



Announcement

Norwegian Cup 3 - Hamar

Norwegian Speedskating Federation and Hamar IL speedskating invite skater to participate at the Norwegian Cup 3 – International competition in Hamar.

Venue: Vikingskipet, Åkersvikvegen 1, Hamar, Norway

Date 15th -16th November 2025

Organizer Hamar IL speedskating

Skatingprogram	Saturday 15th November	Sunday 16 th November
Testing ice for the competitors	08.30-09.30	08.30-09.30
Teamleader meeting	10.00	09.00
Start of the competition	11.00	10.00
Men Junior B, A, Senior/Masters	500/1000/3000 m	500/1500/5000 m Mass Start
Women Junior B, A, Senior/Masters	500/1000/3000 m	500/1500 m Mass Start

Entries of competitors

ISU members must submit their entries using the online Speedskating Competition Manager System. <https://sscm.speedskatingnews.info>

The entries indicate the distances to be skated by each entered competition, including maximum 2 distance per day.

End of registration competition Monday 10. november 2025 kl 20.00

If you would changes in your entries you have to send an e-mail to:

nfsportexpert@gmail.com



Qualifying times

According to the Regulation of Norwegian Cup art 3.3 we have the following qualifying times.

	Clas	500 m	1000 m	1500 m	3000 m
Men	Junior B, A Senior and Masters	46,00	1.32,00	2.20,00	5.00,00
Women	Junior B, A, Senior and Masters	51,00	1.42,00	2.40,00	5,30,00

If you are qualified in one of these distances, can you also compete in the other distances in the program.

Mass Start (MS)

MS will follow the ISU Communication No. 2721 regarding protections.

In Norwegian cup junior and senior compete in 10 rounds, sprint after 4 and 7 round, and finish. If we organize MS we need minimum number of skater.

Payment from abroad:

Fee per distance NOK 325,-

IBAN NO7918006042755

BIC/SWIFT er SHEDNO22.

Sparebank1 Østlandet, Postboks 203, 2302 Hamar, Norway

Within 11th November 2025.

Competiton manager

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SSCM coordinator

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