

WALLEM	SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER In accordance with: STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended (Confidential Document)	Form: OHF 48 Version: 01 Date: 18 Aug 21 Page: 1 of 7

Pre-Sea Exam: ☒	Periodic Exam: ☐	Other: ☐
---	---	---------------------------------

Examination for duty as: Master: Y/N: ☐ Deck Officer: Y/N: ☐ Eng Officer: ☒ Y/N: ☒ Ratings: Y/N: ☐ Cook: Y/N: ☐ Other: Y/N: ☐ Please specify _____		Fit to perform the duties he/she is to carry out. ☒	Fit to perform the duties he/she is to carry out with the prescribed medicines which will not affect seafarer's health while onboard. ☐	Temporarily unfit to perform the duties he/she is to carry out. ☐	Permanently unfit to perform the duties he/she is to carry out. ☐
--	---	---	--	--	--

To be filled by Manning Centres		UNIVERSAL SHIPPING SERVICES	
Name, Address with Contact details of Manning Centre:			
Vessel to be assigned:	MV. CRONUS LEADER	Routine & Emergency Duties (if known):	Position Offered/ Applied for: CHIEF ENGINEER
Type of vessel (Container, Tanker, Passenger etc):	PGTC		
Trade area (e.g. Coastal, Tropical, Worldwide):	Cosatal ☐ Tropical ☐ WorldWide ☒		

Part I - Examinee's Personal Declaration with Medical History (Examinee is to be answer the following to the best of examinee's knowledge) (Assistance should be offered by medical staff)

In case of any wrongful Act or misrepresentation/ suppression of material fact(s) of information or infringement the concerned seafarer shall be fully responsible/ liable for the consequences/ damages / penalties as per the provisions or the applicable laws.

Examinee's Personal Details			
Name of Examinee (Family/ last, first, middle):		MORSHED AKM MONJUR	
Home/ Permanent Address:		FT:RHS, HS:185, RD:5, BLOCK-A, BASHUNDHARA R/A DHAKA-1229, BANGLADESH.	
Mailing Address:		mmonjurmorshed@yahoo.com	
Date of birth (day/month/year):	19 / 10 / 1961	Sex:	MALE
Place of Birth:	City: BARISAL Country: BANGLADESH	Nationality:	BANGLADESH
Civil Status:	MARRIED		
Identity Docs/ Passport /Discharge Book No:	C/O/2583		

Is there any past / present history of any of the following Examinee	Examiner's	Is there any past / present history of any of the following Examinee	Examiner's
---	------------	---	------------

04.2024.5802

**SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED
BY AN APPROVED EXAMINER**

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and
Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

Form: OHF 48
Version: 01
Date: 18 Aug 21
Page: 2 of 7

WALLEM

	Declaration		Record			Declaration		Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Loss of Consciousness/ Fits / Head Injury / Dizziness / Loss of Memory		✓		✓	Malignant Disease (Cancer) including Lymphoma, Leukaemia and related conditions Recurrence – especially Acute Complications, e.g. Harm to Self from Bleeding and to others from Seizures / Tumor		✓		✓
Neuropsychiatric diseases or Depression/ Suicidal Tendency/ Psychosis		✓		✓	Stomach / Bowel Disorders/ Digestive Disorder		✓		✓
Ear (Hearing, tinnitus) Problems / Impairment		✓		✓	Gall Stones/ Jaundice / Kidney Disorders		✓		✓
Mental Diseases, Breakdown / Sleep Disorder		✓		✓	Severe/ Frequent/ One Sided Headaches (Migraine)		✓		✓
Fractures / Dislocations / Injury / Amputation/ Restricted Mobility		✓		✓	Back / Joint Problems/ Wrist Problems/ Slipped Disc		✓		✓
Eye/ Vision Problems (Whether using Glasses/ Contact lenses)		✓		✓	Hernia / Hydrocoele / Appendicitis		✓		✓
Balance Problem		✓		✓	Piles / Varicose Veins		✓		✓
Sinuses/ Nose/ Throat Problems		✓		✓	Allergies / Rash/ Skin Disease		✓		✓
Thyroid Problem		✓		✓	Female Disorders		✓		✓
High / Low Blood Pressure/ Blood Disorder		✓		✓	Major / Minor Operation/ Surgery		✓		✓
Heart Disease, Surgery / Chest Pain/ Vascular Disease (inc. Pedal Pulses)		✓		✓	Contagious Diseases/ Gastrointestinal infection / Other Infections		✓		✓
Chronic Cough/ Asthma / Bronchitis / Tuberculosis/		✓		✓	Sexually Transmitted Disease/ Infections		✓		✓
Shortness of Breath		✓		✓	Addiction to Alcohol/Drugs/Cigarettes /Tobacco.		✓		✓
Rheumatic Fever		✓		✓	Diabetes		✓		✓
for Male Examinee	Yes	No	If "Yes", give details			for Female Examinee	Yes	No	
Prostate Problems/ Testicular Lumps		✓				Breast Lumps/ Menstrual Problems		✓	
Penile Discharge		✓				Pregnancy		✓	
Multiple Partners		✓				Multiple Partners		✓	

If "Yes", to any of the above, please explain:

Additional questions :	Yes	No
Have you ever been signed off on medical grounds, declared unfit or repatriated from a ship?		✓
Have you ever been hospitalized?		✓
Have you ever been declared unfit for sea duty?		✓
Has your medical certificate ever been restricted or revoked?		✓
Are you aware that you have any medical problems, diseases or illnesses?		✓
Do you feel healthy and fit to perform the duties of your designated position/occupation?	✓	
Are you currently under a doctor's care/ medication?		✓
Are you allergic to any medications?		✓
Malaria, Typhoid, Viral fever (Dengue, Chikungunya, etc), Chicken Pox		✓
Liver diseases (Hepatitis A,B,C,D & E, Amoebic Abscess)		✓



WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/IHS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and
Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

Form: OHF 48
Version: 01
Date: 18 Aug 21
Page: 3 of 7

Arthritis, Spondylosis (Osteoarthritis, Rheumatoid) & Gout		
In the last one week have you consumed any of these Drugs/ Medication		
Cough Syrup, Sleeping Tablets, Cold, Action 500 etc.		
Pain Killers, If Yes, Please State name of Drug Crocin/ Aspirin/ Fortwin etc.		
Corticosteroids, Anti-epileptic Drugs, Nasal Drops etc.		
Any Medicine/ Injections from your family Doctor		
To What Extent Do You Use: Alcohol: <u>NO</u> , Cigarettes: <u>NO</u>		
Tobacco: <u>NO</u> , Drugs: <u>NO</u>		
Are you taking any non-prescription or prescription medications?		
If yes, please list the medications taken and the purpose(s) and dosage(s).		
Date and contact details for previous medical examination (if known):		
Are you coming from or have travelled through high risk areas? If yes, please mention the names of countries that you have been to (including ports of call in your last vessel).		
Family History :	Yes	No
Diabetes		
Blood Pressure/ Heart Disease		
Mental Illness/ Epilepsy/ Seizure		
Cancer		
If "Yes", to any of the above, please explain:		

Any other major conditions?	
Would you say that your health is: Excellent * Good * Fair *	
I <u>AKIM DAUD J. R. MARSHED</u> holding Passport/Seaman Book no <u>41012683</u> hereby declare that I have made full disclosure of all of my medical history to the doctors and staff of this clinic. I am aware that the information supplied by me forms the basis upon which I will be offered employment as a seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and / or compensation which would otherwise be due to me under the Contract of Employment or under any Collective Bargaining Agreement. I also hereby consent to my medical records being made available upon demand to my employers and / or the owners and / or Insurers of the vessel or their authorized representatives. I hereby also certify that the personal declaration above is a true statement to the best of my knowledge and I hereby authorize the release of all my previous medical records from any health professionals, health institutions and public authorities to	
Dr. <u>DAIR DAD. RAHMAN</u> (the approved medical practitioner carrying out the medical examinations).	
Signature of Examinee:	Date(day/month/year): <u>30 JAN 2024</u>

Height in cms: <u>163</u>	Weight in Kg: <u>80</u>	Blood Pressure	Systolic <u>120</u> (mmHg)	Diastolic <u>80</u> (mmHg)
BMI: <u>29.7</u>	Temperatures: <u>98.1</u>	Pulse Rate:	<u>78/min</u>	Respiratory rate
Chest:	Insp: <u>42</u>	Rhythm:	<u>Regular</u>	General Condition
	Exp: <u>42</u>	Oral Health	<u>Normal</u>	<u>Good</u>

Part II - Medical Examination

The Company has set the following BMI limits:
A seafarer with a BMI: 18 or below; or 30 or above is considered temporarily unfit.
For seafarers from Northern Europe, the Indian subcontinent, Russia, Ukraine & Romania with a BMI of between 30 and 35 and where this, in the Government (DGS) approved medical examiner's opinion, is attributable solely to physique with broad shoulders/large muscle bulk with main muscles clearly defined and not obscured by subcutaneous fat and no co-morbid complications (eg. Diabetes, Hypertension, Dyslipidemia etc) then the seafarer in question MUST undergo a stress/ treadmill test.

If the results of the stress/ treadmill test are average or above, seafarer can be considered "fit to work", however, the seafarer MUST always be counselled on weight loss and ways/measures to improve their health.



**SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED
BY AN APPROVED EXAMINER**

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and
Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

Form: OHF 48
Version: 01
Date: 18 Aug 21
Page: 4 of 7

BMI MUST also be taken into consideration during the seafarer's pre-employment medical examination and it is the responsibility of each manning centre to instruct their accredited clinic(s) to ensure that a seafarer's BMI is taken during the medical examination, the Company standards applied and if outside the limits, the manning centre must be notified, who will then seek further guidance from the Crewing Dept.

	Visual acuity						Visual fields		
	Unaided			Aided			Right eye	Normal	Defective
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular			
Distant				6/6	6/6				
Near				N5	N5				

Are glasses or contact lenses necessary to meet the required vision standard? Yes / No

If yes, specify which type and for what purpose:

Colour vision:

Date of last colour vision test:		Type:	Book *	Lantern *	Ishihara *	CIE-43-2001 *
Check if colour test is Normal:	Yellow	*	Red	*	Green	* Blue *
Colour Vision:	Not tested	*	Normal	*	Doubtful	* Defective *

Hearing:

Pure tone and audiometry (threshold values in dB)							Speech and Whisper Test (Meters)		
Audiometry	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz		Normal	Whisper
Right ear	20	20	20				Right ear		
Left ear	20	20	20				Left ear		

Speech (Deck/Navigational Officer): Is speech unimpaired for normal voice communication?

	Normal	Abnormal		Normal	Abnormal
Head			Varicose Veins		
Eyes			Vascular (Inc. Pedal Pulses)		
Eye Movement/Pupils			Abdomen and Viscera		
Ophthalmoscopy			Hernia		
Ears, Tympanic Membrane			Anus (Not Rectal Exam.)		
Sinuses, Nose, Throat			G-U System		
Mouth/Teeth/Gums			Upper & Lower Extremities		
Nervous System			Spine (C/S, T/S and L/S)		
Heart			Neurologic (Full Brief)		
Lung and Chest			Psychiatric		
Breast Examination			Pupils		
Skin			Musculoskeletal System		

Cardiovascular System:

	Normal	Abnormal		Normal	Abnormal
Ischaemic Heart Disease			Hypertension		
Dysrhythmia/ Pacemaker			Congenital Heart Disease		
Valvular Heart Disease			Peripheral Circulation		
Cardiomyopathy			Pulmonary Circulation/ TB		
Aneurysms					

Chest X-ray (PA) Not performed *
Performed * on (day/month/year): 30 JAN 2024

Result: *Normal*



WALLEM

SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and
Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

Form: OHF 48
Version: 01
Date: 18 Aug 21
Page: 5 of 7

Other diagnostic test(s) and result(s):

Test:

Result:

Investigation:

Blood			Urine		Additional Tests		
Result	Normal		Result		Result	Normal	
Haemoglobin "Hb" g/dl	14.2	13 - 18 gm/dl	Colour	nil	(HbA1c)	5.2	4.0 % - 6.5 %
Total WBC count	9.100	4,000 - 11,000 / cu.mm	Specific Gravity	nil	RBS/ FBS (Blood test)	5.8	
Neu 62 %, Lymph 23 %, Eos 02 %, Bas 0 %, Mo 03 %			pH	nil	Total Bilirubin	0.59	0.1 - 1.0 mg/dl
Blood Group & Rh factor (tested only once, need not be repeated)			Albumin	nil	Direct Bilirubin	nil	0.0 - 2.5 mg/dl
BI ESR	0.9	1 - 15 mm / hr	Sugar	u	Indirect Bilirubin	nil	0.0 - 0.75 mg/dl
Platelets	297000	1.50-4.00 Lakh/ul	Bile Pigment	y	SGPT	nil	9 - 43 U/L
Fasting Lipid Profile			Bile Salt		SGOT	22	0 - 40 IU/L
S. Triglycerides	156	25-200 mg/dl	Occult Blood	u	SGGT	38	0 - 49 IU/L
Cholesterol Serum	171	130-220 mg/dl	RBC Cells	u	Blood Urea	nil	10 - 50 mg/dl
HDL Cholesterol Serum	44	35-65 mg/dl	Leucocytes	u	S. Creatinine	0.89	0.8 - 1.4 mg/dl
LDL Cholesterol Serum	28	85-150 mg/dl	Stool Test		Result		
VLDL Cholesterol Serum	nil	07-35 mg/dl	Bacteriological	nil	BUN	20	5-23mg/dl
Total / HDL Cholesterol	nil	3.0-5.0	Parasitical	u	PSA	nil	Less than 4.00 ng/ml
LDL / HDL Cholesterol	nil	2.5-3.5	Others		Malarial Parasite	not found.	
Hepatitis B	Positive	Negative	HIV I & II	negative	Uric Acid	4.1	2.4 - 7.5 mg/dl
Hepatitis C	Positive	Negative	VDRL	non reactive			

Drugs: Method:

Results:

Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids Urine *	Cocaine / Urine *	Opiates & Morphine *
Cut Off Limit	(1000 ng/ ml)	(200 ng/ ml)	50 ng/ ml	(300 ng/ ml)	
Not Detected	Amphetamines/ Urine *	Barbiturate/ Urine *	Marijuana, THC, Cannabinoids / Urine *	Cocaine / Urine *	Opiates & Morphine *
Spirometry	Normal	TMT	negative	Drugs of Abuse	negative
ECG	normal	ECHO	normal	Ultrasound (USG) of the Abdomen & Pelvis	Normal.

Part III - Result of Medical Examination

Is applicant vaccinated in accordance with WHO requirements? Yes / No

Vaccination status recorded: Yes / No Satisfactory * to be renewed *



SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED BY AN APPROVED EXAMINER

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and
Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

Form: OHF 48
Version: 01
Date: 18 Aug 21
Page: 6 of 7

(Confidential Document)

Details:

Describe restrictions (e.g. specific positions, type of ship, trade area):

Action taken by medical examiner (e.g. referral):

Examination	Results of the examination		Examination	Results of the examination	
	Pass	Fail		Pass	Fail
Medical History	✓		Fecalysis (food service/ handlers only)	✓	
Physical Examination	✓		Hep B Antigen	✓	
Dental Examination	✓		Hep C Antibodies	✓	
Psychological Test	✓		Stress Test	✓	
Visual Test	✓		Diabetes	✓	
Colour Vision	✓		Ultrasound Examination (Presence of gall & Kidney Stones)	✓	
Audiometry	✓		Alcohol/ Drug Test	✓	
EKG	✓		2D echo Doppler study (for heart patient) Psychometric evaluation	✓	

If failed in any above mentioned examinations and examinations report attached to this form, please provide reasons with examination number:

This examinee is certified free of communicable disease (or viruses for cooks) : Yes / No

I have evaluated the above-named seafarer after establishing his identity as per the documents mentioned above and in compliance with the medical standards of STCW Convention, 1978, as amended, MLC 2006, ILO/IMO/JMS/2011/12- Guidelines on the Medical Examinations of Seafarers and also Merchant Shipping (Medical Examination) Rules by the Government (DGS), as amended from time to time. On the basis of the examinee's history, personal declaration, my clinical examination, the diagnostic test results obtained, and in consideration of the essential requirements of the position applied for, my opinion is

- (a) that the hearing meets the required standards for his / her rank and detect any audible alarms/ Unaided hearing is satisfactory
- (b) Visual acuity meets the required standards for his/her rank /Colour Vision meets the required standard (testing only required every 6 years unless considered necessary)/ that he / she is fit / unfit for look out duty
- (c) that he / she needs / does not need visual aids / informed to carry spares
- (d) that he/she is/is not taking regular medication & seafarer does /does not require to take same during his tenure onboard vessel that he/she is/is not taking any medication that has side effects that will impair judgment, balance, or any other requirements for effective and safe performance of routine and emergency duties onboard?
- (e) that the seafarer is not suffering from any disease, medical condition, disorder or impairment which renders him/her that will prevent the effective and safe conduct or likely to be aggravated by, or unfit for, routine and emergency service at sea or likely to endanger the health of other persons onboard ships.

	Deck service	Engine service	Catering service	Other services (training/ examination)
Fit:	*	✓	*	*
Unfit:	*	*	*	*

this seafarer is **UNFIT FOR DUTY**/ FIT FOR DUTY with/ without restrictions*** as mentioned below,

* This Medical Certificate is issued with following restrictions (e.g., specific position, type of ship, trade area & other as applicable):

** Reasons for being unfit



WALLEM

**SEAFARER'S PRE-SEA AND PERIODIC MEDICAL FITNESS EXAMINATIONS CERTIFIED
BY AN APPROVED EXAMINER**

In accordance with:
STCW Convention, 1978, as amended, MLC 2006,
ILO/IMO/JMS/2011/12 Guidelines on the Medical Fitness Examinations of Seafarers and
Merchant Shipping (Medical Examination) Rules of DG Shipping, Govt. of India as amended

(Confidential Document)

Form: OHF 48
Version: 01
Date: 18 Aug 21
Page: 7 of 7

This is to certify ARMANUR MURSHED was physically examined and he/she is found to
be FIT for sea service/ look-out duty for the period from _____ To _____ Place of medical
examination RADICAL HOSPITAL LIMITED Date of medical examination: 30 JAN 2024 Medical
certificate validity Uttara, Dhaka, Bangladesh (Year): 29 JAN 2025 Name of Examiner (Please Print):

(Validity should not be more than 2 years)

Degree: _____

Address: RADICAL HOSPITAL LIMITED

Tel./Fax/Email: Uttara, Dhaka, Bangladesh

Name of Medical Examiner/ Physician Certificate /License Issuing Authority:

Date of issue of Medical Examiner/Physician Certificate/ License: _____ Registration No. _____

Examinee's Signature

(This signature is affixed in the presence of the Medical Examiner
(print name of medical examiner if not legible) and I acknowledge, that
I have been advised of the content of the medical certificate & of the
right to a review in accordance with paragraph (6) of section A-1/9 of STCW
Code and my obligations.)

Date: 30 JAN 2024

Original: Master & Crewing Dept
cc: Seafarer

Official Stamp & Signature with Govt. (DGS) Approval/
No.....of Medical Examiner

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited

Remark: This form is to be uploaded in Crew Management System, Medical tab by the Manning centre.



REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER
As per Merchant Shipping (Medical Examination) Amendment Rules, 2000 and ILO IMO/JMS/2011/2012
(In Compliance with MLC 2006 & ISM/STCW 2010, Code 1/9)

Name : AKM MONJUR MORSHED Sex : MALE Serial No. : _____
Date of Birth : 19.10.1961 PP/CDC No. : C/0/2583 Nationality : BANGLADESHI
Rank : CHIEF ENGINEER Vessel : M.V. CRONUS LEADER Type : PCTC Route : WORLDWIDE
Home Address : FT:RHS, HS:185, RD.5, BLOCK-A, BASHUNDHARA R/A, DHAKA-1229, BANGLADESH
Company Name & Address : _____

Medical History : Please answer the following to the best of your knowledge

Is there any past/present history of any of the following?	Candidate Declaration		Examiner Record		Is there any past/present history of any of the following?	Candidate Declaration		Examiner Record	
	Yes	No	Yes	No		Yes	No	Yes	No
Severe one-side headaches (Migraine)		☒		☒	Hernia / Hydrocoele / Appendicitis		☒		☒
Head Injury / Concussion / Loss of Memory		☒		☒	High/Low Blood Pressure / Heart Disease		☒		☒
Fits / Epilepsy / Dizziness / Fainting		☒		☒	Asthma / Bronchitis / Tuberculosis		☒		☒
Eye / Vision / Problems (Glasses etc)		☒		☒	Allergy / Skin Disease		☒		☒
Hearing Impairment		☒		☒	Infection / Contagious Disease		☒		☒
Ear / Nose / Throat Problem		☒		☒	Addiction to alcohol / drugs / tobacco		☒		☒
Stomach / Bowel Disorders		☒		☒	Fracture / Dislocation / Injury / Amputation		☒		☒
Gall Stones / Kidney Disorders		☒		☒	Major / Minor Operation		☒		☒
Jaundice / Liver Disease		☒		☒	Diabetes		☒		☒
Piles / Varicose veins		☒		☒	Nervous / Mental disease / Sleep disorder		☒		☒
Blood Disorder		☒		☒	Malignant Disease (Cancer)		☒		☒
Female Disorders		☒		☒	Signed off on medical ground/Declared Unfit		☒		☒

Notes : _____
Candidate's Declaration : I, My signature below acknowledges that all statements provided by me in this application are true & correct to the best of my knowledge and belief and I further authorise & consent to the release of any/all of my medical records from any source including Insurance offices, Doctors, Hospitals or other institutions and public authorities. This general medical release will also authorize the release of any/all of my psychological records. If I am being tested for HIV virus, I consent to have the result revealed to my employer. I declare the above statements to be correct.
I hereby certify that the above medical statements are true and will form the basis of my medical examination. I agree that any omission or mis-representation shall preclude me from employment and other medical benefits.

Date : _____

Candidate's Signature

Medical Examination :

Height in cms	Weight in Kgs	Blood Pressure in mm of Hg	Pulse beats/min	Resp. Rate/min	General Appearance
<u>163</u>	<u>80</u>	<u>120/80/70</u>	<u>78/min</u>	<u>18/min</u>	<u>HEALTHY</u>
Compliant with MLC2006, STCW 2010 STANDARD A-1/9	Distant Vision (Snellen's Chart)	Uncorrected	Corrected	Field Of Vision	Audiometry
	Right Eye		<u>6/6</u>	Normal	Right Ear dB <u>20</u>
	Left Eye		<u>6/6</u>	Abnormal	Left Ear dB <u>20</u>
Colour Vision	Ishihara	Normal	Abnormal	*Hearing	Normal Voice
	Others	Normal	Abnormal	Right Ear	4 METER
				Left Ear	4 METER

Systemic Examination	Norm	Abnor	Notes	Norm	Abnor
Head & Neck	☒		FIT FOR SEA SERVICE AS CH. ENR AS PER MLC 2006 Enhanced GARD Medicals done	Respiratory System	☒
Eyes	☒			Cardiovascular System	☒
Ear / Nose / Throat	☒			Per Abdomen	☒
Teeth / Oral Cavity	☒			Genito-urinary System	☒
Musculo-Skeletal System	☒			Others	☒
Nervous System	☒			Hernia / Hydrocoele	☒
Reflexes	☒			Varicose Veins	☒
Skin	☒			Fissure / Fistula / Piles	☒

Investigations :

Blood	Result	Normal	Urine	Result	PHOTO
Hemoglobin	<u>14.2</u>	M:13-17 F:12-15 gm%	Colour	<u>STRONG</u>	
Total WBC Count	<u>9.100</u>	4000 - 10000 / cu.m	Specific Gravity	<u>1.01</u>	
Neu 62% Lymph 33% Eos 0% Mo 0%			pH	<u>4</u>	
ESR	<u>09</u>	1 - 10 mm/hr	Albumin	<u>0</u>	
SGOT	<u>27</u>	0 - 35 IU / L	Sugar	<u>0</u>	
SGPT	<u>23</u>	10 - 60 IU / L	Bile Pigment	<u>0</u>	
S. Cholesterol	<u>171</u>	130 - 220 mg / dl	Bile Salt	<u>0</u>	
S. Triglycerides	<u>156</u>	upto 200 mg / dl	Occult Blood	<u>0</u>	
Blood Sugar	<u>5.8</u>	upto 140 mg %	RBC Cells	<u>0</u>	
Creatinine	<u>0.89</u>	upto 1.5 mg / dl	Leucocytes	<u>0</u>	
GGTP	<u>3.8</u>	upto 55 IU / L	Spirometry	<u>NORMAL</u>	
HbsAg	<u>NEGATIVE</u>		Drug of Abuse	<u>NORMAL</u>	
HIV 1 & II	<u>NEGATIVE</u>		TMT	<u>NORMAL</u>	
VDRL	<u>NEGATIVE</u>		ECG	<u>NORMAL</u>	
Others	<u>NEGATIVE</u>		USG	<u>NORMAL</u>	
Blood Group	<u>O+ve</u>		XRy (Chest PA)	<u>NORMAL</u>	

Result Of Medical Examination

On the basis of the history, clinical examination & diagnostic tests, I, _____ hereby declare the above examinee has been found _____

Remarks / Recommendation : *Unaided Hearing : Satisfactory

I, _____, certify that all information required under Annexure E & F of M.S (Medical Examination) Rules 2000 are incorporated in this certificate.

Date of Medical Exam : 30 JAN 2024
Date of Medical fitness : 30 JAN 2024
Validity of Medical Certificate : 29 JAN 2025

IDENTITY OF CANDIDATE CONFIRMED WITH



DR. MIR. MD. RAIHAN

MBBS (DU), DPM, CCD (Birm), BGT (Opb)

DG Shipp.ng Bangladesh Approved

General Physician

Radical Hospitals Limited.

MEDICAL CERTIFICATE FOR PERSONNEL SERVICE ON BOARD

SURNAME: <u>MORSHED</u>	GIVEN NAME (S): <u>AKM MONJUR</u>	
DATE OF BIRTH: DAY <u>19</u> MONTH <u>10</u> YEAR <u>1961</u>	PLACE OF BIRTH CITY <u>BARISAL</u> COUNTRY <u>BANGLADESH</u>	SEX MALE ☒ FEMALE ☐
POSITION ON BOARD: MASTER ☐ DECK OFFICER ☐ ENGINEERING OFFICER ☒ RADIO OPERATOR ☐ RATING ☐	MAILING ADDRESS OF APPLICANT: <u>FLAT: RA5, HOUSE: 185, ROAD: 5, BLOCK-A</u> <u>BASHUNDHARA P/A, DHAKA-1229</u> <u>BANGLADESH</u>	

DECLARATION OF THE AUTHORIZED PHYSICIAN

	VISION		COLOR TEST TYPE	HEARING
	WITHOUT GLASSES	WITH GLASSES		
RIGHT EYE	—	<u>6/6</u>	☐ BOOK ☒ LANTERN YELLOW <u>MD</u> RED <u>MD</u> GREEN <u>MD</u> BLUE <u>MD</u>	RIGHT EAR <u>MD</u>
LEFT EYE	—	<u>6/6</u>		LEFT EAR <u>MD</u>

Confirmation that identification documents were checked at the point of examination: YES ☒ NO ☐

Hearing meets the standards in STCW Code, Section A-1/9? YES ☒ NO ☐ NOT APPLICABLE ☐

Unaided hearing satisfactory? YES ☒ NO ☐

Visual acuity meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐

Colour vision meets standards in STCW Code, Section A-1/9? YES ☒ NO ☐
(the visual test it is required every six years)

Date of the last colour vision test: (Day/Month/Year) 30 JAN, 2024

Are glasses or contact lenses necessary to meet the required vision standards? YES ☒ NO ☐

Able for watchkeeping? YES ☒ NO ☐

Is applicant taking any non-prescription or prescription medications? YES ☐ NO ☒

Is the seafarer free from any medical condition likely to be aggravated by service at sea or to render the seafarers unfit for such service or to endanger the health of other persons on board? YES ☒ NO ☐

Hereby I declare that I am in knowledge of the contents of the Physical Examination.

[Signature]

Signature of Applicant

AKM MONJUR MORSHED

Name of Applicant

30 JAN 2024

Date

CIRCLE APPROPRIATE CHOICE: (HE / SHE) IS FOUND TO BE (FIT / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFICER / ENGINEERING OFFICER / RADIO OPERATOR / RATING) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS:

FIT FOR DUTY ON BOARD SHIP

NAME AND DEGREE OF PHYSICIAN: DR. MD. RAIHAN MBBS. DPM
ADDRESS: RAJAN HOSPITAL LIMITED, UTARA
NAME OF PHYSICIAN'S CERTIFYING AUTHORITY: DC SHIPPING BANGLADESH
DATE OF ISSUE PHYSICIAN'S CERTIFICATE: 06 MAY 2014

SIGNATURE OF PHYSICIAN: [Signature] STAMP OF PHYSICIAN:  DATE: 30 JAN 2024

EXPIRY DATE OF CERTIFICATE: 29 JAN 2025

This certificate is issued in compliance with the requirements of the STCW Convention, 1978, as amended and the Maritime Labour Convention, 2006.

DR. MIR. MD. RAIHAN

MBBS (DU), DEM, CCD (Birdem), PGT (Ophth)

BMDA A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

General Physician

Radical Hospitals Limited.

MEDICAL FITNESS CERTIFICATE

FPS-410
Revised: Feb'10

LAST NAME OF APPLICANT MORSHED		FIRST NAME AKM MONTUR		MIDDLE INITIAL
DATE OF BIRTH 10 MONTH 19 DAY 1961 YEAR	PLACE OF BIRTH BARISAL		COUNTRY BANGLADESH	
EXAMINATION FOR DUTY AS : MASTER ☐ MATE ☐ ENGINEER ☒ RADIO OFF ☐ SEAMAN ☐		MAILING ADDRESS OF APPLICANT FLAT: RAS, HOUSE: 185, ROAD: 5, BLOCK-A DASHUNDHARA R/A, DHAKA-1229 BANGLADESH.		
MEDICAL EXAMINATION				
HEIGHT 164cm	WEIGHT 80kg	BLOOD PRESSURE 120/80 mmHg	PULSE 72/min	RESPIRATION 24/min
VISION:			HEARING:	
WITHOUT GLASSES WITH GLASSES 6/6			RIGHT EAR NAD LEFT EAR NAD	
COLOR TEST TYPE : BOOK ☐ LANTERN ☒ Check if color test is normal			YELLOW NAD RED NAD GREEN NAD BLUE NAD	
HEAD AND NECK Normal			HEART (CARDIOVASCULAR) Normal	
LUNGS Normal				
SPEECH : Is speech unimpaired for normal voice communication? Normal				
EXTREMITIES: UPPER Normal LOWER Normal				
Is applicant suffering from any disease likely to be aggravated by, or to render him unfit for, service at sea or likely to endanger the health of other persons onboard?				
THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO : AKM MONTUR MORSHED				
AND HE / SHE IS FOUND TO BE FIT FOR SEA SERVICE FROM				
NAME AND DEGREE OF PHYSICIAN DR. MIR MD. RAIHAN MBBS. DFM (PLEASE PRINT)				
ADDRESS RADICAL HOSPITAL LIMITED SECTOR-12, UTTARA, DHAKA-1230				
NAME OF PHYSICIAN'S LICENSING AUTHORITY DG SHIPPING BANGLADESH				
DATE OF ISSUE OF PHYSICIAN'S LICENSE 06 MAY 2024				
				SIGNATURE OF PHYSICIAN

This certificate is issued in compliance with the requirements of the Medical Examination (Seafarers) Convention 1946 (ILO No. 73)



DR. MIR. MD. RAIHAN
 MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
 BMDC A-55144, MMC-BGD-016
 DG Shipping Bangladesh Approved
 General Physician
 Radical Hospitals Limited.

WALLEM SHIPMANAGEMENT(INDIA) PVT. LTD.

Form : MHRS 08
 Prepared by : MR
 Approved by : MD
 Issued : Feb '08
 Revised : Mar '17

REQUISITION FOR SEAFARER'S MEDICAL EXAMINATION

(Confidential Document)

From : UNIVERSAL SHIPPING SERVICES

(Please write Name, Address & Contact Details of Manning Centre)

RADICAL HOSPITAL LIMITEDTo : Uttara, Dhaka, Bangladesh

(Please write Name, Address & Contact Details of the Doctor/ Clinic/Examiner)

Please carry out medical examination of the seafarer, the details and requirements for which are stated below.

Date 30 JAN 2024

(Name & Signature of Responsible Person from Manning Centre)

Examinee's Details :Full Name : AKM MONJUR MORSHED Address : FLAT:RHS, HOUSE:185, ROAD:5, BLOCK-A, BASHUNDHARA DHAKA-1229, BANGLADESHDate of Birth : 19.10.1961 Rank : CH. ENGINEER Name of vessel to be assigned : MV. CRONUS LEADERType of vessel : PCTC Trade area : WORLDWIDE

(Container, Tanker, Passenger etc)

(e.g. Coastal, Tropical, Worldwide) :

CDC No. : C/0/2583 Passport No. : _____ Crew ID.(from Compas) : 2594 8

Position Offered/ Applied for : _____ Routine & Emergency Duties (if known) : _____

As per requirements of applicable P&I club :

- ☐ West of England P&I ☐ UK P&I ☐ Steamship Mutual Underwriting Association
☐ Britannia P&I ☐ Skuld P&I ☐ North of England Association P&I
☐ Standard P&I ☐ Gard P&I ☐ London Steamships P&I
☐ Japan P&I ☐ American Steamships P&I ☐ Others : _____

As per requirements of applicable Flag State :

- ☐ Liberian ☐ NIS ☐ Panamanian ☐ Marshall Islands ☐ Malta
☐ Danish ☐ ILO ☐ UK ☐ Others : _____

Medical Examination Module (as applicable): _____ (Please refer to "Annex 1" of WSM(I)'s Quality Manual)

FOR SEAFARERS : Please write any past medical history [Injury or Illness] in detail; any history of allergy to drugs should be mentioned in the box provided below :

Please read and sign the following statement :-

"I certify that my past medical history will be/has been fully declared to the Company Doctor and any false statement or undisclosed material and/or information in regard to past or present illness and/or medical condition(s) will disqualify me from any employment benefits and claims."

Seafarer's Signature

Date : 30 JAN 2024

Doctor's Signature

Date : 30 JAN 2024

Original: Doctor & Copy : Manning Centre

Remark: The document to be uploaded into CMS under "Medical History"

DR. MIR. MD. RAIHAN

MBBS (DU), DFIM, CCD (Birdem), PGT (Ophth)

BMDA A-55144, MMC-BGD-016

DG Shipp.ng Bangladesh Approved

General Physician

Radical Hospitals Limited.

Id No : 0595 **Date** : 30-Jan-2024 **D.Date** : 31-Jan-2024
Patient's Name : A K M MONJUR MORSHED **Age** : 62Y 3M 10D **Gender** : Male
Specimen : Blood
Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM- C/O/ 2583

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb)	14.2 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl.
ESR(Westergreen)	09 mm/1st hr	Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.
Total WBC Count(TC)	9,100 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		
Neutrophils	62 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	33 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	182 /cumm	50-450/cumm
Total RBC Count	5.01 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul
HCT/PCV	42 %	M: 40-54%, F:37-47%
MCV	77 fL	76 - 94 fL
MCH	33 pg	27 - 32 pg
MCHC	33.4 g/dL	29 - 34 g/dL
RDW	12.0 %	11 - 16 %
PDW	36 fL	35 - 56 fL
Total Platelete Count (PC)	1,97,000 /cumm	150,000-450,000/cumm
MPV	8.9 fL	7.0 - 11.0 fL
PCT	0.10 %	0.1 - 0.2 %
Bleeding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %


 Checked by
 Medical Technologist


Dr. Sumaiya Khatun
 MBBS,MD(Gold Medalist) (BSMMU)
 Associate Professor
 Dept. Of Microbiology
 East West Medical College & Hospital.

Bill No	DIA24010595	Received Date	30/01/2024
Patient's Name	A K M MONJUR MORSHED		
Patient's Age	62Y 3M 10D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2583
Sample	BLOOD		

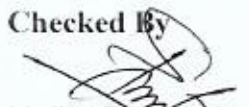
BIOCHEMISTRY REPORT

<u>Test Name</u>	<u>Result</u>	<u>Reference Range</u>
Random Blood Sugar (RBS)	5.8 mmol/l	4.2 – 6.4 mmol/l
Serum Creatinine	0.89 mg/dl	0.3 - 1.3 mg/dl
Serum (BUN)	20 mg/dl	7-23 mg/dl
Uric Acid	4.1 mg/dl	3.8 - 8.0 mg/dl
GGT	38 U/L	Adult Male : <55
HbA1C	5.2 %	4.2 - 6.7 %
Total Protein	7.1 g/dl	6.3-7.9 g/dl
<u>Liver Function Test</u>		
Serum Bilirubin (Total)	0.59 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	28.0 U/L	Up to 40 U/L
Serum AST (SGOT)	21.0 U/L	Up to 37 U/L
Serum Alkaline Phosphate	173 U/L	98 - 279 U/L

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICAL.

Checked By


Medical Technologist.
Radical Hospital Ltd.


Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.

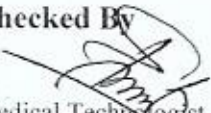
Bill No	DIA24010595	Received Date	30/01/2024
Patient's Name	A K M MONJUR MORSHED		
Patient's Age	62Y 3M 10D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2583
Sample	BLOOD		

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Lipid profile		
Serum Cholesterol	171 mg/dl	up to 200 mg/dl
Serum HDL- Cholesterol	44 mg/dl	>35 mg/dl
Serum Triglyceride	156 mg/dl	up to 220 mg/dl
Serum LDL- Cholesterol	88 mg/dl	<130 mg/dl

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist.
Radical Hospital Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Bill No	DIA24010595	Received Date	30/01/2024
Patient's Name	A K M MONJUR MORSHED		
Patient's Age	62Y 3M 10D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2583
Sample	BLOOD		

SEROLOGICAL REPORT

Test Name

Result

HIV 1 & 2 (Method : (ICT)	Negative
HBsAg (Method : (ICT)	Negative
VDRL	Non-reactive
HAV (IGM ,IGG)	Negative
HCV (Method : (ICT)	Negative

BLOOD GROUPING Result

ABO Blood Group	"O" (+ve)
Rh(D)Factor	Positive

Checked By


Medical Technologist
Radical Hospitals Ltd.


Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA24010595	Received Date	30/01/2024
Patient's Name	A K M MONJUR MORSHED		
Patient's Age	62Y 3M 10D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2583
Sample	BLOOD		

SEROLOGICAL REPORTTest NameResult

Malaria parasites (MP)

Negative

RADICAL
HOSPITAL
LIMITED

Checked By


Medical Technologist
Radical Hospitals Ltd.
Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital

Bill No	DIA24010595	Received Date	30/01/2024
Patient's Name	A K M MONJUR MORSHED		
Patient's Age	62Y 3M 10D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2583
Sample	URINE		

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	1-2/HPF
Sediment	Nil	Epithelial	0-1/HPF

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By


Medical Technologist
Radical Hospital Ltd.

Dr. Sumaiya Khatun

MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.

Bill No	DIA24010595	Received Date	30/01/2024
Patient's Name	A K M MONJUR MORSHED		
Patient's Age	62Y 3M 10D	Patient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	CDC NO	C/O/2583
Sample	URINE.		

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result
-----------	--------

Drug Level of Urine

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist,
Radical Hospital Ltd.

Dr. Sumaiya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24010595 Receive: Print: 30/01/2024
Patient's Name : **A K M MONJUR MORSHED**
Age : 62 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

ELECTROCARDIOGRAM (E.C.G) REPORT

Rate : 78 b/min

Rhythm : Regular

P-Wave : Normal

P-R Interval : Normal

QRS Complex : Normal

ST. Segment : Is electric

T. Wave : Normal

Impression : Findings are within normal limit.


Dr. Debashish Paul
MBBS, MD (Cardiology)
Associate Professor
Department of Cardiology
Sylhet Women's Medical College Hospital

This report has been electronically signed

Page 1 of 1

AKM MONJUR MOR healthcare
Male
(62 Years)

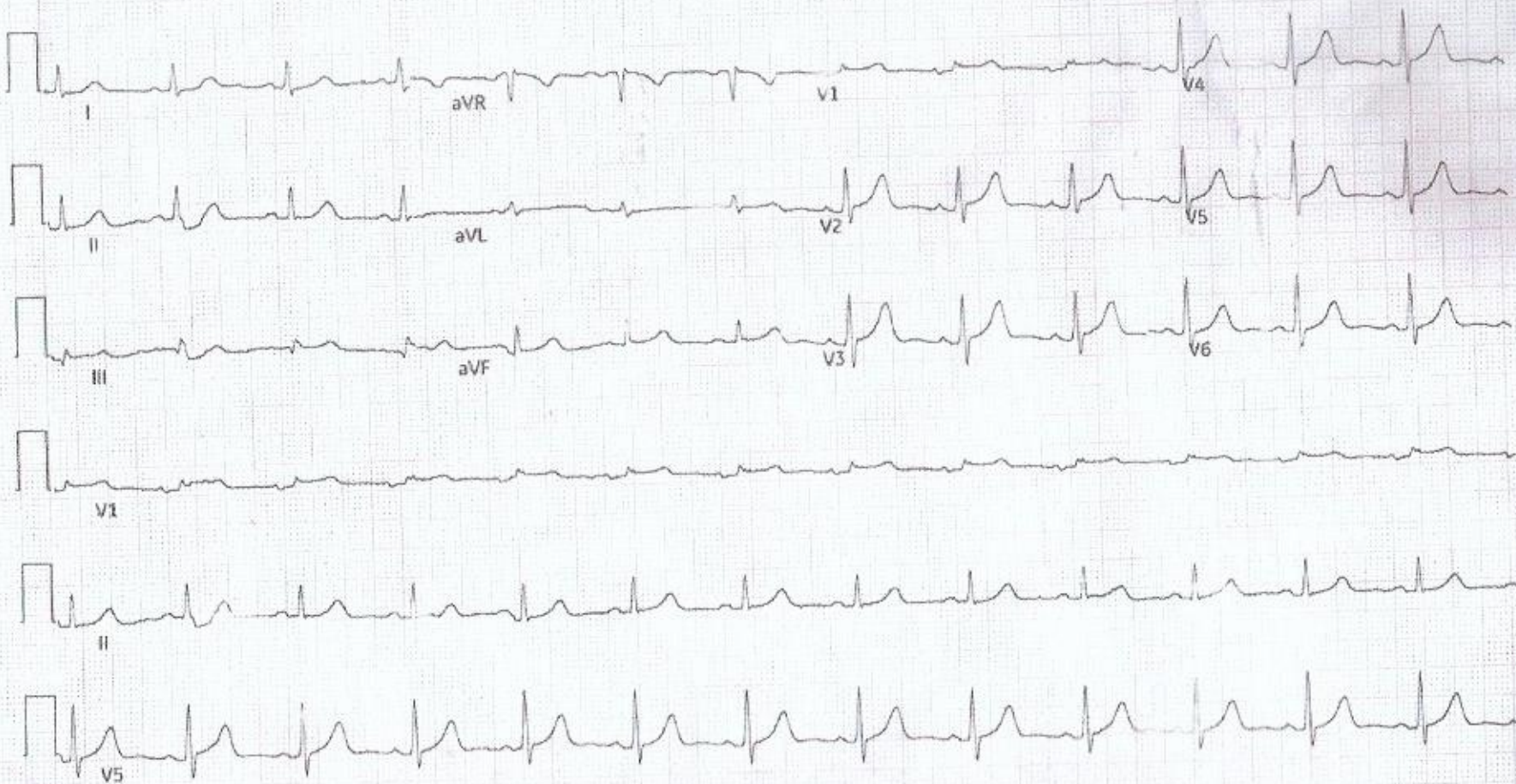
REF 1019728LSI

Vent. rate 78 BPM
PR interval 150 ms
QRS duration 76 ms
QT/QTc-Baz 374/426 ms
P-R-T axes 31 46 52

Patient ID: D383265
Normal sinus rhythm
Normal ECG

21.12.2023 09:18:21 AM
IBN SINA DIAGNOSTIC & IC

Unconfirmed



Date: 30/01/2024

EYE EXAMINATION REPORT

NAME:	A K M MONJUR MORSHED		
AGE:	62 YRS	RANK: CH.ENG	CDC NO:C/O/2583

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

AIDED

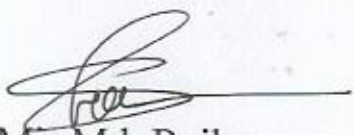
6/6 6/6

COLOUR VISION:

NORMAL / ~~BLIND~~

OPINION

: ~~UNFIT~~ / FIT FOR EMPLOYMENT ON BOARD


Dr. Mir Md. Raihan
MBBS, PGT (Ophthalmology)
Assistant Registrar (EX)
East west Medical College & Hospital

Patient's Name	: A K M MONJUR MORSHED	ID NO	: 24010595
Age	: 62 Yrs	Date	: 30/01/2024
Sex	: Male		
Referred by	: Dr. Mir Md. Raihan - MBBS (DU), DFM		
Nature of Specimen	:		

Dental Examination Reports

On Examination

1. Dental Caries : Absent
2. Calculus : Absent
3. Missing : Absent
4. Gum Condition : Normal
5. Filling : No
6. Root Canal Treatment : No
7. Any Bridge/Denture/Crown : No
8. Oral Hygiene : Normal

Comments : Normal



Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT(opth)
 Reg- A55144 BGD-016(MMC)
 DG Shipping Bangladesh Approved
 Malaysian Medical Council Approved
 General Physician
 Radical Hospitals Limited

ECHO REPORT

Reference No	24010595	Date	30-01-2024
Patient Nam	A K M MONJUR MORSHED	Age: 62 Yrs	Sex: Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),DFM		

PROCEDURES: 2D & M-MODE STUDY

M-MODE & 2D FINDINGS

AO	:	33	mm	LVIDd	:	46	mm	RVIDd	:		mm	MVA	:		cm2
LA	:	35	mm	LVIDS	:	60	mm	RVOT	:		mm	MV annulus	:		mm
IVST	:	10	mm	EF	:	66	%	PA	:		mm	AV ring	:		mm
PWT	:	11	mm	FS	:	37	%	TAPSE	:	21	mm	ACS	:	21	mm

DESCRIPTION:

CHAMBERS:

LA : Normal LV : Normal in chamber dimension, morphology and motion.
 Ra : Normal RV : Normal in chamber dimension, morphology and motion. (TAPSE- 23 mm)

VALVES : All valves are normal.

IAS : Intact IVS : Intact

GREAT VESSEL : Great arteries are normal in size and relationship.

PERICARDIUM : No effusion seen.

THROMBUS/VEGETATION/OTHER MASS: Not seen.

IMPRESSION:

1. Normal 2d-M mode study.
2. Good LV Systolic function.
3. Good RV Systolic function

Dr. ROSEYAT PERVEEN

MBBS, MD (Cardiology), NICVD, Dhaka
 Consultant, IBN SINA D-Lab, Uttara, Dhaka

TREADMILLSTRESS TEST

Patient ID	24010595	Test Date	30-01-2024		
Patient Name	A K M MONJUR MORSHED	Age	62 Yrs	Sex	Male
Attending Dr.	Dr. ROSEYAT PERVEEN				

Total Exercise Time : 09:0 Min **Max.HR attained** : 166 bpm.
% of max.pred. hR : 98 % **Max. Pred HR** : 166 bpm.
Maximum BP : 160/90 mmHg. **Max. work load attained** :13.10METS.
Indication : Screening for IHD.
Risk Factors :
Reason for Termina : Attainment of THR.
Test Profile : BRUCE
Symptoms :
Summary Result ⇒ **NEGATIVE**
Comments :

- A K M MONJUR MORSHED performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- Exercise capacity was good.
- Inotropic and chronotropic responses were normal.
- Stress test was terminated because of Attainment of THR
- ECG at rest showed no abnormality.
- ECG during exercise & Recovery showed no significant ST-T changes.

Conclusion : Stress test is **NEGATIVE** for ECG evidence of promotable myocardial ischemia.


Dr. ROSEYAT PERVEEN
 MBBS, MD (Cardiology), NICVD, Dhaka
 Consultant, IBN SINA D-Lab, Uttara, Dhaka

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24010595 Receive: 30/01/2024 Print: 29/01/2024
Patient's Name : **A K M MONJUR MORSHED**
Age : 62 YRS Sex : M
Refd. by : Dr. Mir Md. Raihan MBBS, (DU), CCD (BIRDEM), PGT (Eye), DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.
C-P angles are clear.

Heart : Normal in T.D.

Lung : Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.



Prof. Dr. Md. Mojibor Rahman
MBBS, DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

AUDIOLOGICAL REPORT

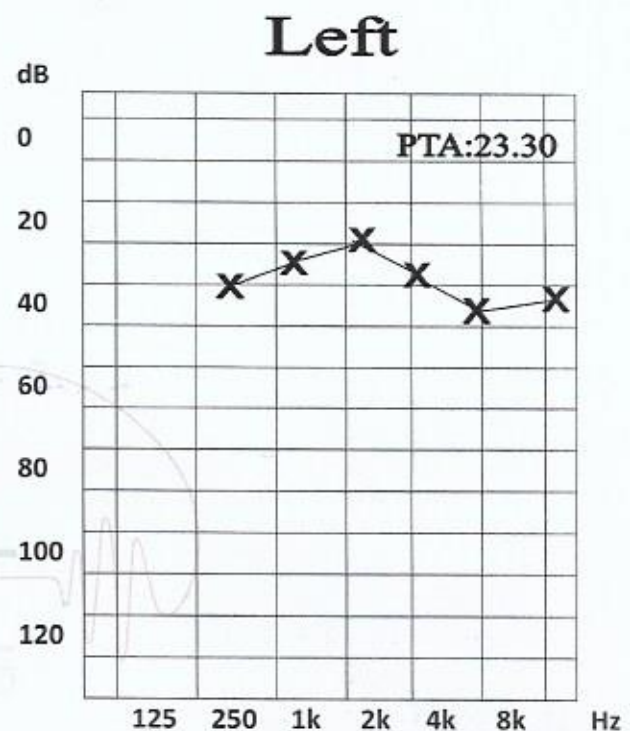
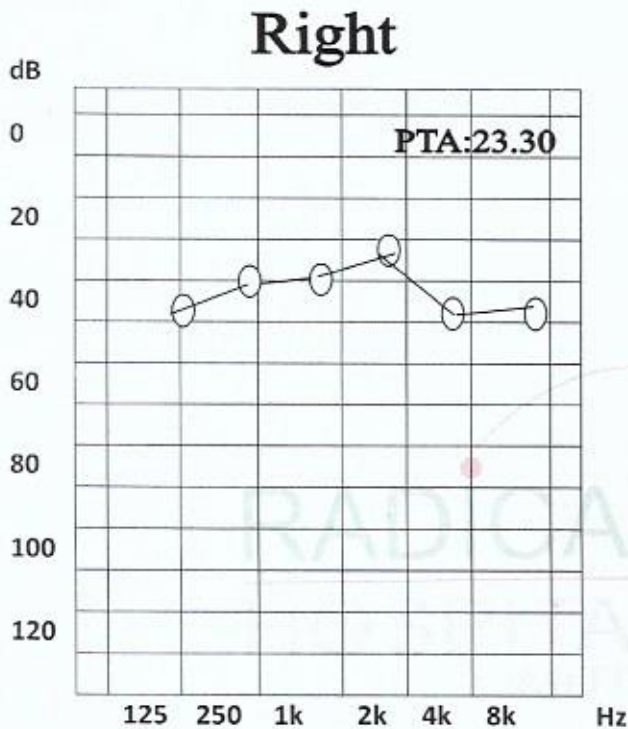
Patient Name : A K M MONJUR MORSHED

30/01/2024

Age : 62 Yrs

Address : RHL, UTTARA

Referred By : Dr. Mir Md. Raihan, MBBS,(DU), DFM



0-25= Normal Hearing.
26-40= Mild Hearing Loss.
41-55= Moderate Hearing Loss.
56-70= Moderately Severe Hearing Loss.
71-90= Severe Hearing Loss.
91-120= Profound Hearing Loss.

	Right Ear	Left Ear
Air Unmasking OX		
Bone Unmasking		
Air Masking OX		
Bone Masking ΔΔ		

Remark's:-

Right Ear: Normal Hearing.

Left Ear: Normal Hearing.

Patient's Name	: A K M MONJUR MORSHED	ID NO	: 24010595
Age	: 62 Yrs	Date	: 30/01/2024
Sex	: Male		
Referred by	: Dr. Mir Md. Raihan MBBS,(DU), DFM		
Nature of Specimen	:		

PULMONARY FUNCTION TEST (SPIROMETRY)

FVC = 6
FEV = 5
FEV/FVC = 80%

Comments: Normal Lung Function



Dr. Mir Md. Raihan
MBBS (DU) CCD(Birdem),PGT (ophth)
Reg- A55144 BGD-016(MMC)
DG Shipping Bangladesh Approved
Malaysian Medical Council Approved
General Physician
Radical Hospitals Limited

Patient's Name	: A K M MONJUR MORSHED	Date	: 30/01/2024
Age	: 62 Yrs	CDC NO:	C/O/2583
Sex	: Male		
Referred by	: Dr. Mir Md. Raihan - MBBS, (DU), DFM		

Psychometric Test

Test Name	Remarks
1.APTITUDE TEST	
Numerical Reasoning test	Poor / <u>Good</u> / very good / excellent
Verbal Reasoning test	Poor / <u>Good</u> / very good / excellent
Inductive reasoning test	Poor / <u>Good</u> / very good / excellent
Diagrammatic Reasoning test	Poor / <u>Good</u> / very good / excellent
Logical Reasoning test.	Poor / <u>Good</u> / very good / excellent
Error checking test	Poor / <u>Good</u> / very good / excellent
2.Skill Test	Poor / <u>Good</u> / very good / excellent
3.Personality Test	INFJ / ENFJ / ISFJ / <u>ENTP</u> / ESFJ / ESFP
4.Watson Glaser test(Critical Thinking Test)	
Arguments	Poor / <u>Good</u> / very good / excellent
Assumptions	Poor / <u>Good</u> / very good / excellent
Deductions	Poor / <u>Good</u> / very good / excellent
Interpreting Information's	Poor / <u>Good</u> / very good / excellent
Inferences	Poor / <u>Good</u> / very good / excellent
5.Situational Judgment Test.	Poor / <u>Good</u> / very good / excellent

Poor: <6

Good: 6-7

very good: 7-8

excellent: 8-10

COMMENTS: HE IS MENTALLY FIT FOR SHIP JOB



Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT (ophth)

Reg- A55144 BGD-016(MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited

Patient ID	24010595	Voucher No	
Test Name	USG OF WHOLE ABDOMEN	Delivery Date	30/01/2024
Patient Name	AKM MONJUR MORSHED		
Age	62 YRS	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

THANK YOU FOR THE COURTESY OF THIS REFERRAL

LIVER :- Is mildly enlarged I in size 14.5cm, regular in shape and normal position. The echogenicity of the parenchyma is increased . Intrahepatic biliary channel are not dilated.
No focal lesion is seen.

GALL BLADDER : Contracted(postprandial).

PANCREAS :- Normal size regular in shape. Echogenecity is homogenous. PD not dilated.

SPLEEN :- Is normal in size (9.8x 4.6)cm and uniform in echo-texture.

BOTH KIDNEYS :- Are normal in size RK-10.7 cm, LK-11.0 cm regular in shape. The cortical echogenicity are normal with clear cortico-medullar differentiation. The cortical thicknesses are normal. The renal sinus shows normal echogenicity and thickness.
P-C systems are not dilated.

URINARY BLADDER : Is well filled. Wall thickness is normal. No intravesicle lesion is seen

PROSTATE: Enlarged in size and volume is 33.0 cc, regular in shape.
Echogenicity is homogenous. No area of calcification is seen.

IMPRESSION: 1. Fatty change in liver. Grade-1.
2. Enlarged prostate gland.

AA 30.01.24
Dr. Asma Ahmed
MBBS,CMU,DMU
PGT(Gynae & obs)
Advanced Training on TVS
Consultant Sonologist

締約国資格受有者身体検査証明書

Medical Certificate (This certificate is issued under the Law for Ship Officers and Boats' Operators)

(申請者記入)

(Written by applicant)

氏名 (ふりがなを付けること) Name		性別 Gender
AKM MONJUR MORSHED		☒ 男 Male ☐ 女 Female
出生年月日 Date of birth	指掌を受くこととする就業範囲 Desired Capacity in which you are authorized to serve	
1961年10月19日 Year Month Day	CHIEF ENGINEER	
現住所 Address		
FLAT: R45, HOUSE: 185, ROAD: 5, BLOCK: A BASHUNDHARA RA, DHAKA, BANGLADESH TEL: 880 172 720 9030		

(指定医師記入)

(Written by recognized doctor or medical practitioner)

1. 視力 (Visual acuity)

裸眼視力 (矯正視力)	左 Left (1.0)	右 Right (1.0)	両眼 Both eyes together (1.0)
----------------	--------------------	---------------------	-----------------------------------

2. 色覚 (Color vision)

正 Normal	パネル D-15 (Pass - Fail)	その他 (Others)
	Panel D-15	

3. 聴力 (Hearing)

5 m の語声の弁別 Distinction of voice separated from 5m	可 Able	不可 Unable
--	-----------	--------------

4. 疾病 (Disease)

疾病の有無 Existence of disease	病名及び程度 (疾病のある者の場合のみ記入) The name of a disease and the extent (Write down where applicable)	勤務への支障 Hitch for job
有 Yes	無 No	有 Yes
		無 No

5. 身体機能の障害 (Body functional disorder)

(1) 身体機能の障害の有無 (Existence of lesion)

身体機能の障害の有無 Existence of obstacle	障害の内容及び程度 Extent and degree of the obstacle			
有 Yes	無 No			
握力 (手指に障害のある者の場合のみ記入) Grasping power (Only write down in case of handicap of fingers)	左 Left	kg	右 Right	kg

(2) 身体機能の障害の部位 (身体機能の障害がある者の場合のみ記入)

Place of disorder or impairment (Write down where applicable as follows: site of amputation "—", affected area "□", cut part "□". Draw a line the cut part, pointing the disorder part)



(3) 運動機能 (身体機能に障害のある者の場合のみ記入) Motor functional disorder (Write down where applicable)

① 関節の屈伸 Flexibility of joint

手指の屈伸 Flexing of finger	できる Able	できない Unable
手の屈伸 Flexing of hand	できる Able	できない Unable
膝の屈伸 Flexing of knee	できる Able	できない Unable

② 障害のある関節 (関節の屈伸のいずれかができなかった者の場合のみ記入)

Joint of lesion (Write in case more than one unable in ①: Flexibility of joint)

手関節 Wrist joint	肘関節 Elbow joint	肩関節 Shoulder joint
左 Left 右 Right	左 Left 右 Right	左 Left 右 Right
股関節 Coxal joint	膝関節 Knee joint	足関節 Ankle joint
左 Left 右 Right	左 Left 右 Right	左 Left 右 Right

③ 運動機能障害の程度 (膝関節の屈伸ができなかった者の場合のみ記入)

Extent of the motor functional disorder (Write in case unable to flex knee)

一般歩行 Normal walk	できる Able	できない Unable
低重心歩行 Walking with one's legs bended	できる Able	できない Unable
跳躍 Jump	できる Able	できない Unable

(4) 義手義足 (義手又は義足を装着している者の場合のみ記入)

Artificial arms and artificial legs (Write down where applicable by painting the relevant part)

義手義足を装着している部分を □ により図示すること。



6. 指定医師所見 (受検者の船舶職員としての勤務について指摘すべきことがあれば記入)

Remarks on the examinee by recognized doctor (Write down something in case you have indication concerning ship officer's job of the examinee)

FIT FOR DUTY ON BOARD SHIP

船舶職員及び小型船舶操縦者法施行規則表第3の検査項目について2024年01月30日検査を行った結果、上記のとおりであることを証明します。

As a result of an inspection according to the Law for Ship's Officers and Boats' Operators, enforcement regulations (item of appendix table 3), I prove a thing as above.

証明年月日 Date 30/01/2024

指定医師の氏名 Name of the recognized doctor

医療機関の名称及び所在地 Name and address of the medical facility

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Bdcm), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited.

締約国資格受有者身体検査証明書

Medical Certificate (This certificate is issued under the Law for Ship Officers and Boats Operators)

(申請者記入)

(Written by applicant)

氏名 (ふりがなをつけること) Name		性別 Gender
AKM MONJUR MORSHED		☒ 男 Male ☐ 女 Female
出生年月日 Date of birth	希望を受けようとする乗組員 Desired Category in which you are authorized to serve	
1961年10月19日 Year Month Day	CHIEF ENGINEER	
現住所 Address		
FLAT: R45, HOUSE: 185, ROAD: 5, BLOCK-A BASHUNDHARA R/A, DHAKA, TEL+880 (172) 20 9030		

(指定医師記入)

(Written by recognized doctor or medical practitioner)

1. 視力 (Visual acuity)

裸眼 (Uncorrected)	視力 (Aided)	左 Left	右 Right	両眼 Both eyes together
正 (Correct)	現 (Present)	1.0	1.0	1.0

2. 色覚 (Color vision)

正 (Normal)	常 (Pass)	パネル D-15 (Pass - Fail)	その他 (Others)
---------------	-------------	------------------------	--------------

3. 聴力 (Hearing)

5 m の話声の弁別 Distinction of voice separated from 5m	可 (Able)	不可 (Unable)
--	-------------	----------------

4. 疾病 (Disease)

疾病の有無 Existence of disease	病名及び程度（疾病のある者の場合のみ記入） The name of a disease and the extent (Write down where applicable)	勤務への支障 Hitch for job
有 Yes	無 No	有 Yes
		無 No

5. 身体機能の障害 (Body functional disorder)

(1) 身体機能の障害の有無 (Existence of lesion)

身体機能の障害の有無 Existence of obstacle		障害の内容及び程度 Extent and degree of the obstacle			
有 Yes	無 No				
握力（手指に障害のある者の場合のみ記入） Grasping power (Only write down in case of handicap of fingers)		左 Left	kg	右 Right	kg

(2) 身体機能の障害の部位 (身体機能の障害がある者の場合のみ記入)

Place of disorder or impairment (Write down where applicable as follows: side of amputation "—", affected area "□")
切断部位は —、障害部位には □ により図示すること。 Draw a line the cut part, pointing the disorder part

(3) 運動機能 (身体機能に障害のある者の場合のみ記入) Motor functional disorder (Write down where applicable)

① 関節の屈伸 Flexibility of joint

手指の屈伸 Flexing of finger	できる Able	できない Unable
手の屈伸 Flexing of hand	できる Able	できない Unable
膝の屈伸 Flexing of knee	できる Able	できない Unable

② 障害のある関節 (関節の屈伸のいずれかができなかった者の場合のみ記入)

Joint of lesion (Write in case more than one unable in ①: Flexibility of joint)

手関節 Wrist joint	肘関節 Elbow joint	肩関節 Shoulder joint
左 Left 右 Right	左 Left 右 Right	左 Left 右 Right
股関節 Coxal	膝関節 Knee joint	足関節 Ankle joint
左 Left 右 Right	左 Left 右 Right	左 Left 右 Right

③ 運動機能障害の程度 (膝関節の屈伸ができなかった者の場合のみ記入)

Extent of the motor functional disorder (Write in case unable to flex knee)

一般歩行 Normal walk	できる Able	できない Unable
低重心歩行 Walking with one's legs bended	できる Able	できない Unable
跳躍 Jump	できる Able	できない Unable

(4) 義手義足 (義手又は義足を装着している者の場合のみ記入)

Artificial arms and artificial legs (Write down where applicable by painting the relevant part)

義手義足を装着している部分を □ により図示すること。



6. 指定医師所見 (受検者の船舶職員としての勤務について指摘すべきことがあれば記入)

Remarks on the examinee by recognized doctor (Write down something in case you have indication concerning ship officer's job of the examinee)

FIT FOR DUTY ON BOARD SHIP

船舶職員及び小型船舶操縦者法施行規則表第3の検査項目について 2024 年 01 月 30 日検査を行った結果、上記のとおりであることを証明します。
As a result of an inspection according to the Law for Ships' Officers and Boats Operators, enforcement regulations (item of appendix table 3), I prove a thing as above.

証明年月日 Date 30/01/2024

指定医師の氏名 Name of the recognized doctor

医療機関の名称及び所在地 Name and address of the medical facility

DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited