

Sample First Nation Community Nutritionist Job Description

POSITION: COMMUNITY NUTRITIONIST

REPORTS TO: Director of Health

DIRECT REPORTS: Community Kitchen Coordinator

OVERAL RESPONSIBILITY: To plan, develop, maintain and evaluate nutrition programs for the community, particularly school nutrition, prenatal health and diabetes prevention.

KEY FUNCTIONS:

1. Provide support to and evaluate the community kitchen program
2. Provide support to Canada Prenatal Nutrition Program
3. Coordinate and develop school nutrition programming, such as breakfast and lunch programs, food-related fundraising and nutritional policy development
4. Assess nutritional needs, diet restrictions and current health plans to develop and implement dietary-care plans and provide nutritional counseling
5. Provide nutritional counseling to individuals and their families, which includes nutritional principles, dietary plans and diet modifications, and food selection and preparation
6. Provide and facilitate community nutrition presentations
7. Train and supervise workers who plan, prepare and serve meals
8. Assist in the delivery and evaluation of the Healthy Lifestyles and Diabetes Awareness Programs in schools
9. Develop key relationships: Work closely with the diabetes nurse educator, diabetes coordinator, and community dietitians. Work in cooperation with physicians, home care employees, community health employees and other key people to respond to and provide therapeutic nutrition needs

QUALIFICATIONS

- Bachelor of Science Nutrition or a related field such as food and nutritional science or biochemistry
- Experience in therapeutic nutrition counseling and programming
- Experience in program development and coordination
- Leadership – must promote a healthy lifestyle by leading by example
- Ability to work effectively within a group structure
- Must have initiative and be able to work independently and with various groups
- Excellent interpersonal skills are required
- Must be able to work well with all ages and translate complex nutrition messages into understandable messages
- Knowledge and understanding of First Nation culture, community and socio-economic issues
- Computer skills are essential

TERMS OF EMPLOYMENT

- Full-time permanent position
- Some occasional travel

- Must engage in ongoing continuing education
- Willingness and ability to work after regular hours and/or on weekends when required