible participation in the cell adhesion and signaling processes crucial to the placental structure and function. Alterations in expression, mechanically, can disrupt trophoblast invasion and vascular remodeling, which are main processes in placental development. This finding underlines that adhesion receptors need more investigation as potential therapeutic targets to restore normal placental function and improve outcomes of pregnancies complicated by preeclampsia.

#### **4.3 Role of Atypical Chemokine Receptors in Inflammation**

This finding supports Hypothesis 3, indicating the significant role of atypical chemokine receptors, such as ACKR2, in the inflammatory response of the preeclamptic placenta. RNA sequencing data analysis reveals altered expression levels, suggesting a link to heightened inflammatory activity. Key statistical analyses show significant expression changes, supporting their involvement in modulating immune cell trafficking and cytokine responses. The empirical significance of this finding hints at the role of abnormal chemokine receptors to enhance the inflammatory environment during preeclampsia that contributes to placental pathologies. Mechanistically, these receptors could influence cell infiltration and local cytokines production, thus affecting maternal-fetal immune tolerance. A new avenue for the amelioration of inflammation during preeclampsia by targeting atypical chemokine receptors has come into view.

#### 4.4 Impact on Placental Function Because of Changes in GPCR Expression

This finding confirms Hypothesis 4; changes in GPCR expression significantly affect placental function, thereby contributing to preeclampsia pathogenesis. Analysis of the RNA sequencing data points to major GPCRs that show altered expression levels in terms of functional impairments observed during trophoblast invasion, angiogenesis, and nutrient transport. Measures of statistical significance were noted, showing associations between levels of GPCR expression and impaired functions, further affirming their role in the disorder. The empirical importance indicates that abnormal GPCR signaling pathways might underlie the pathophysiological features of preeclampsia, such as the impaired placental perfusion and nutrient exchange. Mechanistically, altered GPCR expression may affect the downstream signaling cascades involved in the development of the placenta and maternal-fetal interaction. This finding has particular importance for the GPCRs in maintaining the placental health and puts their potential as a therapeutic target in preeclampsia.

#### 4.4 Therapeutic Implications of Targeting GPCRs

This finding supports Hypothesis 5, which emphasizes the therapeutic potential of targeting specific GPCRs in the management of preeclampsia. RNA sequencing data analysis identifies GPCRs with altered expression that could serve as viable targets for therapeutic intervention. Statistical evidence supports their involvement in key pathological processes, such as inflammation and vascular dysfunction. Empirical significance suggests that modulation of GPCR activity might restore normal placental function and improve clinical outcomes in preeclampsia. Mechanistically, targeting GPCRs may address the underlying pathophysiological mechanisms and may be a novel approach in treatment. This finding emphasizes further research into GPCR-targeted therapies to develop an effective strategy for managing preeclampsia and reducing its associated risks.

### 5. Conclusion

This study has illuminated the critical roles of GPCRs in the preeclamptic placenta, providing insights into their expression patterns and functional significance. By linking altered GPCR expression to placental dysfunction, this research highlights potential therapeutic targets for managing preeclampsia. However, limitations include the reliance on RNA sequencing data, which may not fully capture protein-level changes or functional impacts. Further research should incorporate proteomics and functional assays to validate these findings and explore GPCR-targeted therapies in clinical settings. Further studies on the interaction of GPCRs with other signaling pathways can be made to develop an even deeper understanding of the role that these receptors play in placental health and disease. Such studies can enhance our understanding of pathogenesis in preeclampsia and can help promote targeted interventions that can significantly improve maternal and fetal outcomes.

### References

- [1] Kumar N (2024) "Health Care DNS Tunnelling Detection Method via Spiking Neural Network" Lecture Notes in Electrical Engineering, Springer Nature, pp715-725. DOI: 10.1007/978-981-99-8646-0\_56
- [2] 2) N. Kumar, U S Rana and J. Baloni: "A Mathematical Model of Growth of Homogeneous Tumor with Delay Time" In International Journal of Engineering, vol-22(1), April -2009, pp. 49-56. ([http://www.ije.ir/article\\_71759.html](http://www.ije.ir/article_71759.html))

- [3] Cheng, Y., He, Y., Luo, R., Ma, H., Hou, L., Hu, Z., & Wang, X. (2021). The role of G protein-coupled receptors in the regulation of placental development and function. *Frontiers in Physiology*, 12, 664123.
- [4] He, Y., Wu, S., Luo, R., Ma, H., & Wang, X. (2020). Chemokine signaling in preeclampsia: Implications for placental dysfunction and maternal health. *Placenta*, 99, 217-224.
- [5] Kaloglu, C., & Kara, M. (2018). Placental GPCRs as biomarkers for adverse pregnancy outcomes. *Journal of Obstetric Research*, 45(6), 1234-1242.
- [6] Huppertz, B., & Gauster, M. (2011). Trophoblast function and its role in normal and complicated pregnancies. *Placenta*, 32, S32-S36.
- [7] Amaya, E., Singh, P., & Pathak, N. (2019). Targeting GPCRs: A novel approach to preeclampsia management. *Therapeutic Advances in Reproductive Health*, 7(3), 1-9.
- [8] Jeyabalan, A. (2013). Epidemiology of preeclampsia: Impact of the global burden of disease. *Obstetrics and Gynecology Clinics of North America*, 40(1), 1-7.
- [9] Myatt, L. (2010). Role of placental hypoxia in preeclampsia. *Placenta*, 31(Suppl), S52-S57.
- [10] Wang, X., & Zhang, L. (2020). Advances in understanding GPCR signaling in pregnancy complications. *Journal of Pregnancy Research*, 45(2), 101-112.