

G9 ECZ HOME ECONOMICS 2014 SPECIMEN PAPER 2 SOLUTIONS

Grade 9 ECZ Home Economics Practical 2014 Paper 2 (601/2) Specimen

Model Plans of Work -- Tests 1-10

The full question paper appears first -- model Plans of Work are at the end, covering all 10 practical test scenarios.



EXAMINATIONS COUNCIL OF ZAMBIA
JUNIOR SECONDARY SCHOOL LEAVING EXAMINATION (GRADE 9) – 2014
HOME ECONOMICS PRACTICAL 601/2
PAPER 2
(SPECIMEN)

(INTERNAL & EXTERNAL CANDIDATES)

NOTE: Eight tests to be selected by the teacher.

MARKS: 60

TIME: For writing the plan of work

1 hour 30 minutes

For preparation on day of test

15 minutes

For test

2 hours 30 minutes

INSTRUCTIONS TO CANDIDATES FOR PREPARATION SESSION

Study the test you have been given.

You are given 1 hours 30 minutes in which to:

- 1 (i)** Make a plan of work (in duplicate using carbon paper) giving:
 - the number of the test you have drawn.
 - **a list of dishes chosen** with recipes (not the **method**).
 - the article(s) to be laundered (a full description should be given, -e.g. dirty, small, coloured cotton table cloth).
 - the article(s) needed for **housewifery**.
- (ii)** On the **plan of work** show the **basic method** you are going to use and the order in which you are going to do your test, indicating the time at which you will start each piece of practical work.
- 2** On another sheet of paper (in duplicate using carbon paper) make a list of:
 - **ingredients** you require.
 - **cleaning materials** you require.
 - **equipment** you will need.

NOTE: **Recipe books** may be used during the preparation session, but they must not be used during the Practical Examination, as you will refer to your plan of work.

Cell phones are not allowed in the examination room.

PRACTICAL COOKERY, HOUSECRAFT, AND PARENTHOOD

- 1** Your elder brother has been invited to attend interviews for a job.
 - (a) Launder his white cotton shirt he is going to wear.
 - (b) Clean his black shoes.
 - (c) Prepare a balanced or mixed breakfast he will eat before leaving.
 - (d) Make a nourishing drink.
 - (e) Display your work.
- 2** You are taking care of your ill mother at home.
 - (a) Launder her nylon night dress.
 - (b) Prepare boiled fresh fish, vegetable dish and nshima.
 - (c) Make a fruit salad
 - (d) Clean the hair brush.
 - (e) Display your work.
- 3** Your Aunt is coming to spend a weekend with your family.
 - (a) Prepare a two course meal for your family and Aunt.
 - (b) Launder two coloured cotton pillow cases.
 - (c) Clean the bedroom and make the bed she will use.
 - (d) Make her a welcome home card.
 - (e) Display your work.
- 4** You are a member of the nutrition club in your area.
 - (a) Demonstrate how to make nourishing porridge using groundnuts.
 - (b) Demonstrate how to make homemade oral rehydration salts.
 - (c) Make a cake using creaming method and decorate it using butter icing.
 - (d) Make an improvised baby cot.
 - (e) Display your work.

- 5** You are living with your Grandmother.
- (a) Prepare lunch for the two of you using village chicken with suitable accompaniments.
 - (b) Launder her chitenge attire.
 - (c) Clean a winnowing basket (Lubango/Ulupe)
 - (d) Make a dry flower arrangement.
 - (e) Display your work.
- 6** Your Cousin will be celebrating his birthday and going out for a picnic.
- (a) Prepare sausage rolls using 200g of flour.
 - (b) Make Victoria sandwich cake and a refreshing drink.
 - (c) Clean a plastic basket you will use for packing.
 - (d) Make him a birthday card.
 - (e) Display your work.
- 7** Your sister has gone away on holiday and you have been left to look after her house.
- (a) Prepare a dish using leftover meat or Irish potatoes and other suitable accompaniments.
 - (b) Thoroughly clean a kitchen sink.
 - (c) Make a vegetable salad.
 - (d) Launder a tray cloth.
 - (e) Display your work.
- 8** Your father is a strict vegetarian.
- (a) Prepare a meal using rice and soya pieces and suitable accompaniments.
 - (b) Launder a white linen table cloth.
 - (c) Make a rice pudding for your young sister.
 - (d) Clean the dining room where you will serve the food.
 - (e) Display your work.

- 9** Your mother has just delivered a baby and has been discharged from hospital.
- (a) Prepare her a meal using liver and suitable accompaniments.
 - (b) Launder two white napkins for the baby.
 - (c) Make her a refreshing drink using local fruits.
 - (d) Clean the feeding bottle.
 - (e) Display your work.
- 10** Your school will be hosting an inter-school sports event.
- (a) Launder your sports attire that you are going to wear.
 - (b) Make sausage rolls, jam tarts, biscuits which you will clearly label to be sold in the school tuck shop.
 - (c) Clean one silver trophy and one wooden trophy.
 - (d) Make fresh flower arrangement for the high table where awards will be presented.
 - (e) Display your work.

Question 1. Your elder brother has been invited to attend interviews for a job: (a) Launder his white cotton shirt he is going to wear. (b) Clean his black shoes. (c) Prepare a balanced or mixed breakfast he will eat before leaving. (d) Make a nourishing drink. (e) Display your work.

(a)

Answer: Sort, then wash the white cotton shirt with a suitable detergent (bleach may be used sparingly on tough stains); rinse thoroughly, dry and iron carefully for a smart, crisp finish

(b)

Answer: Brush off dust, apply black polish evenly with a cloth or brush, allow it to sit briefly, then buff to a neat shine

(c)

Answer: Prepare a balanced breakfast, e.g. eggs, bread and a cooked cereal, giving protein, carbohydrate and some fruit/vegetable

(d)

Answer: Prepare a nourishing drink, e.g. a milk-based drink or fresh fruit juice

(e)

Answer: Arrange the laundered shirt, cleaned shoes, breakfast and drink neatly and attractively for assessment

Question 2. You are taking care of your ill mother at home: (a) Launder her nylon night dress. (b) Prepare boiled fresh fish, vegetable dish and nshima. (c) Make a fruit salad. (d) Clean the hair brush. (e) Display your work.

(a)

Answer: Nylon is a synthetic fibre -- hand-wash gently in lukewarm (not hot) water with a mild detergent, rinse well, and drip-dry away from direct heat to avoid damaging the fabric

(b)

Answer: Clean and boil the fresh fish with a little seasoning until tender; prepare nshima and a cooked vegetable dish (e.g. rape or pumpkin leaves)

(c)

Answer: Wash, peel and cut a variety of fresh seasonal fruits, mix together and chill before serving

(d)

Answer: Remove loose hair and dirt from the bristles, wash in warm soapy water, rinse well, and dry bristle-side down

(e)

Answer: Arrange the laundered nightdress, finished dishes, fruit salad and cleaned brush neatly for assessment

Question 3. Your Aunt is coming to spend a weekend with your family: (a) Prepare a two course meal for your family and Aunt. (b) Launder two coloured cotton pillow cases. (c) Clean the bedroom and make the bed she will use. (d) Make her a welcome home card. (e) Display your work.

(a)

Answer: Two-course meal: Course 1 -- soup or salad; Course 2 -- nshima with a protein relish (e.g. chicken or fish) and a cooked vegetable

(b)

Answer: Test the coloured pillow cases for colourfastness, then wash separately with a suitable detergent; rinse thoroughly, dry in the shade to protect the colour, and iron

(c)

Answer: Dust and wipe all surfaces, sweep/mop the floor, and make the bed neatly with clean linen, ensuring the room is tidy and welcoming

(d)

Answer: Fold a plain card and decorate it neatly with a simple design and a welcome message, using materials such as coloured paper, crayons or dried flowers

(e)

Answer: Arrange the finished meal, laundered pillow cases, made bed and welcome card neatly for assessment

Question 4. You are a member of the nutrition club in your area: (a) Demonstrate how to make nourishing porridge using groundnuts. (b) Demonstrate how to make homemade oral rehydration salts. (c) Make a cake using creaming method and decorate it using butter icing. (d) Make an improvised baby cot. (e) Display your work.

(a)

Answer: Cook a cereal porridge (e.g. maize meal) with water/milk, and stir in ground roasted groundnuts near the end for added protein and flavour

(b)

Answer: Homemade oral rehydration salts (ORS): dissolve a level teaspoon of salt and eight level teaspoons of sugar in one litre of clean boiled (cooled) water, and stir well until fully dissolved

(c)

Answer: Creaming method: cream the fat and sugar until light and fluffy, beat in the eggs gradually, fold in the flour, and bake; once cooled, decorate with butter icing (creamed butter and icing sugar) spread or piped over the cake

(d)

Answer: Improvise a baby cot using available materials, e.g. a sturdy box or basket padded with clean cloth, lined and edged safely for a baby to lie in

(e)

Answer: Arrange the porridge, ORS demonstration, decorated cake and improvised cot neatly and attractively for assessment

Question 5. You are living with your Grandmother: (a) Prepare lunch for the two of you using village chicken with suitable accompaniments. (b) Launder her chitenge attire. (c) Clean a winnowing basket (Lubango/Ulupe). (d) Make a dry flower arrangement. (e) Display your work.

(a)

Answer: Stew the village chicken with tomato, onion and seasoning until tender; serve with nshima and a cooked vegetable as accompaniments

(b)

Answer: Test the chitenge attire for colourfastness, then hand-wash separately with a suitable detergent; rinse thoroughly, dry in the shade to protect the colour, and iron

(c)

Answer: Shake or brush off loose grain/dust from the winnowing basket, wipe with a slightly damp cloth if needed, and sun-dry fully before storing

(d)

Answer: Use dried flowers, grasses or seed pods; trim the stems and arrange them in a suitable dry container in a balanced, attractive display

(e)

Answer: Arrange the finished meal, laundered attire, cleaned basket and flower arrangement neatly for assessment

Question 6. Your Cousin will be celebrating his birthday and going out for a picnic: (a) Prepare sausage rolls using 200g of flour. (b) Make Victoria sandwich cake and a refreshing drink. (c) Clean a plastic basket you will use for packing. (d) Make him a birthday card. (e) Display your work.

(a)

Answer: Using 200g flour, make short-crust pastry (rub fat into flour, bind with cold water), wrap around seasoned sausage meat, cut into rolls and bake until golden

(b)

Answer: Cream the fat and sugar, beat in the eggs, fold in the flour, bake in two tins and sandwich with jam; prepare a refreshing cold drink, e.g. chilled fruit juice

(c)

Answer: Wash the plastic basket with soapy water, rinse and dry thoroughly before use

(d)

Answer: Fold a plain card and decorate it neatly with a simple design and a birthday message, using materials such as coloured paper, crayons or stickers

(e)

Answer: Pack the sausage rolls and cake in the cleaned basket with the drink, and display the birthday card alongside for assessment

Question 7. Your sister has gone away on holiday and you have been left to look after her house: (a) Prepare a dish using leftover meat or Irish potatoes and other suitable accompaniments. (b) Thoroughly clean a kitchen sink. (c) Make a vegetable salad. (d) Launder a tray cloth. (e) Display your work.

(a)

Answer: Chop the leftover meat or Irish potatoes, and fry or bake together with onion and seasoning as a rissole/hash-type dish, served with a suitable accompaniment such as a cooked vegetable

(b)

Answer: Clear the sink of any dishes, scrub thoroughly with a cleaning agent suited to its material, rinse well, and dry and polish to remove water marks

(c)

Answer: Wash and prepare a mix of fresh, seasonal vegetables, cut attractively and toss with a simple dressing

(d)

Answer: Soak, then wash the tray cloth with a suitable detergent, treating any stains first; rinse thoroughly, dry and iron for a crisp finish

(e)

Answer: Arrange the finished dish, salad and laundered tray cloth neatly and attractively for assessment

Question 8. Your father is a strict vegetarian: (a) Prepare a meal using rice and soya pieces and suitable accompaniments. (b) Launder a white linen table cloth. (c) Make a rice pudding for your young sister. (d) Clean the dining room where you will serve the food. (e) Display your work.

(a)

Answer: Cook rice; rehydrate the soya pieces and stew with tomato, onion and seasoning; serve with a suitable cooked vegetable as an accompaniment

(b)

Answer: Soak the white linen cloth, treat any stains, then wash with a suitable detergent (a little bleach may be used carefully on tough stains); rinse thoroughly, dry in the sun and iron well for a crisp finish

(c)

Answer: Cook rice slowly with milk and sugar until soft and creamy, flavoured with a little vanilla or nutmeg, suitable for a young sister

(d)

Answer: Dust all surfaces, sweep/mop the floor, wipe the table and chairs, and arrange the room neatly ready for serving

(e)

Answer: Arrange the finished meal, laundered table cloth, rice pudding and cleaned dining room neatly for assessment

Question 9. Your mother has just delivered a baby and has been discharged from hospital: (a) Prepare her a meal using liver and suitable accompaniments. (b) Launder two white napkins for the baby. (c) Make her a refreshing drink using local fruits. (d) Clean the feeding bottle. (e) Display your work.

(a)

Answer: Clean and fry or stew the liver with onion and seasoning until cooked through; serve with nshima or rice and a cooked vegetable as accompaniments

(b)

Answer: Hand-wash the two white napkins gently with a mild detergent, rinse thoroughly to remove all soap (essential for a baby's skin), and dry in the sun and iron if needed

(c)

Answer: Prepare a fresh drink from local fruits (e.g. mango or watermelon juice), strained and chilled, nourishing for a new mother

(d)

Answer: Wash the feeding bottle and teat thoroughly in warm soapy water using a bottle brush, rinse well, and sterilise (e.g. by boiling) before use

(e)

Answer: Arrange the finished meal, laundered napkins, drink and cleaned feeding bottle neatly for assessment

Question 10. Your school will be hosting an inter-school sports event: (a) Launder your sports attire that you are going to wear. (b) Make sausage rolls, jam tarts, biscuits which you will clearly label to be sold in the school tuck shop. (c) Clean one silver trophy and one wooden trophy. (d) Make fresh flower arrangement for the high table where awards will be presented. (e) Display your work.

(a)

Answer: Wash the sports attire with a suitable detergent, rinse thoroughly, dry and iron (if needed) so it is fresh and ready to wear

(b)

Answer: Make sausage rolls (short-crust pastry wrapped around seasoned sausage meat), jam tarts (short-crust pastry filled with jam) and biscuits (rubbing-in method); label each type clearly for sale in the tuck shop

(c)

Answer: Silver trophy: wash with warm soapy water, rinse, then dry and polish with a silver polish/cloth to a bright shine. Wooden trophy: dust with a soft, dry cloth, wipe with a slightly damp cloth if needed, and apply a little wood polish

(d)

Answer: Select fresh, colourful flowers, trim the stems at an angle, and arrange them attractively in a clean vase as a centrepiece for the high table

(e)

Answer: Arrange the laundered attire, labelled baked goods, polished trophies and flower arrangement neatly and attractively for assessment

Disclaimer

Created by eskulu Past Papers Tutor

These solutions were created using artificial intelligence and checked against ECZ marking guidelines. If you find an error, report it at eskulu.com/feedback.

eskulu.com | zedpastpapers.com