

NORTHWEST DENTAL CENTRE

IV SEDATION PATIENT INSTRUCTIONS

THE DAY BEFORE PROCEDURE:

- DO NOT eat or drink anything AFTER MIDNIGHT, this is VERY IMPORTANT!
- DO NOT drink any alcoholic beverages THE DAY BEFORE your procedure
- DO NOT chew gum or tobacco, suck mints or sip water AFTER MIDNIGHT
- If you should become ill before your appointment, please notify us immediately at 403-282-7933, or to Dr. Singh at 403-467-1877

THE DAY OF YOUR PROCEDURE:

- Please remove all facial makeup, fingernail polish and leave all jewelry and valuables at home.
- Wear clothing that will be loose and comfortable during and after your procedure
- If you are taking any medications on a regular basis, please take them with a SIP of water in the morning. (*Please note: Just a sip of water for the pills, NOT a glass of water).

AFTER THE PROCEDURE:

- You MUST be accompanied home by a responsible adult who can be contacted at any time after your procedure. A responsible adult must be with you for the first 4 hours after your procedure.
- You MUST NOT drive or travel home alone by city transit or taxi
- DO NOT drive or operate power tools, or machinery or operate a motorized vehicle for at least 24 hours
- DO NOT drink alcohol, take sleeping pills or tranquilizers for at least 24 hours
- If you go to the hospital within 10 days of your dental procedure, our office must be advised immediately at 403-282-7933 or if after hours Dr. Singh 403-467-1877

If you have any questions or concerns, experience any unusual symptoms like uncontrollable pain, excessive or severe bleeding, marked fever or excessive warm swelling, or anything that you feel is out of the ordinary, remember that we are only a phone call away at: (403) 282-7933.
