**Coaching Agreement**

**1. Scheduling Sessions**After purchasing a coaching package, you are required to schedule all sessions through the client portal on Practice.do. All clients must have a client portal account to facilitate scheduling and communication.

**2. Forms and Participation**You are required to fill out any forms I send and actively participate in all scheduled sessions as agreed upon in your coaching package. Your engagement and timely completion of required forms are essential for making the most of our coaching sessions.

**3. Terms and Conditions**Please read the Coaching Contract for detailed terms and conditions of our coaching relationship. This includes your responsibilities, confidentiality provisions, and scheduling policies.

By adhering to these requirements, we ensure a structured and productive coaching experience. I look forward to partnering with you to help you achieve your goals!