

G12 ECZ HOME MGMT P2 2016 GCE PLAN GUIDES

Grade 12 ECZ Home Management Paper 2 (6075/2), 2016 GCE -- Practical Test

A worked plan/method for each of the 8 tests -- cookery, cleaning, laundry and craft

EXAMINATIONS COUNCIL OF ZAMBIA

Examination for General Certificate of Education Ordinary Level

Home Management 6075/2

Paper 2 Practical Test

Thursday

28 JULY 2016

Planning Session 1 hour 30 minutes

Practical Test 2 hours 30 minutes

Instructions to candidates:

Planning Session: 1 hour 30 minutes

- 1 There are **eight** test questions in this paper. One of the tests will be allocated to you.
- 2 Write your Examination number and number of the test on your Plan and List. Then proceed in the following order:
 - (i) Using the carbonized sheets, write your choice of work.
 - (ii) Make a detailed plan of work. (Do not copy the test question.)
 - (iii) Make a list of the ingredients, equipment and materials you will require to carry out the work set, and write it on the separate carbonized sheet. You will be expected to use local cleaning agents if they are satisfactory.
- 3 Recipe books may be used during the planning session only.
- 4 Give the Plan and List with this question paper to the Supervisor after the Planning Session.
- 5 You are not allowed to take away a copy of the test or the plan or any notes, and you are not allowed to bring fresh notes to the practical examination.
- 6 You will be expected to keep to your plan during practicals.
- 7 **Cell phones are not allowed in the examination room.**

Practical Session: 2 hours 30 minutes

One of the following tests will be allocated to each candidate.

- 1** It is your mother's birthday.
 - (a)** Prepare four dishes including a birthday cake for her.
 - (b)** Launder a dress for her to wear for the occasion.
 - (c)** Make a birthday card for her.
 - (d)** Clean a cooker.
- 2** You are opening up a house again after a one month holiday.
 - (a)** Give a thorough cleaning to the cupboard or drawers where the household cloths and linen have been stored.
 - (b)** Clean the kitchen sink.
 - (c)** Improvise a temporally storage for meat, milk and fruits until the normal food store is available.
 - (d)** Prepare a simple midday meal for yourself and a toddler on a brazier.
 - (e)** Launder **two** tea towels.
- 3** You are going with your family on a day's visit out of town.
 - (a)** Wash all the plates, cups, cutlery and trays you have used for breakfast in the order of washing up. Leave the sink and cooker clean.
 - (b)** Wash and iron your dress. Sponge and press your mother's skirt and clean your father's leather shoes.
 - (c)** Prepare and cook a meal that you could leave in the refrigerator or food safe ready to be served quickly on your return.
 - (d)** Clean the kitchen table.
- 4** Your local village is organising a craft and cookery competition. Prepare the following items for display:
 - (a)** A floral arrangement (dry or fresh);
 - (b)** Scones prepared by rubbing-in method;
 - (c)** Biscuits prepared by creaming method;
 - (d)** A ginger loaf prepared by melting method.
 - (e)** Launder the table cloth for the exhibition table. Label and price the items to be displayed.

- 5** Your parents are celebrating their 50th Wedding Anniversary.
- (a)** Prepare and cook a special meal for your parents to celebrate the occasion, include a vegetable salad.
 - (b)** Clean the dining room to be used for serving the meal.
 - (c)** Make a special and memorable card for your parents.
 - (d)** Launder a dress for your mother, a shirt and a tie for your father.
- 6** You are looking after the house whilst your mother is away.
- (a)** Thoroughly clean the bathroom and toilet.
 - (b)** Wash and finish two tea towels and one bath towel.
 - (c)** Prepare, cook and serve a nourishing mid-day meal for three people without meat.
 - (d)** Clean a chair (cane or painted wood).
- 7** Your sister and a six months old baby are coming to visit.
- (a)** Clean her bedroom and make the bed and baby cot.
 - (b)** Launder a selection of baby clothes.
 - (c)** From one basic mixture, make two different kinds of cakes for her to be taken with a hot beverage.
 - (d)** Sterilize a feeding bottle and make a feed for the baby.
- 8** You are moving into a new house.
- (a)** Launder a cotton table cloth.
 - (b)** Prepare a snack using left over mince meat or chicken.
 - (c)** Prepare a refreshing beverage.
 - (d)** Clean a kitchen bin.
 - (e)** Arrange fresh flowers for the table, make and display a welcome card.



**DOWNLOAD ECZ
PAST PAPERS
FROM YOUR
PHONE OR PC**

www.zedpastpapers.com

Question 1. Test 1: mother's birthday -- four dishes incl. a cake; launder a dress; birthday card; clean a cooker.

(a) Four dishes including a birthday cake

Answer: 1. A savoury main dish, e.g. CHICKEN STEW. 2. RICE. 3. A VEGETABLE SALAD. 4. A BIRTHDAY CAKE -- creaming method (margarine, sugar, eggs, self-raising flour creamed and baked), decorated with icing, 'Happy Birthday' piping and candles.

(b) Launder a dress for the occasion

Answer: Check the fabric care label; SORT and pre-treat any stains; HAND-WASH OR MACHINE-WASH on a suitable setting for the fabric with a mild detergent; RINSE thoroughly; remove excess water gently (do not wring delicate fabric); DRY on a hanger away from direct sun if colourfast is uncertain; IRON at the correct temperature for the fabric while slightly damp, and hang ready to wear.

(c) Birthday card

Answer: Fold a piece of card in half, decorate the front with a hand-drawn or cut-out design (flowers, a cake motif) and colour, and write a personal birthday message inside.

(d) Clean a cooker

Answer: Remove and wash the pot stands/grids in hot soapy water; wipe down the hob, knobs and splashback with a damp cloth and a suitable cleaning agent, removing grease and food splashes; clean the oven interior with an oven cleaner or a soda/vinegar paste, wipe out crumbs and residue; dry and polish all surfaces; replace the grids.

Question 2. Test 2: opening the house after a month's holiday -- linen cupboard, sink, temporary food storage, midday meal on a brazier, tea towels.

(a) Thorough cleaning of the linen/cloth cupboard

Answer: Remove all items; dust and wipe out the shelves/drawers with a damp cloth (and a mild disinfectant if needed for a musty smell); air the cupboard; check linen for damp/mildew before refolding neatly and replacing.

(b) Clean the kitchen sink

Answer: Rinse the sink; scrub with a cream cleaner or a bicarbonate-of-soda paste to remove stains and limescale; pay attention to the plughole and taps; rinse and dry, and polish the taps for shine.

(c) Temporary storage for meat, milk and fruit

Answer: With no working food store yet available, IMPROVISE using a cool box with ice, or store perishables in the coolest, most ventilated part of the house wrapped/covered, and use them quickly; keep meat and milk separately covered to avoid cross-contamination, and keep fruit in a well-ventilated basket.

(d) Simple midday meal for self and a toddler, using a brazier

Answer: A simple, soft, easy dish: NSHIMA with a mild vegetable relish, or rice with a soft-cooked egg, cooked over the brazier -- easy for a toddler to eat and quick to prepare with limited equipment just after returning.

(e) Launder two tea towels

Answer: Wash the tea towels in hot soapy water (they need thorough hygiene since they touch dishes), rinse well, wring, and dry/iron flat before folding for storage.

Question 3. Test 3: family day out -- washing up, laundry/pressing, a meal to leave chilled, cleaning the kitchen table.

(a) Washing up breakfast items, correct order

Answer: Wash in this order: GLASSES/CUPS first (least greasy), then CUTLERY, then PLATES, then TRAYS/greasier items last -- always in hot soapy water, rinsed, and left to drain/dry. Finish by wiping down and leaving the sink and cooker clean.

(b) Wash/iron your dress; sponge and press mother's skirt; clean father's leather shoes

Answer: Wash and iron your own dress as in Test 1(b). SPONGE the skirt with a damp cloth to remove surface dust/marks (a delicate item not needing a full wash), then press with a warm iron over a cloth. CLEAN THE LEATHER SHOES by wiping off dust, applying shoe polish with a cloth, and buffing to a shine.

(c) Meal to leave in the fridge/food safe, ready to serve quickly on return

Answer: Prepare a dish that reheats well, e.g. a CHICKEN AND VEGETABLE STEW, fully cooked, cooled quickly, covered and refrigerated -- ready to be reheated and served with little extra work when the family returns.

(d) Clean the kitchen table

Answer: Clear the table, wipe with a damp cloth and mild detergent to remove crumbs/grease, dry with a clean cloth, leaving it ready for use.

Question 4. Test 4: village craft and cookery competition -- floral display, rubbed-in scones, creamed biscuits, melted ginger loaf.

(a) Floral arrangement (dry or fresh)

Answer: Arrange fresh (or dried) flowers of varying heights in a vase with a focal flower, supporting greenery, and a balanced, symmetrical or asymmetrical shape suitable for display.

(b) Scones, rubbing-in method

Answer: Rub margarine into self-raising flour until it resembles breadcrumbs, add a little sugar and milk to form a soft dough, roll out gently, cut into rounds, and bake in a hot oven until well risen and golden.

(c) Biscuits, creaming method

Answer: Cream margarine and sugar together until light, beat in a little egg, fold in flour, roll/shape into biscuits, and bake until golden and crisp at the edges.

(d) Ginger loaf, melting method

Answer: Melt margarine, sugar and golden syrup together gently in a pan; cool slightly; stir into flour, ground ginger and bicarbonate of soda with a beaten egg and milk; pour into a lined loaf tin and bake slowly until well risen and firm.

(e) Launder the exhibition table cloth; label and price the display items

Answer: Wash the tablecloth (checking fabric label), rinse, dry and iron it smooth and crease-free for the display table. Write clear LABELS naming each item and a fair PRICE for

each, based on ingredient cost plus a small margin.

Question 5. Test 5: parents' 50th wedding anniversary -- special meal with salad; clean the dining room; a memorable card; launder a dress, shirt and tie.

(a) Special meal with a vegetable salad

Answer: A celebratory main course, e.g. ROAST CHICKEN with rice/roast potatoes, served with an attractively arranged MIXED VEGETABLE SALAD, plus a special dessert such as a decorated sponge or trifle to mark the golden anniversary.

(b) Clean the dining room

Answer: Dust all surfaces and furniture, sweep/mop or vacuum the floor, wipe down the dining table and chairs, arrange the table setting neatly, and ensure the room is tidy and welcoming before serving the meal.

(c) Special, memorable card

Answer: Design a card marking '50 Years', decorated with a gold theme (gold pen/paper, hearts or a wedding motif) and a heartfelt, personal written message inside for the parents.

(d) Launder a dress, a shirt and a tie

Answer: Wash each item according to its fabric care label (the tie may need gentle hand-washing or spot-cleaning only, being often delicate); rinse, dry appropriately and iron each carefully -- the shirt with attention to collar and cuffs, the dress smoothed on a hanger, the tie pressed flat with a cloth to protect it.

Question 6. Test 6: looking after the house while mother is away -- bathroom/toilet, linen laundering, meatless midday meal, cleaning a chair.

(a) Thoroughly clean the bathroom and toilet

Answer: Clean the toilet bowl with a toilet cleaner/brush, wipe the seat and outer surfaces with disinfectant; scrub the bath/basin with a suitable cleaner, rinse; wipe mirrors and tiles; mop the floor; empty the bin -- leaving the room hygienic and fresh.

(b) Wash and finish two tea towels and one bath towel

Answer: Wash all three in hot soapy water (towels can withstand a hotter wash for hygiene), rinse thoroughly, wring/spin, and dry fully (line-dry if possible) before folding neatly for storage; iron the tea towels if a crisp finish is wanted.

(c) Nourishing meatless midday meal for three

Answer: A BEAN AND VEGETABLE STEW served with nshima or rice -- meatless but nourishing, since beans supply protein alongside the vegetables' vitamins and the starch's energy.

(d) Clean a chair (cane or painted wood)

Answer: For a CANE chair: wipe with a damp cloth (not soaking, to avoid warping the cane), working into the weave, then dry thoroughly. For a PAINTED WOOD chair: wipe with a mild detergent solution, avoiding excess water, then dry and polish if appropriate.

Question 7. Test 7: sister and a six-month-old baby visiting -- bedroom/cot, baby laundry, two cakes from one mixture, sterilising a feeding bottle.

(a) Clean the bedroom and make the bed and baby cot

Answer: Dust and tidy the room, sweep/vacuum the floor; make the bed with clean, neatly tucked linen; prepare the baby cot with a clean, firm mattress sheet and light bedding suitable and safe for a six-month-old.

(b) Launder a selection of baby clothes

Answer: Wash baby clothes SEPARATELY using a MILD, FRAGRANCE-FREE DETERGENT suitable for sensitive skin, at an appropriate temperature; rinse extra thoroughly to remove all detergent residue; dry fully (preferably in fresh air/sun) and iron if needed before storing/using.

(c) Two different cakes from one basic mixture

Answer: Make one basic creamed sponge mixture, then DIVIDE IT IN TWO: bake half plain as small BUNS/CUPCAKES, and to the other half add a variation (e.g. cocoa powder for CHOCOLATE CAKES, or mixed dried fruit for FRUIT CAKES) before baking -- two different results from one base mixture, to serve with a hot beverage.

(d) Sterilise a feeding bottle and make a feed

Answer: Wash the bottle, teat and cap in hot soapy water and rinse well; STERILISE by boiling in water for the recommended time (or using a sterilising solution/steam steriliser) and allow to cool; prepare the feed following the correct formula-to-water ratio, at body temperature, testing it on the wrist before use.

Question 8. Test 8: moving into a new house -- tablecloth, leftover-meat/chicken snack, a beverage, kitchen bin, flowers and a welcome card.

(a) Launder a cotton tablecloth

Answer: Shake off crumbs, soak if stained, wash in hot water suitable for cotton with a good detergent, rinse thoroughly, wring or spin, and iron while slightly damp for a smooth, crisp finish.

(b) Snack using left-over mince meat or chicken

Answer: A quick, tasty snack: MINCE/CHICKEN SAMOSAS or a simple SAVOURY PIE using the left-over meat mixed with onion and seasoning, wrapped in pastry and fried or baked -- an economical way to use up leftovers.

(c) A refreshing beverage

Answer: A chilled FRUIT SQUASH or fresh juice, prepared and served cold.

(d) Clean a kitchen bin

Answer: Empty the bin, rinse it out with water and a disinfectant/detergent to remove residue and odour, scrub if needed, rinse again, dry, and fit a fresh liner if used.

(e) Arrange fresh flowers for the table; make and display a welcome card

Answer: Arrange a simple, cheerful bunch of fresh flowers in a vase for the table. Make a WELCOME card (folded card, decorated front, a warm 'Welcome to our new home' message inside) and display it prominently, e.g. propped on the table or hallway shelf.

Disclaimer

Created by eskulu Past Papers Tutor

These solutions were created using artificial intelligence and checked against ECZ marking guidelines. If you find an error, report it at eskulu.com/feedback.

eskulu.com | zedpastpapers.com