

# Jamuna

*Taking you personally*



**Striving for Excellence.**

With an international list of award winning wine.

**Opening Times:** Tue to Sun - 4:00pm - 10:30pm | *Monday - Closed*

14 Maryfield Terrace, Uphall Station, Livingston, EH54 5PY

**Tel: 01506 438 656**

**DELIVERY SERVICE AVAILABLE**

# STARTERS

Vegetable Pakora	£3.95	King Prawn Puri	£5.95
Garlic Mushroom	£3.95	Prawn Puri	£5.95
Chicken Pakora	£4.50	Chicken Tikka	£4.50
Onion Bhaji	£3.95	Lamb Tikka	£5.50
Mix Starter For 2	£7.95	Lamb Chop	£5.95
Mix Starter For 4	£13.95	Tandori Chicken	£5.00
Seekh Kabab	£4.95	Tandori King Prawn	£5.95
Fish Pakora	£3.50	Vegetable Samosa	£3.95
Mushroom Pakora	£3.95	Meat Samosa	£3.94
Cauliflower Pakora	£3.95	Chana Puri	£3.95
Chicken Wings	£5.50	Chicken Puri	£3.95



# TANDOORI DISHES

(MAIN)

**Tandoori** the process by which these meals are cooked, over a charcoal flame in a clay oven, renders not only a distinct flavour but gives the meat a special “melt in the mouth” quality.

**Chicken £12.95 - King Prawn £12.95 - Mixed Grill £14.95**

**Tikka** (Cubes of chicken or lamb marinated overnight, then cooked on skewers and served with saffron rice and fresh salad)

**Chicken £12.95 - Lamb £13.95 - Shaslic Chicken £12.95**

## CHEF SPECIAL

**Chicken Rezela** - Medium hot. Cooked with fine spices, yoghurt and cream. **£7.95**

**Peppered Lamb** - Infused with spring onion, yoghurt and lemon juice. Cooked in cream tomatoes, onions, cumin seed. **£8.95**

**Butter Chicken** - Cooked with butter, aromatic spices, cream and almonds. **£7.95**

**Lamb Jala Pani** - Strips of lamb cooked in selected spices, garnished with fresh garlic and red pepper, and spring onions to give it an authentic taste. **£7.95**

**Chicken Jhalfrazy** - Succulent breast of chicken tikka in a rich medium to hot sauce with freshly chopped green chillies. **£8.95**

**Chicken Bangla** - Made with chillies for a hot bite. **£8.95**

**Mas Bangla** - Salmon steak with aubergine and green herbs cooked in a thick spicy sauce. **£9.95**

**Reshmi Chicken** - This sweet to medium dish is prepared from diced chicken breast, and slowly cooked over the pan with a touch of garlic and white pepper. Once cooked, green peppers, diced onions and mango chutney are added to give a slightly sweet and sour flavour which is sure to tantalise your taste buds. **£8.95**

**King Prawn Garlic Chilli** - Cooked with garlic and chilli. **£11.95**

**Green Herb Chicken** - Diced breast of chicken, marinated in garlic, garden mint and a touch of yoghurt. Slowly cooked in a clay oven, the chicken is then transferred to the pan to be flavoured with authentic herbs and green spices, including fresh coriander and spring onions. **£9.95**

**Achari Chicken** - Prepared with special mix pickle slightly hot And tangy in flavour. **£8.95**

**Keema Begun** - Lamb mince enhanced with tomato, spring onion, crushed green chillies. **£9.95**

**Chilli Chicken** - Breast of chicken marinated overnight In a variety of fresh herbs and spices. Freshly cooked with a touch of ginger, garlic and chopped green chillies, until chicken becomes succulent. Served with a sprinkling of fresh coriander. **£8.95**

**Methi Gost** - Medium to hot dish that comprises of spicy lamb pieces cooked with methi and other authentic spices. **£9.95**

**Sag Gost** - Butter Fried Spinach cooked with cubes of lean meat. **£9.95**

**Sag Prawn** - Butter fried spinach cooked with prawns. **£9.95**

**Chasni Chicken** - Cooked in sweet and sour fruity sauce. **£8.95**

# TRADITIONAL CURRIES

**Chicken - £7.95**

**Lamb - £8.95**

**King Prawn - £10.95**

**Vegetable - £7.95**

**Prawn - £8.95**

## **Bhuna**

Well spiced with green herbs and a thick sauce.

## **Dupiaza**

Reasonably hot and spicy with generous helpings of onions.

## **Pathia**

Tangy, sweet and sour the basis for this meal which is slightly hot.

## **Dhansak**

Slightly sweet, sour and hot, cooked in a lentil sauce with pineapple.

## **Madras**

Spicy and fairly hot.

## **Vindaloo**

Extremely hot, cooked with care, eat with caution!

## **Biryani**

Rice carefully balanced with lamb, chicken, prawn or vegetable, blended with saffron and spices making it a meal itself.

<b>Chicken</b>	<b>£9.95</b>
<b>Lamb</b>	<b>£11.95</b>
<b>Vegetable</b>	<b>£8.95</b>
<b>Prawn</b>	<b>£11.95</b>
<b>King Prawn</b>	<b>£11.95</b>
<b>Mixed Special Biryani</b>	<b>£11.95</b>

## **Rogan Josh**

This medium hot dish is based on a mixture of, garlic, ginger, cumin and pasted with tomato and paprika.

## **Korai**

Cooked in aromatic herbs and brought sizzling to your table.

## **Balti**

Cooked with special Northern and Southern herbs and spices.

## **Korma**

This is one of the most exotic dishes from the North prepared with mild spices in cream with a sprinkling of saffron and cardamoms.

## **Pasanda**

Cooked in fresh cream, natural yogurt and cashew nut.

## **Tikka Massallam**

Similar to tikkas, but enhanced with a carefully blended tangy sauce.

<b>Chef's Special Massallam <i>Spicy</i></b>	<b>£10.95</b>
<b>Chicken Tikka Massallam</b>	<b>£8.50</b>
<b>Lamb Tikka Massallam</b>	<b>£8.95</b>
<b>King Prawn Tikka Massallam</b>	<b>£11.95</b>

# SELECTION OF MAINS

## Chinese Noodles

Chicken	<b>£5.95</b>	King Prawn	<b>£10.95</b>
Lamb	<b>£6.95</b>	Mixed	<b>£7.95</b>
Prawn	<b>£6.95</b>	Egg noodles	<b>£5.95</b>
Vegetable	<b>£5.95</b>	Keema Noodles	<b>£5.95</b>

## Pasta

Chicken	<b>£5.95</b>	King Prawn	<b>£10.95</b>
Lamb	<b>£6.95</b>	Mixed	<b>£9.95</b>
Prawn	<b>£6.95</b>	Tuna	<b>£5.95</b>
Vegetable	<b>£5.95</b>		

## European Dishes

Grilled Sirloin Steak	<b>£9.95</b>
Chargrilled Chicken and Chips	<b>£8.95</b>
Omelette (various) and Chips	<b>£6.95</b>
Breaded Golden Scampi and Chips	<b>£7.95</b>
	<b>Children - £5.95</b>
Breaded Chicken Nuggets and Chips	<b>£7.95</b>
	<b>Children - £5.95</b>

# → ACCOMPANIMENTS ←

## Tandoori Nan

Nan	£2.50
Garlic Nan	£2.75
Peshwari Nan	£3.15
Almond, banana, egg and coconut wrapped in bread	
Keema Nan	£3.15
Savoury mince in bread	
Cheese and Onion Nan	£3.15
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Plain Rice	£2.50
Boiled and fluffy	
Pilau Rice	£2.95
Rice delicately cooked in butter and saffron	
Fried Rice	£3.15
Keema Fried Rice	£3.95
Egg Fried Rice	£3.50
Vegetable Fried Rice	£3.50
Mushroom Pilau Rice	£3.50
Paratha	£2.95
Chapati	£1.95
Popadom	£0.80
Chips	£1.95
Spicy Onion Chutney	£1.25
Mango Chutney	£1.25
Pickles	£1.25
Raita	£1.95

## SIDES

<b>Niramish</b>	<b>£4.95</b>
Mixed fresh vegetables cooked in herbs and clarified butter	
<b>Aloo Gobi</b>	<b>£4.95</b>
Fresh cauliflower and potatoes fried with chopped tomatoes and green peppers	
<b>Bhindi Bhaji</b>	<b>£4.95</b>
Okras fried with onions	
<b>Mushroom Bhaji</b>	<b>£4.95</b>
Mushrooms cooked in spices	
<b>Bombay Aloo</b>	<b>£4.95</b>
Sauteed potatoes fried with chopped tomatoes, green peppers and slightly hot spices	
<b>Palak</b>	<b>£4.95</b>
Indian spinach fried in butter with green pepper and ground spices	
<b>Tarka Dall</b>	<b>£4.95</b>
Lentils simmered in butter and fresh garlic	
<b>Chana Massala</b>	<b>£4.95</b>
Chick peas stir fried with ginger, garlic and onion	
<b>Saag Aloo</b>	<b>£4.95</b>
Potatoes stir fried with fresh leaf spinach	
<b>Aubergine Bhaji</b>	<b>£4.95</b>

## SOFT DRINKS

<b>Coke, Diet Coke, Iron Bru or Sprit</b>	<b>£1.50 Each</b>
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# *Jamuna*

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3 Course Early Evening Menu to sit in

***£12.95 Per person***

**Sunday to Thursday**

***Private Room Available***

For Big/Small Party

Wedding Party & Birthday Parties

**Tel: 01506 438 656**

**DELIVERY SERVICE AVAILABLE**