



# Cook Islands

## Quality of Life

Economic and Social Rights (2022)

The category Quality of Life includes the following rights:

- Education
- Food
- Health
- Housing
- Work

For the Cook Islands no rights scores are available due to missing data in the relevant international databases.

## Safety from the State

Civil and Political Rights (2024)

The category Safety from the State includes the following rights:

- Arbitrary arrest
- Forced disappearance
- Death penalty
- Extrajudicial execution
- Torture and ill-treatment

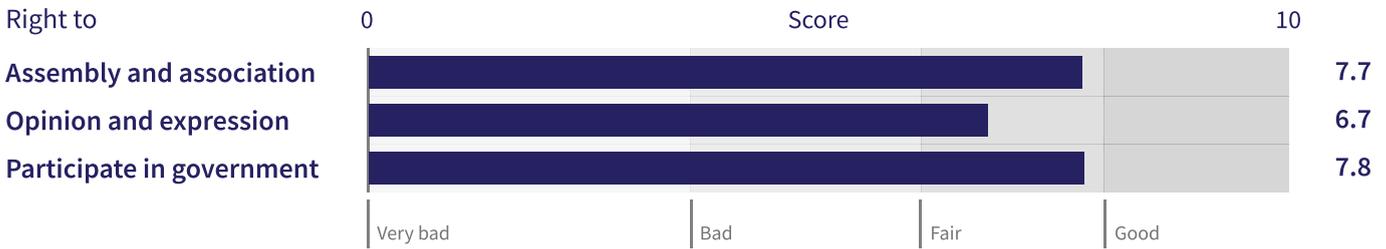
Safety from the State data have not yet been produced for the Cook Islands. We hope to be able to fill this gap in future years.

# Empowerment

Summary score **7.5 / 10**

Civil and Political Rights (2024)

How well is the Cook Islands' government respecting each right?



The Cook Islands' Empowerment score of **7.5 out of 10** suggests that **a significant number of people are not** enjoying their civil liberties and political freedoms (freedom of speech, assembly and association, democratic rights, and religion and belief).

Compared with the other countries in the Pacific, the Cook Islands are performing **close to average** on empowerment rights.

### Country details

- Associated state of the New Zealand
- Population**  
15.5k (2023)
- GDP/capita**  
\$NaN (2022)  
current US dollars

To explore this country's scores in more detail please go to [rightstracker.org](https://rightstracker.org)