

# Testimonials

21.03.2013

To Monica,

Just a thank you note for all your great work you have done on my bad back over the years.

My story:

When I first came to see Monica I had back pain that flared up at night that hindered me from getting a good night sleep.

I had been to chiropractors and osteopaths to find the cause of my back pain but nobody could help me. That was when I heard about Monica.

After the first session Monica knew exactly what was wrong with my back and after a few sessions my back was fixed, no more pain and no more using pain relieve tablets to sleep at night.

I now go to see Monica every 2 weeks to keep my back in shape as I do a very strenuous job, removal of trees.

Thank you for your expert treatment over the years and most of all for your professionalism.

Cheers Ross

Dear Monica,

Thank you very much for your care and support earlier this evening.

Love & Light,

Ch

13.06.07

To whom it may concern, receiving treatment from Monica Rohrer – COSMIC FLOW:

For many years I had tolerated a lot of pain and discomfort in my Right Knee when I put any load on it. In trying to compensate for the pain in my knee I was putting extra pressure on my hips, back and spine. All this was creating add on problems like headaches, bad sleeping and low energy levels.

ONE visit to Monica was all that was needed to correct the problem. If only I had gone to Monica before I walked the Inca Trail – twice.

Four months after Monica's treatment and my ageing body is still realigned and pain free.

Thank you so much Monica for giving me the confidence in my knee that I needed to tackle my next challenge, to walk the "Kokoda Track."

With great love and admiration

Kerry M

(formerly known as "Dicky Knee")

Monica,

just a courtesy email about my joints and muscles.

So far I have trained chest, shoulders, and back...and I must admit it feels great!

More so the pain in the neck I had is completely gone! Every movement feels nice and fluid, and very relaxed.

So...Thank You!!!

And I'll be sure to book in again in a few weeks time.

M G

Hello Monica,

Thanks for the opportunity to spend some time with you and the use of your house. Thanks for the treatments for Wendy and myself. I took my knee for a 10 km walk today with 13 kg in my backpack. Walked for 4 hours up and down hill and not a single hint of pain in my right knee. I love you.

I would like to do more weekend workshops at your place or Narelle's where we can have many meditation sessions and some psychic readings and card readings, perhaps one a month if that is suitable with you, I don't want to impose too much on your time. I like being in your positive, loving energy, it is such a pleasure working with a "light" person. Am looking forward to our next meeting.

Love and Light

K

Testimonial

For about 4 months I suffered from a very painful tennis / golfer elbow. I had great difficulties doing my work.

My doctor suggested treatment with Cortisone, which I refused due to the damaging side effects.

I had 2 treatments with Monica Rohrer at Cosmic Flow. After the second treatment all symptoms and pain disappeared and I have not had any problems since then. I'm very grateful that I was able to avoid taking any medication.

U Z

Hi Monica,

I have finally found time to say thank you for your treatment of both Herbert and myself.

You will recall that I accompanied Herbert to see if you could help me with an ear problem and in passing, Herbert mentioned that a recurring numbness in my arm was problem too.

I did not mention it, because I had had an MRI test to ascertain the cause for the numbness I felt each morning, and at first, frighteningly, during the night. Following that, I had an NCS test, which ascertained that there was " *electrophysiological evidence of a mild median nerve lesion at the wrist on the right*" The recommendation was an operation. I am not fond of surgery, along with the rest of the world, and I decided to live with the numbing of my arm until it became worse, which of course it did, as soon as I recommenced daily work on the computer.

During the first session, you performed a leg-check as part of the Atlas Therapy, and re-instated the correct position of the Atlas, which was dislodged. You explained that as a result of this, there was pressure on the nerves, and that signals which normally heal problems in the body, were not being transmitted and executed correctly.

I had no expectations, except that this made a lot of sense, and looked forward to the treatment. After adjusting the *Atlas*, you gave me a whole body massage. There was a huge re-action (witnessed by Herbert) as you touched specific nerves. My arm and then my hand began to twitch alarmingly, jerking, twisting, both hand and fingers throughout the head to toe massage. This re-action was quite amazing, but as it made a lot of sense to me according to what you had said about Atlas Therapy, I was not at all worried, just fascinated by it. It was an unexpected but a very positive outcome, and I have been back twice since for a follow up treatment of adjustment.

I have had two follow up visits for treatment with you. Whereas there were a number of excruciatingly painful spots during the first, by the third treatment, this had eased to a comfortable level, and at a local, not radiating pain.

- As a result,
- my arm, despite concentrated work on the computer no longer troubles me
  - I am now thirsty for water and drink it!
  - With my thirst being satisfied, alcohol is no longer the major source of quenching thirst
  - I feel good
  - Friends have noticed an improvement in my skin
  - I am aware of my posture, which has improved, as I now stop and pay attention to the warning pain when the nerves transmit it immediately I am not in a correct position.
  - My balance, which has always been poor, is better

You had told me that the benefits of *Atlas* Therapy take full effect in a year, so I will keep coming back to achieve the ultimate. The *Atlas* (which I now know to be the first cervical vertebra leading all 12 spinal nerve cords from the brain to feed the body; that it rotates our head; and that it is a marvelous feat of engineering) has in my case I believe, re-activated the self-healing process of the body.

Thank you!

**Now, as for H,**

He became convinced through my improvement that your advice is sound, and has now reduced painkillers to two a week for his knee! He has been working 6 days a week in confined spaces, and is constantly kneeling at work, but the pain has been reduced to an obviously bearable level. You will remember that he could hardly walk, his knee "clonked" all the time, and it seems he is back to normal, for which both of us are very grateful indeed.

Please use this information to pass on to other clients, as you wish.

P W  
Brighton