

**COOLDENTAL**  
**ACTIVITY**  
**ADVENTURE**  
**— BOOK —**



Dentists Who Care  
*Protecting the Smiles  
of our Children*





## LESSON ONE

# The Magic Team Meets Dr. Clean

### Attention Grabber

Today, we begin a wonderful **adventure** with a Magic Team that live and play in a town called Smilesville. Smilesville needs the help of the Magic Team because the newspaper **announced** that there is a Bad Bug on the loose who is causing **decay** in the children's teeth. The Magic Team has the power to get rid of the Bad Bug but only if the children help. Who is the Magic Team? What are their powers? Who is the Bad Bug and how can the children help? Listen to the story to see if you have the answers.

### Instructor's Hint



Words in **bold**  
may be used  
for vocabulary  
exercises.

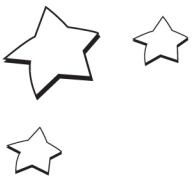
### Story To Share

Smilesville's dentist, Dr. Clean, is a very smart man. He knows things other people don't know. One day, Billy Brush, Polly Paste and Riley Rope were at Dr. Clean's office getting their teeth cleaned. While they were there, Dr. Clean showed them the newspaper. The headlines read, "Children Warned about a Tooth Bug." As Billy Brush, Polly Paste and Riley Rope read the newspaper article, they learned that this bad and dirty tooth bug's name was Diggy Decay. The newspaper said that Diggy had been found living in the mouths of many children. At night, and sometimes during the day, Diggy would snack on the children's teeth. Dr. Clean was very worried that if Diggy kept snacking on the children's teeth, they wouldn't have any left. It was then that Dr. Clean told Billy Brush, Polly Paste and Riley Rope something that they would never forget.

"I was hoping that the children of Smilesville would learn to take care of their teeth on their own, but it looks like they need your help. You three are not like other children. You have magical powers," he said.

Billy Brush, Polly Paste, and Riley Rope all together said, "huh?" They could not believe what they were hearing.

Dr. Clean said, "Yes, and because you have these magical powers, it is your duty to help the children not only in Smilesville, but all over the world."



The magic team looked at each other in disbelief, and then all at once they smiled and said, “No problem! What do we need to do?”

Dr. Clean told them that their **mission** was to run Diggy Decay out of town. The magic team thought for a while, and then Polly Paste said, “How do we do that if we don’t know whose mouth Diggy lives in?”

Wise Dr. Clean said, “There are two ways to find Diggy Decay. One, you must find out who Diggy’s friends are because they are the ones who make him so powerful, and two, you must get the children’s help.” Dr. Clean also told them that once they got the children’s help, they would be able to pass their magic to everyone in town.

The magic team knew that they had a lot of work ahead of them, so they went home to get a good night sleep. Tomorrow, they were going to meet up at Dr. Clean’s office to start their mission.

## Discussion Questions

**What is so special about Billy Brush, Polly Paste, and Riley Rope?**

(They are the Magic team; They have magical powers)

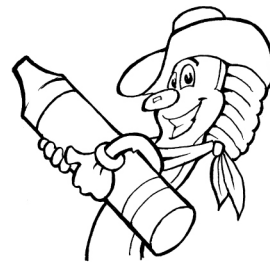
**What are the two ways to find Diggy Decay?**

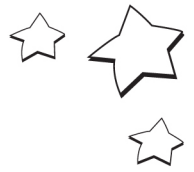
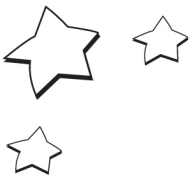
(Find out who Diggy’s friends are; Get the children’s help)

**What do the following words mean? Adventure, announced, decay, mission**

## Time To Act

- Pass out the *Dentists Who Care* coloring books.
- Have the children color pages 1-3.
- Show examples of a toothbrush, toothpaste and floss.





## LESSON TWO

# Who are Diggy Decay's Friends?

### Attention Grabber and Review

Last week the Magic Team met at Dr. Clean's office and he told them that they had the magical powers to run Diggy Decay, the bad bug, out of town. Dr. Clean told the Magic Team there were two things they would have to do to find Diggy Decay. One, they needed to find out who Diggy's friends were; and two, they needed to get the help of the children.

### Story To Share

Since Diggy likes to snack on teeth, the magic team decided to meet at Dr. Clean's Office the next day. Dr. Clean is a dentist, and dentists are experts who know how to keep teeth clean and healthy. Dr. Clean was helping a patient when the magic team arrived at his office, so the team sat down in the waiting room and they reread the newspaper article about Diggy Decay. The article said that Diggy is a very sneaky bug who has lots of friends that help him destroy teeth.

When Dr. Clean got finished with his patient, he came in the room. "Hi Billy Brush, Polly Paste, and Riley Rope, did you get a good night's sleep?"

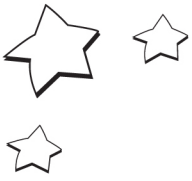
"Yes, Dr. Clean, but we are dying to find out who Diggy Decay's friends are," said Riley Rope.

"Bad snacks," said Dr. Clean.

"Bad snacks? What is a bad snack?" they asked.

Dr. Clean told the magic team that candy and sodas were Diggy's best friends. When children eat or drink these bad snacks, the candy or the sugar from the soda gets stuck on their teeth. Once this happens, they invite Diggy to come over. When Diggy gets there, he and his friends work together to dig holes in teeth and these holes are called **cavities**. Dr. Clean explained to the team that part of his job is to fix these cavities, and he would really like to see Diggy run out of town.

Billy Brush, still wondering how they could possibly find Diggy Decay asked, "Dr. Clean, we now know who Diggy Decay is, and we know who his friends are, but how are we possibly going to find him? There has to be a bazillion children in the world, and probably half that many in Smilesville alone."



Dr. Clean said, “Oh, don’t worry about that Billy Brush. I have a big secret that I will tell you all tomorrow, but before I tell you, I want you to think about how we could work together to keep Diggy Decay out of the mouths of children. If he couldn’t get into the mouths of the children, don’t you think that he would leave town?”

## Discussion Questions

**Who is Dr. Clean?**

(a dentist)

**What does the word cavities mean?**

(a hole in teeth caused by decay)

**What is Dr. Clean’s job?**

(he is an expert who knows how to clean teeth, fill cavities and keep the teeth healthy)

**Who are Diggy’s friends?**

(bad snacks: candy or soda)

**What do Diggy and his friends do to teeth?**

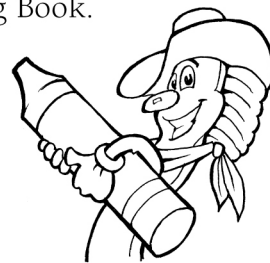
(dig holes)

**What do you think the secret is?**

(answers will vary)

## Time To Act

- Color pages 4 and 5 in the *Dentists Who Care* Coloring Book.





## LESSON THREE

# Magical Powers

### Attention Grabber and Review

Last week, Dr. Clean told the Magic team that Diggy Decay's friends are bad snacks, things like candy and sodas. He also told them that he had a secret that was going to help the Magic Team. Let's listen to find out the secret.

### Story To Share

Dr. Clean was talking to his secretary the next day when the Magic Team showed up.

"What is the secret, Dr. Clean? Is it going to help us?"

"Settle down, Billy Brush. Let's have a seat. Remember how I told you that you all had magical powers? Well, the secret is that you each have your own special powers."

"Special powers! What do you mean?" they exclaimed.

"Well, Billy Brush, you are like a magic wand. Your job is to use your powers to scrub teeth to get them clean. Polly Paste, you are a magic potion that makes teeth sparkle and you give Billy extra power."

"Cool Billy, I give you extra power." Polly said.

Riley jumped up, "What about me? What are my magical powers? Who do I help?"

"Well, Riley Rope, you help Billy and Polly both. You see, Billy and Polly work together to clean the teeth and tongue, but Diggy is so sneaky he has learned how to survive their cleaning. He does this by hiding in between the teeth where it is hard for Billy and Polly to clean. Riley, this is where your powers come in to help the magic team. Your rope cleans between the teeth and keeps Diggy from hiding there and digging between them.

"When did we get these powers, Dr. Clean?" they asked.

"You three have had these powers your whole life," the wise doctor answered.

"If we have had them our whole life, then how come we haven't known about them?"



Dr. Clean informed the magic team that in order for their magical powers to work, they would have to teach children about them. The team was so confused about how they were going to teach all of the children of Smilesville about their magical powers.

## Discussion Questions

**What is Billy Brush's job?**

(a magic wand to scrub teeth to get them clean)

**What is Polly Paste's job?**

(a magic potion that makes teeth sparkle)

**How does Polly help Billy?**

(she gives him extra power)

**What is Riley Rope's job?**

(his rope cleans between teeth and keeps Diggy from digging there)

**What does the Magic team need to do to make their magical powers work?**

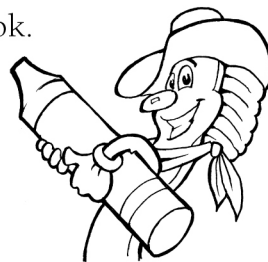
(teach children about their magical powers)

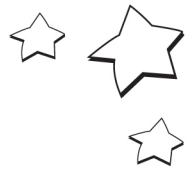
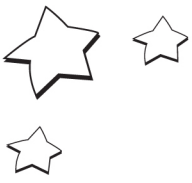
**How do you think they could teach all of the children in Smilesville about their magical powers?**

(answers will vary)

## Time To Act

- Color pages 6-8 in the *Dentists Who Care* Coloring Book.





## LESSON FOUR

# The Magic Team Has a Plan

### Attention Grabber and Review

Last week, the Magic Team learned what each of their jobs was. They also learned that in order for their magical powers to work they must teach the children of Smilesville about them. Let's see how they decide to do this.

### Story To Share

The Magic Team gathered outside of Dr. Clean's office to make a plan of how they were going to teach all of the children of Smilesville about their magical powers.

Polly said, "If we can teach the children of Smilesville what they need to do at home to keep their mouths clean, what kinds of food or snacks they should always eat, and how important it is to visit their dentist, Diggy will want to run out of town on his own, we won't have to make him."

"But Polly, we don't have time to go to every child's house in Smilesville," Billy said doubtfully.

"Silly Billy, we don't go to every house. Where can we find all of the children together and ready to learn?"

"The school! Excellent idea, Polly" Billy and Riley exclaimed.

Polly then suggested, "We can call the principal and ask if we can come by to visit each classroom."

"Before we do that, we better go by and let the mayor of Smilesville know what our plan is."

Mr. Mayor was very happy that the team was helping fight Diggy Decay. He said, "If you are successful with your mission, I will make each of you and all of the children who helped you deputies of Smilesville."

"Oh, that sounds cool, we better get started!" the team said excitedly.

"Thank you, Mr. Mayor." And they were off to start on their mission.





## Discussion Questions

*What is the magic team's overall goal or mission?*

(to run Diggy Decay out of town)

*How do they plan to carry out their mission?*

(by teaching the children how to use their magical powers)

*Who do they need to stop Diggy Decay?*

(the children of Smilesville)

*Do you think that their plan will work?*

(Answers will vary)

## Time To Act

- Do the exercises on page 9, 10 and 11 in the coloring book.





## LESSON FIVE

# Magic Team Deputies

### Attention Grabber

Last week, the magic team decided to go to the schools to teach the children about their magical powers, and how they could use them to run Diggy out of town. Let's see if it worked.

### Attention Grabber and Review

The next day, the magic team went to the school to talk to all of the students. They introduced themselves to the students. "How many of you have heard of Diggy Decay? He is a bug who lives in some of your mouths. He digs very deep holes in your teeth. Sometimes, he digs so much that your teeth fall out. He is a very bad bug that we need to run out of town, and you are the only ones who can make that happen. We are here to teach you how and to help you run Diggy out of town."

"There are three things that you can do to keep your teeth clean at all times," Polly said. "First, there are three basic items for you to use everyday when you are at home."

"They are a toothbrush, toothpaste and floss," Billy continued. "What do you think I am?"

Everyone in the class responded, "A toothbrush!"

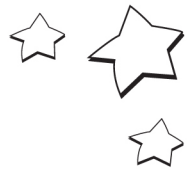
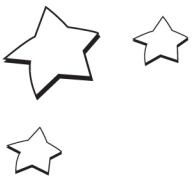
Polly said, "And me, what do you think I am?"

Everyone in the class responded, "Toothpaste!"

Then Riley said, "And what about me?"

The class responded, "Floss!"

The team then told the students, "We are called the Magic Team because each of us has magical powers. Our powers help you to keep your mouths clean. Each of you must use the Magic Team everyday. Second, you should eat good snacks that Diggy Decay doesn't like such as fruit and vegetables. You should also drink lots of water. Third, you must visit the dentist. The dentist is in charge of making sure that Diggy Decay is not living in your mouth. If Diggy has already made holes in your teeth, the dentist fixes those holes. Now



that you know the three things that will run Diggy out of town, you must pledge that you will do these things. Here is the pledge. Let's say it together. Ready class,

*I pledge to brush my teeth in the morning and before I go to bed at night.*

*I pledge to use a pea size of toothpaste on my brush and not swallow my toothpaste.*

*I pledge to swish by rinsing my mouth with water after I eat.*

*I pledge to eat healthy food and snacks.*

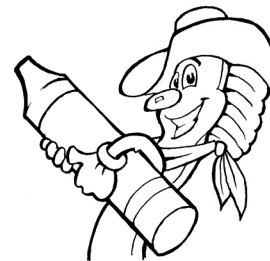
*I pledge to remember that Diggy Decay is NOT my friend.*

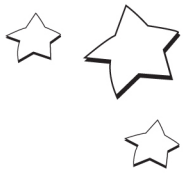
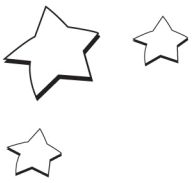
Now that you all have made the pledge, the mayor is having a town meeting that we must all go to.”

When the magic team and the children arrived, the town square was packed with all of the people of Smilesville. The mayor was standing in front of everyone. “Attention town’s people,” he said, “the Magic Team and the children of Smilesville have successfully run Diggy Decay out of town. I am officially making all of the children of Smilesville Magic Team Deputies. Each one of you will receive a badge to show that you know what it takes to keep your mouths clean and healthy. I, the mayor of Smilesville, congratulate you. Thank you for all of your help. On behalf of the wonderful work of the Magic Team and all of the children, I declare this day a town holiday. Let’s celebrate.”

## Time To Act

- Show the children the pledge on page 12 of the *Dentists Who Care* Coloring Book.
- Remind the children to take their book home and reread the pledge with their parents.
- Have the children color page 13 in their books.
- Cut out the badge on the back cover to show that the children are indeed deputies fighting tooth decay.





## Dear Parents and Guardians,

Prevention and early detection of dental problems can keep a child out of harm's way and give parents peace of mind. Imagine giving your child the gift of having healthy, sound teeth for the rest of his or her life, plus the added benefit of not being afraid of the dentist. This proven, obtainable goal can be achieved only through the guidance and concern of an educated parent or guardian. This activity book has been designed to help your child get off to a good start in understanding the reason they need to brush and eat the right foods.

This coloring book was donated by a member of *Dentists Who Care*, a grass roots movement of dentists and hygienists working to stop childhood decay. The goal of *Dentists Who Care* and local educators is to educate as many children, parents, grandparents, and guardians as possible. This education will lead to a reduction of dental expenses and emotional trauma, and it will create a lifetime of healthy, functional teeth.



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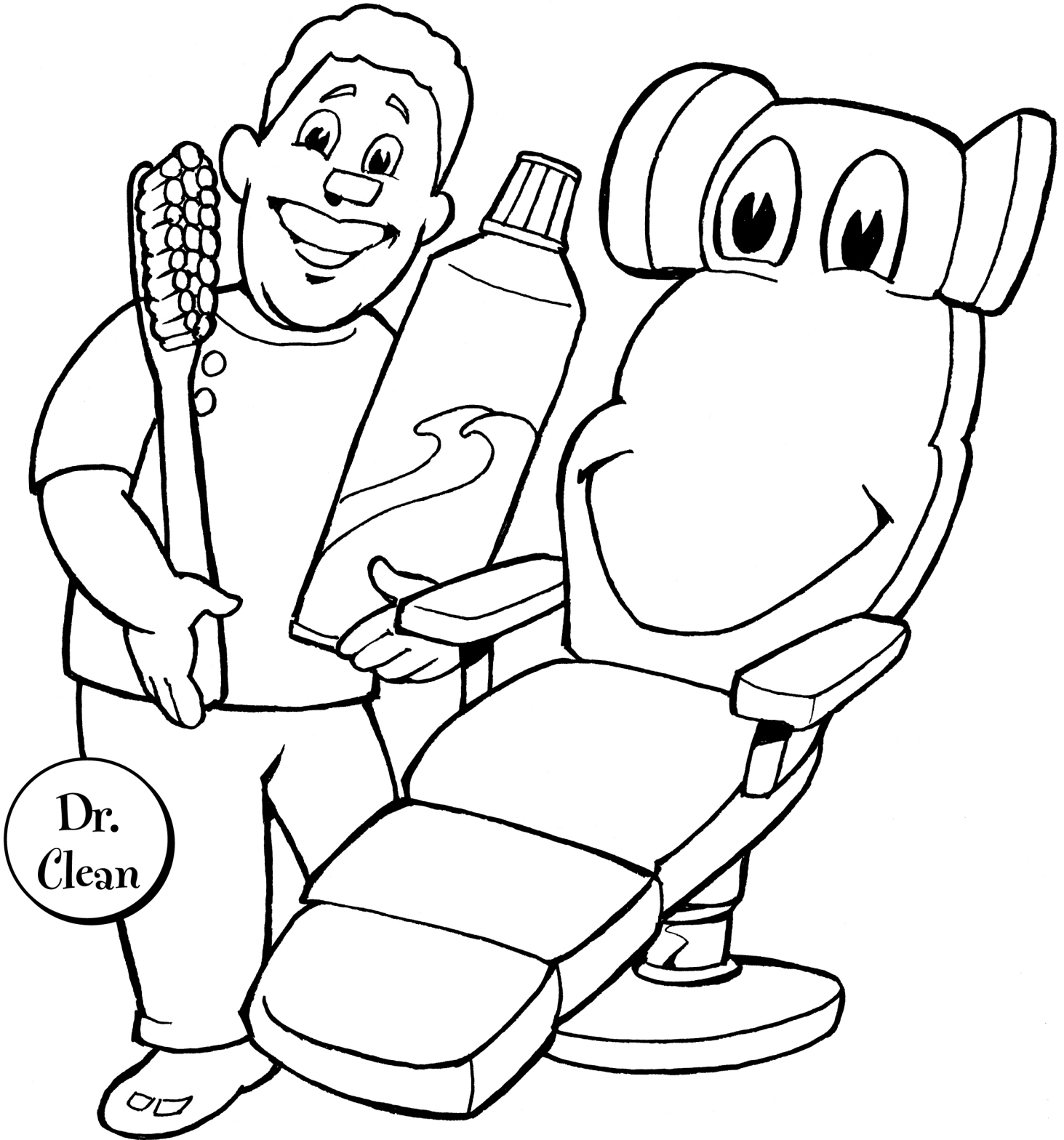


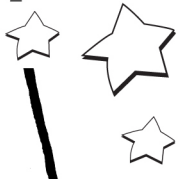
# THE MAGIC TEAM





# The friendly dentist can stop Diggy Decay.





# • EXTRA •

Kids Warned About the Tooth Bug

## DAILY NEWSPAPER

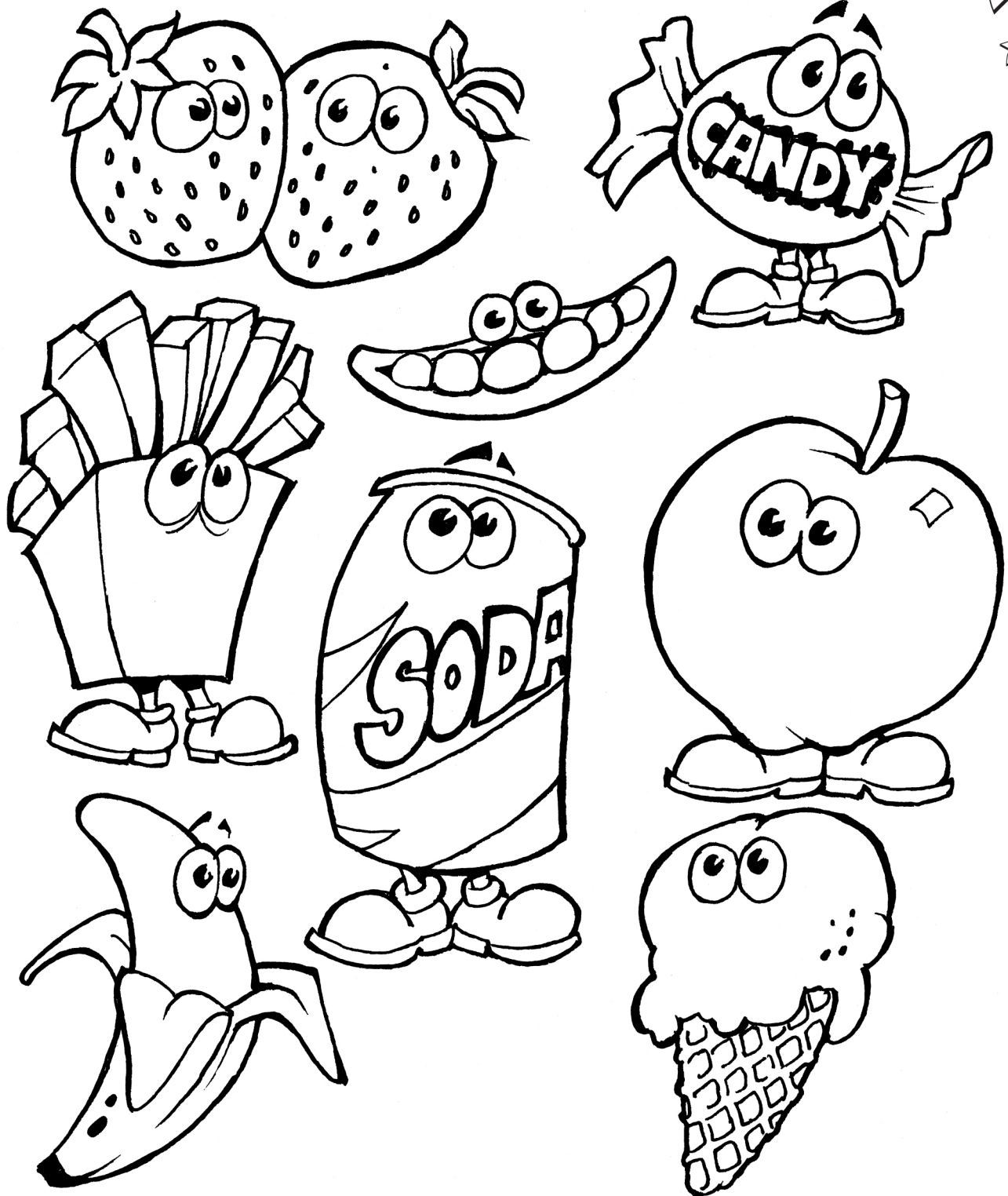
**BEWARE!**

Blank lined area for writing.



**Diggy Decay Did It!**



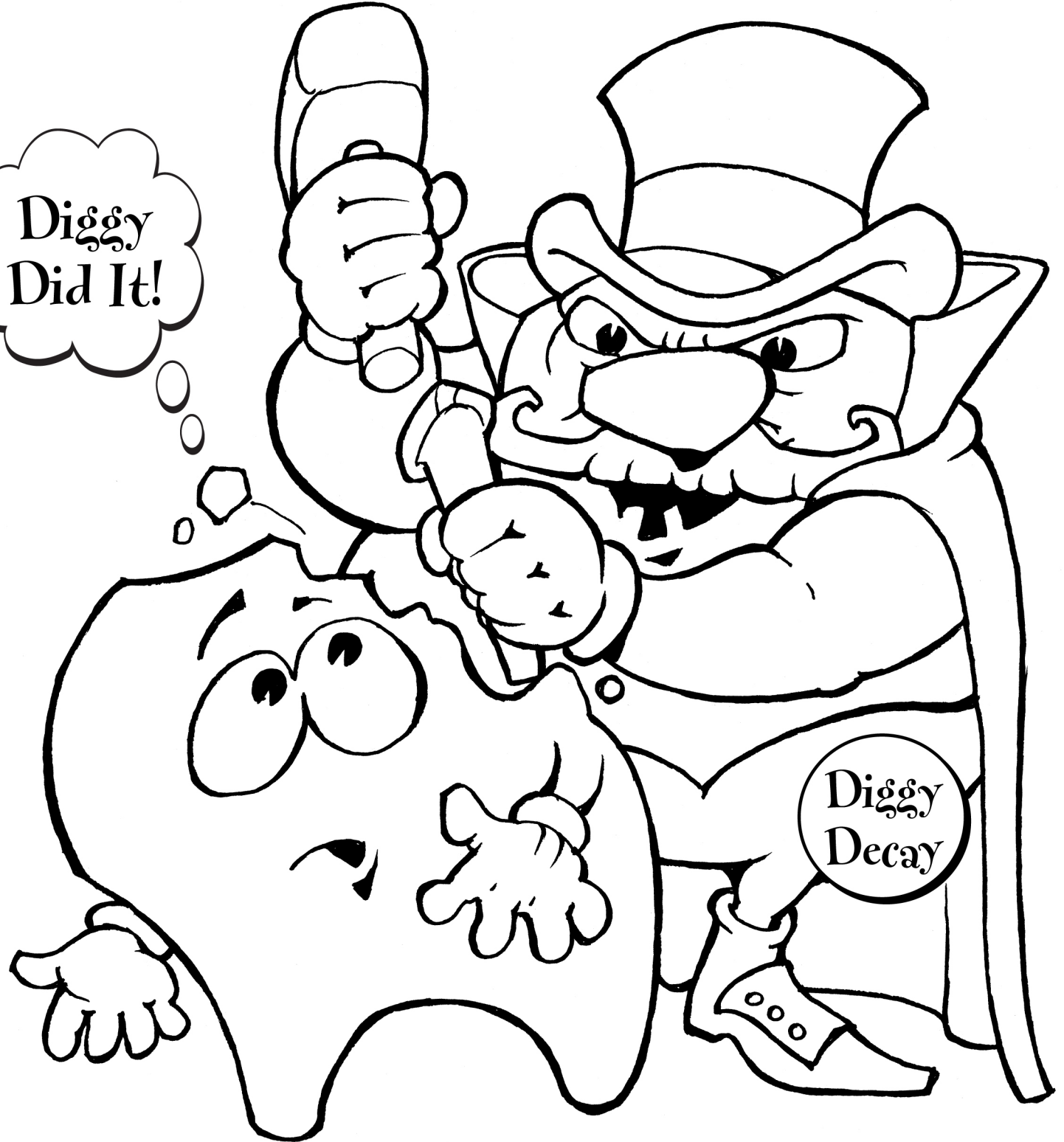


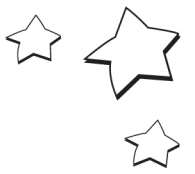
**Put an X on Diggy's friends.  
Circle The Magic Team's friends.**



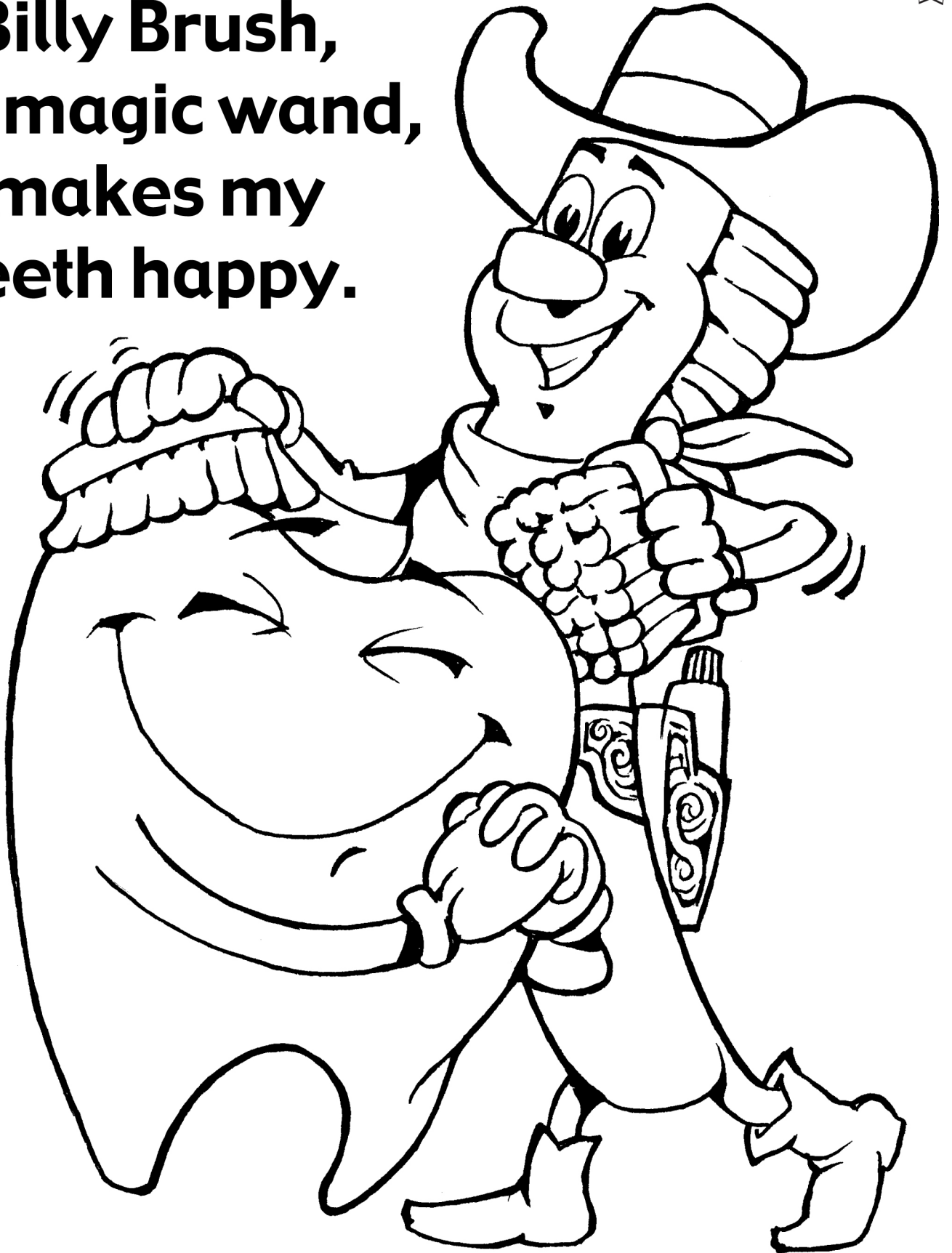
Diggy Decay makes  
my teeth sad.

Diggy  
Did It!





**Billy Brush,  
the magic wand,  
makes my  
teeth happy.**

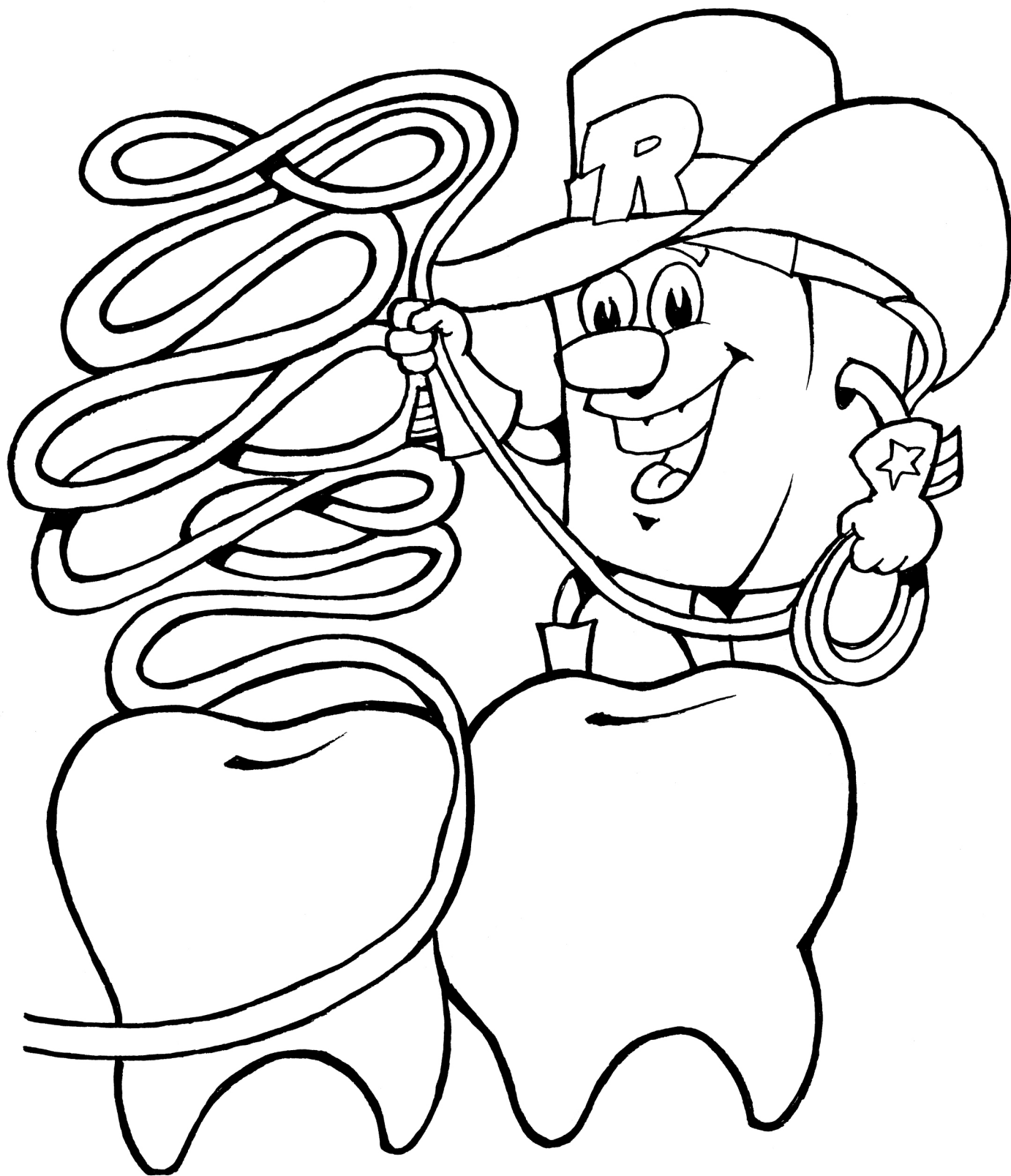


**How many teeth  
can you find  
hidden in  
Polly's  
bubbles?**



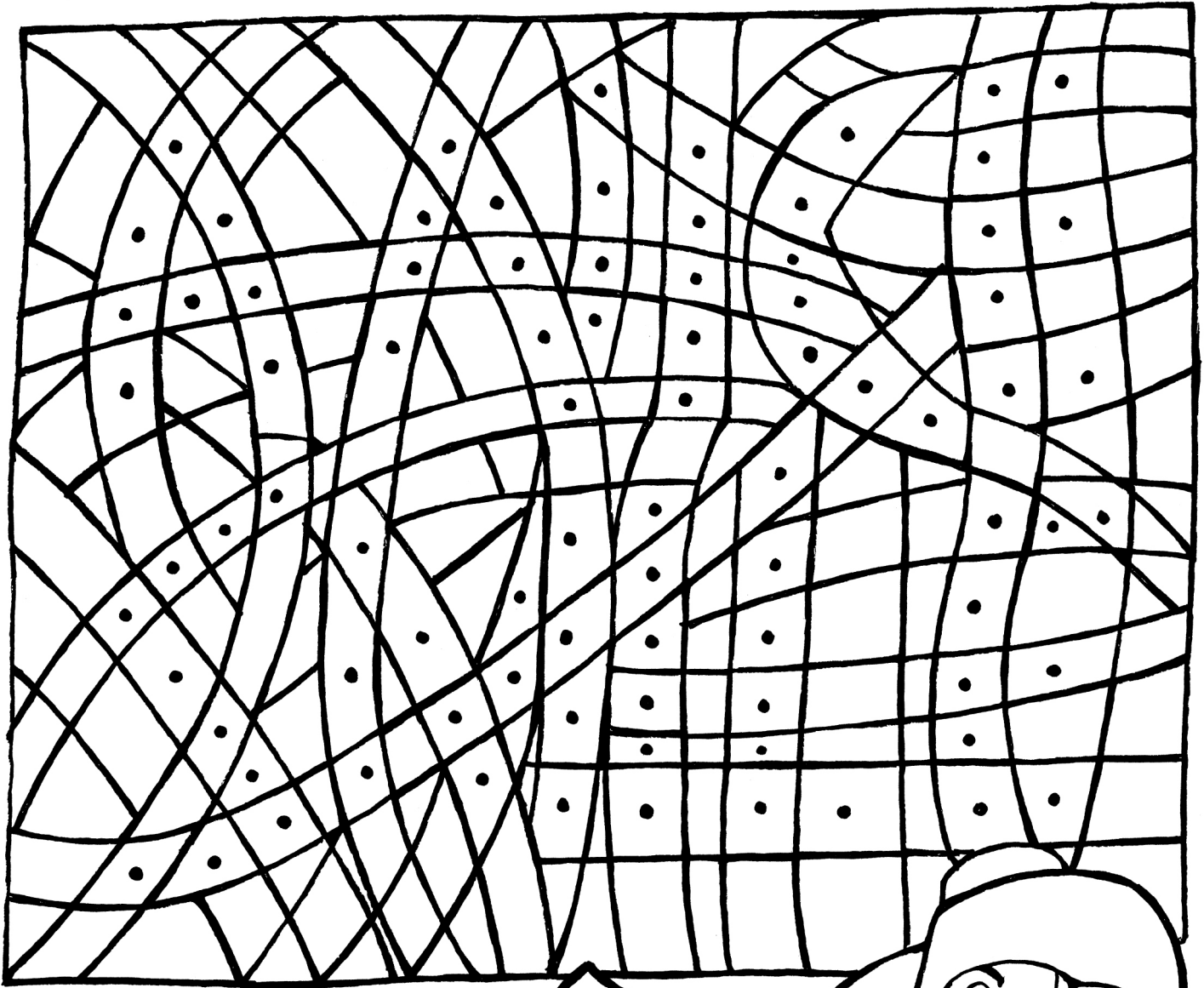
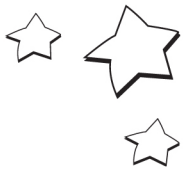
Answer: 12

**Riley Rope cleans  
between the teeth.**





# What will The Magic Team give you?

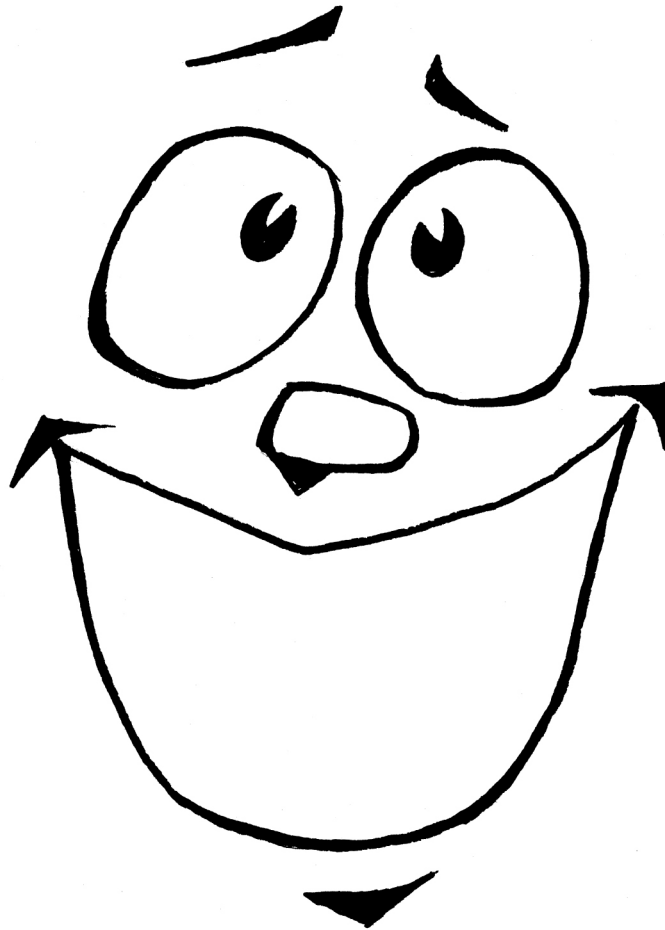


**Color in all  
the blocks  
that have dots  
to find out!**





**Draw me and my teeth.**





## The Magic Team Deputy Pledge

I pledge to brush my teeth in the morning and before I go to bed.



I pledge to use a pea-size amount of toothpaste on my brush and not to swallow my toothpaste.



I pledge to swish by rinsing my mouth with water after I eat.



I pledge to eat healthy food and snacks.



I pledge to remember that Diggy Decay is NOT my friend.

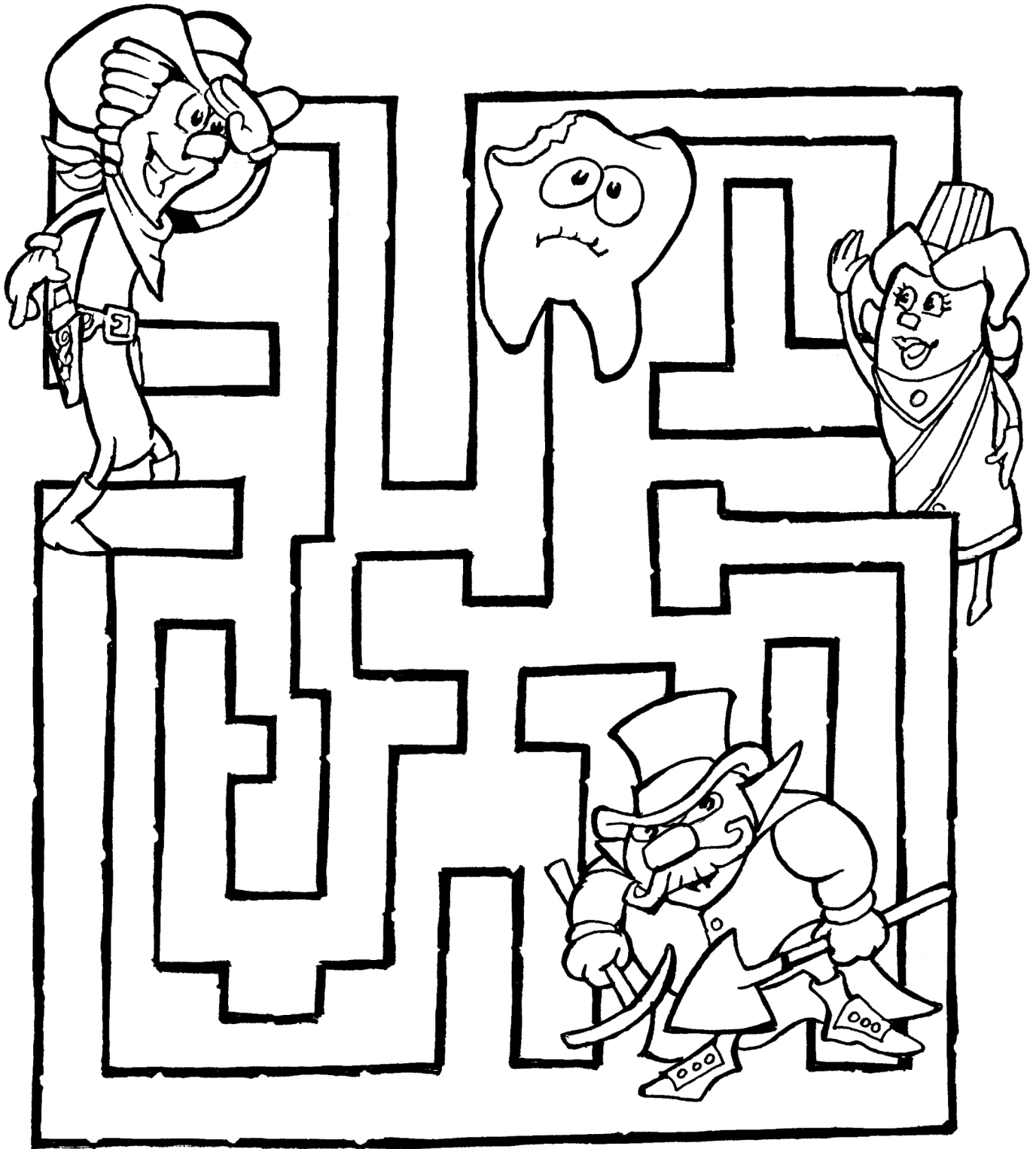




**I pledge and get my badge.**



# Help Billy find Polly.



Follow the maze with a line, and be careful not to run into Diggy Decay or the Bad Tooth.

# COOLDENTAL



Colour this page and bring in to COOLDENTAL to receive a free t-shirt!

# COOLDENTAL



Colour this page and bring in to COOLDENTAL to receive a free t-shirt!