

NORTHWEST DENTAL CENTRE

SPECIAL INSTRUCTIONS AFTER REMOVAL OF MULTIPLE TEETH & INSERTION OF DENTURES

Please read and follow these instructions carefully, since post-operative care is very important. Unnecessary pain and the complications of infection and swelling can be minimized if the instructions are followed. Please feel free to contact us at any time should you have any questions or concerns.

Leave your dentures in place until you see your dentist for your first visit after your extractions. This will help with clot formation, minimize bleeding and contain the swelling.

Frequently the dentures will feel very loose. This is intentional to account for the swelling that might develop in the first 72 hours. Please refrain from using any adhesives or denture paste in the region of the fresh extraction sites until they are fully healed.

You will develop sore spots and ulceration where the dentures are contacting the gums. These are normal occurrences and should improve with time, as long as you see your dentist for regular adjustments.

You must ideally see your dentist within the first 72 hours after surgery and make the necessary adjustments to relieve the sore spots. Failure to do so may result in severe denture sores, which may prolong the healing process.

After the first week, you should routinely leave the dentures out at night. Wearing the dentures excessively can cause a superficial fungal infection and inflammation due to the chronic pressure.

Your dentures are only cosmetic for the first 4-6 weeks. It will take you this long for you to become comfortable with your dentures. Please be patient since most people have a long adjustment period to their dentures. This is especially true for lower dentures.

If you have any questions or concerns, experience any unusual symptoms like uncontrollable pain, excessive or severe bleeding, marked fever or excessive warm swelling, or anything that you feel is out of the ordinary, remember that we are only a phone call away at: (403) 282-7933.
