

HAQUE & SONS LTD.

Tel: +880 31 716214-6, Fex: +880 31 710530



Accredited By BMDC

Accreditation No. A 55144

MEDICAL EXAMINATION CERTIFICATE

PATIENT	CONTROL	NUMBER
	201687	

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In Accordance with Medical Examination (SdaMine) PGM (Sda

MEDICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MARSHALL ISLANDS

SURNAME			GIVEN NAME(S)		
UDDIN			MOHAMMAD NE	ZAM	
DATE OF BIRTH			PLACE OF BIRTH		
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IF YES, PLEASE ENTER I	EXPLANATION IN	THE SECTION AT THE	BOTTOM OF ON PAGE 2	1	
IS APPLICANT TAKING	ANY NON-PRESCR	IPTION OR PRESCRIPT	TON MEDICATIONS? YES	□ NO □	
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	SIGNATURE OF		DATE	OF EXAMINATION	EXPIRY DATE
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RADIO OFFICE	R / RATING /	□ CHIEF COOK /	TOOK WITHOUT AN	NY RESTRICTIONS / WITH	THE FOLLOWING
RESTRICTIONS:					
NAME AND DEGREE	OF PHYSICIAN	DR, MIR ME	D. RAIHAN; M.B.B,S(D,t	l.), REG. NO. A-55144	
ADDRESS RADICA	L HOSPITALS I	IMITED 35, SHAH 8	MAKHDUM AVENUE ,SEC	TOR-12 UTTARA, DHAKA-I	230. BANGLADESH
NAME OF PHYSICIAN	VS CERTIFICATI	NG	DG SHIPPING BANGI	ADESH	
DATE OF ISSUE OF PI	HYSICIAN'S CER	MEICATE 6-Ma	y-2014	10/2/2011	
SIGNATURE OF PHYS	SICIAN #	TINE .			08 FEB 2024
	1			-	DATE
This certificate is issue	d by authority of the	Maritime Administrato	r and in compliance with the n	equirements of the International Co	onvention on Standards of Training

Certification and Watchkeeping for Scafarers 1978, as amended, and the Maritime Labour as amended.

Rev. Mar/2022

DR. MIR. MD. RAIHAN

MBS (DU) DPM: CCD (Birden), PGT (QUITE)

BMDC A-55144, MMC-BGD-016

BMDC A-55144, MMC-BGD-016

General Physician

General Physician Radical Hospitals Limited

MI-105M

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a medical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This medical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better car at 15 feet (4.57 m) and in poorer car at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in
 the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color
 perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E.
 Standards 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
 - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (c) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able scafarer, bosun, GP-1, ordinary seafarer and junior ordinary seafarer must meet the physical requirements for a deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

To be completed by examining physician; alternatively, the examining physician may attach an equivalent form, (See RMI MG 7-47-1, §3.3).

- 1. COMPLETE PHYSICAL EXAMINATION, INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)
 - D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G) Alcohol Test
- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

Se POME 2008

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved 05M
General Physician

Radical Hospitals Limited.

08 FEB 2024



HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	MOHAMMAD NIZAM UDDIN	Date	7-Feb-2024
Age	45	Sex	MALE
Passport No	A06646933	CDC No	CO3940
Sample	BLOOD	Rank	CHIEF ENGINEER

BIOCHEMISTRY REPORT COMPARE

Vessel Name:	RHAPSODY	ZAO GALAXY	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	21-08-2023	07.02.2029	*
Serum Bilirubin	0.9	0.53	0.2 - 1.1 mg/dl
Serum S.G.O.T/A.S.T	29	19	Up to 37 U/L
Serum S.G.P.T.	27	25	Up to 42 U/L

DOCTOR'S REMARKS:

No Restrictions



Doctor Seal & Signature
DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Bospitals blander 4th July 2022



Id No : 0183

Date: 07-Feb-2024

D.Date: 07-Feb-2024

Patient's Name: MOHAMMAD NIZAM UDDIN

Gender: Male Age: 45Y 1M 6D

Specimen

: Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM-C/O/ 3940

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range
Hemoglobin (Hb) ESR(Westergreen)	14.9 gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.
Total WBC Count(TC)	07 mm/1st hr	Male:0-10, F:0-20 mm/1st hr.
CHILD TO	8,700 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm
Differential WBC Count (DC)		201 222 Cales of Security
Neutrophils	67 %	Child: 25-66 %, Adult: 40-75 %
Lymphocytes	28 %	Child: 52-62 %, Adult: 20-50 %
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %
Basophils	00 %	Adult: 00-01 %
Total Cir. Eosinophils	174 /cumm	50-450/cumm
Total RBC Count	5.0 m/ul	M: 4.5-6.5, F:3.8-5,8 m/ul
HCT/PCV	42 %	M: 40-54%, F:37-47%
MCV-	78 fL	76 - 94 fL
MCH	29 pg	27 - 32 pg
MCHC	31 g/dL	29 - 34 g/dL
RDW	12 %	11 - 16 %
PDW	36 fL	35 - 56 fl
Total Platelete Count (PC)	2,80,000 /cumm	150,000-450,000/cumm
MPV	9.0 fL	7.0 - 11.0 fL
PCT	0.10 %	0.1 - 0.%
Bledding Time(BT)	%	10 - 18 %
Cloting Time(CT)	%	0.1- 0.2 %
		1000 March 1900 1900 1900 1900 1900 1900 1900 190

Medical Technologist

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology

East West Medical College & Hospital.



Bill No	DIA24020183	Received Da		ate 07/02/2024	
Patient's Name	MOHAMMAD NIZAM UDDIN		Julio	0110212	-024
Patient's Age	45Y 1M 6D	Patie		Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),F	PGT(Eye),DFM	CI	DC NO	C/O/ 3940
Sample	BLOOD			30110	C/O/ 3740

BIOCHEMISTRY REPORT

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REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICAL.

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24020183	Received I		07/02/2	2024
Patient's Name	MOHAMMAD NIZAM UDDIN				
Patient's Age	45Y 1M 6D Pat		Patient's Sex Ma		Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD	(BIRDEM),PGT(Eye),DFM	С	DC NO	C/O/ 3940
Sample	BLOOD				0.0.0010

SEROLOGICAL REPORT

Test Name	Result
HBsAg (Method : (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative
VDRL	Non-reactive
BLOOD GROUPING RESULT	
ABO Blood Group	"B" (+ve)
Rh (D)Factor	Positive

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Bill No	DIA24020183 Receive		Date	07/02/2	2024
Patient's Name	MOHAMMAD NIZAM UDDIN				
Patient's Age	45Y 1M 6D		Patient's Sex Ma		Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD	D(BIRDEM),PGT(Eye),DFM	С	DC NO	C/O/ 3940
Sample	URINE				The second secon

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF		
Color	Straw	RBC	Nil	
Appearance	Clear	Pus Cells	0-2/HPF	
Sediment	Nil	Epithelial	1-3/HPF	

CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil	Epithelial	Nil
Ex.Phosphate	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.



Test Name

DIA24020183 Received Date			07/02/2	2024
MOHAMMAD NIZAM UDDIN				
45Y 1M 6D Patien			s Sex	Male
Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM				C/O/ 3940
URINE				
	MOHAMMAD NIZAM UDDIN 45Y 1M 6D Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),	MOHAMMAD NIZAM UDDIN 45Y 1M 6D Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM	MOHAMMAD NIZAM UDDIN 45Y 1M 6D Patient's Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM C	MOHAMMAD NIZAM UDDIN 45Y 1M 6D Patient's Sex Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Result

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.







DEPARTMENT OF RADIODIAGNOSIS AND IMAGING

Patient Name

: Mr. MOHAMMAD NIZAM UDDIN

Order Date

: 23/01/2024 15:06

Age/Sex UHID

: 45 Year(s)/Male

Report Date

: 24/01/2024 16:07

: AIGG 20712479

Bill No.

: AGOCS240072194

Ref. Doctor

: Dr. RUPA BANERJEE

Facility

: AIG Hospitals, Gachibowli

USG ABDOMEN

LIVER: Measures 12.9 cm, normal in size and shows normal echotexture with smooth contour. No focal lesions. Intrahepatic biliary and vascular radicles are normal.

PORTAL VEIN: Normal at porta.

CBD: Normal.

GALLBLADDER: Well distended. No evidence of calculus / wall thickening. SPLEEN: Measures 8.0 cm, normal in size and normal echopattern.

PANCREAS: Visualized portion of pancreas appears normal in size and echotexture. No ductal dilatation. No calcifications / calculi, No peripancreatic fluid collection.

KIDNEYS: Normal in size with smooth contours. Parenchymal echotexture normal. Corticomedullary differentiation well maintained. No hydronephrosis / calculus. Right kidney measures 9.1 cm. Left kidney measures 9.5 cm.

URINARYBLADDER: Well distended. No evidence of wall thickening / calculus. PROSTATE: Normal in size and echotexture, volume 17 cc.

BOWEL: Visualized small and large bowel loops shows no obvious wall thickening to the extent visualized in present scan. However, few bowel loops are obscured by bowel gas shadows. Normal bowel peristalsis noted.

No free fluid in the abdomen.

IMPRESSION:

·No significant sonographic abnormality detected. For clinical correlation,

Dr. HARSHINI REDDY MBBS, MDRD

CONSULTANT RADIOLOGIST RegNo: APMC/FMR/90917

Print Date Time : 24/01/2024 16:07:29

Print By : Dr. Harshini Reddy Mindspace Road, Gachibowli, Hyderabad, Telangana - 500 032 S +91 40 4244 4222 S info@aighospitals.com www.aighospitals.com



REF: MT. ZAO GALAXY

DATE: 07/02/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: MOHAMMAD NIZAM UDDIN RANK: CH.ENG CDC NO: C/O/3940

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

AIDED

COLOUR VISION:

NORMAL/BLIND

OPINION

LINELT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology) Assistant Registrar (EX)

East west Medical College & Hospital

	Normal ECG	Đ.			
P.QRS/T : 64/29/44 RV5/SV1 : 1.635/0.825 mV	Report Confirmed by:	irmed by:			
avr.	7	}	- W	1	
avt.	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\				
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DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24020183 Receive:07/02/2024 Print: 07/02/2024

Patient's Name : MOHAMMAD NIZAM UDDIN

Age : 45 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

M NIZAM UDDIN 45Y, D460395

Patient Information

08-Feb-24 5:45:07 PM

Bruce

ID: D460395		Second ID:		Admission ID:
Date of Birth: Age: 45 Years Gender: Male	Height: Weight: Race: Asian	Address: Postal Code: Home Tel.:	Country: BD Work Tel.:	City: DHAKA State: Email Address: Mobile Tel.:
Angina: None Prior CABG: No Diabetic: No Family History: No	History of MI: No Prior Cath: No Smoking: No	Indications — IHD Screening		Medications ————————————————————————————————————
Referring Physician: RAD	ICAL HOSPITAL LTD	Location:		Procedure Type: TMT
Fechnician:	Target HR: 175 bpm	Reasons for end: Ta	rget heart rate obtained. Fatigue	
Diagnosis ———————————————————————————————————	ANCE TEST		- Notes	
o significant of depression	emodynamic responses to exerc was seen during exercise or re ECG evidence of provocable my	Seemen and d		
				Dr. Signed by: (MACP)



IBN SINA DIAGNOSTIC & IMAGING CENTER

House: 48', Road: 9/A, Dhanmondi, Dhaka-1209, Bangladesh Phone: 48115270-2, 48114040-1, Hotline: 09610010615,10615 e-mail: idic@ibnsinatrust.com/ web: www.ibnsinatrust.com

ISO 9001:2015 Certified





ID. No

D460395

Received date: 8 Feb 2024

Printed date: 8 Feb 2024 05:20PM

Patient Name:

MOHAMMAD NIZAM UDDIN

Age: 45 y(s)

Exam

ECHOCARDIOGRAM

Sex: Male

Ref. By

RADICAL HOSPITAL LTD

Thank you for the courtesy of this kind referral

ECHOCARDIOGRAPHY REPORT

(2-D & M-mode)

MEASUREMENTS

IVST	07	mm	LVIDd	47	mm	EDV		ml	MVA	cm ²
PWT	07	mm	LVIDs	31	mm	ESV		ml	EPSS	mm
RVWT		mm	FS	33	%	EF	61	%	E/A	
RV			LA	26	mm	AO	32	mm	MV ring	mm
RA			PA			ACS	18	mm	AV ring	mm

DESCRIPTION

- LV- Cavity size and wall thickness are within normal limits with good left ventricular function.
- RV- Normal, TAPSE 18 mm.
- RA- Normal.
- PA- Normal.
- IVS- Intact.
- IAS- Intact.
 - · All cardiac valves are normal in appearance and motion.
 - · No pericardial pathology.
 - · No thrombus, vegetation or any other intracardiac mass is seen.
 - No intracardiac shunt detected.
 - Atrioventricular, Ventriculoarterial & great arteries relationship normal.

Opinion: Normal wall motion & chamber dimension.

No valvular abnormality.

Good biventricular systolic function (LVEF -61%, TAPSE - 18 mm).

of

Dr. Sufia Jannat

MBBS, FCPS (Medicine), MD (Cardiology) Advanced training on Echocardiography (JROP institute, Delhi) Consultant Medicine & Cardiology

NICVD, Dhaka.

Printed by: Tania

OB FEB TO	DR. MIR. MD. RAIHAN	9 S. FOR VACC 10
The State of the S	MRBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD 916 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited	Avenue Uttera, Dhaka *
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The Validity of this certificate shall extend for a period of two years beginning six days after the first injection or the vaccine or in event of a revaccination within such period of two years on the date of that revaccination.

The approved stamp mentioned above must be in a form prescribed by the health administration of the territory in which the vaccination is performed.

Any amendment of this certificate, or erasure, or failure to complete any part of it, may render it invalid.

OTHER VACCINATIONS AUTERS VACCINATION

Date	Nature of vaccine	Physician's Signature
	Value of the second	
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1	LICENTES DE	