Quality of Life
Economic and Social Rights (2020)

How well is Nepal doing compared to what is possible at its level of income?

Nepal scores 78.1% on Quality of Life when scored against the 'Income adjusted' benchmark.

Compared with the other countries in South Asia, Nepal is performing close to average on Quality of Life rights (this comparison is calculated using the 'Income adjusted' benchmark).

Safety from the State
Civil and Political Rights (2022)

How well is Nepal’s government respecting each right?

Nepal
Nepal's Safety from the State score of **7.5 out of 10** suggests that a significant number of people are not safe from one or more of the following: arbitrary arrest, torture and ill-treatment, forced disappearance, execution or extrajudicial killing.

For the civil and political rights we do not have data for enough countries in South Asia to do a regional comparison. However, compared to the other countries in our sample, Nepal is performing **better than average** on the right to be safe from the state.

**Empowerment**

Civil and Political Rights (2022)

How well is Nepal’s government respecting each right?

<table>
<thead>
<tr>
<th>Right to</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Assembly and association</td>
<td>6.2</td>
</tr>
<tr>
<td>Opinion and expression</td>
<td>5.6</td>
</tr>
<tr>
<td>Participate in government</td>
<td>7.2</td>
</tr>
</tbody>
</table>

Nepal's Empowerment score of **6.3 out of 10** suggests that while many people are enjoying their civil liberties and political freedoms (freedom of speech, assembly and association, and democratic rights), a significant number are not.

For the civil and political rights we do not have data for enough countries in South Asia to do a regional comparison. However, compared to the other countries in our sample, Nepal is performing **close to average** on empowerment rights.

**Country details**

Population
30m (2021)

GDP/capita
$1,208 (2021) $3,832 (2021)
current US dollars 2017 PPP dollars

To explore this country's scores in more detail please go to rightstracker.org