



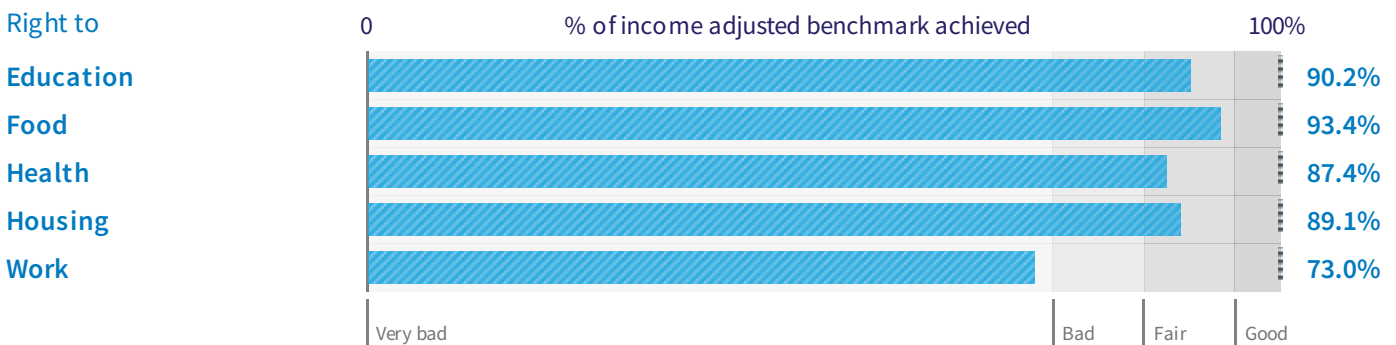
# Poland

## Quality of Life

Summary score **86.6%**

Economic and Social Rights (2020)

How well is Poland doing compared to what is possible at its level of income?



Poland scores **86.6%** on Quality of Life when scored against the 'Income adjusted' benchmark.

Compared with all other high-income countries, Poland is performing **better than average** on Quality of Life rights (this comparison is calculated using the 'Income adjusted' benchmark).

## Safety from the State

Civil and Political Rights (2022)

The category Safety from the State includes the following rights:

- Arbitrary arrest
- Forced disappearance
- Death penalty
- Extrajudicial execution
- Torture and ill-treatment

Safety from the State data have not yet been produced for Poland. We would like to expand our data to the whole world as soon as possible. To learn more about how you can help, please visit [this page on the HRMI website](#).

## Empowerment

Civil and Political Rights (2022)

The category Empowerment includes the following rights:

- Assembly and association
- Opinion and expression
- Participate in government
- Religion and belief

Empowerment data have not yet been produced for Poland. We would like to expand our data to the whole world as soon as possible. To learn more about how you can help, please visit [this page on the HRMI website](#).

### Country details

#### Population

37.7m (2021)

#### GDP/capita

\$18,000 (2021)	\$34,916 (2021)
current US dollars	2017 PPP dollars

To explore this country's scores in more detail please go to [rightstracker.org](https://rightstracker.org)