

G12 ECZ HOME MGMT P2 2017 GCE PLAN GUIDES

Grade 12 ECZ Home Management Paper 2 (6075/2), 2017 GCE -- Practical Test

A worked plan/method for each of the 8 tests -- cookery, cleaning, laundry and craft

EXAMINATIONS COUNCIL OF ZAMBIA

Examination for General Certificate of Education Ordinary Level

Home Management

6075/2

Paper 2 Practical Test

Tuesday

11 JULY 2017

Time: 1 hour 30 minutes (Planning Session)

3 hours (Practical Test)

Instructions to candidates:

Planning Session: 1 hour 30 minutes

1 There are **eight (8)** test questions in this paper. One of these questions will be chosen at random.

2 Write your Examination number and number of the test on your Plan and List.

Then proceed in the following order:

(i) Using the carbonized sheets, write your choice of work.

(ii) Make a detailed plan of work. (Do not copy the test question).

(iii) Make a list of the ingredients, equipment and materials you will require to carry out the work set, and write it on the separate carbonized sheet.

You will be expected to use local cleaning agents if they are satisfactory.

3 Recipe books may be used during the planning session only.

4 Give the Plan and List with this question paper to the Supervisor after the Planning Session.

5 You are **not allowed** to take away a copy of the test or the plan or any notes, and you are **not allowed** to bring fresh notes to the practical examination.

6 You will be expected to keep to your plan during practicals.

7 **Cell phones are not allowed in the examination room.**

One of these questions will be chosen at random

- 1** Your school will be holding a concert and you have been asked to help in preparing refreshments.
 - (a)** Prepare, cook and serve one sweet and two savoury snacks using pastry.
 - (b)** Make a refreshing drink.
 - (c)** Launder a kitchen apron and your school shirt.
 - (d)** Clean your school shoes.
 - (e)** Clean a trophy to be given as a prize.
- 2** You are going to present some skills to your friends for the Home Economics club.
 - (a)** Prepare, cook and serve a two-course meal.
 - (b)** Clean a dining table.
 - (c)** Launder a woollen cardigan.
 - (d)** Design and make an invitation card.
 - (e)** Make a bouquet.
- 3** You are celebrating World Tourism Day.
 - (a)** Show your skill by preparing, cooking and serving **three** dishes using local foods. Include a traditional drink.
 - (b)** Clean a pounding mortar and pestle.
 - (c)** Launder your uniform.
 - (d)** Make a necklace using beads.
 - (e)** Make a dry floral arrangement.
- 4** Your uncle who is vegetarian is coming to spend a weekend at your place.
 - (a)** Prepare a main dish with suitable accompaniments.
 - (b)** Make a refreshing drink.
 - (c)** Launder a pair of bed sheets to use.
 - (d)** Clean the bedroom and make the bed for him.
 - (e)** Clean a dressing table.
- 5** You are assisting in the preparation of a birthday party for your neighbour.
 - (a)** Launder the attire you will wear.
 - (b)** Prepare, cook and serve a buffet.
 - (c)** Clean and decorate the room to be used.
 - (d)** Wrap a gift for your neighbour.
 - (e)** Make and decorate a cake.

- 6** The Home Economics Department has been invited to participate at the 2017 District Agricultural and Commercial Show.
- (a) Bake a selection of sweet and savoury items for sale. Include a refreshing drink.
 - (b) Launder a table cloth.
 - (c) Make price tags.
 - (d) Clean a basket.
 - (e) Make a poster.
- 7** Your elder sister has left you in charge of her four year old daughter.
- (a) Prepare, cook and serve a balanced meal for the child and yourself.
 - (b) Launder the child's dress.
 - (c) Make a drink.
 - (d) Make a simple toy for the child.
 - (e) Wash and style her hair.
- 8** Your grandmother is just recovering from an illness.
- (a) Launder and disinfect her pillowcase and bath towel.
 - (b) Prepare, cook and serve a suitable mid-day meal for the two of you.
 - (c) Make a nourishing drink for her. Serve on a tray.
 - (d) Thoroughly clean her bedroom and make her bed.
 - (e) Make a fresh floral arrangement.



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Question 1. Test 1: school concert refreshments -- pastry snacks, a drink, laundry, shoes, a trophy.

(a) One sweet and two savoury pastry snacks

Answer: Sweet: JAM TARTS (shortcrust pastry cases filled with jam, baked). Savoury: 1. SAUSAGE ROLLS (sausage meat in puff/shortcrust pastry, baked). 2. SAMOSAS (a spiced mince/vegetable filling in a thin pastry, folded into triangles and fried).

(b) A refreshing drink

Answer: A jug of chilled FRUIT SQUASH, mixed and served cold for the concert guests.

(c) Launder a kitchen apron and school shirt

Answer: Wash both in warm water with a suitable detergent (removing any food/ink stains first by soaking or spot-treatment), rinse thoroughly, dry, and iron the shirt with attention to the collar and cuffs; iron or simply smooth-dry the apron.

(d) Clean school shoes

Answer: Remove dust with a brush, apply polish suited to the shoe colour, buff to a shine with a soft cloth, and check laces are clean and tied neatly.

(e) Clean a trophy

Answer: Wipe the trophy with a soft, dry cloth first to remove dust; for a metal trophy, use a suitable metal polish applied sparingly, buff to a shine, and wipe away any residue, taking care around engraved lettering.

Question 2. Test 2: Home Economics club skills demo -- two-course meal, dining table, laundering a woollen cardigan, invitation card, bouquet.

(a) Two-course meal

Answer: Course 1: a savoury main dish, e.g. GRILLED CHICKEN with rice and a vegetable. Course 2: a dessert, e.g. FRUIT SALAD or a light sponge pudding.

(b) Clean a dining table

Answer: Clear the table, wipe with a damp cloth and a suitable cleaner to remove marks/grease, dry, and polish a wooden table if appropriate.

(c) Launder a woollen cardigan

Answer: HAND-WASH GENTLY in lukewarm water with a mild wool-safe detergent (wool felts/shrinks in hot water or with harsh agitation); squeeze (do not wring) to remove water; lay flat on a towel, reshaping to its original size, and dry away from direct heat/sun.

(d) Design and make an invitation card

Answer: Fold a card, design an attractive front (a Home Economics/cookery motif), and write the event details (date, time, venue) clearly inside.

(e) Make a bouquet

Answer: Select fresh flowers of varied colour/height, arrange them attractively in the hand with a central focal bloom, secure the stems with string or ribbon, trim the stem ends evenly, and wrap the base in decorative paper if desired.

Question 3. Test 3: World Tourism Day -- three local-food dishes and a traditional drink, cleaning a mortar and pestle, laundry, a beaded necklace, a dry floral arrangement.

(a) Three dishes using local foods, plus a traditional drink

Answer: 1. NSHIMA. 2. VILLAGE CHICKEN IN GROUNDNUT SAUCE. 3. PUMPKIN LEAVES (CHIBWABWA) RELISH -- served together, plus MUNKOYO as the traditional drink, showcasing Zambian cuisine for the occasion.

(b) Clean a pounding mortar and pestle

Answer: Empty out any residue, scrub the mortar and pestle with water and a stiff brush (avoiding soap on unsealed wood, which can be absorbed), rinse, and dry thoroughly in the open air/sun before storing.

(c) Launder your uniform

Answer: Wash according to the fabric (usually a cotton-blend school uniform: warm wash with detergent), rinse, dry, and iron crisply, paying attention to the collar, pleats and creases.

(d) Make a necklace using beads

Answer: Select beads of a pleasing colour combination, thread them onto a string/thread in a chosen pattern (e.g. symmetrical or alternating colours), and finish by tying a secure knot or fitting a clasp.

(e) Make a dry floral arrangement

Answer: Use dried flowers/grasses (or fresh flowers air-dried beforehand), arrange them in a vase or container with varying heights and a focal point, securing them with dry floral foam or sand if needed for stability.

Question 4. Test 4: vegetarian uncle visiting -- main dish with accompaniments, a drink, laundering bed sheets, bedroom/bed, a dressing table.

(a) Vegetarian main dish with accompaniments

Answer: A VEGETABLE AND BEAN CURRY (no meat) served with rice and a side salad -- balanced and suitable for a vegetarian guest.

(b) A refreshing drink

Answer: Fresh fruit juice or a chilled squash, served to welcome him.

(c) Launder a pair of bed sheets

Answer: Wash the sheets in a hot wash suitable for cotton with a good detergent (bed linen benefits from a hotter wash for hygiene), rinse thoroughly, dry (preferably line-dried), and iron flat for a smooth, comfortable bed.

(d) Clean the bedroom and make the bed

Answer: Dust surfaces, sweep/vacuum the floor, tidy the room; make the bed neatly with the freshly laundered sheets, tucked in tidily, with pillows plumped and arranged.

(e) Clean a dressing table

Answer: Remove items from the surface, dust and wipe with a damp cloth (polish if wood), clean the mirror with a glass cleaner, and replace items neatly.

Question 5. Test 5: neighbour's birthday party -- laundering your attire, a buffet, decorating the room, wrapping a gift, a decorated cake.

(a) Launder the attire you will wear

Answer: Wash the outfit according to its fabric care label, rinse thoroughly, dry appropriately, and iron carefully so it is smart and crease-free for the party.

(b) Prepare, cook and serve a buffet

Answer: A spread suitable for guests to help themselves: e.g. sausage rolls, a rice salad, fried chicken pieces, a green salad and a dessert such as small cakes -- arranged attractively on platters for buffet-style serving.

(c) Clean and decorate the room to be used

Answer: Clean the room thoroughly (dust, sweep/mop, tidy furniture), then decorate with balloons, streamers and a birthday banner to create a festive atmosphere.

(d) Wrap a gift

Answer: Wrap the gift neatly in coloured wrapping paper, folding corners crisply and securing with tape, finished with a ribbon or bow and a small gift tag.

(e) Make and decorate a cake

Answer: Bake a creaming-method sponge cake, cool completely, then decorate with icing (butter icing or fondant), piped borders, and a birthday message or festive decoration.

Question 6. Test 6: District Agricultural and Commercial Show -- baked items for sale plus a drink, tablecloth, price tags, a basket, a poster.

(a) Sweet and savoury items for sale, plus a refreshing drink

Answer: Sweet: SMALL CAKES/BUNS. Savoury: SAUSAGE ROLLS. Drink: a jug of chilled FRUIT SQUASH sold by the cup -- a varied selection to appeal to show visitors.

(b) Launder a table cloth

Answer: Wash the cloth suited to its fabric, rinse, dry, and iron smooth for a neat, presentable display table at the show.

(c) Make price tags

Answer: Cut small cards, write a clear price on each (covering ingredient cost plus a small margin), and attach them neatly to or beside each item for sale.

(d) Clean a basket

Answer: Dust off loose dirt, wipe with a slightly damp cloth (avoiding soaking woven material), and dry thoroughly in the open air before using it for display.

(e) Make a poster

Answer: Design a poster advertising the Home Economics Department's stand, with a bold heading, an eye-catching illustration (e.g. of the food items), and key details (what's on sale, where) clearly displayed.

Question 7. Test 7: minding a 4-year-old niece -- a balanced meal, laundering her dress, a drink, a simple toy, hair care.

(a) Balanced meal for the child and yourself

Answer: A CHILD-FRIENDLY BALANCED MEAL: e.g. rice, a mild chicken stew and a well-cooked vegetable, giving carbohydrate, protein and vitamins in soft, easy-to-eat pieces suitable for a 4-year-old, served in equal balanced portions for both of you.

(b) Launder the child's dress

Answer: Wash gently with a mild detergent suitable for children's clothing, rinse thoroughly to remove all soap, dry, and iron carefully if needed.

(c) Make a drink

Answer: A child-friendly drink such as diluted fresh fruit juice or a milk-based drink, not too strong or sugary.

(d) Make a simple toy

Answer: A simple, safe home-made toy, e.g. a RAG DOLL from scrap fabric, or a rattle made from a small sealed container filled with dried beans/beads (ensuring it is safely sealed so nothing can be swallowed).

(e) Wash and style her hair

Answer: Wash the child's hair gently with a mild, tear-free shampoo, rinse thoroughly, towel-dry gently, and style simply and neatly (e.g. combed and plaited or tied) suitable for a young child.

Question 8. Test 8: grandmother recovering from illness -- launder/disinfect pillowcase and towel, a suitable midday meal, a nourishing drink on a tray, cleaning her bedroom/bed, fresh flowers.

(a) Launder and disinfect her pillowcase and bath towel

Answer: Wash both in hot water with detergent AND a suitable disinfectant/antiseptic laundry additive, given her recent illness, to ensure they are thoroughly hygienic; rinse well, dry fully, and iron the pillowcase if a crisp finish is wanted.

(b) Suitable mid-day meal for the two of you

Answer: A LIGHT, NOURISHING, EASILY DIGESTED MEAL such as steamed fish with mashed potato and a soft-cooked vegetable, gentle on a recovering appetite yet nutritious.

(c) Nourishing drink, served on a tray

Answer: A warm, milky drink (e.g. Milo) or a fresh fruit juice, presented on a small tray with a clean cloth, cup and saucer, for a caring, restful presentation.

(d) Thoroughly clean her bedroom and make her bed

Answer: Dust and tidy the room, sweep/vacuum, air the room if possible; make the bed with clean, freshly laundered/pressed linen, arranged neatly and comfortably for a recovering person.

(e) Fresh floral arrangement

Answer: A small, cheerful arrangement of fresh flowers in a vase, placed where she can see them, to brighten her room while she recovers.

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