

Nordic Masters Championships - 2026-07-03

Complete Results

Opentrack URL: <https://data.opentrack.run/en-gb/x/2026/NOR/nordicmasters/>

Organiser: IL Koll

Venue: Bislett stadion

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Results

01G - MV 100 Meters (M65) - 3 Jul 2026

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Heats: Heat 1 of 2 (14:32:44)

Wind speed: -2.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	313	Dag Kåshagen	Norway	M65	1	2	13.57	Q
2	388	Kåre Strande	Norway	M65	2	3	13.65	Q SB
3	445	Magnus Angenfelt	Sweden	M65	3	5	13.71	q
4	159	Christer Stromberg	Finland	M65	4	4	14.01	q
5	115	Heikki Lähdekorpi	Finland	M65	5	6	14.61	q SB
6	519	Stefan Lagrosen	Sweden	M65	6	7	15.67	
7	279	Harald Andreas Holmefjord	Norway	M65	7	8	16.06	

Heats: Heat 2 of 2 (14:36:06)

Wind speed: -2.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	462	Michael Cocke	Sweden	M65	1	6	14.12	Q
2	563	Anders Toll	Sweden	M65	2	5	14.83	Q
3	443	Per Joel Andersson	Sweden	M65	3	3	14.87	q
4	207	Graham Armstrong	Norway	M65	4	4	15.23	
5	354	Ketil Pettersen	Norway	M65	5	2	18.72	
	196	Vytautas Zaniauskas	Lithuania	M65		7	13.61	
	173	Timo Vähäkuopus	Finland	M65		8	DNS	

Summary of Round 1

01G - MV 100 Meters (M65) - 3 Jul 2026

START TIME: 14:33

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	313	Dag Kåshagen	M65	1	Norway	13.57	Q	1:2
2	388	Kåre Strande	M65	2	Norway	13.65	Q	1:3
3	445	Magnus Angenfelt	M65	3	Sweden	13.71	q	1:5
4	159	Christer Stromberg	M65	4	Finland	14.01	q	1:4
5	462	Michael Cocke	M65	5	Sweden	14.12	Q	2:6
6	115	Heikki Lähdekorpi	M65	6	Finland	14.61	q	1:6
7	563	Anders Toll	M65	7	Sweden	14.83	Q	2:5
8	443	Per Joel Andersson	M65	8	Sweden	14.87	q	2:3
9	207	Graham Armstrong	M65	9	Norway	15.23		2:4
10	519	Stefan Lagrosen	M65	10	Sweden	15.67		1:7
11	279	Harald Andreas Holmefjord	M65	11	Norway	16.06		1:8
12	354	Ketil Pettersen	M65	12	Norway	18.72		2:2
	173	Timo Vähäkuopus	M65		Finland	DNS		2:8
	196	Vytautas Zaniauskas	M65		Lithuania	13.61		2:7

Results

01G - MV 100 Meters (M65) - 3 Jul 2026

Final (16:15:05)

Wind speed: -2.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	313	Dag Kåshagen	Norway	M65	1	5	13.68	
2	445	Magnus Angenfelt	Sweden	M65	2	7	13.77	
3	462	Michael Cocke	Sweden	M65	3	6	13.98	
4	159	Christer Stromberg	Finland	M65	4	2	14.09	
5	115	Heikki Lähdekorpi	Finland	M65	5	8	15.03	
6	443	Per Joel Andersson	Sweden	M65	6	1	15.20	
7	563	Anders Toll	Sweden	M65	7	3	15.22	
	388	Kåre Strande	Norway	M65		4	DNS	

Results

01D - MV 100 Meters (M50) - 3 Jul 2026

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Heats: Heat 1 of 2 (14:38:59)

Wind speed: -1.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	349	Gøran Paulsen	Norway	M50	1	5	12.66	Q
2	404	Mats Tønning	Norway	M50	2	6	14.41	Q
3	328	Torbjørn Moe	Norway	M50	3	4	15.13	q
4	492	Carl Magnus Helin	Sweden	M50	4	3	15.61	PB

Heats: Heat 2 of 2 (14:42:50)

Wind speed: -0.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	56	Allan Stapelfeld	Denmark	M50	1	5	12.64	Q
2	1	Josef Abu Eesa	Denmark	M50	2	4	12.68	Q
3	491	Fredrik Hegefors	Sweden	M50	3	6	13.29	q
4	15	Rasmus Foldager	Denmark	M50	4	3	13.34	q
5	389	Christian Stranger-Johannessen	Norway	M50	5	7	13.45	q

Summary of Round 1

01D - MV 100 Meters (M50) - 3 Jul 2026

START TIME: 14:43

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	56	Allan Stapelfeld	M50	1	Denmark	12.64	Q	2:5
2	349	Gøran Paulsen	M50	2	Norway	12.66	Q	1:5
3	1	Josef Abu Eesa	M50	3	Denmark	12.68	Q	2:4
4	491	Fredrik Hegfors	M50	4	Sweden	13.29	q	2:6
5	15	Rasmus Foldager	M50	5	Denmark	13.34	q	2:3
6	389	Christian Stranger-Johannessen	M50	6	Norway	13.45	q	2:7
7	404	Mats Tønning	M50	7	Norway	14.41	Q	1:6
8	328	Torbjørn Moe	M50	8	Norway	15.13	q	1:4
9	492	Carl Magnus Helin	M50	9	Sweden	15.61		1:3

Results

01D - MV 100 Meters (M50) - 3 Jul 2026

Final (16:27:39)

Wind speed: -0.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	1	Josef Abu Eesa	Denmark	M50	1	6	12.37	
2	56	Allan Stapelfeld	Denmark	M50	2	5	12.65	
3	349	Gøran Paulsen	Norway	M50	3	3	12.76	
4	15	Rasmus Foldager	Denmark	M50	4	2	13.31	
5	491	Fredrik Hegefors	Sweden	M50	5	7	13.52	
6	328	Torbjørn Moe	Norway	M50	6	8	16.57	
	389	Christian Stranger-Johannessen	Norway	M50		1	DNS	
	404	Mats Tønning	Norway	M50		4	DNS	

Results

01F - MV 100 Meters (M60) - 3 Jul 2026

(15:48:58)

Wind speed: -0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	337	Ivar Njøs	Norway	M60	1	2	12.71	
2	435	Jorgen Aberg	Sweden	M60	2	7	12.82	SB
3	96	Harri Kauranen	Finland	M60	3	6	13.29	SB
4	53	Thomas Ringsted	Denmark	M60	4	3	13.39	SB
5	463	Dag Dacke	Sweden	M60	5	5	13.40	
6	299	Geir Kaasen	Norway	M60	6	4	13.49	
7	248	Kjell Olav Førde	Norway	M60	7	8	13.58	
8	208	Eskild Bakken	Norway	M60	8	1	14.70	

Results

01E - MV 100 Meters (M55) - 3 Jul 2026

(15:54:29)

Wind speed: -1.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	578	Erik Åhlin	Sweden	M55	1	6	12.49	
2	292	Jens Kjesbu Johannessen	Norway	M55	2	7	12.69	
3	555	Mårten Skogman	Sweden	M55	3	5	12.71	SB
4	46	Jann Dieter Olsen	Denmark	M55	4	3	12.91	
5	35	Francisco Mansilla	Denmark	M55	5	4	13.03	SB
6	311	Sten Kvanvik	Norway	M55	6	2	13.07	
7	374	Morten Skrede	Norway	M55	7	8	14.02	
8	360	Olav Rimstad	Norway	M55	8	1	15.09	

Results

01J - MV 100 Meters (M85,M90) - 3 Jul 2026

(15:58:33)

Wind speed: -1.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	399	Kjell Sælensminde	Norway	M85	1	1	19.63	
2	383	Kjell Odd Steinset	Norway	M90	1	7	20.10	
3	264	Jostein Haraldseid	Norway	M90	2	4	20.44	
4	329	Torbjørn Mong	Norway	M85	2	2	22.18	
5	157	Martti Soulanto	Finland	M90	3	5	22.54	
6	220	Bjarne Bjorvatn	Norway	M90	4	6	22.69	
7	564	Erik-Åke Tranberg	Sweden	M85	3	3	43.77	

Results

01I - MV 100 Meters (M75,M80) - 3 Jul 2026

(16:03:46)

Wind speed: -1.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	135	Heikki Pesonen	Finland	M75	1	4	15.11	
2	246	Trond Furuly	Norway	M80	1	7	15.99	
3	393	Jan-Erik Svendsen	Norway	M75	2	2	16.46	
4	138	Jari Pykilä	Finland	M75	3	1	17.12	
5	357	Edvard Rathke	Norway	M80	2	5	17.19	
6	290	Arne Johan Jensen	Norway	M75	4	3	17.50	
7	497	Göte Hinders	Sweden	M80	3	8	18.09	
8	505	Åke Jonson	Sweden	M80	4	6	18.12	PB

Results

01H - MV 100 Meters (M70) - 3 Jul 2026

(16:08:47)

Wind speed: -2.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	151	Markku Savola	Finland	M70	1	5	14.23	
2	103	Raimo Koskela	Finland	M70	2	2	14.88	SB
3	144	Börje Riska	Finland	M70	3	3	15.86	
4	314	Johannes Langeweg	Norway	M70	4	4	16.51	PB
	216	Kjetil Bjerkestrand	Norway	M70		1	DNS	

Results

01C - MV 100 Meters (M45) - 3 Jul 2026

(16:33:20)

Wind speed: +0.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	234	Jon-Magnus E Restad	Norway	M45	1	6	11.87	
2	546	Johan Olsson	Sweden	M45	2	5	12.00	PB
3	315	Jøran Laukeland	Norway	M45	3	1	12.08	
4	295	Gaute Floer Johnsen	Norway	M45	4	7	12.43	
5	582	Tobias Öhman	Sweden	M45	5	3	12.83	
6	254	Kyrre Grøtan	Norway	M45	6	2	12.87	
7	120	Antti Miihkinen	Finland	M45	7	4	14.70	

Results

01B - MV 100 Meters (M40) - 3 Jul 2026

(16:37:11)

Wind speed: -0.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	171	Oki Vuonoranta	Finland	M40	1	2	11.65	
2	185	Bergur Hallgrímsson	Iceland	M40	2	5	11.87	
3	525	Simon L Lindblad	Sweden	M40	3	3	12.63	PB
4	160	Antti Takala	Finland	M40	4	1	12.95	
5	429	Arild Ydersbond	Norway	M40	5	4	14.10	

Results

01A - MV 100 Meters (M35) - 3 Jul 2026

(16:41:42)

Wind speed: +0.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	410	Espen Ulriksen	Norway	M35	1	2	11.10	PB
2	324	Hallgeir Martinsen	Norway	M35	2	5	11.13	
3	507	Daniel Jönsson	Sweden	M35	3	4	12.13	
4	317	Kim Nes Leirvik	Norway	M35	4	3	12.26	
	245	Berg-Andre Froeybu	Norway	M35		1	DNS	

Results

02F - MV 200 Meters (M65) - 4 Jul 2026

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Heats: Heat 1 of 2 (14:20)

Wind speed: +1.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	159	Christer Stromberg	Finland	M65	1	8	29.17	Q
2	207	Graham Armstrong	Norway	M65	2		29.77	Q SB
3	115	Heikki Lähdekorpi	Finland	M65	3	5	30.74	q
4	48	Knud Erik Pedersen	Denmark	M65	4	4	31.36	q
5	5	Thyge Arum	Denmark	M65	5	6	31.42	SB
6	279	Harald Andreas Holmefjord	Norway	M65	6	7	32.59	
	210	Asle Benoni	Norway	M65		3		

Heats: Heat 2 of 2 (14:23)

Wind speed: -0.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	313	Dag Kåshagen	Norway	M65	1	4	29.53	Q
2	242	Bjørn Fluge	Norway	M65	2	7	30.13	Q
3	563	Anders Toll	Sweden	M65	3	8	30.31	q
4	443	Per Joel Andersson	Sweden	M65	4	6	30.39	q
5	519	Stefan Lagrosen	Sweden	M65	5	5	32.29	PB
	210	Asle Benoni	Norway	M65			DNF	

Summary of Round 1

02F - MV 200 Meters (M65) - 4 Jul 2026

START TIME: 14:23

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	159	Christer Stromberg	M65	1	Finland	29.17	Q	1:8
2	313	Dag Kåshagen	M65	2	Norway	29.53	Q	2:4
3	207	Graham Armstrong	M65	3	Norway	29.77	Q	1:
4	242	Bjørn Fluge	M65	4	Norway	30.13	Q	2:7
5	563	Anders Toll	M65	5	Sweden	30.31	q	2:8
6	443	Per Joel Andersson	M65	6	Sweden	30.39	q	2:6
7	115	Heikki Lähdekorpi	M65	7	Finland	30.74	q	1:5
8	48	Knud Erik Pedersen	M65	8	Denmark	31.36	q	1:4
9	5	Thyge Arum	M65	9	Denmark	31.42		1:6
10	519	Stefan Lagrosen	M65	10	Sweden	32.29		2:5
11	279	Harald Andreas Holmefjord	M65	11	Norway	32.59		1:7
	210	Asle Benoni	M65		Norway	DNF		2:
	210	Asle Benoni	M65		Norway			1:3

Results
02F - MV 200 Meters (M65) - 4 Jul 2026
Final (15:20)

Wind speed: +1.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	313	Dag Kåshagen	Norway	M65	1	6	27.25	
2	159	Christer Stromberg	Finland	M65	2	5	27.42	
3	242	Bjørn Fluge	Norway	M65	3	8	29.25	PB
4	115	Heikki Lähdekorpi	Finland	M65	4	2	29.34	SB
5	563	Anders Toll	Sweden	M65	5	4	29.65	
6	207	Graham Armstrong	Norway	M65	6	7	29.69	SB
7	443	Per Joel Andersson	Sweden	M65	7	3	30.59	
8	48	Knud Erik Pedersen	Denmark	M65	8	1	32.44	

Results

02J - MV 200 Meters (M85,M90) - 4 Jul 2026

(15:00)

Wind speed: +0.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	383	Kjell Odd Steinset	Norway	M90	1	7	41.28	PB
2	414	Hagbart Vebostad	Norway	M85	1		42.02	
3	264	Jostein Haraldseid	Norway	M90	2	5	48.58	
4	564	Erik-Åke Tranberg	Sweden	M85	2	6	1:58.59	

Results

02I - MV 200 Meters (M80) - 4 Jul 2026

(15:05)

Wind speed: +0.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	424	Arne Warem	Norway	M80	1	8	34.92	
2	357	Edvard Rathke	Norway	M80	2	5	38.15	SB
3	505	Åke Jonson	Sweden	M80	3	7	39.33	
4	497	Göte Hinders	Sweden	M80	4	6	48.00	

Results

02H - MV 200 Meters (M75) - 4 Jul 2026

(15:10)

Wind speed: +2.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	135	Heikki Pesonen	Finland	M75	1	7	31.60	
2	393	Jan-Erik Svendsen	Norway	M75	2	8	34.11	
3	138	Jari Pykilä	Finland	M75	3	6	35.59	
4	119	Teuvo Mettälä	Finland	M75	4	5	36.16	
5	290	Arne Johan Jensen	Norway	M75	5	4	37.54	

Results

02G - MV 200 Meters (M70) - 4 Jul 2026

(15:15)

Wind speed: +2.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	151	Markku Savola	Finland	M70	1	7	30.03	
2	85	Jorma Hietamäki	Finland	M70	2	6	30.39	
3	103	Raimo Koskela	Finland	M70	3	5	31.01	
4	385	Frans Stenersen	Norway	M70	4	8	31.74	
5	144	Börje Riska	Finland	M70	5	4	31.82	
6	314	Johannes Langeweg	Norway	M70	6	3	33.67	
7	60	Steven Peter Toy	Denmark	M70	7	2	34.63	

Results

02E - MV 200 Meters (M60) - 4 Jul 2026

(15:25)

Wind speed: +3.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	337	Ivar Njøs	Norway	M60	1	7	25.38	
2	435	Jorgen Aberg	Sweden	M60	2	6	26.04	
3	299	Geir Kaasen	Norway	M60	3	4	26.62	
4	463	Dag Dacke	Sweden	M60	4	3	27.04	
5	248	Kjell Olav Førde	Norway	M60	5	8	27.25	
	96	Harri Kauranen	Finland	M60		5	DNS	

Results

02D - MV 200 Meters (M55) - 4 Jul 2026

(15:30)

Wind speed: +0.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	570	Peter Wallin	Sweden	M55	1	5	25.09	
2	578	Erik Åhlin	Sweden	M55	2	7	25.09	
3	555	Mårten Skogman	Sweden	M55	3	6	25.37	SB
4	557	Mattias Sunneborn	Sweden	M55	4	8	25.37	SB
5	292	Jens Kjesbu Johannessen	Norway	M55	5	1	26.21	PB
6	46	Jann Dieter Olsen	Denmark	M55	6	2	26.46	SB
7	72	Seppo Appelqvist	Finland	M55	7	3	26.65	
8	35	Francisco Mansilla	Denmark	M55	8	4	26.92	

Results

02C - MV 200 Meters (M50) - 4 Jul 2026

(15:35)

Wind speed: +0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	56	Allan Stapelfeld	Denmark	M50	1	5	24.74	PB
2	15	Rasmus Foldager	Denmark	M50	2	7	26.97	PB
3	491	Fredrik Hegefors	Sweden	M50	3	6	27.01	
4	342	Espen Nygaard	Norway	M50	4	3	28.16	
5	348	Thomas Patey	Norway	M50	5	8	29.54	
6	271	Tom Henriksen	Norway	M50	6	2	30.88	
	389	Christian Stranger-Johannessen	Norway	M50		4	DNS	

Results

02B - MV 200 Meters (M45) - 4 Jul 2026

(15:40)

Wind speed: +1.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	315	Jøran Laukeland	Norway	M45	1	6	23.63	
2	468	Andreas Daun	Sweden	M45	2	7	24.23	
3	546	Johan Olsson	Sweden	M45	3	5	24.60	PB
4	406	Lars-Petter Traa	Norway	M45	4	4	28.50	

Results
02A - MV 200 Meters (M35,M40) - 4 Jul 2026
(15:45)

Wind speed: +0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	410	Espen Ulriksen	Norway	M35	1	5	22.52	PB
2	185	Bergur Hallgrímsson	Iceland	M40	1	4	23.74	
3	507	Daniel Jönsson	Sweden	M35	2	6	24.44	
4	525	Simon L Lindblad	Sweden	M40	2	3	26.43	

Results
03A - MV 400 Meters (M35,M40) - 5 Jul 2026
(14:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	185	Bergur Hallgrímsson	Iceland	M40	1	4	53.01	
2	160	Antti Takala	Finland	M40	2		58.40	
3	500	Robert Höckerstrand	Sweden	M35	1	7	1:00.60	
4	525	Simon L Lindblad	Sweden	M40	3	6	1:03.62	
	182	Alan Littler	United Kingdom	M35		5	55.21	

Results

03B - MV 400 Meters (M45-M55) - 5 Jul 2026

Race 1 of 3 (14:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	254	Kyrre Grøtan	Norway	M45	1	7	56.54	
2	352	Rasmus Pedersen	Norway	M50	1	2	59.44	
3	271	Tom Henriksen	Norway	M50	2	5	59.68	
4	323	Kristian Marki	Norway	M50	3	3	1:00.17	
5	389	Christian Stranger-Johannessen	Norway	M50	4	6	1:02.17	PB
6	49	Michael Pedersen Skovlund	Denmark	M50	5	4	1:02.27	SB

Race 2 of 3 (14:38)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	546	Johan Olsson	Sweden	M45	1	7	58.64	PB
2	370	Fredrik Dyring Skau	Norway	M50	1	8	58.78	PB
3	559	Fredrik Svensson	Sweden	M50	2	4	59.65	SB
4	24	Jacob Rørdam Holm-Jørgensen	Denmark	M50	3	6	59.77	SB
5	292	Jens Kjesbu Johannessen	Norway	M55	1	5	1:00.19	PB
6	348	Thomas Patey	Norway	M50	4	3	1:03.76	

Race 3 of 3 (14:41)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	315	Jøran Laukeland	Norway	M45	1	5	53.26	SB
2	578	Erik Åhlin	Sweden	M55	1	4	56.86	
3	127	Tuomo Nurminen	Finland	M45	2	8	58.98	
4	540	Johan Nilsson	Sweden	M50	1	3	59.59	SB
5	149	Thomas Sandberg	Finland	M45	3	7	1:03.34	
	468	Andreas Daun	Sweden	M45		6	DNS	

Summary of Round 1

03B - MV 400 Meters (M45-M55) - 5 Jul 2026

START TIME: 14:41

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	315	Jøran Laukeland	M45	1	Norway	53.26		3:5
2	254	Kyrre Grøtan	M45	2	Norway	56.54		1:7
3	578	Erik Åhlin	M55	1	Sweden	56.86		3:4
4	546	Johan Olsson	M45	3	Sweden	58.64		2:7
5	370	Fredrik Dyring Skau	M50	1	Norway	58.78		2:8
6	127	Tuomo Nurminen	M45	4	Finland	58.98		3:8
7	352	Rasmus Pedersen	M50	2	Norway	59.44		1:2
8	540	Johan Nilsson	M50	3	Sweden	59.59		3:3
9	559	Fredrik Svensson	M50	4	Sweden	59.65		2:4
10	271	Tom Henriksen	M50	5	Norway	59.68		1:5
11	24	Jacob Rørdam Holm-Jørgensen	M50	6	Denmark	59.77		2:6
12	323	Kristian Marki	M50	7	Norway	1:00.17		1:3
13	292	Jens Kjesbu Johannessen	M55	2	Norway	1:00.19		2:5
14	389	Christian Stranger-Johannessen	M50	8	Norway	1:02.17		1:6
15	49	Michael Pedersen Skovlund	M50	9	Denmark	1:02.27		1:4
16	149	Thomas Sandberg	M45	5	Finland	1:03.34		3:7
17	348	Thomas Patey	M50	10	Norway	1:03.76		2:3
	468	Andreas Daun	M45		Sweden	DNS		3:6

Results

03C - MV 400 Meters (M60,M65) - 5 Jul 2026

Race 1 of 2 (14:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	193	Hafsteinn Óskarsson	Iceland	M65	1	7	1:03.86	SB
2	563	Anders Toll	Sweden	M65	2	2	1:06.53	
3	494	Bo-Lennart Henningsson	Sweden	M65	3	3	1:07.62	
4	443	Per Joel Andersson	Sweden	M65	4	4	1:08.12	SB
5	279	Harald Andreas Holmefjord	Norway	M65	5	5	1:15.10	
	115	Heikki Lähdekorpi	Finland	M65		6	DNS	

Race 2 of 2 (14:53)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	547	Mats Olsson	Sweden	M60	1	5	1:00.31	
2	293	Jan Johansen	Norway	M60	2	7	1:00.50	PB
3	248	Kjell Olav Førde	Norway	M60	3	4	1:00.84	
4	299	Geir Kaasen	Norway	M60	4	6	1:02.56	
5	115	Heikki Lähdekorpi	Finland	M65	1		1:06.14	SB
6	207	Graham Armstrong	Norway	M65	2		1:09.30	SB
	38	Ole Middelhede	Denmark	M65		3	DNF	

Summary of Round 1

03C - MV 400 Meters (M60,M65) - 5 Jul 2026

START TIME: 14:53

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	547	Mats Olsson	M60	1	Sweden	1:00.31		2:5
2	293	Jan Johansen	M60	2	Norway	1:00.50		2:7
3	248	Kjell Olav Førde	M60	3	Norway	1:00.84		2:4
4	299	Geir Kaasen	M60	4	Norway	1:02.56		2:6
5	193	Hafsteinn Óskarsson	M65	1	Iceland	1:03.86		1:7
6	115	Heikki Lähdekorpi	M65	2	Finland	1:06.14		2:
7	563	Anders Toll	M65	3	Sweden	1:06.53		1:2
8	494	Bo-Lennart Henningsson	M65	4	Sweden	1:07.62		1:3
9	443	Per Joel Andersson	M65	5	Sweden	1:08.12		1:4
10	207	Graham Armstrong	M65	6	Norway	1:09.30		2:
11	279	Harald Andreas Holmefjord	M65	7	Norway	1:15.10		1:5
	38	Ole Middelhede	M65		Denmark	DNF		2:3
	115	Heikki Lähdekorpi	M65		Finland	DNS		1:6

Results
03D - MV 400 Meters (M70-M90) - 5 Jul 2026
Race 1 of 3 (15:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	119	Teuvo Mettälä	Finland	M75	1	6	1:22.55	
2	414	Hagbart Vebostad	Norway	M85	1	4	1:36.81	
3	505	Åke Jonson	Sweden	M80	1	7	1:55.07	
4	564	Erik-Åke Tranberg	Sweden	M85	2	3	4:16.66	

Race 2 of 3 (15:08)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	85	Jorma Hietamäki	Finland	M70	1	6	1:09.31	
2	150	Kari Olavi Sanelma	Finland	M75	1	8	1:10.63	SB
3	376	Bjarne Skumsnes	Norway	M70	2		1:13.12	
4	385	Frans Stenersen	Norway	M70	3	5	1:14.01	
5	135	Heikki Pesonen	Finland	M75	2	7	1:14.64	
6	60	Steven Peter Toy	Denmark	M70	4	4	1:17.96	
7	138	Jari Pykilä	Finland	M75	3	3	1:26.38	

Race 3 of 3 (15:11)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	383	Kjell Odd Steinset	Norway	M90	1	4	1:36.43	

Summary of Round 1

03D - MV 400 Meters (M70-M90) - 5 Jul 2026

START TIME: 15:11

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	85	Jorma Hietamäki	M70	1	Finland	1:09.31		2:6
2	150	Kari Olavi Sanelma	M75	1	Finland	1:10.63		2:8
3	376	Bjarne Skumsnes	M70	2	Norway	1:13.12		2:
4	385	Frans Stenersen	M70	3	Norway	1:14.01		2:5
5	135	Heikki Pesonen	M75	2	Finland	1:14.64		2:7
6	60	Steven Peter Toy	M70	4	Denmark	1:17.96		2:4
7	119	Teuvo Mettälä	M75	3	Finland	1:22.55		1:6
8	138	Jari Pykilä	M75	4	Finland	1:26.38		2:3
9	383	Kjell Odd Steinset	M90	1	Norway	1:36.43		3:4
10	414	Hagbart Vebostad	M85	1	Norway	1:36.81		1:4
11	505	Åke Jonson	M80	1	Sweden	1:55.07		1:7
12	564	Erik-Åke Tranberg	M85	2	Sweden	4:16.66		1:3

Results

04A - MV 800 Meters (M35-M45) - 4 Jul 2026

(11:45)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	490	David Havia	Sweden	M40	1	4	2:03.91	SB
2	500	Robert Höckerstrand	Sweden	M35	1	1	2:08.33	SB
3	466	Karl Dannestam	Sweden	M45	1	9	2:09.61	SB
4	273	Robert Hisdal	Norway	M45	2	6	2:11.11	
5	149	Thomas Sandberg	Finland	M45	3	5	2:17.09	
6	406	Lars-Petter Traa	Norway	M45	4	7	2:23.92	
	182	Alan Littler	United Kingdom	M35		2	2:06.52	PB
	432	Grzegorz Bartosz Kosel	IL Polarstjernen	M40		3	2:15.70	
	81	Henri Heikkinen	Finland	M45		8	DNS	

Results

04B - MV 800 Meters (M50) - 4 Jul 2026

(11:55)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	16	Hesham Morten Gabr	Denmark	M50	1	2	2:06.32	
2	541	Henrik Nord	Sweden	M50	2	4	2:10.13	
3	380	Øyvind Solberg	Norway	M50	3	3	2:10.35	SB
4	334	Kristian Nedregård	Norway	M50	4	6	2:12.20	
5	352	Rasmus Pedersen	Norway	M50	5	7	2:14.79	
6	50	Thomas Qvistgaard	Denmark	M50	6	5	2:15.40	
7	370	Fredrik Dyring Skau	Norway	M50	7	8	2:17.16	
8	49	Michael Pedersen Skovlund	Denmark	M50	8	10	2:18.59	SB
9	82	Jussi-Pekka Heikkinen	Finland	M50	9	9	2:28.20	
	559	Fredrik Svensson	Sweden	M50		1	DNS	

Results

04C - MV 800 Meters (M55,M60) - 4 Jul 2026

(12:05)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	112	Marko Lehtonen	Finland	M55	1	2	2:16.83	PB
2	40	Michael Mørkboe	Denmark	M55	2	3	2:17.57	SB
3	394	Torstein Svendsen	Norway	M60	1	8	2:22.63	
4	484	Anders Grah	Sweden	M55	3	1	2:23.66	
5	20	Michael Pilegaard Hansen	Denmark	M55	4	4	2:24.09	
6	437	Niclas Agroth	Sweden	M60	2	10	2:25.21	SB
7	42	Bjarne Stange Nielsen	Denmark	M60	3	9	2:26.05	PB
8	488	Mikael Hansson	Sweden	M60	4	7	2:32.99	
9	233	Eskil Dahlen	Norway	M60	5	5	2:27.07	
	191	Agnar Steinarsson	Iceland	M60		6	DNS	

Results

04D - MV 800 Meters (M65) - 4 Jul 2026

(12:15)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	39	Johnny Møller	Denmark	M65	1	4	2:29.39	
2	494	Bo-Lennart Henningsson	Sweden	M65	2	5	2:33.06	
3	372	Jan Petter Skram	Norway	M65	3	8	2:33.94	
4	184	Kristinn Gudmundsson	Iceland	M65	4	2	2:40.37	
5	563	Anders Toll	Sweden	M65	5	7	2:41.08	
6	285	Brede Huse	Norway	M65	6	1	2:42.00	
7	392	Arvid Supphellen	Norway	M65	7	10	2:45.72	
8	509	Tony Karlsson	Sweden	M65	8	3	2:54.19	SB
	181	Steven Doxey	United Kingdom	M65		9	2:52.34	
	193	Hafsteinn Óskarsson	Iceland	M65		6	DNS	
	38	Ole Middelhede	Denmark	M65		11	DNS	

Results

04E - MV 800 Meters (M70,M75) - 4 Jul 2026

(12:25)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	27	Henning steffan Jensen	Denmark	M70	1	4	2:43.11	
2	423	Karl Vågstøl	Norway	M75	1	8	2:47.09	
3	526	Lars Lindqvist	Sweden	M70	2	1	2:50.43	SB
4	376	Bjarne Skumsnes	Norway	M70	3	2	2:55.34	
5	188	Johann Karlsson	Iceland	M75	2	6	2:59.15	
6	556	Stig-Ove Stolt	Sweden	M75	3	9	3:01.94	
7	258	Olav Hagland	Norway	M75	4	5	3:24.61	
	265	Alf Harbitz	Norway	M70		3	DNS	
	343	Harald Nygård	Norway	M75		7	DNS	

Results
04F - MV 800 Meters (M80-M90) - 4 Jul 2026
(12:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	214	John Bernes	Norway	M80	1	2	3:20.51	
2	414	Hagbart Vebostad	Norway	M85	1	3	3:35.93	
3	505	Åke Jonson	Sweden	M80	2	1	3:36.29	
4	383	Kjell Odd Steinset	Norway	M90	1	4	3:45.19	PB

Results

05A - MV 1500 Meters (M35-M50) - 5 Jul 2026

(13:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	500	Robert Höckerstrand	Sweden	M35	1	1	4:19.68	SB
2	490	David Havia	Sweden	M40	1	3	4:21.12	SB
3	307	Svein Olav Krakstad	Norway	M45	1	9	4:21.71	SB
4	425	Øyvind Wiger	Norway	M45	2	10	4:23.37	
5	273	Robert Hisdal	Norway	M45	3	11	4:24.22	
6	166	Mikko Tyni	Finland	M40	2	2	4:25.00	
7	541	Henrik Nord	Sweden	M50	1	16	4:28.56	
8	466	Karl Dannestam	Sweden	M45	4	8	4:31.12	
9	380	Øyvind Solberg	Norway	M50	2	15	4:35.37	
10	50	Thomas Qvistgaard	Denmark	M50	3	13	4:42.04	
11	82	Jussi-Pekka Heikkinen	Finland	M50	4	14	5:00.20	SB
12	302	Simen Hagerup Kjeldsen	Norway	M40	3	4	5:14.77	
	194	Jānis Arsenikovs	Latvia	M40		6	4:23.10	
	432	Grzegorz Bartosz Kosel	IL Polarstjernen	M40		5	4:40.06	
	149	Thomas Sandberg	Finland	M45		7	DNS	
	81	Henri Heikkinen	Finland	M45		12	DNS	

Results

05B - MV 1500 Meters (M55-M65) - 5 Jul 2026

(13:40)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	9	Lars Brix	Denmark	M55	1	3	4:53.30	
2	112	Marko Lehtonen	Finland	M55	2	4	4:53.61	
3	394	Torstein Svendsen	Norway	M60	1	7	4:54.43	
4	484	Anders Grah	Sweden	M55	3	2	4:54.71	SB
5	240	Knut Ole Fagervold	Norway	M55	4	5	4:55.80	
6	20	Michael Pilegaard Hansen	Denmark	M55	5	1	5:02.21	
7	321	Svein Egil Linnerud	Norway	M65	1	15	5:03.19	
8	42	Bjarne Stange Nielsen	Denmark	M60	2	6	5:10.93	
9	488	Mikael Hansson	Sweden	M60	3	9	5:12.20	
10	39	Johnny Møller	Denmark	M65	2	18	5:14.48	SB
11	184	Kristinn Gudmundsson	Iceland	M65	3	24	5:18.20	PB
12	344	Børre Olsen	Norway	M60	4	12	5:22.10	
13	80	Jukka-Pekka Hassinen	Finland	M65	4	14	5:31.17	
14	283	Johan Peter Hougen	Norway	M65	5	23	5:52.70	
15	63	Heino Wohlert	Denmark	M60	5	10	6:13.30	
	181	Steven Doxey	United Kingdom	M65		21	5:52.07	
	509	Tony Karlsson	Sweden	M65		19	DNF	

Results

05C - MV 1500 Meters (M70-M90) - 5 Jul 2026

(13:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	27	Henning steffan Jensen	Denmark	M70	1	1	5:45.72	
2	526	Lars Lindqvist	Sweden	M70	2	2	5:48.62	
3	423	Karl Vågstøl	Norway	M75	1	6	5:53.08	
4	188	Johann Karlsson	Iceland	M75	2	10	6:09.12	
5	376	Bjarne Skumsnes	Norway	M70	3	3	6:20.19	
6	426	Morten Olaf Wold	Norway	M75	3	11	6:56.17	
7	214	John Bernes	Norway	M80	1	12	7:00.05	
8	505	Åke Jonson	Sweden	M80	2	13	7:35.88	PB
9	397	Arvid Syrstad	Norway	M75	4	9	7:37.92	
10	414	Hagbart Vebostad	Norway	M85	1	14	7:41.86	
11	383	Kjell Odd Steinset	Norway	M90	1	16	8:02.55	PB
12	8	Erik Bohn-Jespersen	Denmark	M85	2	15	12:41.50	
	265	Alf Harbitz	Norway	M70		4	DNS	
	413	Ger Van Graas	Norway	M70		5	DNS	
	343	Harald Nygård	Norway	M75		7	DNS	
	258	Olav Hagland	Norway	M75		8	DNS	

Results

06B - MV 5000 Meters (M60-M85) - 3 Jul 2026

(13:14:07)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	394	Torstein Svendsen	Norway	M60	1	3	17:49.17	
2	184	Kristinn Gudmundsson	Iceland	M65	1	10	19:46.34	PB
3	111	Hannu Laurila	Finland	M60	2	6	19:50.49	
4	488	Mikael Hansson	Sweden	M60	3	5	20:11.50	
5	526	Lars Lindqvist	Sweden	M70	1	14	20:35.27	
6	344	Børre Olsen	Norway	M60	4	2	20:45.79	
7	230	Roger Christiansen	Norway	M60	5	7	21:33.01	
8	509	Tony Karlsson	Sweden	M65	2	8	21:42.60	
9	423	Karl Vågstøl	Norway	M75	1	20	22:00.94	
10	419	Eilif Villanger	Norway	M75	2	18	22:23.00	
11	63	Heino Wohler	Denmark	M60	6	4	22:26.18	
12	556	Stig-Ove Stolt	Sweden	M75	3	23	22:32.14	SB
13	283	Johan Peter Hougen	Norway	M65	3	11	22:37.92	
14	375	Arne Skretteberg	Norway	M70	2	15	23:37.59	PB
15	188	Johann Karlsson	Iceland	M75	4	19	23:49.20	
16	426	Morten Olaf Wold	Norway	M75	5	25	24:58.71	
17	203	Harald Alstad	Norway	M60	7	1	25:14.77	
18	309	Ernst Herlof Kristiansen	Norway	M75	6	26	25:18.54	
19	258	Olav Hagland	Norway	M75	7	22	26:08.52	
20	521	Bo Larsson	Sweden	M75	8	24	26:55.79	SB
21	505	Åke Jonson	Sweden	M80	1	27	28:39.89	
22	397	Arvid Syrstad	Norway	M75	9	21	29:08.56	
23	414	Hagbart Vebostad	Norway	M85	1	28	30:35.38	

Results

06A - MV 5000 Meters (M35-M55) - 3 Jul 2026

(13:59:52)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	287	Gabriel Ingebretsen	Norway	M35	1	1	15:32.18	
2	166	Mikko Tyni	Finland	M40	1	3	16:18.31	
3	513	Martin Kjäll-Ohlsson	Sweden	M45	1	7	16:18.82	
4	425	Øyvind Wiger	Norway	M45	2	6	16:31.94	
5	541	Henrik Nord	Sweden	M50	1	9	17:13.47	
6	466	Karl Dannestam	Sweden	M45	3	8	17:52.55	
7	561	Sven Thelin	Sweden	M55	1	16	17:52.56	
8	421	Jan Ketil Vinnes	Norway	M55	2	14	17:55.68	
9	447	Mikael Bask	Sweden	M55	3	12	18:50.07	
10	302	Simen Hagerup Kjeldsen	Norway	M40	2	5	19:50.73	
11	364	Rune Romnes	Norway	M55	4	13	20:09.44	

Results

07 - MV 10000 Meters (M35-M60, M70-M80) - 5 Jul 2026 (09:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	312	Tom Erling Kårbø	Norway	M35	1	2	31:55.24	PB
2	224	Lasse Blom	Norway	M40	1	4	32:33.32	
3	513	Martin Kjäll-Ohlsson	Sweden	M45	1	6	33:48.77	
4	334	Kristian Nedregård	Norway	M50	1	8	34:07.85	
5	287	Gabriel Ingebretsen	Norway	M35	2	1	34:07.89	
6	416	Henrik Velle	Norway	M35	3	3	34:36.90	
7	305	Fredrik Kolverud	Norway	M50	2	9	34:38.70	
8	394	Torstein Svendsen	Norway	M60	1	14	37:23.38	
9	561	Sven Thelin	Sweden	M55	1	13	37:46.04	
10	447	Mikael Bask	Sweden	M55	2	11	39:39.93	
11	134	Mika Perkiömäki	Finland	M55	3	12	41:16.56	
12	111	Hannu Laurila	Finland	M60	2	15	42:56.35	
13	108	Tommy Lahti	Finland	M45	2	5	46:28.77	
14	407	Jo Trieu Søreide	Norway	M50	3	10	49:17.89	
15	426	Morten Olaf Wold	Norway	M75	1	18	52:55.04	
16	203	Harald Alstad	Norway	M60	3	16	55:43.80	
17	505	Åke Jonson	Sweden	M80	1	19	59:25.94	

Results

25 - MV 3000 Meters Race Walk (M45-M80) - 3 Jul 2026

(18:29:07)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	RCs	Note
1	558	Christer Svensson	Sweden	M55	1	7	15:54.70		~~
2	10	Thomas Christensen	Denmark	M55	2	5	16:19.57		~
3	256	Tor-Ivar Guttulsrød	Norway	M60	1	8	17:00.27		SB
4	93	Kari Järvenpää	Finland	M70	1	18	19:29.34		
5	165	Jarno Turunen	Finland	M50	1	2	19:34.79		
6	257	Arne Gåssand	Norway	M60	2	10	19:51.03		<
7	340	Paal Nordland	Norway	M55	3	6	19:52.00		
8	431	Knut Ytrehus	Norway	M60	3	9	20:11.89		
9	515	Henrik Kopp Söderström	Sweden	M45	1	1	20:54.24		
10	140	Jouko Rannanpää	Finland	M70	2	15	21:03.88		
11	368	Kåre Sandvik	Norway	M70	3	17	21:07.93		SB
12	247	Rune Følstad	Norway	M50	2	4	21:45.75		
13	363	Jan Arvid Rolstad	Norway	M75	1	19	21:57.58		
14	382	Torkjell Spigseth	Norway	M80	1	22	22:05.14		
15	13	Henrik Egede	Denmark	M65	1	13	22:09.82		
16	346	Sigmund Ongstad	Norway	M80	2	24	22:48.49		
17	319	Arthur Lillefosse	Norway	M80	3	21	22:51.37		
18	472	Anders Ek	Sweden	M60	4	11	23:25.12		
19	322	Einar Lyngar	Norway	M80	4	25	23:38.75		
20	395	Per Ola Sverre	Norway	M80	5	20	24:29.88		

Results
10A - MV 80 Meters Hurdles (M70,M75) - 5 Jul 2026
(12:40)

Wind speed: -0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	465	Peter Danneman	Sweden	M70	1	2	18.07	
2	415	Egon Vee Haugen	Norway	M70	2	5	24.02	
	105	Teuvo Kärkkäinen	Finland	M75		3	DNS	
	150	Kari Olavi Sanelma	Finland	M75		4	DNS	

Results

10B - MV 80 Meters Hurdles (M80-M90) - 5 Jul 2026

(13:05)

Wind speed: +0.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	246	Trond Furuly	Norway	M80	1	2	15.89	
2	424	Arne Warem	Norway	M80	2	5	17.70	
3	505	Åke Jonson	Sweden	M80	3	4	23.35	
4	373	Knut Henrik Skramstad	Norway	M85	1	6	39.87	
5	264	Jostein Haraldseid	Norway	M90	1	7	53.96	

Results

09A - MV 100 Meters Hurdles (M50,M55) - 5 Jul 2026

(11:45)

Wind speed: -1.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	545	Mattias Olsborg	Sweden	M50	1	4	16.31	PB
2	464	Erik Dahlin	Sweden	M50	2	3	19.46	
3	491	Fredrik Hegefors	Sweden	M50	3	7	20.83	
4	252	Per Gregersen	Norway	M55	1	5	23.27	
	6	Ole Holst Bjerregaard	Denmark	M50		6	DNS	

Results

09B - MV 100 Meters Hurdles (M60) - 5 Jul 2026

(11:55)

Wind speed: -2.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	280	Frode Holt	Norway	M60	1	6	16.58	
2	547	Mats Olsson	Sweden	M60	2	4	19.38	
3	266	Ronny Haufe	Norway	M60	3	3	19.49	
4	43	Lars Aagaard Nielsen	Denmark	M60	4	5	21.87	PB
	418	Tor Inge Vikane	Norway	M60		7	DNS	

Results

09C - MV 100 Meters Hurdles (M65) - 5 Jul 2026

(12:05)

Wind speed: -0.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	563	Anders Toll	Sweden	M65	1	8	18.35	
2	91	Reijo Häyrinen	Finland	M65	2	6	20.36	PB
3	102	Antti Koskela	Finland	M65	3	1	21.24	
4	52	Per Egge Rasmussen	Denmark	M65	4	7	21.29	
5	519	Stefan Lagrosen	Sweden	M65	5	2	21.81	PB
	196	Vytautas Zaniauskas	Lithuania	M65		3	16.44	
	462	Michael Cocke	Sweden	M65		4	DNS	
	48	Knud Erik Pedersen	Denmark	M65		5	DNS	

Results
08 - MV 110 Meters Hurdles (M40-M45) - 5 Jul 2026
(11:30)

Wind speed: -1.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	171	Oki Vuonoranta	Finland	M40	1	3	16.28	
2	468	Andreas Daun	Sweden	M45	1	4	18.10	
3	127	Tuomo Nurminen	Finland	M45	2	7	20.23	

Results
13A - MV 200 Meters Hurdles (M80) - 4 Jul 2026
(11:20)

Wind speed: +2.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	246	Trond Furuly	Norway	M80	1	3	37.46	
2	505	Åke Jonson	Sweden	M80	2	4	48.33	

Results

12A - MV 300 Meters Hurdles (M60) - 4 Jul 2026

(10:45)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	547	Mats Olsson	Sweden	M60	1	8	46.62	PB
2	463	Dag Dacke	Sweden	M60	2	2	47.35	
3	266	Ronny Haufe	Norway	M60	3	4	51.65	
4	43	Lars Aagaard Nielsen	Denmark	M60	4	6	1:01.68	PB
5	237	Lars Elling Ekornåsvåg	Norway	M60	5	5	1:21.23	
	191	Agnar Steinarsson	Iceland	M60		3	DNS	
	418	Tor Inge Vikane	Norway	M60		7	DNS	

Results

12B - MV 300 Meters Hurdles (M65) - 4 Jul 2026

(10:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	462	Michael Cocke	Sweden	M65	1	3	49.50	
2	563	Anders Toll	Sweden	M65	2	2	50.13	
3	91	Reijo Häyrinen	Finland	M65	3	5	54.96	SB
	193	Hafsteinn Óskarsson	Iceland	M65		4	DNS	

Results
11A - MV 400 Meters Hurdles (M40,M45) - 4 Jul 2026
(10:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	127	Tuomo Nurminen	Finland	M45	1	7	1:08.78	

Results

11B - MV 400 Meters Hurdles (M50,M55) - 4 Jul 2026

(10:10)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	557	Mattias Sunneborn	Sweden	M55	1	8	1:01.07	
2	570	Peter Wallin	Sweden	M55	2	7	1:03.13	
3	578	Erik Åhlin	Sweden	M55	3	6	1:05.91	
4	464	Erik Dahlin	Sweden	M50	1	5	1:07.97	
5	24	Jacob Rørdam Holm-Jørgensen	Denmark	M50	2	2	1:08.54	PB
6	559	Fredrik Svensson	Sweden	M50	3	3	1:09.95	
7	15	Rasmus Foldager	Denmark	M50	4	4	1:11.58	

Results

15 - MV 2000 Meters Steeplechase (0.762) - 4 Jul 2026

(17:20)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	111	Hannu Laurila	Finland	M60	1	4	8:33.18	
2	80	Jukka-Pekka Hassinen	Finland	M65	1	5	8:58.93	
3	266	Ronny Haufe	Norway	M60	2	1	8:59.43	
4	283	Johan Peter Hougen	Norway	M65	2	6	9:42.33	
5	341	Steinar Nordvoll	Norway	M60	3	3	10:01.51	
6	33	Jørgen Randløv Madsen	Denmark	M70	1	8	10:19.29	
7	203	Harald Alstad	Norway	M60	4	2	10:53.56	
8	505	Åke Jonson	Sweden	M80	1	9	11:54.34	
	226	Tore Bredesen	Norway	M65		7	DNF	

Results
14 - MV 3000 Meters Steeplechase (0.838) - 4 Jul 2026
(16:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	307	Svein Olav Krakstad	Norway	M45	1	2	9:58.14	
2	478	Tony Eriksson	Sweden	M50	1	5	11:00.08	
3	466	Karl Dannestam	Sweden	M45	2	3	12:21.27	
4	108	Tommy Lahti	Finland	M45	3	1	14:33.28	
5	560	Patrick Sörquist	Sweden	M55	1	7	14:50.08	

Nordic Masters Championships - 3-5 Jul 2026

Results

16B - MV High Jump (M55,M60) - 4 Jul 2026

START TIME: 11:50

#	Bib	Ord	Name	Club	Cat	1.20	1.25	1.30	1.33	1.36	1.39	1.42	1.45	1.48	1.51	1.54	Best	Note
1	446	8	Panagiotis Avramidis	Sweden	M60	-	-	o	-	-	xo	-	o	o	o	o	1.54	
2	53	11	Thomas Ringsted	Denmark	M60	-	-	-	-	-	o	o	o	xo	o	xxx	1.51	=PB
3	477	2	Martin Eriksson	Sweden	M55	-	-	-	-	o	-	o	xo	o	xxo	xxx	1.51	
4	124	5	Antti Nissilä	Finland	M55	-	-	-	-	o	o	o	o	xxo	xxo	xxx	1.51	
5	266	12	Ronny Haufe	Norway	M60	-	-	-	-	o	-	o	o	o	xxx		1.48	
6	252	3	Per Gregersen	Norway	M55	-	o	o	o	o	o	xo	-	-	-	-	1.42	
7	377	1	Richard Smitt-Ingebretsen	Norway	M55	-	-	-	-	o	o	-	-	-	-	-	1.39	
7	215	10	Jan Erik Berntzen	Norway	M60	-	-	-	-	o	o	r					1.39	
9	280	9	Frode Holt	Norway	M60	-	-	-	-	xxo	-	xxx					1.36	
10	59	7	Peter Svane	Denmark	M60	o	xo	xxo	xo	xxr							1.33	=SB
	195	4	Romualdas Jakutis	Lithuania	M55	-	-	-	-	-	-	-	o	-	o	xxx	1.51	
	365	6	Christopher Guru Rudramoorthy	Norway	M55	-	-	-	-	-	-	-	-	-	-	-	None	
	191	13	Agnar Steinarsson	Iceland	M60	-	-	-	-	-	-	-	-	-	-	-	None	

Nordic Masters Championships - 3-5 Jul 2026

Results

16C - MV High Jump (M65,M70) - 4 Jul 2026

START TIME: 13:45

#	Bib	Ord	Name	Club	Cat	1.15	1.20	1.25	1.30	1.33	1.36	1.39	1.42	1.45	1.48	1.51	1.53	Best	Note
1	506	3	Håkan Josefsson	Sweden	M65	-	-	-	o	o	o	o	o	xo	o	xxo	xxx	1.51	SB
2	102	5	Antti Koskela	Finland	M65	-	-	-	-	o	o	o	o	o	xo	xxx		1.48	
3	529	11	Bertil Ljungqvist	Sweden	M70	-	-	o	o	-	o	xo	xo	xxx				1.42	
4	151	8	Markku Savola	Finland	M70	-	-	-	o	-	xo	xxo	xxx					1.39	
5	52	1	Per Egge Rasmussen	Denmark	M65	-	-	o	o	o	o	xxx						1.36	
5	325	7	Luc Moise Mensah	Norway	M65	o	o	-	o	-	o	-	xxx					1.36	SB
7	85	9	Jorma Hietamäki	Finland	M70	-	-	-	o	xo	o	xxx						1.36	
8	527	6	Mikael Lindén	Sweden	M65	-	-	-	o	-	xo	xxx						1.36	
9	386	12	Kjell Olav Storflor	Norway	M70	o	-	xo	o	xxo	xxx							1.33	
10	48	2	Knud Erik Pedersen	Denmark	M65	-	-	o	o	xxx								1.30	
11	28	10	Knud Jesper Jørgensen	Denmark	M70	-	o	o	xxo	xxx								1.30	
12	114	4	Atte Lähdekorpi	Finland	M65	-	-	o	xxx									1.25	

Nordic Masters Championships - 3-5 Jul 2026

Results

16A - MV High Jump (M35-M50) - 4 Jul 2026

START TIME: 15:30

#	Bib	Ord	Name	Club	Cat	1.20	1.30	1.35	1.40	1.43	1.46	1.49	1.52	1.55	1.58	1.61	1.64	1.70	Best	Note
1	507	1	Daniel Jönsson	Sweden	M35	o	-	-	-	-	-	-	-	o	-	o	o	xxx	1.64	
2	429	2	Arild Ydersbond	Norway	M40	-	-	-	o	-	o	-	o	o	o	xo	xxx		1.61	
3	120	5	Antti Miihkinen	Finland	M45	-	o	o	o	o	o	o	r						1.49	
4	491	9	Fredrik Hegefors	Sweden	M50	-	-	o	o	o	xo	xxo	r						1.49	PB
5	6	7	Ole Holst Bjerregaard	Denmark	M50	-	-	-	-	o	o	xxx							1.46	
5	464	10	Erik Dahlin	Sweden	M50	-	-	-	o	o	o	xxx							1.46	
7	389	6	Christian Strange r-Johannessen	Norway	M50	-	-	o	o	xxo	xxo	xxx							1.46	SB
7	316	8	Halvard Leirvik	Norway	M50	-	o	o	xo	xo	xxo	xxx							1.46	=SB
9	333	3	Aleksander Møll	Norway	M45	o	o	-	o	-	x	xx							1.40	=SB
	582	4	Tobias Öhman	Sweden	M45	-	-	-	-	-	-	-	r						None	

Nordic Masters Championships - 3-5 Jul 2026

Results

16D - MV High Jump (M75-M90) - 4 Jul 2026

START TIME: 17:00

#	Bib	Ord	Name	Club	Cat	0.75	0.85	0.90	0.95	1.00	1.05	1.10	1.13	1.16	1.19	1.21	1.23	1.25	1.27	1.29	1.31	1.33	1.35	Best	Note	
1	408	1	Ulf Stephen Tudem	Norway	M75	-	-	-	-	-	-	-	o	o	o	o	o	o	o	o	o	xo	xxx	1.33		
2	424	5	Arne Warem	Norway	M80	-	-	-	-	-	o	o	o	xo	xo	r									1.19	
3	246	8	Trond Furuly	Norway	M80	-	-	-	-	-	o	o	o	o	xxx										1.16	
4	100	3	Raimo Korpela	Finland	M80	-	-	-	-	-	-	o	o	xo	xxx										1.16	
5	583	4	John Östlund	Sweden	M80	-	-	-	-	-	o	o	xxo	xxx							xxo				1.13	
6	169	6	Kunto Viiru	Finland	M80	-	-	-	-	-	o	o	xxx												1.10	=SB
7	281	2	Kurt Moritz Homme	Norway	M75	o	-	-	o	o	o	xxx													1.05	
7	186	10	Helgi Hólm	Iceland	M85	-	-	-	-	o	o	xxr													1.05	
9	261	11	Gunnar Olav Hansen	Norway	M85	o	o	-	o	xo	xo	xxx													1.05	
10	319	7	Arthur Lillefosse	Norway	M80	-	-	o	o	xo	xxx														1.00	
11	373	9	Knut Henrik Skramstad	Norway	M85	o	o	-	xxo	xxx															0.95	
	294	12	John Arve Johansen	Norway	M90	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	r	None		

Nordic Masters Championships - 3-5 Jul 2026

Results

17C - MV Pole Vault (M70-M90) - 3 Jul 2026

START TIME: 14:30

#	Bib	Ord	Name	Club	Cat	1.10	1.20	1.30	1.40	1.50	1.60	1.70	1.80	1.90	2.00	2.10	2.20	2.30	Best	Note
1	424	5	Arne Warem	Norway	M80	-	-	-	-	-	-	xo	o	o	o	o	xxo	r	2.20	
2	125	2	Pertti Nousiainen	Finland	M70	-	-	-	-	-	-	o	-	-	o	o	r		2.10	
3	100	6	Raimo Korpela	Finland	M80	-	-	-	-	-	-	o	-	o	xo	o	xxr		2.10	
4	327	3	Tor Johan Modahl	Norway	M70	-	-	-	-	-	-	o	xo	xo	xxo	xxx			2.00	
5	121	7	Reijo Murto	Finland	M80	-	o	-	-	-	o	-	o	xo	xxx				1.90	
6	505	8	Åke Jonson	Sweden	M80	-	-	o	-	-	o	xo	o	xxx					1.80	PB
7	200	4	Håkon Aasvestad	Norway	M75	-	-	-	-	o	-	xxr							1.50	
8	373	9	Knut Henrik Skramstad	Norway	M85	-	-	xo	-	-	-	xxx							1.30	
9	294	10	John Arve Johansen	Norway	M90	o	o	r											1.20	
	145	1	Olavi Roivainen	Finland	M70	-	-	-	-	-	-	-	-	-	-	x-			NM	

Nordic Masters Championships - 3-5 Jul 2026

Results

17B - MV Pole Vault (M60,M65) - 3 Jul 2026

START TIME: 16:20

#	Bib	Ord	Name	Club	Cat	2.10	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.20	3.40	Best	Note
1	446	3	Panagiotis Avramidis	Sweden	M60						o		o	o	o	xxx	3.20	
2	266	2	Ronny Haufe	Norway	M60		o	o	xo	o	o	xo	o	xxx			2.90	
3	568	8	Per Ulander	Sweden	M65					xo		xxo	xo	xxx			2.90	
4	3	9	Klaus Andersen	Denmark	M65				o	o	o	o	xxx				2.80	=SB
5	80	6	Jukka-Pekka Hassinen	Finland	M65				xo	x-	o	o	xxx				2.80	
6	52	10	Per Egge Rasmussen	Denmark	M65			xo	xxx								2.40	
7	436	4	Tomas Ackeberg	Sweden	M60		o		xxx								2.30	
7	527	7	Mikael Lindén	Sweden	M65	o	o		xxx								2.30	

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Results

17A - MV Pole Vault (M45-M55) - 3 Jul 2026

START TIME: 18:30

#	Bib	Ord	Name	Club	Cat	2.10	2.20	2.30	2.40	2.50	2.60	2.70	2.80	2.90	3.00	3.10	3.20	3.30	3.40	3.50	3.60	3.70	3.80	3.90	Best	Note
1	97	10	Antti Kois	Finland	M55	-	-	-	-	-	-	-	-	-	-	-	-	-	o	-	xo	o	xxo	r	3.80	
2	470	5	Sven Diurlin	Sweden	M50	-	-	-	-	-	-	-	-	-	-	-	-	o	o	o	o	xo	xxx		3.70	SB
3	31	9	Morten Kyndbøl	Denmark	M55	-	-	-	-	-	-	-	-	-	-	-	-	-	-	o	-	xxo	xr		3.70	
4	163	2	Markus Tornberg	Finland	M45	-	-	-	-	-	-	-	-	-	-	-	-	-	o	-	o	-	xxx		3.60	
5	487	4	Erik Hagström	Sweden	M50	-	-	-	-	-	-	-	-	-	-	-	-	-	o	-	xxo	xxx			3.60	
6	6	6	Ole Holst Bjerregaard	Denmark	M50	-	-	-	-	-	-	-	-	-	-	-	-	-	-	o	-	xxx			3.50	
7	477	8	Martin Eriksson	Sweden	M55	-	-	-	-	-	-	-	o	xo	o	o	xxo	xxx							3.20	
8	252	12	Per Gregersen	Norway	M55	-	-	-	-	o	-	o	xo	o	o	o	xxx								3.10	
9	120	1	Antti Miihkinen	Finland	M45	o	o	o	o	o	-	o	o	o	o	o	r								3.00	
10	124	11	Antti Nissilä	Finland	M55	-	-	-	-	o	-	o	o	xxx											2.80	
11	365	7	Christopher Guru Rudram oorthy	Norway	M55	xo	o	xxr																	2.20	

Nordic Masters Championships - 3-5 Jul 2026

Results

18E - MV Long Jump (M75-M90) - 3 Jul 2026

START TIME: 13:10

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	105	Teuvo Kärkkäinen	Finland	M75	3.58 (-1.6)	-	-	-	3.57	-	3.58 (-1.6)	
2	424	Arne Warem	Norway	M80	3.49 (-0.5)	3.48 (-0.9)	x	x	3.52 (-1.1)	-	3.52 (-1.1)	
3	213	Oddbjørn Bergheim	Norway	M75	2.91	3.38 (-0.1)	3.41 (-0.3)	3.36 (-1.2)	3.43 (-1.5)	3.39 (-0.9)	3.43 (-1.5)	
4	393	Jan-Erik Svendsen	Norway	M75	x	3.33 (-1.3)	3.41 (-0.8)	3.39 (-2.3)	3.41 (-0.4)	2.87 (-2.0)	3.41 (-0.8)	
5	246	Trond Furuly	Norway	M80	3.02 (-1.2)	3.05 (-0.5)	3.09 (-2.5)	3.16 (-0.5)	3.40 (0.1)	3.29 (-1.7)	3.40 (+0.1)	
6	357	Edvard Rathke	Norway	M80	3.01 (0.1)	3.08 (-0.9)	x	2.99 (-3.3)	r		3.08 (-0.9)	
7	583	John Östlund	Sweden	M80	2.53 (-0.9)	2.73 (-1.0)	2.59 (1.6)	2.58 (-1.0)	x	2.91 (-1.2)	2.91 (-1.2)	
8	296	Kjell Jønnum	Norway	M80	2.79 (1.1)	2.64 (-0.5)	2.87 (0.3)	x (-2.3)	x	x	2.87 (+0.3)	
9	373	Knut Henrik Skramstad	Norway	M85	2.52 (-0.8)	2.12 (-1.0)	2.36 (-0.3)	2.10 (-0.9)	2.29 (-1.9)	2.46 (-0.3)	2.52 (-0.8)	
10	294	John Arve Johansen	Norway	M90	1.17 (-1.2)	x (-2.7)	2.46	2.43 (-1.9)	-	-	2.46 (0.0)	
11	220	Bjarne Bjorvatn	Norway	M90	2.28 (0.9)	x (-1.4)	2.26 (0.4)	2.15	2.28 (0.6)	2.39 (-0.4)	2.39 (-0.4)	
12	261	Gunnar Olav Hansen	Norway	M85	2.22	2.23 (-0.3)	2.39 (-1.2)	x (-1.1)	2.28 (-0.9)	1.77 (-0.7)	2.39 (-1.2)	
13	157	Martti Soulanto	Finland	M90	2.20	x (-0.1)	2.13 (-2.2)	1.97 (-1.6)	x	-	2.20 (0.0)	

Nordic Masters Championships - 3-5 Jul 2026

Results

18D - MV Long Jump (M65,M70) - 3 Jul 2026

START TIME: 15:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	304	Stein Tore Klungland	Norway	M65	x	4.94 (1.3)	4.98 (1.6)	x	x	4.99 (1.3)	4.99 (+1.3)	
2	388	Kåre Strande	Norway	M65	4.65 (3.0)	4.56 (1.3)	4.66	4.71 (0.9)	4.63 (1.0)	4.87 (0.3)	4.87 (+0.3)	SB
3	462	Michael Cocke	Sweden	M65	4.72 (2.0)	4.76 (1.2)	4.58	4.52 (2.0)	x	4.83 (1.7)	4.83 (+1.7)	
4	563	Anders Toll	Sweden	M65	4.49	x	4.62 (2.0)	4.66 (1.2)	4.71 (1.2)	4.61 (1.8)	4.71 (+1.2)	
5	151	Markku Savola	Finland	M70	x	x	4.37 (0.2)	r			4.37 (+0.2)	
6	91	Reijo Häyrinen	Finland	M65	4.24	4.06 (0.5)	4.23 (1.9)	4.31 (2.2)	4.13 (1.9)	x	4.31 (+2.2)	
7	102	Antti Koskela	Finland	M65	x	4.10 (1.8)	4.16 (1.7)	4.22 (1.2)	x	x	4.22 (+1.2)	
8	173	Timo Vähäkuopus	Finland	M65	4.03 (1.3)	3.99	x (1.5)	x	4.18 (0.5)	4.12 (1.0)	4.18 (+0.5)	SB
9	327	Tor Johan Modahl	Norway	M70	3.14 (1.0)	3.42 (1.5)	3.30 (1.4)	3.42 (0.4)	3.37 (1.0)	x	3.42 (+0.4)	
	196	Vytautas Zaniauskas	Lithuania	M65	4.65 (2.1)	4.75 (0.4)	4.76 (3.4)	4.90 (1.1)	4.96 (1.7)	4.78 (1.1)	4.96 (+1.7)	SB

Nordic Masters Championships - 3-5 Jul 2026

Results

18C - MV Long Jump (M55,M60) - 3 Jul 2026

START TIME: 16:15

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	422	Oddvar Viulsrod	Norway	M60	5.25 (1.1)	5.31 (1.2)	5.33 (0.3)	x	x	5.34	5.34 (0.0)	
2	26	Calle Jakobsen	Denmark	M60	4.97 (-0.3)	5.04 (0.9)	4.99 (0.3)	2.96 (-0.6)	4.83 (0.1)	4.72 (-0.2)	5.04 (+0.9)	
3	477	Martin Eriksson	Sweden	M55	4.84 (0.3)	4.80	4.95 (0.5)	4.86 (-0.4)	4.99 (-0.5)	x	4.99 (-0.5)	
4	191	Agnar Steinarsson	Iceland	M60	4.06 (1.0)	1.83 (0.3)	4.87	4.96 (-0.3)	x	x	4.96 (-0.3)	
5	547	Mats Olsson	Sweden	M60	3.80 (-0.4)	4.86 (0.6)	4.47 (0.4)	4.74 (-0.9)	4.65 (0.2)	4.94 (-0.4)	4.94 (-0.4)	SB
6	124	Antti Nissilä	Finland	M55	4.12 (-0.2)	4.67	x	4.81 (-0.7)	3.38 (-0.8)	-	4.81 (-0.7)	
7	122	Asko Murtomäki	Finland	M55	4.54 (1.1)	4.41	4.39 (0.4)	4.43 (-0.7)	4.43 (-0.9)	4.37 (-0.2)	4.54 (+1.1)	
8	270	Odd Inge Hellerud	Norway	M55	4.14 (0.3)	4.36 (0.9)	4.00 (1.0)	4.45 (-1.4)	3.88 (-0.1)	3.89 (0.1)	4.45 (-1.4)	=SB
9	360	Olav Rimstad	Norway	M55	3.97	4.17	3.96 (0.8)	3.92 (-0.9)	3.87 (-0.7)	1.69 (0.1)	4.17 ()	
10	266	Ronny Hauke	Norway	M60	3.94 (0.6)	2.30 (0.7)	-	-	x	-	3.94 (+0.6)	
11	365	Christopher Guru Rudramoorthy	Norway	M55	x	3.42 (0.2)	3.67 (-0.1)	3.55 (-1.3)	3.57 (0.1)	2.26 (-0.2)	3.67 (-0.1)	
12	59	Peter Svane	Denmark	M60	3.42 (1.7)	3.51 (1.1)	3.61 (-0.8)	r			3.61 (-0.8)	
	430	Erling Ytrehus	Norway	M60	-	-	-	-	-	-	NM ()	

Nordic Masters Championships - 3-5 Jul 2026

Results

18B - MV Long Jump (M50) - 3 Jul 2026

START TIME: 17:50

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	545	Mattias Olsborg	Sweden	M50	5.44 (1.6)	5.37 (0.2)	x	5.29 (2.4)	5.35 (1.8)	5.31	5.44 (+1.6)	
2	464	Erik Dahlin	Sweden	M50	4.93 (0.3)	5.24 (1.3)	5.26 (0.7)	5.10 (0.2)	5.40 (0.2)	5.31 (1.4)	5.40 (+0.2)	
3	491	Fredrik Hegefors	Sweden	M50	x	x	4.83 (0.3)	x (0.2)	4.57 (0.7)	5.02 (0.6)	5.02 (+0.6)	PB
4	389	Christian Stranger-Johannessen	Norway	M50	4.36 (0.6)	4.27 (0.9)	4.57 (1.6)	4.44 (1.4)	3.74 (0.5)	3.93 (1.8)	4.57 (+1.6)	SB
5	328	Torbjørn Moe	Norway	M50	3.39 (0.7)	x	r				3.39 (+0.7)	
	417	Joakim Vestre	Norway	M50	x	r					NM ()	
	404	Mats Tonning	Norway	M50	x	x	r				NM ()	
	349	Gøran Paulsen	Norway	M50	r						NM ()	
	444	Magnus Andervin	Sweden	M50	r						NM ()	

Nordic Masters Championships - 3-5 Jul 2026

Results

18A - MV Long Jump (M35-M45) - 3 Jul 2026

START TIME: 19:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	507	Daniel Jönsson	Sweden	M35	x	x	5.96 (0.3)	6.07 (1.0)	5.90 (0.1)	5.97 (0.5)	6.07 (+1.0)	=PB
2	438	Jonas Ahrnberg	Sweden	M40	5.95 (0.5)	5.82 (0.9)	x	6.00 (0.9)	5.82 (0.4)	5.88 (1.2)	6.00 (+0.9)	
3	160	Antti Takala	Finland	M40	5.47 (0.7)	5.61 (0.9)	- (0.4)	-	-	5.59 (0.7)	5.61 (+0.9)	
4	317	Kim Nes Leirvik	Norway	M35	5.28 (1.6)	5.60 (1.3)	x	5.39 (1.5)	x	x	5.60 (+1.3)	
5	546	Johan Olsson	Sweden	M45	4.97 (0.1)	5.35 (1.0)	-	4.71 (0.1)	-	4.84 (1.6)	5.35 (+1.0)	PB
6	582	Tobias Öhman	Sweden	M45	x	5.27 (0.5)	5.32 (0.6)	5.18 (0.1)	5.33 (0.3)	5.30 (1.2)	5.33 (+0.3)	
7	120	Antti Miihkinen	Finland	M45	4.40 (0.4)	3.61 (0.5)	r				4.40 (+0.4)	

Nordic Masters Championships - 3-5 Jul 2026

Results

19A - MV Triple Jump (M75-M90) - 5 Jul 2026

START TIME: 11:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	105	Teuvo Kärkkäinen	Finland	M75	7.19 (-1.0)	-	-	-	7.92 (-0.6)	-	7.92 (-0.6)	
2	246	Trond Furuly	Norway	M80	7.13 (-0.3)	6.51 (-1.0)	7.12	-	-	7.57 (-1.7)	7.57 (-1.7)	
3	213	Oddbjørn Bergheim	Norway	M75	7.48	7.54 (-0.1)	7.44 (-1.5)	7.55 (-1.4)	7.54 (-1.4)	x	7.55 (-1.4)	
4	100	Raimo Korpela	Finland	M80	6.57 (-0.1)	7.05 (-0.7)	x	x	7.14 (0.9)	x	7.14 (+0.9)	
5	221	Willy Bjørndal	Norway	M80	6.45 (-1.6)	6.89	6.47 (-1.5)	x	7.03 (-1.2)	x	7.03 (-1.2)	
6	357	Edvard Rathke	Norway	M80	6.16 (-1.2)	6.30 (0.2)	6.33 (-1.2)	6.25 (-0.2)	5.83 (-0.7)	6.13 (-0.2)	6.33 (-1.2)	
7	583	John Östlund	Sweden	M80	5.72 (0.8)	5.34 (-0.8)	5.78 (0.4)	-	-	5.96 (-0.4)	5.96 (-0.4)	
8	373	Knut Henrik Skramstad	Norway	M85	5.05 (-0.3)	5.42 (-1.2)	5.46 (0.4)	5.36	5.16 (-2.0)	5.52 (-0.6)	5.52 (-0.6)	
9	220	Bjarne Bjorvatn	Norway	M90	x	5.25 (-2.0)	5.49 (-0.7)	5.27 (-1.5)	4.97 (-0.4)	5.14 (-0.8)	5.49 (-0.7)	
10	261	Gunnar Olav Hansen	Norway	M85	5.31 (0.5)	x	x	5.38 (-0.3)	5.41 (-0.4)	5.40 (-0.2)	5.41 (-0.4)	
11	294	John Arve Johansen	Norway	M90	4.89 (-0.7)	4.96 (-0.9)	4.92 (-1.3)	5.05 (-0.8)	x	-	5.05 (-0.8)	
	150	Kari Olavi Sanelma	Finland	M75	r						NM ()	
	408	Ulf Stephen Tudem	Norway	M75	x	x	x	x	x	x	NM ()	
	186	Helgi Hólm	Iceland	M85	r						NM ()	

Nordic Masters Championships - 3-5 Jul 2026

Results

19B - MV Triple Jump (M60-M70) - 5 Jul 2026

START TIME: 12:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	422	Oddvar Viulsrod	Norway	M60	10.90 (-0.5)	x (-3.0)	11.07 (-2.4)	11.20 (0.4)	x	x	11.20 (+0.4)	
2	463	Dag Dacke	Sweden	M60	9.46 (-1.2)	10.48 (-1.0)	10.35 (-2.4)	10.58 (-1.2)	10.18 (-1.8)	x	10.58 (-1.2)	
3	280	Frode Holt	Norway	M60	10.26 (-1.3)	x (-0.7)	x	x	10.41 (-2.2)	x	10.41 (-2.2)	
4	402	Arne Tefre	Norway	M70	x	9.93 (-2.2)	x	x	9.86 (-3.9)	10.35 (-1.3)	10.35 (-1.3)	
5	304	Stein Tore Klungland	Norway	M65	x	10.25 (-1.2)	x	10.27 (0.1)	x	x	10.27 (+0.1)	
6	388	Kåre Strande	Norway	M65	9.30 (-0.7)	9.30 (-1.5)	9.27 (-1.6)	9.53 (-1.2)	9.38 (-1.7)	9.49 (-0.3)	9.53 (-1.2)	
7	173	Timo Vähäkuopus	Finland	M65	9.11 (-1.9)	9.15 (0.2)	9.28 (-0.6)	9.35 (-0.1)	9.05 (-3.1)	9.22 (0.5)	9.35 (-0.1)	
8	563	Anders Toll	Sweden	M65	8.60 (-0.6)	8.57 (-0.6)	8.73 (-1.9)	8.92 (-1.3)	8.91 (-2.1)	9.12 (-2.2)	9.12 (-2.2)	
9	386	Kjell Olav Storflor	Norway	M70	8.38 (-1.1)	8.37 (-0.2)	8.21 (-1.2)	8.05 (-2.2)	-	r	8.38 (-1.1)	SB
10	114	Atte Lähdekorpi	Finland	M65	8.07 (-0.7)	8.12 (-1.1)	8.16 (-0.8)	8.09 (0.3)	7.97 (-2.9)	8.23 (-0.7)	8.23 (-0.7)	
11	327	Tor Johan Modahl	Norway	M70	6.94 (-1.0)	7.02 (-1.9)	x	r			7.02 (-1.9)	
12	268	Bjørn Haugland	Norway	M70	6.34 (-1.4)	6.70 (-3.1)	6.57 (-1.5)	6.45 (-2.0)	6.46 (-1.6)	r	6.70 (-3.1)	PB
13	198	Ove Aastorp	Norway	M70	6.27 (-1.9)	6.30 (-0.9)	6.47 (-1.3)	6.50 (-2.4)	r		6.50 (-2.4)	

Nordic Masters Championships - 3-5 Jul 2026

Results

19C - MV Triple Jump (M35-M55) - 5 Jul 2026

START TIME: 14:30

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	574	Karl Wilsborn	Sweden	M35	x	12.27 (1.2)	x	-	x	x	12.27 (+1.2)	
2	464	Erik Dahlin	Sweden	M50	10.01 (-0.4)	10.49 (-0.2)	10.77 (0.2)	10.66 (-0.4)	-	r	10.77 (+0.2)	
3	160	Antti Takala	Finland	M40	-	-	10.00 (1.0)	10.18 (0.1)	10.32	10.75 (0.5)	10.75 (+0.5)	
4	477	Martin Eriksson	Sweden	M55	10.29 (-0.1)	10.47 (-0.1)	10.50 (0.5)	10.35 (0.8)	10.49 (0.8)	10.52 (1.6)	10.52 (+1.6)	
5	546	Johan Olsson	Sweden	M45	10.31 (-0.5)	-	-	-	10.07 (0.2)	10.32 (1.2)	10.32 (+1.2)	
6	122	Asko Murtohäki	Finland	M55	9.50 (-1.5)	9.80 (1.0)	9.61 (-0.5)	9.86 (0.8)	9.79 (0.8)	10.00 (1.6)	10.00 (+1.6)	
7	491	Fredrik Hegefors	Sweden	M50	9.00 (-1.2)	9.48 (0.2)	9.28 (-0.2)	9.64 (-1.9)	9.57 (2.0)	9.37	9.64 (-1.9)	
8	342	Espen Nygaard	Norway	M50	8.81 (-0.8)	9.41 (0.6)	x	r			9.41 (+0.6)	
9	247	Rune Følstad	Norway	M50	8.66 (0.3)	9.10 (0.5)	8.66 (-0.4)	x	9.25 (0.9)	x	9.25 (+0.9)	
10	328	Torbjørn Moe	Norway	M50	7.46 (0.9)	7.58 (1.3)	7.34 (0.7)	-	r		7.58 (+1.3)	
	124	Antti Nissilä	Finland	M55	r						NM ()	

Nordic Masters Championships - 3-5 Jul 2026

Results

20C - MV Shot Put (M55) - 4 Jul 2026

START TIME: 09:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	183	Jon Bjarni Bragason	Iceland	M55		12.79	12.58	12.51	12.96	x	12.93	12.96	
2	522	Henrik Larsson	Sweden	M55		11.23	11.18	12.18	11.63	x	11.83	12.18	
3	428	Arild Wæraas	Norway	M55		10.78	11.78	11.77	11.81	11.55	x	11.81	PB
4	477	Martin Eriksson	Sweden	M55		10.37	11.21	11.53	x	10.65	11.08	11.53	
5	30	Michael Kure	Denmark	M55		10.64	10.62	10.35	10.10	10.51	10.00	10.64	
	66	Margo Veskimagi	Estonia	M55		10.03	9.62	10.12	10.30	9.90	9.51	10.30	PB

Nordic Masters Championships - 3-5 Jul 2026

Results

20D - MV Shot Put (M60) - 4 Jul 2026

START TIME: 10:05

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	286	Iver Hytten	Norway	M60		14.57	15.32	15.60	x	15.72	15.45	15.72	PB
2	131	Mika Parkkali	Finland	M60		13.40	x	13.32	13.44	13.57	13.59	13.59	
3	400	Jan-Magne Tordenhjerte Sørensen	Norway	M60		12.25	x	12.09	12.73	12.23	12.67	12.73	
4	551	Peter Rosenlöf	Sweden	M60		11.55	12.08	12.20	11.71	x	11.67	12.20	SB
5	446	Panagiotis Avramidis	Sweden	M60		x	10.60	11.53	10.60	10.88	11.95	11.95	
6	502	Roland Jensen	Sweden	M60		11.17	10.92	11.36	11.08	11.17	10.60	11.36	PB
7	71	Juhani Andersin	Finland	M60		10.56	11.02	10.55	11.30	10.83	11.24	11.30	
8	64	Rachid Zaatri	Denmark	M60		8.23	8.75	9.63	9.69	9.86	9.88	9.88	PB
9	566	Per-Jonas Trollås	Sweden	M60		9.00	9.20	9.58				9.58	
10	362	Kjell-Ivar Roberten	Norway	M60		9.19	9.19	9.24				9.24	
11	533	Mikael Magnusson	Sweden	M60		7.22	x	7.16				7.22	

Nordic Masters Championships - 3-5 Jul 2026

Results

20E - MV Shot Put (M65,M75) - 4 Jul 2026

START TIME: 12:25

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	130	Seppo Paavola	Finland	M65		13.65	13.69	x	13.97	13.98	14.51	14.51	PB
2	228	Arild Busterud	Norway	M75		11.03	11.04	11.38	x	11.12	10.34	11.38	
3	65	Jesper Åndahl	Denmark	M65		10.82	10.85	x	10.16	10.52	10.79	10.85	
4	101	Hannu Kortessuoma	Finland	M75		10.34	10.84	10.50	10.67	9.93	10.64	10.84	
5	367	Bjorn Arild Sande	Norway	M65		10.06	10.49	x	10.07	x	10.19	10.49	
6	542	Börje Nordin	Sweden	M75		10.14	10.06	9.89	9.54	9.17	10.01	10.14	
7	358	Arne Reigstad	Norway	M75		8.71	x	8.66	8.39	9.00	10.00	10.00	
8	54	Per Sabroe	Denmark	M65		8.55	8.55	x	8.64	8.57	x	8.64	SB

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Results

20A - MV Shot Put (M35-M50) - 4 Jul 2026

START TIME: 13:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	106	Lauri Laasala	Finland	M45		13.43	13.06	12.92	12.80	13.49	x	13.49	
2	73	Henry Blomster	Finland	M50		13.10	12.99	9.16	12.03	11.35	12.10	13.10	
3	120	Antti Miihkinen	Finland	M45		10.51	11.07	11.00	11.12	11.69	x	11.69	
4	353	Igor Peresypkin	Norway	M50		11.61	11.10	x	x	x	x	11.61	PB
5	409	Erik Drange Tønnessen	Norway	M45		10.59	10.49	10.78	10.66	10.85	10.36	10.85	SB
6	6	Ole Holst Bjerregaard	Denmark	M50		9.57	10.22	9.76	10.03	9.94	x	10.22	
7	491	Fredrik Hegefors	Sweden	M50		9.39	9.28	9.75	9.86	10.05	9.93	10.05	PB
8	109	Antti Lamminen	Finland	M45		9.69	9.46	9.96	9.55	x	10.02	10.02	
9	146	Juha-Pekka Rusanen	Finland	M35		8.14	8.16	8.22	x	7.82	8.44	8.44	

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Results

20F - MV Shot Put (M70) - 5 Jul 2026

START TIME: 11:15

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	300	Arve David Keilen	Norway	M70		11.41	11.52	11.73	11.28	11.95	12.20	12.20	
2	301	Odd Keilen	Norway	M70		11.12	11.15	11.39	11.02	11.22	11.33	11.39	
3	225	Lars Kristian Bredal	Norway	M70		9.31	x	10.98	x	x	x	10.98	
4	199	Terje Aastorp	Norway	M70		10.26	9.83	10.50	x	x	10.32	10.50	
5	458	Mats Burvall	Sweden	M70		10.26	x	x	10.14	x	x	10.26	
6	327	Tor Johan Modahl	Norway	M70		8.77	9.62	9.80	10.00	9.81	9.96	10.00	
7	415	Egon Vee Haugen	Norway	M70		9.11	9.35	9.37	x	x	x	9.37	
8	198	Ove Aastorp	Norway	M70		9.10	9.30	9.04	9.12	x	9.18	9.30	
9	538	Alf Nede	Sweden	M70		8.83	x	9.27	x	x	x	9.27	
	529	Bertil Ljungqvist	Sweden	M70		r						NM	
	162	Erkki Tanntu	Finland	M70		r						NM	

Nordic Masters Championships - 3-5 Jul 2026

Results

20G - MV Shot Put (M80-M90) - 5 Jul 2026

START TIME: 12:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	489	Mats Hardenhill	Sweden	M80		x	11.35	10.58	11.83	11.72	x	11.83	PB
2	345	Jørgen Kristian Olsen	Norway	M80		x	10.75	10.93	x	10.60	x	10.93	
3	100	Raimo Korpela	Finland	M80		9.43	9.75	10.07	9.89	x	x	10.07	
4	22	Knud Hoeyer	Denmark	M80		9.34	9.90	9.68	x	9.69	9.95	9.95	
5	471	Östen Edlund	Sweden	M90		8.79	9.62	8.93	9.50	x	9.26	9.62	
6	583	John Östlund	Sweden	M80		8.11	9.11	x	r			9.11	
7	186	Helgi Hólm	Iceland	M85		7.66	7.63	7.62	7.37	8.21	8.02	8.21	SB
8	329	Torbjørn Mong	Norway	M85		x	7.58	7.25	x	7.76	7.36	7.76	
9	220	Bjarne Bjorvatn	Norway	M90		6.60	x	7.15	6.76	6.86	x	7.15	
10	564	Erik-Åke Tranberg	Sweden	M85		3.82	4.01	3.86	3.77	4.48	4.01	4.48	

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Results

21 - MV Discus Throw (M50) - 3 Jul 2026

START TIME:

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
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Nordic Masters Championships - 3-5 Jul 2026

Results

21A - MV Discus Throw (M75-M90) - 5 Jul 2026

START TIME: 09:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	201	Kjell Viggo Adamski	Norway	M75		35.41	35.81	34.51	x	x	x	35.81	
2	542	Börje Nordin	Sweden	M75		29.13	28.59	30.59	x	27.61	29.20	30.59	
3	228	Arild Busterud	Norway	M75		x	26.50	x	30.37	29.93	x	30.37	
4	213	Oddbjørn Bergheim	Norway	M75		x	29.77	28.40	27.23	28.19	x	29.77	SB
5	22	Knud Hoeyer	Denmark	M80		26.93	23.89	26.90	x	x	27.11	27.11	
6	583	John Östlund	Sweden	M80		24.93	24.74	24.03	x	x	26.54	26.54	
7	471	Östen Edlund	Sweden	M90		21.00	24.76	24.46	26.34	25.43	25.24	26.34	
8	489	Mats Hardenhill	Sweden	M80		25.03	x	25.05	x	x	25.19	25.19	
9	164	Tauno Tukkinen	Finland	M85		19.38	20.56	22.73	x	21.77	x	22.73	SB
10	235	Olav Egeland	Norway	M80		19.67	x	21.61	x	21.75	21.00	21.75	
11	373	Knut Henrik Skramstad	Norway	M85		18.44	x	x	x	16.47	x	18.44	
12	186	Helgi Hólm	Iceland	M85		17.02	18.31	x	17.16	16.62	16.18	18.31	
	358	Arne Reigstad	Norway	M75								DNS	
	454	Bengt Blomfelt	Sweden	M75								DNS	
	322	Einar Lyngar	Norway	M80								DNS	

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Results

21F - MV Discus Throw (M35-M50) - 5 Jul 2026

START TIME: 09:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	350	Bjorn terje Pay	Norway	M50		50.74	51.01	49.47	x	x	51.41	51.41	
2	353	Igor Peresypkin	Norway	M50		41.57	44.89	-	x	42.34	x	44.89	SB
3	510	Tony Karlsson	Sweden	M50		39.10	39.99	43.44	42.95	x	x	43.44	
4	580	Per-Ola Åkerman	Sweden	M50		x	35.33	36.65	32.41	33.55	x	36.65	
5	187	Stefán Ragnar Jónsson	Iceland	M45		35.95	36.54	x	x	34.40	x	36.54	
6	120	Antti Miihkinen	Finland	M45		34.14	33.58	33.13	32.68	32.66	x	34.14	
7	464	Erik Dahlin	Sweden	M50		27.05	28.76	26.74	30.90	r		30.90	
8	409	Erik Drange Tønnessen	Norway	M45		27.89	25.85	25.96	x	x	x	27.89	
9	109	Antti Lamminen	Finland	M45		x	27.14	x	x	x	x	27.14	
10	6	Ole Holst Bjerregaard	Denmark	M50		x	x	24.91	x	x	x	24.91	
11	146	Juha-Pekka Rusanen	Finland	M35		23.01	x	22.58	23.39	x	x	23.39	

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Results

21E - MV Discus Throw (M55) - 5 Jul 2026

START TIME: 11:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	183	Jon Bjarni Bragason	Iceland	M55		x	39.65	x	44.37	44.62	41.90	44.62	
2	95	Jarkko Karstila	Finland	M55		43.47	x	x	x	x	40.88	43.47	
3	428	Arild Wæraas	Norway	M55		x	39.55	40.34	x	x	x	40.34	
4	269	Tom Arne Helgesen	Norway	M55		36.22	25.89	39.27	38.37	x	36.00	39.27	
5	450	Axel Bernhult	Sweden	M55		38.98	37.27	38.60	35.71	x	r	38.98	
6	477	Martin Eriksson	Sweden	M55		33.73	x	x	37.96	32.63	31.92	37.96	
7	262	Olav Roald Hansen	Norway	M55		35.87	34.55	x	31.37	34.04	x	35.87	
8	557	Mattias Sunneborn	Sweden	M55		33.11	32.92	31.83	35.50	x	x	35.50	
9	30	Michael Kure	Denmark	M55		x	32.72	x				32.72	SB
	66	Margo Veskimagi	Estonia	M55		x	22.85	30.63				30.63	

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Results

21D - MV Discus Throw (M60) - 5 Jul 2026

START TIME: 11:15

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	286	Iver Hytten	Norway	M60		43.74	45.57	x	x	50.87	49.39	50.87	PB
2	520	Anders Larsson	Sweden	M60		x	45.20	44.96	46.67	45.78	46.42	46.67	
3	446	Panagiotis Avramidis	Sweden	M60		38.73	x	41.20	x	x	33.15	41.20	
4	288	Espen Jahren	Norway	M60		36.10	x	35.94	37.47	39.87	39.21	39.87	
5	422	Oddvar Viulsrod	Norway	M60		38.13	33.62	36.27	39.04	36.91	x	39.04	
6	551	Peter Rosenlöf	Sweden	M60		x	34.58	35.30	33.08	34.83	35.59	35.59	
7	566	Per-Jonas Trollås	Sweden	M60		32.76	x	x	29.69	34.58	33.74	34.58	
8	436	Tomas Ackeberg	Sweden	M60		32.71	30.94	32.53	x	28.65	33.72	33.72	SB
9	89	Jari Hulvela	Finland	M60		22.84	23.37	24.45				24.45	
10	362	Kjell-Ivar Roberten	Norway	M60		24.18	x	x				24.18	
	533	Mikael Magnusson	Sweden	M60								DNS	

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Results

21C - MV Discus Throw (M65) - 5 Jul 2026

START TIME: 12:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	130	Seppo Paavola	Finland	M65		45.55	x	47.65	x	45.44	44.09	47.65	
2	462	Michael Cocke	Sweden	M65		35.75	32.17	30.28	x	x	x	35.75	
3	412	Amund Vaagen	Norway	M65		34.55	33.52	31.87	30.16	32.47	32.69	34.55	PB
4	367	Bjorn Arild Sande	Norway	M65		31.13	x	28.89	29.50	33.94	31.84	33.94	
5	474	Stefan Ekberg	Sweden	M65		x	33.33	33.07	33.49	30.22	28.01	33.49	
6	45	René Nybo	Denmark	M65		x	33.34	x	x	x	x	33.34	SB
7	205	Frank Andersen	Norway	M65		32.21	29.00	27.46	31.68	30.42	x	32.21	
8	65	Jesper Åndahl	Denmark	M65		27.74	x	x	x	28.35	29.02	29.02	SB
	54	Per Sabroe	Denmark	M65		x	x	x				NM	

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Results

21B - MV Discus Throw (M70) - 5 Jul 2026

START TIME: 13:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	68	Keijo Aaltonen	Finland	M70		x	30.21	x	36.35	34.18	36.18	36.35	
2	301	Odd Keilen	Norway	M70		26.57	29.79	x	x	26.48	32.80	32.80	SB
3	225	Lars Kristian Bredal	Norway	M70		31.98	29.48	x	30.98	31.30	x	31.98	
4	199	Terje Aastorp	Norway	M70		x	30.63	31.14	x	31.54	31.24	31.54	PB
5	300	Arve David Keilen	Norway	M70		26.93	26.99	28.61	25.73	30.73	29.10	30.73	SB
6	458	Mats Burvall	Sweden	M70		29.14	28.05	29.84	x	29.36	x	29.84	
7	198	Ove Aastorp	Norway	M70		27.61	28.44	x	27.69	29.39	27.71	29.39	
8	327	Tor Johan Modahl	Norway	M70		23.25	x	x	x	23.61	x	23.61	
9	268	Bjørn Haugland	Norway	M70		19.87	22.81	20.75				22.81	PB
10	415	Egon Vee Haugen	Norway	M70		17.61	x	x				17.61	
	162	Erkki Tanntu	Finland	M70								DNS	

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Results

22B - MV Hammer Throw (M55,M60) - 3 Jul 2026

START TIME: 14:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	183	Jon Bjarni Bragason	Iceland	M55		48.51	46.80	48.38	48.66	49.69	x	49.69	SB
1	239	Torrey Enoksen	Norway	M60		36.64	35.82	x	x	38.33	x	38.33	
2	95	Jarkko Karstila	Finland	M55		44.04	x	x	42.76	42.10	x	44.04	SB
2	551	Peter Rosenlöf	Sweden	M60		33.73	x	34.90	x	34.25	x	34.90	SB
3	269	Tom Arne Helgesen	Norway	M55		x	40.18	x	x	42.13	x	42.13	
3	472	Anders Ek	Sweden	M60		30.43	30.80	32.39	33.03	x	31.87	33.03	
4	377	Richard Smitt-Ingebretsen	Norway	M55		30.48	32.09	31.85	31.89	34.60	32.44	34.60	SB
4	362	Kjell-Ivar Roberten	Norway	M60		x	25.12	x	26.56	27.68	27.50	27.68	SB
5	262	Olav Roald Hansen	Norway	M55		29.00	x	x	x	33.61	x	33.61	
5	566	Per-Jonas Trollsås	Sweden	M60		25.63	x	26.91	x	25.59	27.66	27.66	
6	41	Allan K Nielsen	Denmark	M55		29.33	28.98	31.96	x	30.20	x	31.96	
6	533	Mikael Magnusson	Sweden	M60		23.91	21.74	22.72	x	23.67	22.45	23.91	
	433	Piotr Kuchciński	IL Polarstjernen	M55		x	43.02	44.83	45.13	48.07	43.29	48.07	SB

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Results

22A - MV Hammer Throw (M35-M50) - 3 Jul 2026

START TIME: 15:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	142	Tomi Rantanen	Finland	M50		x	x	x	40.12	40.94	40.54	40.94	
1	278	Per Marius Hole	Norway	M35		x	38.00	x	40.16	x	x	40.16	
1	440	Stefan Alneroth	Sweden	M45		32.42	35.04	x	34.23	x	x	35.04	
2	187	Stefán Ragnar Jónsson	Iceland	M45		x	30.38	31.63	x	32.27	33.03	33.03	
2	434	Bjørn Harald Olstad	Norway	M50		32.02	32.53	-	-	-	-	32.53	
2	146	Juha-Pekka Rusanen	Finland	M35		22.99	25.59	x	x	x	x	25.59	
3	108	Tommy Lahti	Finland	M45		x	23.32	23.42	x	23.18	23.60	23.60	
	518	Stefan Kvist	Sweden	M35								DNS	

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Results

22D - MV Hammer Throw (M75-M90) - 3 Jul 2026

START TIME: 17:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	228	Arild Busterud	Norway	M75		40.61	45.54	44.83	44.90	46.98	x	46.98	
1	534	Ambjörn Martinsson	Sweden	M80		31.74	x	31.47	30.39	34.95	34.54	34.95	
1	186	Helgi Hólm	Iceland	M85		24.08	x	23.73	r			24.08	PB
1	471	Östen Edlund	Sweden	M90		13.53	22.19	x	x	22.22	r	22.22	
2	572	Carl-Herbert Sinclair Wessely	Sweden	M80		x	31.72	33.39	30.37	x	x	33.39	
2	200	Håkon Aasvestad	Norway	M75		28.66	29.00	x	29.50	30.50	31.15	31.15	SB
2	164	Tauno Tukkinen	Finland	M85		x	20.18	20.41	20.97	19.72	20.77	20.97	=SB
3	22	Knud Hoeyer	Denmark	M80		x	29.83	32.14	30.81	32.74	x	32.74	
3	213	Oddbjørn Bergheim	Norway	M75		28.12	28.85	x	x	26.10	26.05	28.85	
3	564	Erik-Åke Tranberg	Sweden	M85		9.90	r					9.90	
4	67	Toivo Aalto	Finland	M80		29.84	29.44	31.92	29.99	28.58	30.72	31.92	PB
4	358	Arne Reigstad	Norway	M75		28.61	26.59	26.18	x	27.90	x	28.61	
5	332	Jostein Myrvang	Norway	M80		x	24.54	x	24.52	26.95	x	26.95	
6	451	Rolf Birnbach	Sweden	M80		23.06	x	21.84	24.73	x	x	24.73	

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Results

22C - MV Hammer Throw (M65,M70) - 3 Jul 2026

START TIME: 18:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	68	Keijo Aaltonen	Finland	M70		38.92	40.73	39.66	43.65	43.27	43.32	43.65	SB
1	412	Amund Vaagen	Norway	M65		42.70	41.43	x	x	38.38	38.55	42.70	SB
2	367	Bjorn Arild Sande	Norway	M65		x	37.80	x	x	37.32	38.69	38.69	
2	225	Lars Kristian Bredal	Norway	M70		35.72	x	36.41	33.97	x	x	36.41	
3	300	Arve David Keilen	Norway	M70		31.08	32.93	30.70	34.34	32.79	35.81	35.81	SB
3	65	Jesper Åndahl	Denmark	M65		x	34.85	x	x	31.61	x	34.85	
4	114	Atte Lähdekorpi	Finland	M65		33.56	31.91	x	31.46	31.52	34.36	34.36	
4	458	Mats Burvall	Sweden	M70		33.01	x	30.50	33.71	x	x	33.71	
5	54	Per Sabroe	Denmark	M65		x	x	31.01	x	31.90	x	31.90	
5	516	Evert Kvist	Sweden	M70		28.84	29.28	28.94	30.29	x	x	30.29	
6	327	Tor Johan Modahl	Norway	M70		x	x	27.94	27.19	27.59	27.68	27.94	
7	301	Odd Keilen	Norway	M70		27.72	28.15	29.64	29.70	29.59	x	29.70	
8	199	Terje Aastorp	Norway	M70		27.75	x	27.36	29.31	x	x	29.31	
	381	Kaj Arne Sortebech	Norway	M65								DNS	

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Results

23A - MV Javelin Throw (M35-M50) - 4 Jul 2026

START TIME: 10:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	289	Rukshan Madhawa Jayathilake	Norway	M35		45.69	43.68	45.33	48.33	50.73	50.29	50.73	
2	409	Erik Drange Tønnessen	Norway	M45		41.78	x	42.02	44.02	43.09	42.01	44.02	SB
3	156	Petteri Soininen	Finland	M40		40.75	39.16	39.90	41.65	x	43.45	43.45	
4	160	Antti Takala	Finland	M40		37.00	39.66	x	38.42	38.98	41.96	41.96	
5	353	Igor Peresypkin	Norway	M50		40.46	r					40.46	PB
6	120	Antti Miihkinen	Finland	M45		28.67	31.56	35.55	36.39	35.82	x	36.39	
7	253	Marcel Grohmann	Norway	M45		27.47	x	29.21	29.15	30.27	x	30.27	
8	219	Lasse Bjordal	Norway	M50		24.24	29.22	29.16	26.23	26.65	28.08	29.22	
9	146	Juha-Pekka Rusanen	Finland	M35		21.34	r					21.34	
10	247	Rune Følstad	Norway	M50		x	19.71	12.08	15.63	17.81	14.48	19.71	

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Results

23F - MV Javelin Throw (M85,M90) - 4 Jul 2026

START TIME: 11:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	329	Torbjørn Mong	Norway	M85		21.06	18.41	23.75	22.03	21.27	x	23.75	
2	164	Tauno Tukkinen	Finland	M85		17.54	19.49	19.11	18.26	20.71	19.36	20.71	SB
3	186	Helgi Hólm	Iceland	M85		18.19	17.08	20.39	19.04	19.91	19.43	20.39	PB
4	373	Knut Henrik Skramstad	Norway	M85		16.68	16.68	15.92	x	17.55	16.56	17.55	
5	157	Martti Soulanto	Finland	M90		13.32	r					13.32	
	294	John Arve Johansen	Norway	M90		r						NM	
	471	Östen Edlund	Sweden	M90		r						NM	

Nordic Masters Championships - 3-5 Jul 2026

Results

23D - MV Javelin Throw (M70) - 4 Jul 2026

START TIME: 12:35

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	458	Mats Burvall	Sweden	M70		32.42	30.64	33.15	32.60	35.57	x	35.57	
2	301	Odd Keilen	Norway	M70		31.00	31.51	30.86	32.51	34.95	30.53	34.95	SB
3	32	Sten Skovgaard Larsen	Denmark	M70		30.21	31.84	30.64	29.31	32.18	32.65	32.65	SB
4	125	Pertti Nousiainen	Finland	M70		25.62	28.41	29.47	29.55	30.59	30.64	30.64	
5	538	Alf Nede	Sweden	M70		27.96	28.42	25.73	26.71	27.02	x	28.42	PB
6	300	Arve David Keilen	Norway	M70		27.47	x	26.72	27.12	25.98	24.67	27.47	
7	327	Tor Johan Modahl	Norway	M70		26.26	x	25.04	25.72	26.28	25.79	26.28	
8	198	Ove Aastorp	Norway	M70		23.95	x	x	22.54	x	22.72	23.95	

Nordic Masters Championships - 3-5 Jul 2026

Results

23E - MV Javelin Throw (M75,M80) - 4 Jul 2026

START TIME: 13:50

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	101	Hannu Kortessuoma	Finland	M75		32.65	32.71	x	31.61	30.72	32.60	32.71	
2	235	Olav Egeland	Norway	M80		31.11	32.39	29.30	31.17	32.54	29.74	32.54	SB
3	231	Reidar Eugen Dahl	Norway	M75		x	25.91	29.55	27.98	31.04	28.46	31.04	
4	213	Oddbjørn Bergheim	Norway	M75		28.60	28.97	x	29.74	29.60	30.09	30.09	
5	282	Anders Horn	Norway	M80		27.80	25.27	25.80	x	28.76	25.49	28.76	SB
6	358	Arne Reigstad	Norway	M75		23.64	23.28	x	25.31	25.71	24.31	25.71	
7	583	John Östlund	Sweden	M80		22.42	23.82	23.33	x	22.98	22.28	23.82	
8	143	Ismo Rastas	Finland	M80		17.98	18.15	16.32	18.03	18.96	18.50	18.96	

Nordic Masters Championships - 3-5 Jul 2026

Results

23B - MV Javelin Throw (M55,M60) - 4 Jul 2026

START TIME: 15:05

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	122	Asko Murtomäki	Finland	M55		45.76	46.09	46.05	45.85	46.09	48.59	48.59	
2	308	Bjørn Arne Kristiansen	Norway	M55		45.00	x	45.31	45.08	44.45	45.86	45.86	
3	104	Kimmo Kyhälä	Finland	M60		41.03	43.17	40.01	x	x	x	43.17	
4	557	Mattias Sunneborn	Sweden	M55		39.81	-	-	x	x	42.45	42.45	
5	34	Bjørn Malskær	Denmark	M60		41.34	38.75	x	39.22	41.52	41.09	41.52	
6	30	Michael Kure	Denmark	M55		37.53	39.12	37.70	36.81	38.57	40.34	40.34	SB
7	37	Chandima Mendis	Denmark	M60		36.06	40.13	35.85	36.49	34.94	37.82	40.13	SB
8	547	Mats Olsson	Sweden	M60		38.82	39.57	39.22	x	38.87	x	39.57	
9	522	Henrik Larsson	Sweden	M55		x	34.61	32.27	38.31	32.31	37.32	38.31	
10	41	Allan K Nielsen	Denmark	M55		37.27	37.63	37.68	35.70	35.44	37.68	37.68	
11	551	Peter Rosenlöf	Sweden	M60		35.20	36.48	33.12	33.21	34.42	x	36.48	
12	64	Rachid Zaatri	Denmark	M60		x	x	29.66	x	26.91	27.84	29.66	
13	362	Kjell-Ivar Roberten	Norway	M60		23.82	26.34	23.95	25.30	-	-	26.34	SB
14	566	Per-Jonas Trollsås	Sweden	M60		23.83	23.94	25.28	25.11	x	22.34	25.28	
15	533	Mikael Magnusson	Sweden	M60		18.44	x	x	-	-	-	18.44	

Nordic Masters Championships - 3-5 Jul 2026

Results

23C - MV Javelin Throw (M65) - 4 Jul 2026

START TIME: 16:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	90	Juha Häkkinen	Finland	M65		33.85	36.94	35.61	34.62	36.39	34.37	36.94	
2	65	Jesper Åndahl	Denmark	M65		32.81	32.14	36.69	34.30	33.10	32.56	36.69	SB
3	506	Håkan Josefsson	Sweden	M65		32.37	34.19	35.63	34.29	36.36	x	36.36	
4	569	Gert-Ove Wahlström	Sweden	M65		34.96	32.34	29.62	34.90	32.74	34.16	34.96	
5	462	Michael Cocke	Sweden	M65		27.44	x	30.75	23.64	26.69	34.31	34.31	PB
6	45	René Nybo	Denmark	M65		27.84	30.96	29.89	28.64	x	x	30.96	
7	367	Bjorn Arild Sande	Norway	M65		x	22.99	x	x	24.39	x	24.39	

Nordic Masters Championships - 3-5 Jul 2026

Results

24B - MV Weight Throw (M55,M60) - 3 Jul 2026

START TIME: 15:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	286	Iver Hytten	Norway	M60		17.89	x	17.39	x	x	17.68	17.89	
1	183	Jon Bjarni Bragason	Iceland	M55		17.45	x	16.88	x	17.00	x	17.45	
2	269	Tom Arne Helgesen	Norway	M55		15.61	x	16.23	x	15.40	x	16.23	
2	551	Peter Rosenlöf	Sweden	M60		12.57	x	x	12.97	x	13.98	13.98	SB
3	95	Jarkko Karstila	Finland	M55		15.76	x	15.15	x	x	15.33	15.76	SB
3	239	Torrey Enoksen	Norway	M60		13.53	12.13	x	x	12.92	x	13.53	
4	262	Olav Roald Hansen	Norway	M55		11.15	11.33	x	x	x	11.04	11.33	
4	472	Anders Ek	Sweden	M60		11.14	11.29	x	x	x	x	11.29	
5	566	Per-Jonas Trollås	Sweden	M60		10.64	x	x	10.54	11.22	10.86	11.22	
5	377	Richard Smitt-Ingebretsen	Norway	M55		x	10.78	10.73	10.74	x	11.02	11.02	
6	41	Allan K Nielsen	Denmark	M55		x	x	x	10.63	x	10.59	10.63	
6	362	Kjell-Ivar Roberten	Norway	M60		9.07	x	x	x	9.72	9.95	9.95	SB
7	533	Mikael Magnusson	Sweden	M60		x	x	7.09	7.47	x	7.65	7.65	
	428	Arild Wæraas	Norway	M55		-						NM	

Nordic Masters Championships - 3-5 Jul 2026

Results

24A - MV Weight Throw (M35-M50) - 3 Jul 2026

START TIME: 17:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	142	Tomi Rantanen	Finland	M50		12.68	11.69	x	x	x	11.87	12.68	
1	440	Stefan Alneroth	Sweden	M45		12.01	x	12.10	12.07	12.32	11.38	12.32	
1	146	Juha-Pekka Rusanen	Finland	M35		7.67	7.19	7.89	8.46	8.56	x	8.56	
2	434	Bjørn Harald Olstad	Norway	M50		11.11	x	11.16	10.89	x	11.25	11.25	
2	108	Tommy Lahti	Finland	M45		7.02	7.59	7.51	7.92	7.72	7.16	7.92	

Nordic Masters Championships - 3-5 Jul 2026

Results

24D - MV Weight Throw (M75-M90) - 3 Jul 2026

START TIME: 18:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	228	Arild Busterud	Norway	M75		x	16.29	x	x	x	16.75	16.75	
1	534	Ambjörn Martinsson	Sweden	M80		12.10	12.46	14.34	x	13.50	13.57	14.34	
1	186	Helgi Hólm	Iceland	M85		9.84	9.87	9.05	10.82	10.19	x	10.82	PB
1	471	Östen Edlund	Sweden	M90		x	x	8.10	9.23	9.54	-	9.54	
2	67	Toivo Aalto	Finland	M80		12.86	x	14.05	13.43	x	x	14.05	PB
2	200	Håkon Aasvestad	Norway	M75		11.13	x	11.92	x	11.86	x	11.92	SB
2	373	Knut Henrik Skramstad	Norway	M85		x	9.26	9.76	x	9.16	9.44	9.76	
3	22	Knud Hoeyer	Denmark	M80		12.54	x	12.71	13.16	x	x	13.16	
3	213	Oddbjørn Bergheim	Norway	M75		11.28	11.73	x	x	10.55	x	11.73	
3	564	Erik-Åke Tranberg	Sweden	M85		5.86	4.79	5.92	6.02	5.24	5.97	6.02	
4	358	Arne Reigstad	Norway	M75		10.62	10.65	10.49	10.63	10.90	10.72	10.90	
4	332	Jostein Myrvang	Norway	M80		10.37	x	x	10.10	x	9.45	10.37	
5	451	Rolf Birnbach	Sweden	M80		10.11	10.04	x	9.49	8.47	9.25	10.11	SB

Nordic Masters Championships - 3-5 Jul 2026

Results

24C - MV Weight Throw (M65,M70) - 3 Jul 2026

START TIME: 20:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	68	Keijo Aaltonen	Finland	M70		16.42	17.12	x	16.71	17.11	17.68	17.68	SB
1	412	Amund Vaagen	Norway	M65		x	14.61	14.51	15.20	x	13.93	15.20	
2	225	Lars Kristian Bredal	Norway	M70		x	15.02	x	x	x	14.98	15.02	
2	367	Bjorn Arild Sande	Norway	M65		14.91	x	x	x	x	x	14.91	
3	300	Arve David Keilen	Norway	M70		13.42	x	14.14	13.80	14.01	x	14.14	SB
3	45	René Nybo	Denmark	M65		13.15	13.65	13.58	13.51	13.22	13.42	13.65	SB
4	54	Per Sabroe	Denmark	M65		13.14	x	13.13	13.40	x	x	13.40	SB
4	458	Mats Burvall	Sweden	M70		x	13.22	x	13.28	x	x	13.28	
5	205	Frank Andersen	Norway	M65		12.06	12.38	12.78	12.89	x	13.18	13.18	
5	301	Odd Keilen	Norway	M70		x	12.30	13.00	12.41	x	x	13.00	SB
6	199	Terje Aastorp	Norway	M70		11.84	x	12.23	12.62	x	12.91	12.91	
6	65	Jesper Åndahl	Denmark	M65		12.82	12.44	x	x	12.69	x	12.82	SB
7	114	Atte Lähdekorpi	Finland	M65		12.79	x	12.32	x	x	x	12.79	
7	198	Ove Aastorp	Norway	M70		x	x	x	x	10.81	x	10.81	
8	327	Tor Johan Modahl	Norway	M70		x	x	10.69	x	x	10.44	10.69	
	381	Kaj Arne Sortebeck	Norway	M65								DNS	

Results

50 - MV 1000 meter Relay - 4 Jul 2026

START TIME: 18:30

Race 1 of 2 (18:30)

Place	Lane	Bib	Team	Result	Runners
1	6	R04	SWE M60	2:34.14	Mats Olsson Dag Dacke Anders Toll Bo-Lennart Henningsson
2	8	R09	DEN M60	2:43.17	Bjarne Stange Nielsen Thyge Arum Johnny Møller Ole Middelhede
3	5	R14	FIN M70	2:46.94	Markku Savola Raimo Koskela Börje Riska Jorma Hietamäki
4	7	R15	FIN M60	2:48.05	Antti Koskela Reijo Häyrinen Jukka-Pekka Hassinen Heikki Lähdekorpi
5	4	R10	DEN M70	3:07.32	Sten Skovgaard Larsen Jørgen Randløv Madsen Knud Jesper Jørgensen Henning steffan Jensen
6	3	R05	NOR M80	3:42.08	Arthur Lillefosse Hagbart Vebostad Arne Warem John Bernes
7	2	R03	SWE M80	6:25.75	John Östlund Åke Jonson Erik-Åke Tranberg Göte Hinders

Race 2 of 2 (18:35)

Place	Lane	Bib	Team	Result	Runners
1	7	R08	SWE M40	2:14.75	Simon L Lindblad Johan Olsson Erik Dahlin Andreas Daun
2	8	R01	SWE M35	2:15.79	Daniel Jönsson Karl Dannestam Robert Höckerstrand David Havia
3	4	R18	SWE M50	2:22.06	Fredrik Hegefors Henrik Nord Johan Nilsson Fredrik Svensson
4	6	R16	FIN M40	2:23.40	Antti Takala Seppo Appelqvist Thomas Sandberg Tuomo Nurminen
	5	R12	DEN M50 A	DQ TR 24.7	Allan Stapelfeld Thomas Qvistgaard Jacob Rørdam Holm-Jørgensen Hesham Morten Gabr

Summary of Round 1

50 - MV 1000 meter Relay - 4 Jul 2026

START TIME: 18:35

Rank	Bib	Team	Result	Runners	Heat:Lane
1	R08		2:14.75		2:7
2	R01		2:15.79		2:8
3	R18		2:22.06		2:4
4	R16		2:23.40		2:6
5	R04		2:34.14		1:6
6	R09		2:43.17		1:8
7	R14		2:46.94		1:5
8	R15		2:48.05		1:7
9	R10		3:07.32		1:4
10	R05		3:42.08		1:3
11	R03		6:25.75		1:2
	R12		DQ		2:5

Results

27D - WV 100 Meters (W55) - 3 Jul 2026

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Heats: Heat 1 of 2 (14:54:25)

Wind speed: -1.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	2	Inge Alsted Andersen	Denmark	W55	1	3	14.71	Q
2	499	Charlotta Häggström	Sweden	W55	2	4	15.00	Q
3	176	Sari Yildiz	Finland	W55	3	5	15.44	q
4	326	Nicole Marie Minker	Norway	W55	4	6	16.08	q
5	553	Annelie Schöldström	Sweden	W55	5	7	17.79	

Heats: Heat 2 of 2 (14:59:09)

Wind speed: -0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	107	Elisa Lahdensuo	Finland	W55	1	4	13.98	Q SB
2	579	Linda Åkerman	Sweden	W55	2	7	15.37	Q PB
3	335	Rikke Werge Nilsen	Norway	W55	3	6	15.51	q
4	460	Monika Callenberg	Sweden	W55	4	3	15.93	q
5	249	Marianne Gamst	Norway	W55	5	5	16.64	

Summary of Round 1

27D - WV 100 Meters (W55) - 3 Jul 2026

START TIME: 14:58

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	107	Elisa Lahdensuo	W55	1	Finland	13.98	Q	2:4
2	2	Inge Alsted Andersen	W55	2	Denmark	14.71	Q	1:3
3	499	Charlotta Häggström	W55	3	Sweden	15.00	Q	1:4
4	579	Linda Åkerman	W55	4	Sweden	15.37	Q	2:7
5	176	Sari Yildiz	W55	5	Finland	15.44	q	1:5
6	335	Rikke Werge Nilsen	W55	6	Norway	15.51	q	2:6
7	460	Monika Callenberg	W55	7	Sweden	15.93	q	2:3
8	326	Nicole Marie Minker	W55	8	Norway	16.08	q	1:6
9	249	Marianne Gamst	W55	9	Norway	16.64		2:5
10	553	Annelie Schöldström	W55	10	Sweden	17.79		1:7

Results

27D - WV 100 Meters (W55) - 3 Jul 2026

Final (16:59:56)

Wind speed: +0.1

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	107	Elisa Lahdensuo	Finland	W55	1	5	13.86	SB
2	2	Inge Alsted Andersen	Denmark	W55	2	3	14.54	SB
3	499	Charlotta Häggström	Sweden	W55	3	4	14.84	
4	176	Sari Yildiz	Finland	W55	4	2	15.34	
5	579	Linda Åkerman	Sweden	W55	5	6	15.40	PB
6	460	Monika Callenberg	Sweden	W55	6	8	16.24	
	326	Nicole Marie Minker	Norway	W55		1	DNS	
	335	Rikke Werge Nilsen	Norway	W55		7	DNS	

Results

27C - WV 100 Meters (W50) - 3 Jul 2026

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Heats: Heat 1 of 2 (15:04:36)

Wind speed: -0.5

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	581	Jenny Åkervall	Sweden	W50	1	5	13.88	Q
2	539	Cecilia Nesser	Sweden	W50	2	6	14.15	Q
3	550	Bim Paulsson	Sweden	W50	3	4	14.27	q
4	457	Anneli Bohm	Sweden	W50	4	3	14.44	q
	355	Claire Phythian	Norway	W50		7	DNS	

Heats: Heat 2 of 2 (15:07:58)

Wind speed: -0.3

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	495	Helen Hermundstad	Sweden	W50	1	4	13.46	Q
2	77	Johanna Haikonen	Finland	W50	2	5	14.04	Q
3	576	Jenny Zettergren	Sweden	W50	3	3	14.10	q
4	236	May-Britt Eikemo	Norway	W50	4	7	15.04	q SB
5	197	Lizzy Namuleme Aalberg	Norway	W50	5	6	16.00	

Summary of Round 1

27C - WV 100 Meters (W50) - 3 Jul 2026

START TIME: 15:08

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	495	Helen Hermundstad	W50	1	Sweden	13.46	Q	2:4
2	581	Jenny Åkervall	W50	2	Sweden	13.88	Q	1:5
3	77	Johanna Haikonen	W50	3	Finland	14.04	Q	2:5
4	576	Jenny Zettergren	W50	4	Sweden	14.10	q	2:3
5	539	Cecilia Nesser	W50	5	Sweden	14.15	Q	1:6
6	550	Bim Paulsson	W50	6	Sweden	14.27	q	1:4
7	457	Anneli Bohm	W50	7	Sweden	14.44	q	1:3
8	236	May-Britt Eikemo	W50	8	Norway	15.04	q	2:7
9	197	Lizzy Namuleme Aalberg	W50	9	Norway	16.00		2:6
	355	Claire Phythian	W50		Norway	DNS		1:7

Results
27C - WV 100 Meters (W50) - 3 Jul 2026
Final (17:03:43)

Wind speed: -0.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	495	Helen Hermundstad	Sweden	W50	1	3	12.89	
2	581	Jenny Åkervall	Sweden	W50	2	6	13.29	
3	77	Johanna Haikonen	Finland	W50	3	5	13.65	
4	539	Cecilia Nesser	Sweden	W50	4	4	13.70	
5	550	Bim Paulsson	Sweden	W50	5	2	14.03	SB
6	576	Jenny Zettergren	Sweden	W50	6	7	14.26	
7	457	Anneli Bohm	Sweden	W50	7	8	14.26	
8	236	May-Britt Eikemo	Norway	W50	8	1	15.03	SB

Results

27G - WV 100 Meters (W75,W80) - 3 Jul 2026

(16:47:11)

Wind speed: -0.9

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	456	Barbro Bobäck	Sweden	W80	1	7	17.30	
2	7	Ingela Bluhm	Denmark	W80	2	4	17.43	
3	57	Menja Stapelfeld	Denmark	W80	3	6	17.82	SB
4	531	Marianne Lönn	Sweden	W75	1	1	18.36	
5	58	Sonja Sieg Stigsen	Denmark	W75	2	2	19.57	SB
6	222	Herborg Blakstad	Norway	W80	4	5	21.52	
7	18	Ella Grimm	Denmark	W75	3	3	23.31	

Results

27F - WV 100 Meters (W70) - 3 Jul 2026

(16:51:48)

Wind speed: -1.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	411	Anny Undheim	Norway	W70	1	7	15.63	SB
2	86	Raija Hilden	Finland	W70	2	6	16.65	
3	284	Marit Huflåtten	Norway	W70	3	2	16.66	
4	512	Ulla Karneback	Sweden	W70	4	5	17.90	
5	453	Maria Björkman	Sweden	W70	5	3	18.03	SB
6	379	Eldbjoerg Sanden Soevik	Norway	W70	6	4	18.44	SB
7	401	Anne Grete Taugbøl	Norway	W70	7	1	19.66	

Results

27E - WV 100 Meters (W60,W65) - 3 Jul 2026

(16:55:24)

Wind speed: -0.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	209	Heidi Barth	Norway	W65	1	3	14.78	SB
2	549	Christina Ottosson	Sweden	W65	2	5	15.29	
3	128	Ingela Nygård Jungar	Finland	W60	1	2	15.34	
4	244	Ann Helen Frivold	Norway	W65	3	4	16.86	
5	274	Bodil Hjellvik Askeland	Norway	W60	2	1	17.15	

Results

27B - WV 100 Meters (W40,W45) - 3 Jul 2026

(17:08:09)

Wind speed: +1.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	548	Paulina Orell Sahlberg	Sweden	W45	1	4	12.64	
2	338	Ingebjørg Nondal	Norway	W40	1	1	13.91	
2	475	Anna Eriksson	Sweden	W40	2	3	13.91	PB
4	202	Maja Hvammen Adriaensen	Norway	W40	3	2	14.64	
5	297	Inger Jørgensen	Norway	W45	2	6	14.82	PB
6	524	Marie-louise Levy	Sweden	W45	3	5	15.45	

Results

27A - WV 100 Meters (W35) - 3 Jul 2026

(17:13:00)

Wind speed: +1.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	486	Evelina Grimstad	Sweden	W35	1	3	13.06	PB
2	567	Sofia Turesson	Sweden	W35	2	4	13.64	
	439	Johanna Almsand	Sweden	W35		1	DNS	
	177	Taija Yli-Väärälä	Finland	W35		2	DNS	

Results

28C - WV 200 Meters (W50) - 4 Jul 2026

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Heats: Heat 1 of 2 (14:40)

Wind speed: +0.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	495	Helen Hermundstad	Sweden	W50	1	4	26.69	Q
2	77	Johanna Haikonen	Finland	W50	2	7	31.05	Q
3	236	May-Britt Eikemo	Norway	W50	3	8	31.19	q
4	539	Cecilia Nesser	Sweden	W50	4	5	33.45	q
5	197	Lizzy Namuleme Aalberg	Norway	W50	5	6	33.87	

Heats: Heat 2 of 2 (14:43)

Wind speed: +1.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	581	Jenny Åkervall	Sweden	W50	1	8	27.83	Q
2	576	Jenny Zettergren	Sweden	W50	2	7	29.73	Q
3	457	Anneli Bohm	Sweden	W50	3	6	29.83	q
4	550	Bim Paulsson	Sweden	W50	4	5	31.19	q

Summary of Round 1

28C - WV 200 Meters (W50) - 4 Jul 2026

START TIME: 14:43

Qualifying criteria: Heats Qualification: 2 heats, 2 Q 4 q, 8 into next round

Rank	Bib	Name	Category	Cat Pos	Team	Time	Qualified	Heat:Lane
1	495	Helen Hermundstad	W50	1	Sweden	26.69	Q	1:4
2	581	Jenny Åkervall	W50	2	Sweden	27.83	Q	2:8
3	576	Jenny Zettergren	W50	3	Sweden	29.73	Q	2:7
4	457	Anneli Bohm	W50	4	Sweden	29.83	q	2:6
5	77	Johanna Haikonen	W50	5	Finland	31.05	Q	1:7
6	550	Bim Paulsson	W50	6	Sweden	31.19	q	2:5
7	236	May-Britt Eikemo	W50	7	Norway	31.19	q	1:8
8	539	Cecilia Nesser	W50	8	Sweden	33.45	q	1:5
9	197	Lizzy Namuleme Aalberg	W50	9	Norway	33.87		1:6

Results
28C - WV 200 Meters (W50) - 4 Jul 2026
Final (16:10)

Wind speed: +1.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	495	Helen Hermundstad	Sweden	W50	1	6	26.26	
2	581	Jenny Åkervall	Sweden	W50	2	5	27.25	SB
3	77	Johanna Haikonen	Finland	W50	3	8	28.49	SB
4	539	Cecilia Nesser	Sweden	W50	4	2	28.83	=PB
5	457	Anneli Bohm	Sweden	W50	5	4	28.88	PB
6	576	Jenny Zettergren	Sweden	W50	6	7	29.87	
7	550	Bim Paulsson	Sweden	W50	7	1	29.90	
8	236	May-Britt Eikemo	Norway	W50	8	3	30.25	PB

Results

28G - WV 200 Meters (W75,W80) - 4 Jul 2026

(15:50)

Wind speed: +2.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	456	Barbro Bobäck	Sweden	W80	1	6	36.81	
2	57	Menja Stapelfeld	Denmark	W80	2	5	37.77	
3	58	Sonja Sieg Stigsen	Denmark	W75	1	7	42.14	
4	222	Herborg Blakstad	Norway	W80	3	4	47.35	
5	18	Ella Grimm	Denmark	W75	2	8	49.33	

Results
28F - WV 200 Meters (W70) - 4 Jul 2026
(15:55)

Wind speed: +0.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	411	Anny Undheim	Norway	W70	1	7	31.39	SB
2	86	Raija Hilden	Finland	W70	2	5	33.99	SB
3	512	Ulla Karnebäck	Sweden	W70	3	8	38.31	
4	453	Maria Björkman	Sweden	W70	4	6	40.34	SB

Results

28E - WV 200 Meters (W65) - 4 Jul 2026

(16:00)

Wind speed: +1.4

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	209	Heidi Barth	Norway	W65	1	5	30.96	
2	549	Christina Ottosson	Sweden	W65	2	7	31.98	PB
3	244	Ann Helen Frivold	Norway	W65	3	6	34.98	
4	398	Hege Therese Syvertsen	Norway	W65	4	8	38.88	

Results

28D - WV 200 Meters (W55) - 4 Jul 2026

(16:05)

Wind speed: +2.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	2	Inge Alsted Andersen	Denmark	W55	1	7	30.36	SB
2	499	Charlotta Häggström	Sweden	W55	2	3	30.71	
3	176	Sari Yildiz	Finland	W55	3	5	31.88	SB
4	326	Nicole Marie Minker	Norway	W55	4	6	33.24	
5	249	Marianne Gamst	Norway	W55	5	8	34.27	
	553	Annelie Schöldström	Sweden	W55		4	DNF	

Results
28B - WV 200 Meters (W45) - 4 Jul 2026
(16:15)

Wind speed: -0.7

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	548	Paulina Orell Sahlberg	Sweden	W45	1	6	25.76	
2	297	Inger Jørgensen	Norway	W45	2	4	30.28	PB
	276	Bodil Hoestmaelingen	Norway	W45		5	DNS	

Results
28A - WV 200 Meters (W35,W40) - 4 Jul 2026
(16:20)

Wind speed: +1.2

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	486	Evelina Grimstad	Sweden	W35	1	5	26.39	PB
2	61	Maria Venborg	Denmark	W35	2	6	26.93	SB
3	168	Marianne Valkama	Finland	W35	3	7	28.47	

Results
29C - WV 400 Meters (W65,W70) - 5 Jul 2026
(15:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	575	Karin Wählstedt	Sweden	W65	1	3	1:12.84	
2	411	Anny Undheim	Norway	W70	1	7	1:15.18	
3	86	Raija Hilden	Finland	W70	2	4	1:20.61	
4	136	Salme Pihjala	Finland	W70	3	5	1:28.73	
5	512	Ulla Karnebäck	Sweden	W70	4	6	1:28.95	

Results
29D - WV 400 Meters (W75,W80) - 5 Jul 2026
(15:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	57	Menja Stapelfeld	Denmark	W80	1	5	1:32.21	SB
2	62	Ingerlise Villum	Denmark	W75	1	7	1:37.37	
3	58	Sonja Sieg Stigsen	Denmark	W75	2	4	1:42.22	
4	18	Ella Grimm	Denmark	W75	3	6	1:47.35	
5	384	Marian Stenbakk	Norway	W80	2	3	2:03.27	

Results
29A - WV 400 Meters (W35,W40) - 5 Jul 2026
(15:45)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	486	Evelina Grimstad	Sweden	W35	1	4	58.45	PB
2	61	Maria Venborg	Denmark	W35	2	7	59.98	
3	439	Johanna Almsand	Sweden	W35	3	5	1:00.05	PB
4	168	Marianne Valkama	Finland	W35	4	6	1:03.58	PB
5	544	Caroline Norrsand	Sweden	W40	1	8	1:04.26	SB
6	356	Anette Ramfjord	Norway	W40	2	3	1:17.21	

Results
29B - WV 400 Meters (W45-W55) - 5 Jul 2026
(15:50)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	457	Anneli Bohm	Sweden	W50	1	5	1:06.91	SB
2	576	Jenny Zettergren	Sweden	W50	2	6	1:08.86	
3	79	Mirva Hasa	Finland	W45	1	7	1:09.10	
4	504	Sara Johnsson	Sweden	W55	1	4	1:10.97	

Results

30A - WV 800 Meters (W34-W45) - 4 Jul 2026

(13:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	439	Johanna Almsand	Sweden	W35	1	1	2:20.89	PB
2	567	Sofia Turesson	Sweden	W35	2	2	2:25.76	SB
3	544	Caroline Norrsand	Sweden	W40	1	4	2:31.96	
4	117	Annakaisa Marjokorpi	Finland	W40	2	3	2:34.35	
5	330	Birgit Flattum Muggerud	Norway	W45	1	7	2:38.16	
6	243	Tone Fløttum	Norway	W45	2	6	2:45.46	
7	356	Anette Ramfjord	Norway	W40	3	5	2:51.83	

Results

30B - WV 800 Meters (W50,W55) - 4 Jul 2026

(13:10)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	351	Lisbeth Pedersen	Norway	W50	1	3	2:32.43	
2	255	Jessica Gunnarsson	Norway	W50	2	2	2:33.97	
3	206	Line Feness Armond	Norway	W50	3	1	2:35.54	PB
4	504	Sara Johnsson	Sweden	W55	1	7	2:39.51	
5	192	Frida Run Thordardottir	Iceland	W55	2	5	2:40.66	
6	467	Marie Dasler	Sweden	W55	3	8	2:44.23	
7	571	Paula Wass	Sweden	W55	4	6	3:18.42	
8	87	Tiina Hildén	Finland	W50	4	4	3:20.66	

Results
30C - WV 800 Meters (W60,W65) - 4 Jul 2026
(13:20)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	575	Karin Wählstedt	Sweden	W65	1	4	2:44.23	
2	554	Karin Schön	Sweden	W60	1	1	3:02.18	
3	584	Eleonor Öström	Sweden	W65	2	2	3:20.50	SB
4	398	Hege Therese Syvertsen	Norway	W65	3	3	3:46.45	SB
	366	Nina Rødsmoen	Norway	W65		5	DNS	

Results

30D - WV 800 Meters (W70-W80) - 4 Jul 2026

(13:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	512	Ulla Karneback	Sweden	W70	1	1	3:27.59	
2	387	Anne Mette Strand	Norway	W70	2	2	3:29.44	SB
3	136	Salme Pihjala	Finland	W70	3	3	3:31.16	
4	62	Ingerlise Villum	Denmark	W75	1	5	3:49.67	
5	18	Ella Grimm	Denmark	W75	2	4	4:11.84	
6	384	Marian Stenbakk	Norway	W80	1	6	4:42.18	

Results

31 - WV 1500 Meters (W40-W80) - 3 Jul 2026

(17:56:38)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	544	Caroline Norrsand	Sweden	W40	1	1	5:05.91	
2	117	Annakaia Marjokorpi	Finland	W40	2	2	5:08.30	SB
3	467	Marie Dasler	Sweden	W55	1	9	5:14.19	
4	330	Birgit Flattum Muggerud	Norway	W45	1	4	5:16.47	
5	192	Frida Run Thordardottir	Iceland	W55	2	11	5:17.67	
6	276	Bodil Hoestmaelingen	Norway	W45	2	6	5:18.00	
7	575	Karin Wåhlstedt	Sweden	W65	1	14	5:27.73	
8	170	Jenny Vuonoranta	Finland	W40	3	3	5:41.53	
9	554	Karin Schön	Sweden	W60	1	12	6:05.25	SB
10	87	Tiina Hildén	Finland	W50	1	7	6:51.29	
11	141	Helena Rantakari	Finland	W70	1	16	7:23.07	
12	18	Ella Grimm	Denmark	W75	1	17	8:21.66	
13	384	Marian Stenbakk	Norway	W80	1	19	9:24.74	
	243	Tone Fløttum	Norway	W45		5	DNS	
	351	Lisbeth Pedersen	Norway	W50		8	DNS	
	571	Paula Wass	Sweden	W55		10	DNS	
	584	Eleonor Öström	Sweden	W65		13	DNS	
	366	Nina Rødsmoen	Norway	W65		15	DNS	
	62	Ingerlise Villum	Denmark	W75		18	DNS	

Results

32 - WV 5000 Meters (W35-W80) - 5 Jul 2026

(10:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	272	Laila Himle	Norway	W35	1	1	18:27.43	PB
2	351	Lisbeth Pedersen	Norway	W50	1	14	18:41.99	
3	336	Hege Njå	Norway	W45	1	6	18:46.20	SB
4	255	Jessica Gunnarsson	Norway	W50	2	11	18:50.42	
5	467	Marie Dasler	Sweden	W55	1	15	19:05.72	
6	192	Frida Run Thordardottir	Iceland	W55	2	17	19:11.80	SB
7	496	Annica Hernes	Sweden	W50	3	13	19:55.55	
8	206	Line Feness Armond	Norway	W50	4	12	20:03.73	PB
9	243	Tone Fløttum	Norway	W45	2	7	20:11.20	
10	110	Anni Lappela	Finland	W35	2	2	20:11.49	
11	25	Ulla Binderup Jacobsen	Denmark	W60	1	20	21:45.61	SB
12	274	Bodil Hjellevik Askeland	Norway	W60	2	18	21:59.50	PB
13	318	Helene Lesund	Norway	W50	5	9	22:07.30	
14	291	Gudrun Jevne	Norway	W40	1	4	22:27.91	
15	571	Paula Wass	Sweden	W55	3	16	23:41.56	
16	306	Ragnhild Korneliussen	Norway	W75	1	25	24:18.81	
17	87	Tiina Hildén	Finland	W50	6	10	24:33.26	
18	141	Helena Rantakari	Finland	W70	1	24	25:30.17	
19	584	Eleonor Öström	Sweden	W65	1	21	26:06.25	
	554	Karin Schön	Sweden	W60		19	DNF	
	573	Margaretha Wibeck	Sweden	W70		23	DNF	

Results

48 - WV 3000 Meters Race Walk (W35-W60, W75) - 3 Jul 2026 (19:00:11)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	RCs	Note
1	4	Stine Omel Andersen	Denmark	W55	1	9	17:15.65		PB
2	78	Marita Harju	Finland	W50	1	4	17:21.75		SB
3	70	Heidi Ahvenus	Finland	W45	1	3	17:55.56		
4	514	Anna Klöfver	Sweden	W40	1	2	18:26.99		
5	98	Ursula Koivunen	Finland	W55	2	6	18:42.97		
6	480	Diana Forsgren Ottosson	Sweden	W60	1	10	19:06.60		
7	483	Anne Fältström	Sweden	W55	3	7	19:45.47		<
8	123	Sanna Neuvonen	Finland	W35	1	1	22:52.46		
9	29	Birgit Klaproth	Denmark	W50	2	5	23:46.07		
10	152	Asta Savukoski	Finland	W75	1	11	25:35.87		
	158	Tiina Stenvall	Finland	W55		8	DNF		

Results

34A - WV 80 Meters Hurdles (W40-W55) - 5 Jul 2026

(12:30)

Wind speed: -0.8

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	107	Elisa Lahdensuo	Finland	W55	1	6	13.69	
2	550	Bim Paulsson	Sweden	W50	1	4	14.88	
3	524	Marie-louise Levy	Sweden	W45	1	2	15.11	
4	339	Kari Nordaas Kulkarni	Norway	W55	2	5	17.63	
5	514	Anna Klöfver	Sweden	W40	1	7	19.08	
	355	Claire Phythian	Norway	W50		3	DNS	

Results

34B - WV 80 Meters Hurdles (W60-W80) - 5 Jul 2026

(12:55)

Wind speed: -1.6

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	411	Anny Undheim	Norway	W70	1	4	15.56	
2	449	Eva-Lena Bergkvist	Sweden	W60	1	7	16.19	
3	284	Marit Huflåtten	Norway	W70	2	5	16.20	
4	452	Karin Bjorin	Sweden	W70	3	3	20.09	
5	577	Ingvor van Ginhoven	Sweden	W80	1	2	44.49	
	209	Heidi Barth	Norway	W65			DNS	

Results
37 - WV 200 Meters Hurdles (W70,W75) - 4 Jul 2026
(11:25)

Wind speed: +1.0

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	411	Anny Undheim	Norway	W70	1	3	35.44	
2	452	Karin Bjorin	Sweden	W70	2	4	44.84	
3	118	Marja Metsänkylä	Finland	W75	1	5	1:00.47	

Results
36A - WV 300 Meters Hurdles (W50,W55) - 4 Jul 2026
(10:35)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	550	Bim Paulsson	Sweden	W50	1	1	54.94	
2	576	Jenny Zettergren	Sweden	W50	2	3	55.15	
3	339	Kari Nordaas Kulkarni	Norway	W55	1	4	1:02.91	
4	298	Imke Jürgens	Norway	W50	3	2	1:08.19	

Results
35 - WV 400 Meters Hurdles (W35,W45) - 4 Jul 2026
(10:20)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	486	Evelina Grimstad	Sweden	W35	1	2	1:07.47	
2	79	Mirva Hasa	Finland	W45	1	3	1:19.56	

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Results

39A - WV High Jump (W40-W60) - 3 Jul 2026

START TIME: 16:30

#	Bib	Ord	Name	Club	Cat	1.00	1.06	1.09	1.12	1.15	1.18	1.21	1.24	1.27	1.30	1.33	1.36	1.39	1.45	1.48	Best	Note
1	211	2	Lene Berger	Norway	W45	-	-	-	-	-	-	-	-	-	-	o	-	o	o	o	1.48	
2	17	6	Mette Gregersen	Denmark	W55	-	-	-	-	-	-	-	o	o	o	o	xo	xxx			1.36	=SB
3	339	5	Kari Nordaas Kulkarni	Norway	W55	-	-	-	-	o	o	o	o	xo	xxx						1.27	
4	449	7	Eva-Lena Bergkvist	Sweden	W60	-	o	o	o	o	o	o	xxx								1.21	
5	469	8	Christina Delryd	Sweden	W60	-	o	o	o	o	o	xxo	xxx								1.21	
6	553	3	Annelie Schöldström	Sweden	W55	-	o	o	o	o	xo	xxx									1.18	
7	514	1	Anna Klöfver	Sweden	W40	o	o	o	xo	o	xxx										1.15	
8	331	4	Marianne Johansen Myrbraaten	Norway	W55	-	o	xo	xo	o	xxx										1.15	

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Results

39B - WV High Jump (W65-W80) - 3 Jul 2026

START TIME: 18:10

#	Bib	Ord	Name	Club	Cat	0.85	0.88	0.91	0.94	0.97	1.00	1.03	1.06	1.09	1.12	1.15	1.18	1.21	1.24	1.26	Best	Note
1	21	1	Susanne Kjeldgård Hedeager	Denmark	W65	-	-	-	-	-	-	-	-	o	xo	o	o	o	o	xxx	1.24	
2	209	2	Heidi Barth	Norway	W65	-	-	-	-	-	-	-	-	xo	o	xo	o	o	xxx		1.21	SB
3	391	3	Inger Lise Sundheim	Norway	W70	-	-	-	-	-	-	-	-	o	-	-	-	-	-		1.09	
4	452	4	Karin Bjorin	Sweden	W70	-	-	-	-	-	xo	o	o	xxx							1.06	
5	401	6	Anne Grete Taugbøl	Norway	W70	-	o	o	o	o	o	o	xo	xxx							1.06	
6	379	5	Eldboerg Sanden Soevik	Norway	W70	-	-	-	-	-	o	o	xxx								1.03	
7	139	8	Riitta Rajamäki	Finland	W75	-	-	o	o	o	xo	o	xxx								1.03	
8	69	7	Maire Ahonen	Finland	W75	-	-	o	o	o	o	xxx									1.00	
9	47	9	Kirsten Onsberg	Denmark	W80	o	o	o	o	xxx											0.94	
	577	10	Ingvar van Ginhoven	Sweden	W80	-	xxx														NM	

Nordic Masters Championships - 3-5 Jul 2026

Results

40 - WV Pole Vault - 3 Jul 2026

START TIME: 13:10

#	Bib	Ord	Name	Club	Cat	1.80	1.90	2.00	2.10	2.20	2.30	2.50	2.70	2.90	Best	Note
1	76	3	Marja Eskelinen	Finland	W55	-	-	-	-	-	o	o	o	xxx	2.70	
2	21	4	Susanne Kjeldgård Hedeager	Denmark	W65	o	xo	o	xxo	xxx					2.10	
3	459	1	Annica Bååthe	Sweden	W45	o	o	o	xxx						2.00	
4	461	2	Charlotte Cederberg	Sweden	W50	o	xxx								1.80	

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Results

41A - WV Long Jump (W45-W55) - 4 Jul 2026

START TIME: 15:00

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	211	Lene Berger	Norway	W45	4.95 (1.3)	5.16 (1.1)	5.06 (0.5)	-	5.06 (1.8)	-	5.16 (+1.1)	
2	528	Karin Lisshamre	Sweden	W45	x	x	x	4.61 (1.0)	x	x	4.61 (+1.0)	SB
3	17	Mette Gregersen	Denmark	W55	4.21 (1.5)	3.94 (1.6)	3.95 (0.7)	-	3.70 (-0.6)	-	4.21 (+1.5)	PB
4	501	Johanna Jansson	Sweden	W45	x	3.96 (1.6)	4.09 (3.5)	3.85 (1.4)	4.13 (1.9)	3.90 (1.6)	4.13 (+1.9)	
5	339	Kari Nordaas Kulkarni	Norway	W55	3.63 (0.5)	3.74 (0.7)	3.65 (-0.2)	3.67 (0.6)	3.70 (0.4)	3.74 (1.0)	3.74 (+0.7)	
6	460	Monika Callenberg	Sweden	W55	3.35 (2.5)	x	3.62 (2.1)	x	3.38 (2.5)	3.50 (0.6)	3.62 (+2.1)	
7	553	Annelie Schöldström	Sweden	W55	2.69 (2.9)	3.47 (2.4)	3.51 (-0.4)	x	3.47 (0.3)	x	3.51 (-0.4)	
8	493	Annika Hemberg	Sweden	W55	2.82 (1.2)	2.95 (0.5)	2.92 (2.2)	3.04 (1.4)	3.17 (0.2)	x	3.17 (+0.2)	

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Results

41B - WV Long Jump (W60-W80) - 4 Jul 2026

START TIME: 16:30

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	209	Heidi Barth	Norway	W65	3.90 (1.5)	3.89 (1.5)	3.85 (2.4)	3.77 (1.5)	-	-	3.90 (+1.5)	
2	449	Eva-Lena Bergkvist	Sweden	W60	3.49 (0.9)	3.69 (1.9)	3.53 (1.6)	3.40 (0.7)	3.26 (-0.3)	3.34 (0.2)	3.69 (+1.9)	
3	284	Marit Huflåtten	Norway	W70	x	3.62 (2.5)	x	3.64 (1.2)	3.43 (0.9)	3.51 (1.1)	3.64 (+1.2)	
4	86	Raija Hilden	Finland	W70	3.49 (2.0)	3.36 (0.8)	3.48 (0.7)	3.55 (0.3)	3.51 (-1.6)	x	3.55 (+0.3)	SB
5	21	Susanne Kjeldgård Hedeager	Denmark	W65	x	3.41 (1.6)	3.10 (1.2)	x	x	-	3.41 (+1.6)	
6	7	Ingela Bluhm	Denmark	W80	x	2.98 (1.7)	2.93 (0.5)	2.82 (-0.4)	3.14 (-0.2)	3.02 (2.0)	3.14 (-0.2)	PB
7	118	Marja Metsänkylä	Finland	W75	3.01 (2.8)	3.12 (1.2)	2.94 (-0.4)	2.97 (-0.5)	-	-	3.12 (+1.2)	
8	452	Karin Bjorin	Sweden	W70	3.07 (2.5)	2.83 (2.8)	x	2.86 (1.0)	x	x	3.07 (+2.5)	
9	531	Marianne Lönn	Sweden	W75	2.65 (0.4)	2.98 (2.4)	2.78 (0.1)	2.65	3.03 (-1.1)	2.84 (1.7)	3.03 (-1.1)	PB
10	379	Eldbjoerg Sanden Soevik	Norway	W70	x	2.85 (0.8)	x	x	2.72 (-0.4)	3.03 (1.0)	3.03 (+1.0)	
11	455	Cecilia Blomquist	Sweden	W60	2.96 (-0.4)	x	x	2.82 (1.2)	2.76 (-0.2)	3.00 (-0.7)	3.00 (-0.7)	
12	453	Maria Björkman	Sweden	W70	2.52 (0.9)	2.33 (1.5)	2.22 (1.3)	x	2.17 (-1.3)	x	2.52 (+0.9)	=SB
13	427	Elise Marie Wåle	Norway	W80	2.20 (1.1)	2.28 (1.9)	2.38 (2.3)	2.34	2.19 (-1.1)	2.33 (1.0)	2.38 (+2.3)	
	128	Ingela Nygård Jungar	Finland	W60	-	-	-	-	-	-	NM ()	

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Results

42 - WV Triple Jump (V40-V80) - 5 Jul 2026

START TIME: 09:15

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)	Note
1	528	Karin Lisshamre	Sweden	W45	8.87 (-0.1)	8.53 (-0.3)	8.44 (-0.3)	-	9.19 (0.1)	x	9.19 (+0.1)	SB
2	501	Johanna Jansson	Sweden	W45	8.89 (-0.3)	8.73 (0.1)	8.85 (-0.1)	8.97 (-0.6)	8.89 (-0.4)	8.69 (-1.3)	8.97 (-0.6)	
3	449	Eva-Lena Bergkvist	Sweden	W60	7.52 (0.2)	7.87 (0.5)	x	7.29 (-0.8)	7.39 (-0.4)	x	7.87 (+0.5)	
4	284	Marit Huflåtten	Norway	W70	x	7.86 (0.4)	7.39 (-1.0)	7.57 (-0.8)	x	-	7.86 (+0.4)	
5	209	Heidi Barth	Norway	W65	7.71 (0.8)	x	7.52 (-0.2)	7.84 (-2.2)	7.67 (-1.0)	7.78 (-0.1)	7.84 (-2.2)	
6	579	Linda Åkerman	Sweden	W55	7.53 (0.7)	7.38 (0.7)	7.26 (-0.7)	7.24 (-2.1)	7.50 (-1.3)	7.28 (-1.2)	7.53 (+0.7)	PB
7	21	Susanne Kjeldgård Hedeager	Denmark	W65	7.40 (0.4)	7.33 (1.2)	7.35 (-0.3)	7.11 (-0.6)	7.32 (0.1)	7.13 (-0.7)	7.40 (+0.4)	
8	514	Anna Klöfver	Sweden	W40	6.76 (-0.7)	7.00 (-0.4)	6.82 (-0.7)	6.71 (-1.4)	6.85 (-1.3)	7.03 (-0.5)	7.03 (-0.5)	
9	223	Line Fiskerstrand Blekeli	Norway	W50	x	6.72 (0.1)	-	7.01 (-0.2)	r		7.01 (-0.2)	
10	326	Nicole Marie Minker	Norway	W55	6.43 (-0.6)	6.68 (0.4)	6.74 (-0.3)	6.88 (-0.4)	6.88 (-0.4)	6.93 (-0.9)	6.93 (-0.9)	
11	379	Eldboerg Sanden Soevik	Norway	W70	5.51 (0.8)	x	6.06 (-0.3)	x	5.58 (-0.5)	5.91 (-0.6)	6.06 (-0.3)	
12	118	Marja Metsänkylä	Finland	W75	5.88 (0.2)	5.67 (0.8)	5.86 (-0.3)	x	x	5.59 (-1.0)	5.88 (+0.2)	
13	222	Herborg Blakstad	Norway	W80	4.69 (-0.5)	x	4.95 (0.2)	x	4.86 (-0.4)	4.72 (-1.2)	4.95 (+0.2)	SB
	276	Bodil Hoestmaelingen	Norway	W45	r						NM ()	
	347	Hilde Osnes	Norway	W45	r						NM ()	

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Results

43F - WV Shot Put (W70) - 3 Jul 2026

START TIME: 15:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	94	Siv Karlström	Finland	W70		8.73	8.91	8.52	8.86	8.47	x	8.91	
2	420	Inger Marie Vingdal	Norway	W70		8.58	x	x	8.51	8.46	x	8.58	
3	23	Connie Holm	Denmark	W70		x	8.10	7.99	x	x	8.19	8.19	
4	401	Anne Grete Taugbøl	Norway	W70		6.93	6.84	6.71	6.54	6.91	6.50	6.93	
5	452	Karin Björin	Sweden	W70		6.52	6.50	6.49	6.34	6.50	6.60	6.60	

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Results

43G - WV Shot Put (W75,W80) - 3 Jul 2026

START TIME: 17:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	69	Maire Ahonen	Finland	W75		8.08	8.40	8.19	8.71	8.61	8.02	8.71	
2	361	Grete Rivenes	Norway	W75		8.23	x	8.09	8.00	8.38	8.16	8.38	SB
3	75	Rauha Ervalahti	Finland	W80		x	7.95	8.08	8.29	8.02	8.24	8.29	
4	44	Ulla Vadstrup Nielsen	Denmark	W75		7.71	8.19	7.79	8.02	x	7.97	8.19	
5	139	Riitta Rajamäki	Finland	W75		7.39	6.92	7.42	7.62	7.40	8.11	8.11	
6	14	Inge Faldager	Denmark	W75		7.44	x	6.65	7.41	6.92	7.57	7.57	
7	531	Marianne Lönn	Sweden	W75		7.21	7.44	6.94	x	7.39	6.62	7.44	
8	153	Leena Scheerer	Finland	W75		6.81	7.17	7.08	6.27	6.92	6.77	7.17	
9	47	Kirsten Onsberg	Denmark	W80		6.66	6.64	6.47	6.15	x	6.96	6.96	
10	167	Sirpa Vahtera	Finland	W75		5.71	x	6.25	6.34	6.21	x	6.34	
11	427	Elise Marie Wåle	Norway	W80		6.03	6.00	x	6.03	x	x	6.03	

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Results

43C - WV Shot Put (W55) - 4 Jul 2026

START TIME: 11:20

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	154	Jaana Siekkinen	Finland	W55		10.55	10.67	x	10.39	10.80	10.57	10.80	
2	74	Paula Collan Andersin	Finland	W55		10.05	9.53	9.31	9.27	9.83	10.26	10.26	PB
3	543	Anica Norman	Sweden	W55		9.84	9.94	10.20	10.17	9.93	9.92	10.20	
4	326	Nicole Marie Minker	Norway	W55		9.58	9.81	x	9.34	9.44	10.09	10.09	PB
5	579	Linda Åkerman	Sweden	W55		9.53	8.91	9.73	9.39	9.36	10.02	10.02	
6	172	Susanna Vuori	Finland	W55		8.83	8.20	8.56	8.73	8.86	8.32	8.86	
7	483	Anne Fältström	Sweden	W55		8.59	8.75	8.59	8.80	8.80	8.30	8.80	
8	485	Marie Grahn	Sweden	W55		8.06	8.54	8.59	8.79	8.50	8.75	8.79	
9	493	Annika Hemberg	Sweden	W55		8.14	8.12	8.40				8.40	
10	113	Satu Lehtonen	Finland	W55		7.66	7.69	7.92				7.92	
11	482	Kristina Fundberg	Sweden	W55		6.89	7.03	7.17				7.17	

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Results

43D - WV Shot Put (W60) - 4 Jul 2026

START TIME: 14:50

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	378	Aslaug Marie Snøås	Norway	W60		11.73	11.29	11.54	x	x	-	11.73	
2	11	Vivian Krafft Christensen	Denmark	W60		8.54	9.45	9.64	x	9.90	10.11	10.11	SB
3	133	Kristiina Peltola	Finland	W60		9.49	10.04	10.00	x	x	x	10.04	
4	129	Teija Ojakangas	Finland	W60		7.81	7.94	8.00	7.50	x	7.86	8.00	
5	232	Anne Merethe Moe Dahlen	Norway	W60		6.77	x	6.74	7.31	7.58	7.10	7.58	
6	455	Cecilia Blomquist	Sweden	W60		6.72	7.54	7.27	7.22	7.14	7.16	7.54	
7	498	Maria Holmesson	Sweden	W60		6.50	7.09	7.41	7.43	7.12	7.06	7.43	
8	36	Anne-Marie Marthedal	Denmark	W60		6.86	6.33	6.33	6.56	6.29	x	6.86	SB

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Results

43E - WV Shot Put (W65) - 4 Jul 2026

START TIME: 15:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	217	Grete Bjoerdalsbakke	Norway	W65		9.18	9.65	9.56	10.08	9.20	9.99	10.08	
2	116	Virve Lännistö	Finland	W65		x	8.51	x	9.34	8.87	9.56	9.56	
3	51	Dorte Maria Ramlov	Denmark	W65		7.84	8.40	8.61	8.49	8.51	8.66	8.66	PB
4	241	Janice Astrid Flaathe	Norway	W65		7.64	7.69	7.74	x	7.36	x	7.74	
5	565	Kristina Trollås	Sweden	W65		6.83	7.14	7.32	6.78	7.34	6.68	7.34	
6	83	Seija Hellman	Finland	W65		6.52	7.09	7.34	7.10	x	6.92	7.34	
7	84	Päivi Helstola	Finland	W65		7.10	6.74	6.67	6.25	7.34	7.03	7.34	
8	178	Carina Österlund	Finland	W65		4.80	4.83	5.50	5.70	5.17	5.67	5.70	

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Results

43A - WV Shot Put (W35-W45) - 4 Jul 2026

START TIME: 16:50

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	55	Maria Sløk	Denmark	W40		13.61	13.85	13.46	13.49	13.11	13.45	13.85	
2	267	Anne Marte Ospedal Haugen	Norway	W35		x	10.78	11.23	11.08	x	10.62	11.23	
3	179	Cecilia Österlund	Finland	W40		x	10.52	x	9.89	9.96	x	10.52	SB
4	371	Gro Hennestad Skjevrak	Norway	W45		9.45	9.32	9.28	9.99	x	9.57	9.99	
5	530	Veronica Lundgren	Sweden	W40		x	8.60	x	x	8.50	9.07	9.07	
6	180	Henrika Österlund	Finland	W35		8.95	8.19	8.53	8.94	8.92	8.58	8.95	
7	88	Hannariina Honkanen	Finland	W45		8.36	8.77	x	8.67	8.72	x	8.77	
8	218	Tone Bjoerdalsbakke Saure	Norway	W35		8.42	8.16	8.64	8.37	8.35	8.28	8.64	
9	503	Viktoria Johansson	Sweden	W35		7.94	8.49	x	8.13	8.13	8.59	8.59	
10	147	Erika Räihä	Finland	W40		x	8.23	x	8.52	8.12	8.13	8.52	
11	347	Hilde Osnes	Norway	W45		6.74	6.82	6.69	6.88	x	6.47	6.88	

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Results

43B - WV Shot Put (W50) - 4 Jul 2026

START TIME: 18:05

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	473	Anna Ek	Sweden	W50		10.31	11.21	11.47	11.23	11.67	11.45	11.67	
2	479	Isabell Fagerström	Sweden	W50		9.92	7.46	9.90	10.61	x	9.00	10.61	SB
3	523	Stina Leijonhufvud	Sweden	W50		10.17	x	9.81	x	9.41	10.50	10.50	SB
4	99	Kirsi Koro	Finland	W50		9.94	x	9.70	9.98	10.21	9.84	10.21	SB
5	223	Line Fiskerstrand Blekeli	Norway	W50		8.38	8.48	8.22	8.39	8.38	x	8.48	
6	260	Lene Synnøve Halvorsen	Norway	W50		x	7.92	x	8.24	8.06	x	8.24	
7	552	Anna Sandgren	Sweden	W50		6.55	6.96	6.70	6.22	7.12	6.54	7.12	
	303	Mari Kjølberg	Norway	W50		r						NM	

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Results

44D - WV Discus Throw (W70-W80) - 3 Jul 2026

START TIME: 13:10

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	420	Inger Marie Vingdal	Norway	W70		24.93	21.47	23.46	21.24	x	25.06	25.06	
2	14	Inge Faldager	Denmark	W75		21.95	22.17	22.99	20.27	22.47	24.18	24.18	SB
3	94	Siv Karlström	Finland	W70		19.86	22.21	x	21.54	x	22.47	22.47	
4	139	Riitta Rajamäki	Finland	W75		19.12	17.59	18.33	18.83	19.95	x	19.95	
5	75	Rauha Ervalahti	Finland	W80		17.32	x	17.43	17.01	19.75	18.70	19.75	
6	153	Leena Scheerer	Finland	W75		18.94	17.59	18.86	17.70	17.27	18.90	18.94	
7	44	Ulla Vadstrup Nielsen	Denmark	W75		18.41	17.79	18.46	x	18.02	x	18.46	
8	361	Grete Rivenes	Norway	W75		15.81	x	18.34	16.80	x	x	18.34	
9	23	Connie Holm	Denmark	W70		17.34	x	17.36	16.96	18.20	x	18.20	
10	47	Kirsten Onsberg	Denmark	W80		15.83	14.51	16.06	16.05	15.83	15.71	16.06	
11	167	Sirpa Vahtera	Finland	W75		13.99	15.02	14.45	x	14.26	x	15.02	SB
12	427	Elise Marie Wåle	Norway	W80		12.76	x	13.21	x	12.80	x	13.21	

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Results

44C - WV Discus Throw (W60,W65) - 3 Jul 2026

START TIME: 14:40

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	11	Vivian Krafft Christensen	Denmark	W60		36.03	35.42	33.34	33.27	33.95	33.41	36.03	SB
2	277	Jorunn Tangen Hole	Norway	W65		28.79	29.82	31.68	31.36	31.13	x	31.68	
3	137	Tiina Pihlman	Finland	W60		25.30	x	x	25.34	x	x	25.34	
4	229	Live Båsen	Norway	W65		x	24.17	23.05	23.57	22.51	x	24.17	SB
5	51	Dorte Maria Ramlov	Denmark	W65		22.84	22.89	23.25	22.48	21.51	x	23.25	
6	241	Janice Astrid Flaathe	Norway	W65		21.65	x	21.24	20.11	x	21.61	21.65	
7	84	Päivi Helstola	Finland	W65		21.06	x	20.08	x	x	20.75	21.06	
8	455	Cecilia Blomquist	Sweden	W60		18.11	18.20	19.92	18.97	20.58	x	20.58	
9	232	Anne Merethe Moe Dahlen	Norway	W60		18.54	17.76	x	18.78	20.46	20.02	20.46	
10	83	Seija Hellman	Finland	W65		19.44	x	18.23	x	18.04	x	19.44	PB
11	498	Maria Holmesson	Sweden	W60		17.00	15.88	16.40	16.51	x	x	17.00	
12	12	Anette Egander	Denmark	W65		x	13.55	14.92	13.06	13.82	x	14.92	
13	565	Kristina Trollsås	Sweden	W65		x	14.45	x	x	14.57	x	14.57	
	190	Unnur Sigurdardottir	Iceland	W60		r						NM	

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Results

44A - WV Discus Throw (W35-W50) - 3 Jul 2026

START TIME: 16:25

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	55	Maria Sløk	Denmark	W40		x	x	40.12	38.81	37.19	x	40.12	
2	479	Isabell Fagerström	Sweden	W50		29.79	30.78	34.30	33.65	33.74	x	34.30	
3	473	Anna Ek	Sweden	W50		31.30	30.50	32.08	32.88	33.26	31.65	33.26	SB
4	267	Anne Marte Ospedal Haugen	Norway	W35		26.50	33.06	26.87	32.21	x	28.24	33.06	
5	371	Gro Hennestad Skjevrak	Norway	W45		x	27.28	x	x	27.95	29.66	29.66	
6	303	Mari Kjølborg	Norway	W50		28.38	x	x	27.72	28.08	27.01	28.38	
7	99	Kirsi Koro	Finland	W50		25.62	x	x	x	25.70	x	25.70	
8	179	Cecilia Österlund	Finland	W40		22.74	25.37	x	x	x	18.48	25.37	
9	132	Hanna Parkkonen	Finland	W45		24.06	22.21	25.02	24.07	22.94	25.10	25.10	
10	180	Henrika Österlund	Finland	W35		22.18	24.50	24.54	21.43	x	23.18	24.54	
11	481	Malin Fröier	Sweden	W45		21.63	22.69	23.77	24.04	24.39	x	24.39	
12	212	Marit Sahr Bergheim	Norway	W45		19.55	23.09	21.04	x	21.18	23.27	23.27	
13	530	Veronica Lundgren	Sweden	W40		19.09	x	22.95	20.21	x	21.66	22.95	
14	523	Stina Leijonhufvud	Sweden	W50		17.71	15.73	x	21.79	20.06	x	21.79	PB
15	260	Lene Synnøve Halvorsen	Norway	W50		x	18.53	19.33	x	19.29	18.14	19.33	

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Results

44B - WV Discus Throw (W55) - 3 Jul 2026

START TIME: 18:10

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	326	Nicole Marie Minker	Norway	W55		30.79	29.85	30.19	x	x	29.50	30.79	
2	154	Jaana Siekkinen	Finland	W55		26.65	28.46	25.57	28.16	26.80	27.02	28.46	
3	543	Anica Norman	Sweden	W55		24.72	26.47	24.40	26.71	24.60	25.79	26.71	
4	172	Susanna Vuori	Finland	W55		25.62	24.61	x	24.55	21.78	25.05	25.62	SB
5	579	Linda Åkerman	Sweden	W55		24.36	x	24.78	x	24.71	25.53	25.53	
6	483	Anne Fältström	Sweden	W55		20.30	22.91	-	x	21.22	23.26	23.26	
7	113	Satu Lehtonen	Finland	W55		20.65	x	22.17	21.74	19.32	21.27	22.17	
8	485	Marie Grahn	Sweden	W55		17.82	19.44	17.29	x	17.33	16.73	19.44	
9	331	Marianne Johansen Myrbraaten	Norway	W55		17.68	18.70	16.07				18.70	
10	553	Annelie Schöldström	Sweden	W55		18.44	18.58	16.88				18.58	
11	493	Annika Hemberg	Sweden	W55		x	x	18.18				18.18	
12	482	Kristina Fundberg	Sweden	W55		15.46	17.42	17.31				17.42	

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Results

45A - WV Hammer Throw (W70-W90) - 5 Jul 2026

START TIME: 09:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	420	Inger Marie Vingdal	Norway	W70		x	x	32.66	x	32.53	x	32.66	
1	14	Inge Faldager	Denmark	W75		29.76	30.14	x	x	28.77	27.63	30.14	SB
1	427	Elise Marie Wåle	Norway	W80		22.57	21.85	23.60	22.64	x	22.68	23.60	SB
1	263	Ragnhild Hanstvedt	Norway	W90		7.31	x	7.88	8.62	x	x	8.62	
2	69	Maire Ahonen	Finland	W75		28.95	28.02	28.61	27.83	x	29.17	29.17	
2	23	Connie Holm	Denmark	W70		22.21	21.75	22.35	23.16	x	x	23.16	
2	75	Rauha Ervalahti	Finland	W80		x	20.86	22.44	x	22.73	23.12	23.12	
3	44	Ulla Vadstrup Nielsen	Denmark	W75		26.80	x	x	x	25.56	29.04	29.04	
3	47	Kirsten Onsberg	Denmark	W80		20.61	20.95	20.83	20.73	x	21.30	21.30	
3	537	Ann-Christin Mårtensson	Sweden	W70		17.84	17.61	16.41	17.16	15.72	x	17.84	
4	361	Grete Rivenes	Norway	W75		25.86	24.97	26.60	x	x	x	26.60	
5	153	Leena Scheerer	Finland	W75		23.49	x	x	22.71	24.97	25.92	25.92	
6	167	Sirpa Vahtera	Finland	W75		25.70	23.65	24.77	22.72	x	x	25.70	

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Results

45D - WV Hammer Throw (W35-W45) - 5 Jul 2026

START TIME: 10:35

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	442	Kristina Andersson	Sweden	W35		49.18	51.14	48.94	52.58	50.42	51.54	52.58	SB
1	55	Maria Sløk	Denmark	W40		44.42	45.02	41.78	40.72	x	39.74	45.02	SB
1	371	Gro Hennestad Skjevrak	Norway	W45		30.85	32.36	33.82	x	32.28	x	33.82	
2	92	Johanna Jauhiainen	Finland	W35		38.73	x	x	38.44	42.17	41.24	42.17	
2	517	Rebecka Kvist	Sweden	W40		38.90	36.62	40.76	x	42.15	x	42.15	
2	88	Hannariina Honkanen	Finland	W45		28.60	32.05	29.63	x	x	29.59	32.05	
3	179	Cecilia Österlund	Finland	W40		x	x	x	36.39	33.78	37.07	37.07	PB
3	132	Hanna Parkkonen	Finland	W45		x	28.79	29.96	x	x	x	29.96	
4	147	Erika Räihä	Finland	W40		x	32.45	32.65	36.55	x	x	36.55	
5	148	Vilhelmiina Salonen	Finland	W40		31.69	33.90	35.31	33.65	30.87	35.49	35.49	
6	530	Veronica Lundgren	Sweden	W40		30.87	28.20	x	31.41	x	30.07	31.41	
	276	Bodil Hoestmaelingen	Norway	W45								DNS	

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Results

45C - WV Hammer Throw (W55) - 5 Jul 2026

START TIME: 12:10

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	154	Jaana Siekkinen	Finland	W55		40.47	42.11	40.69	40.41	41.01	43.28	43.28	
2	113	Satu Lehtonen	Finland	W55		38.65	x	39.66	x	39.21	37.34	39.66	
3	553	Annelie Schöldström	Sweden	W55		34.20	35.80	35.25	37.20	x	37.08	37.20	
4	485	Marie Grahm	Sweden	W55		27.80	28.23	29.32	29.29	27.70	29.17	29.32	
5	543	Anica Norman	Sweden	W55		x	25.65	x	x	27.69	x	27.69	
6	483	Anne Fältström	Sweden	W55		26.39	26.64	27.29	x	25.02	x	27.29	
7	172	Susanna Vuori	Finland	W55		25.59	26.62	23.98	26.51	25.44	26.66	26.66	SB
8	448	Ulrika Bengtsson	Sweden	W55		26.28	24.14	23.59	25.46	24.44	x	26.28	SB
9	482	Kristina Fundberg	Sweden	W55		19.39	18.88	20.18	-	-	-	20.18	

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Results

45B - WV Hammer Throw (W60,W65) - 5 Jul 2026

START TIME: 13:20

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	51	Dorte Maria Ramlov	Denmark	W65		33.06	30.68	32.45	31.03	x	x	33.06	
1	11	Vivian Krafft Christensen	Denmark	W60		29.55	x	x	x	29.77	29.90	29.90	SB
2	241	Janice Astrid Flaathe	Norway	W65		x	x	28.28	26.69	28.10	29.37	29.37	SB
2	449	Eva-Lena Bergkvist	Sweden	W60		-	27.86	23.88	25.73	28.13	24.95	28.13	
3	455	Cecilia Blomquist	Sweden	W60		x	26.24	24.62	24.91	x	28.13	28.13	
3	116	Virve Lännistö	Finland	W65		x	22.65	24.89	x	23.83	24.77	24.89	
4	232	Anne Merethe Moe Dahlen	Norway	W60		23.94	x	23.01	25.06	24.06	25.39	25.39	
4	229	Live Båsen	Norway	W65		24.15	23.72	24.32	x	x	x	24.32	
5	498	Maria Holmesson	Sweden	W60		22.22	23.51	22.13	22.25	22.32	x	23.51	
5	84	Päivi Helstola	Finland	W65		22.82	22.60	22.03	x	20.52	x	22.82	
6	532	Gunnevi Magnusson	Sweden	W65		x	x	x	x	22.01	x	22.01	
6	36	Anne-Marie Marthedal	Denmark	W60		20.83	x	x	18.10	x	20.01	20.83	
7	83	Seija Hellman	Finland	W65		20.23	19.95	x	x	x	x	20.23	PB
8	565	Kristina Trollås	Sweden	W65		18.72	17.06	16.77	x	x	x	18.72	

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Results

45E - WV Hammer Throw (W50) - 5 Jul 2026

START TIME: 15:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	473	Anna Ek	Sweden	W50		x	40.62	x	43.71	x	x	43.71	
2	99	Kirsi Koro	Finland	W50		39.20	42.92	x	x	41.72	x	42.92	
3	303	Mari Kjølberg	Norway	W50		x	38.74	x	x	37.43	38.32	38.74	
4	535	Camilla Mattsson	Sweden	W50		29.23	38.19	38.30	37.93	36.56	x	38.30	
5	508	Mona Jönsson	Sweden	W50		35.45	x	36.55	x	36.84	x	36.84	
6	479	Isabell Fagerström	Sweden	W50		29.47	30.32	31.72	29.51	32.81	31.55	32.81	SB
7	523	Stina Leijonhufvud	Sweden	W50		x	25.93	25.78	25.64	26.85	x	26.85	
8	260	Lene Synnøve Halvorsen	Norway	W50		21.65	20.14	x	x	20.02	x	21.65	
9	552	Anna Sandgren	Sweden	W50		20.11	20.61	20.83				20.83	

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Results

46C - WV Javelin Throw (W60-W80) - 4 Jul 2026

START TIME: 09:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	133	Kristiina Peltola	Finland	W60		27.40	25.19	25.14	x	x	24.95	27.40	
2	420	Inger Marie Vingdal	Norway	W70		21.86	21.34	20.81	x	19.50	x	21.86	
3	139	Riitta Rajamäki	Finland	W75		21.86	20.33	20.92	x	x	19.41	21.86	
4	449	Eva-Lena Bergkvist	Sweden	W60		x	18.99	21.13	18.06	19.93	20.67	21.13	
5	455	Cecilia Blomquist	Sweden	W60		16.64	15.64	16.96	x	15.30	16.30	16.96	
6	427	Elise Marie Wåle	Norway	W80		14.05	14.79	14.09	x	14.82	13.86	14.82	
7	232	Anne Merethe Moe Dahlen	Norway	W60		13.83	14.03	x	x	14.80	x	14.80	
8	452	Karin Bjorin	Sweden	W70		9.61	x	x	x	13.70	13.12	13.70	
9	537	Ann-Christin Mårtensson	Sweden	W70		11.47	8.97	10.86	10.40	x	11.40	11.47	
	190	Unnur Sigurdardottir	Iceland	W60		r						NM	

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Results

46B - WV Javelin Throw (W55) - 4 Jul 2026

START TIME: 10:15

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	174	Sanna Westerberg	Finland	W55		x	23.92	24.29	22.60	25.04	29.25	29.25	
2	579	Linda Åkerman	Sweden	W55		26.32	25.28	25.31	x	27.29	28.07	28.07	PB
3	154	Jaana Siekkinen	Finland	W55		27.01	27.85	27.00	27.49	26.04	25.10	27.85	
4	331	Marianne Johansen Myrbraaten	Norway	W55		16.57	x	22.72	23.37	24.69	23.55	24.69	
5	175	Kirsi Yijälä	Finland	W55		23.93	24.07	x	23.59	x	21.57	24.07	
6	326	Nicole Marie Minker	Norway	W55		22.59	23.59	24.03	23.13	22.81	x	24.03	SB
7	339	Kari Nordaas Kulkarni	Norway	W55		19.83	22.05	22.34	21.14	x	x	22.34	
8	483	Anne Fältström	Sweden	W55		19.50	20.93	21.82	19.73	20.21	x	21.82	
9	485	Marie Grahm	Sweden	W55		19.87	x	18.72				19.87	
10	543	Anica Norman	Sweden	W55		17.97	18.44	x				18.44	
11	482	Kristina Fundberg	Sweden	W55		13.56	15.33	15.81				15.81	

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Results

46A - WV Javelin Throw (W35-W50) - 4 Jul 2026

START TIME: 11:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	481	Malin Fröier	Sweden	W45		32.48	34.95	32.15	33.12	34.25	34.44	34.95	SB
2	211	Lene Berger	Norway	W45		27.22	27.16	26.08	34.28	32.29	x	34.28	
3	359	Helga Reigstad	Norway	W50		33.73	28.61	x	x	x	x	33.73	SB
4	218	Tone Bjoerdalsbakke Saure	Norway	W35		28.60	28.12	33.13	29.55	30.96	31.36	33.13	
5	503	Viktoria Johansson	Sweden	W35		28.26	30.11	x	30.36	29.58	x	30.36	SB
6	508	Mona Jönsson	Sweden	W50		28.52	x	25.82	x	28.97	x	28.97	
7	535	Camilla Mattsson	Sweden	W50		28.80	26.57	28.20	24.95	26.63	22.70	28.80	
8	155	Johanna Sirviö	Finland	W45		27.29	x	26.92	28.75	x	x	28.75	
9	55	Maria Sløk	Denmark	W40		27.00	x	25.24	23.85	25.55	25.91	27.00	
10	473	Anna Ek	Sweden	W50		20.98	x	23.72	23.82	23.32	26.45	26.45	SB
11	132	Hanna Parkkonen	Finland	W45		23.88	x	25.81	x	24.57	22.52	25.81	
12	212	Marit Sahr Bergheim	Norway	W45		23.58	x	x	21.80	x	x	23.58	
13	552	Anna Sandgren	Sweden	W50		x	17.97	16.90	x	16.00	x	17.97	

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Results

46D - WV Javelin Throw (W65) - 4 Jul 2026

START TIME: 18:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	51	Dorte Maria Ramlov	Denmark	W65		24.66	x	27.17	25.94	26.65	27.52	27.52	
2	209	Heidi Barth	Norway	W65		-	20.82	21.70	22.29	22.70	20.50	22.70	
3	565	Kristina Trollsås	Sweden	W65		20.90	19.26	21.00	x	22.00	x	22.00	
4	241	Janice Astrid Flaathe	Norway	W65		19.64	x	x	18.81	19.77	19.02	19.77	
5	532	Gunnevi Magnusson	Sweden	W65		17.46	x	x	16.58	x	x	17.46	SB
6	83	Seija Hellman	Finland	W65		11.48	16.04	x	16.42	16.87	16.78	16.87	
7	12	Anette Egander	Denmark	W65		x	12.05	13.19	x	13.67	12.68	13.67	
	229	Live Båsen	Norway	W65		-	-	-	-	-	-	NM	

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Results

47A - WV Weight Throw (W70-W90) - 5 Jul 2026

START TIME: 10:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	420	Inger Marie Vingdal	Norway	W70		13.64	x	12.93	x	x	12.30	13.64	
1	14	Inge Faldager	Denmark	W75		9.65	9.99	10.56	11.10	11.20	11.49	11.49	SB
1	75	Rauha Ervalahti	Finland	W80		9.92	x	9.35	9.93	x	9.60	9.93	
1	263	Ragnhild Hanstvedt	Norway	W90		4.74	x	4.72	4.50	4.63	4.43	4.74	
2	44	Ulla Vadstrup Nielsen	Denmark	W75		10.54	x	11.38	x	x	x	11.38	
2	23	Connie Holm	Denmark	W70		x	x	8.19	9.48	x	x	9.48	
2	47	Kirsten Onsberg	Denmark	W80		9.41	x	8.17	x	x	8.60	9.41	
3	69	Maire Ahonen	Finland	W75		10.51	x	10.91	x	x	10.27	10.91	
3	427	Elise Marie Wåle	Norway	W80		8.00	8.88	x	8.65	x	x	8.88	
3	537	Ann-Christin Mårtensson	Sweden	W70		7.84	5.44	8.15	8.84	x	8.19	8.84	
4	153	Leena Scheerer	Finland	W75		9.95	x	9.82	8.65	x	10.38	10.38	
5	361	Grete Rivenes	Norway	W75		10.14	x	x	9.95	x	x	10.14	
6	167	Sirpa Vahtera	Finland	W75		9.09	8.88	x	x	9.04	x	9.09	

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Results

47D - WV Weight Throw (W35-W45) - 5 Jul 2026

START TIME: 12:10

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	55	Maria Sløk	Denmark	W40		12.67	12.72	12.94	13.02	12.90	x	13.02	
1	92	Johanna Jauhiainen	Finland	W35		10.57	11.34	12.44	11.61	11.66	11.50	12.44	
1	371	Gro Hennestad Skjevrak	Norway	W45		9.55	x	x	x	8.41	x	9.55	
2	179	Cecilia Österlund	Finland	W40		11.97	12.60	x	12.24	x	x	12.60	
2	88	Hannariina Honkanen	Finland	W45		x	x	x	9.20	x	9.32	9.32	
2	180	Henrika Österlund	Finland	W35		9.09	x	8.59	9.21	8.65	8.98	9.21	
3	148	Vilhelmiina Salonen	Finland	W40		11.43	10.84	11.32	x	11.11	x	11.43	
3	132	Hanna Parkkonen	Finland	W45		8.14	x	x	8.73	x	x	8.73	
4	147	Erika Räihä	Finland	W40		9.71	9.04	x	9.45	10.11	x	10.11	
5	530	Veronica Lundgren	Sweden	W40		9.34	x	8.69	9.30	8.88	x	9.34	

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Results

47C - WV Weight Throw (W55) - 5 Jul 2026

START TIME: 13:45

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	154	Jaana Siekkinen	Finland	W55		13.84	14.88	15.01	14.27	14.74	15.02	15.02	
2	553	Annelie Schöldström	Sweden	W55		13.13	x	12.98	x	x	11.39	13.13	
3	113	Satu Lehtonen	Finland	W55		12.61	12.58	12.99	x	x	12.81	12.99	
4	543	Anica Norman	Sweden	W55		10.71	x	10.69	x	x	x	10.71	
5	483	Anne Fältström	Sweden	W55		9.57	9.99	9.48	8.84	9.29	10.15	10.15	
6	485	Marie Grahm	Sweden	W55		8.54	9.54	x	9.83	9.01	9.72	9.83	
7	448	Ulrika Bengtsson	Sweden	W55		8.99	x	9.44	9.21	9.62	9.53	9.62	PB
8	482	Kristina Fundberg	Sweden	W55		x	4.88	6.67	5.95	6.15	6.02	6.67	

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Results

47B - WV Weight Throw (W60,W65) - 5 Jul 2026

START TIME: 15:00

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	449	Eva-Lena Bergkvist	Sweden	W60		12.94	14.74	13.04	14.02	x	12.02	14.74	
1	116	Virve Lännistö	Finland	W65		12.16	x	x	11.58	x	12.09	12.16	
2	455	Cecilia Blomquist	Sweden	W60		10.15	11.46	11.16	10.75	12.44	11.85	12.44	
2	241	Janice Astrid Flaathe	Norway	W65		12.10	11.82	11.38	11.24	11.61	11.89	12.10	
3	11	Vivian Krafft Christensen	Denmark	W60		x	x	9.70	10.42	11.14	10.30	11.14	SB
3	83	Seija Hellman	Finland	W65		10.15	9.73	9.56	10.02	9.51	10.60	10.60	
4	232	Anne Merethe Moe Dahlen	Norway	W60		10.50	10.29	10.21	10.85	x	11.07	11.07	
4	84	Päivi Helstola	Finland	W65		10.36	10.35	9.84	10.19	9.60	x	10.36	
5	532	Gunnevi Magnusson	Sweden	W65		x	9.24	9.40	9.03	x	9.40	9.40	
5	498	Maria Holmesson	Sweden	W60		8.44	9.24	x	8.33	-	-	9.24	
6	565	Kristina Trollås	Sweden	W65		8.08	8.72	8.26	x	8.15	8.48	8.72	
	51	Dorte Maria Ramlov	Denmark	W65		-						NM	
	229	Live Båsen	Norway	W65		-						NM	

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Results

47E - WV Weight Throw (W50) - 5 Jul 2026

START TIME: 16:30

Place	Bib	Name	Club	Age	Weight	1	2	3	4	5	6	Result	Note
1	473	Anna Ek	Sweden	W50		x	x	13.34	14.77	14.11	x	14.77	
2	99	Kirsi Koro	Finland	W50		13.53	14.47	x	x	13.88	x	14.47	PB
3	523	Stina Leijonhufvud	Sweden	W50		10.19	x	10.58	10.22	9.97	x	10.58	
4	260	Lene Synnøve Halvorsen	Norway	W50		7.81	7.51	8.31	8.26	7.64	8.10	8.31	
	535	Camilla Mattsson	Sweden	W50		-						NM	

Results

51 - WV 1000 meter Relay - 4 Jul 2026

START TIME: 18:00

(18:00)

Place	Lane	Bib	Team	Result	Runners
1	7	R02	SWE W35	2:29.69	Sofia Turesson Evelina Grimstad Caroline Norrsand Johanna Almsand
2	6	R07	SWE W40	2:54.67	Marie-louise Levy Christina Ottosson Sara Johnsson Marie Dasler
3	5	R06	NOR W60	3:01.57	Ann Helen Frivold Heidi Barth Bodil Hjellevik Askeland Anny Undheim
4	4	R17	FIN W70	3:28.86	Marja Metsänkylä Helena Rantakari Salme Pihjala Raija Hilden
5	3	R11	DEN W70	3:46.88	Ingela Bluhm Menja Stapelfeld Sonja Sieg Stigsen Ingerlise Villum

Results

26 - MV/WV 5000 Meters Race Walk - 5 Jul 2026 (08:30)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	RCs	Note
1	558	Christer Svensson	Sweden	M55	1	4	25:47.78		
2	10	Thomas Christensen	Denmark	M55	2	5	27:57.46		
3	256	Tor-Ivar Guttulsrød	Norway	M60	1	6	29:09.28		
4	78	Marita Harju	Finland	W50	1	24	29:24.21		
5	4	Stine Omel Andersen	Denmark	W55	1	29	29:52.34		PB
6	70	Heidi Ahvenus	Finland	W45	1	23	30:29.37		
7	310	Harald Jonny Krokli	Norway	M65	1	12	30:57.92		
8	514	Anna Klöfver	Sweden	W40	1	22	31:15.52		
9	98	Ursula Koivunen	Finland	W55	2	28	31:18.51		
10	93	Kari Järvenpää	Finland	M70	1	15	33:06.05		PB
11	480	Diana Forsgren Ottosson	Sweden	W60	1	30	33:14.78		
12	483	Anne Fältström	Sweden	W55	3	27	33:42.75		
13	165	Jarno Turunen	Finland	M50	1	2	34:02.36		
14	431	Knut Ytrehus	Norway	M60	2	8	34:16.66		
15	340	Paal Nordland	Norway	M55	3		34:28.82		
16	257	Arne Gåssand	Norway	M60	3	7	34:29.03		
17	368	Kåre Sandvik	Norway	M70	2	16	35:04.79		
18	140	Jouko Rannanpää	Finland	M70	3	14	35:33.38		
19	123	Sanna Neuvonen	Finland	W35	1	21	36:24.66		
20	247	Rune Følstad	Norway	M50	2	1	36:34.29		
21	382	Torkjell Spigseth	Norway	M80	1	18	37:03.53		
22	322	Einar Lyngar	Norway	M80	2	19	37:03.55		
23	13	Henrik Egede	Denmark	M65	2	11	37:05.48		
24	319	Arthur Lillefosse	Norway	M80	3	20	38:19.70		SB
25	472	Anders Ek	Sweden	M60	4	9	39:05.17		
26	363	Jan Arvid Rolstad	Norway	M75	1	17	39:28.08		
27	29	Birgit Klaproth	Denmark	W50	2	25	40:34.92		
28	152	Asta Savukoski	Finland	W75	1	31	42:53.52		SB
	204	Erling Andersen	Norway	M65			DNS		
	369	Karl Sellgren	Norway	M70			DNS		
	158	Tiina Stenvall	Finland	W55			DNS		

Results

12C - WV/MV 300 Meters Hurdles (W65,M70,M75) - 4 Jul 2026
(11:00)

Place	Bib	Name	Club	Category	Cat Pos	Lane	Result	Note
1	150	Kari Olavi Sanelma	Finland	M75	1	6	54.73	
2	33	Jørgen Randløv Madsen	Denmark	M70	1	4	58.39	
3	562	Gunnel Tolfes	Sweden	W65	1	2	1:01.09	
4	119	Teuvo Mettälä	Finland	M75	2	7	1:17.91	
5	125	Pertti Nousiainen	Finland	M70	2	5	1:39.56	