

HAQUE & SONS LTD.

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Accreditation No. A 55144

MEDICAL EXAMINATION CERTIFICATE

Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattog	gram, Bangladesh.	_
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								A STATE OF THE STA
scribe metr	ictions (e.a. en	ecific position, typ	ne of ship, trade	area).				
				aica).		1334		
tion taken b		niner (e.g., referra	al):	1				illo-14 Tools
Fire	. 0	1 FEB 2024		/1/			31 JAN	2026
Fitness Da	ate:	LULT		Valid	d Until :	- Arm	VIII	2020
			<	TUS	130 - 132 -			
				100	March 16		-	
NAME OF THE PARTY			Name and DR. MIR		uthorized Physic	ian		

MEDICAL EXAMINATION REPORT/CERTIFICATE

MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

REPUBLIC OF THE MARSHALL ISLANDS

	7.5-7.7	AND THE PROPERTY OF THE PARTY O					
SURNAME	ment-		GIVEN NAME(S				
HOSSEN			MD SAZZAD				
DATE OF BIRTH	63807	aprovo	PLACE OF BII			SEX	7.5 7.5
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MONTH	DAY	YEAR	CITY	COUN	20000	MALE	FEMALE
EXAMINATION FO	322	1		DRESS OF APPLICAT		zer	
MASTER DECK OFFIC	EP [1	3.0	ETON,ROMJAN ALI ANIKGANJ SADAR		231	
ENGINEERIN			DASHORA,SI	ANIKGANJ SADAK			
RADIO OFFIC		3	BANGLADES	H.			
RATING		5		N-102			
	EXAMINATION	(SEE REVERSE	SIDE FOR MEDICAL REQ	UIREMENTS) STATE I	DETAILS O	N REVERSE SI	DE
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165m 736	5 100/7	70mg	786min	11bmin		11000	1
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WITH GLASSES)		RT, EAR	DO LE	FT EAR	MA
COLOR TEST T	үре: воок	LANTERN	IS COLOR TEST NO	ORMAL? TYES [] No (IF "N	O" EXPLAIN ON	PAGE 2)
ARE GLASSES OR CO	ONTACT LENSES	NECESSARY	TO MEET THE REQ	UIRED VISION STAN	DARD? Ye		
HEAD AND NECK				HEART (CARDIO	OVASCUL	AR)	/
	NOI	ma		/	VO/	mac	
LUNGS	NO	nnea		SPEECH (DECK/NAVI IS SPEECH UNIMPAIRED)			
EXTREMITIES:							
UPP	ER /V	9/200		LOWER	101	none	
IS APPLICANT VACCIN	NATED IN ACCORD	ANCE WITH W	HO RECOMMENDATI	ONS? Yes No			
IS APPLICANT SUFFERING AT SEA OR LIKELY TO EN	G FROM ANY DISEAS DANGER THE HEAL	SE LIKELY TO BE I'H OF OTHER PEI	AGGRAVATED BY WOR RSONS ON BOARD?	KING ABOARD A VERSEL VES 🔲 NO 🗍	, OR TO REND	ER HIM/HER UNFIT	FOR SERVICE
IF YES, PLEASE ENTER E	XPLANATION IN THE	SECTION AT TH	E BOTTOM OF ON PAGE		E.		
IS APPLICANT TAKING A	NY NON-PRESCRIPTI	ION OR PRESCRIE	PTION MEDICATIONS?	YES NO			
	Sarrowd.			0 1 FEB 2024		31 JAN	2026
	SIGNATURE OF AP	PLICANT		DATE OF EXAMINATION	l.	EXPIRY D	ATE
THIS SIGNATURE SHOP	ULD BE AFFIXED IN T	THE PRESENCE O	F THE EXAMINING PHYS	SICIAN.			
THIS IS TO CERTIFY	THAT A PHYSIC	CAL EXAMINA	ATION WAS GIVEN	ГО: М	D SAZZADI	HOSSEN	
	FI	T FOR DUT	Y ON BOARD SH	IIP ,	NAME OF APPL	JÇANT	78
THIS APPLICANT I	L			/IRUSES FOR COOKS):	146	NO.	
		Č.		TER 🔲 DECK OFFICE			R/
				UT ANY RESTRICTION			
NAME AND DEGREE O	DE PHYSICIAN	DR. MIR N	MD. RAIHAN; M.E	3.B.S(D.U.), REG. N	O. A-55144	1	
ADDRESS REDICA	L HOSPITALS LIN	HTED 35, SHAI	I MAKHDUM AVENU	E ,SECTOR-12 UTTAF	RA, DHAKA-1	1230. BANGLADE	SH
NAME OF PHYSICIAN	markatanan dayas		The second of the second	BANGLADESH			e e
DATE OF ISSUE OF PH	IYSICIAN'S CERTIF	ICATE 6-N	May 2014		11/18-110		
SIGNATURE OF PHYS	ICIAN	<	Tues -			01 FEB	2024
		4				DATE	

This certificate is issued by authority of the Maritime Administrator and in compliance with the requirements of the Maritime Administrator and in compliance with the requirements of the Maritime Administration on Standards of Training, Certification R WMII Print DSe RAI HA Namended, and the Maritime Administrator and in compliance with the requirements of the Maritime Administrator on Standards of Training, Certification R WMII Print DSe RAI HA Namended, and the Maritime Administrator and in compliance with the requirements of the Maritime Administrator on Standards of Training, Certification R WMII Print DSe RAI HA Namended, and the Maritime Administrator and in compliance with the requirements of the Maritime Administrator on Standards of Training, Certification R WMII Print DSe RAI HA Namended, and the Maritime Administrator and in compliance with the requirements of the Maritime Administrator of the Maritime Administr Certification R. W. W. Pepin V. D. Sc. R. A. I. H. A. Namended, and the Maritime MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipping Bangladesh Approved

Geograph Charlest Approved

nadnia misya i milasi

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a medical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This medical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the scafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer car at 5 feet (1.52 m).
- (b) Eyesight
 - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in
 the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color
 perception that complies with C.I.E. Standard 1; those serving on vessels less than 500 gross tons must comply with C.I.E. Standards
 1 or 2.
 - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
 - · Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
 - · An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
 - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
 - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicants for able seafarer, bosun, GP-1, ordinary seafarer and junior ordinary seafarer must meet the physical requirements for a
 deck/navigational officer's certificate.
 - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION

To be completed by examining physician; alternatively, the examining physician may attach an equivalent form. (See RMI MG 7-47-1, §3.3).

- 1. COMPLETE PHYSICAL EXAMINATION, INCLUDING HEARING TEST.
- PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)
 D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G) Application
- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST

01 FEB 2024

5. EYE EXAMINATION FOR V/A & C/V

As Par-Ma C-2005

DR. MTR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016

DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limite MI-105M

Rev. Mar/2022



Medical Exam Form

			IDENTIAL Perio			-	
Nam	e (last,first,middle): HOSSEN M	D SAZ	ZAD				88
Date	of birth (day/month/year): 18/09/	1996	Sex:	n	nale female		
Hom	ne address: 0/5 NUR NIKETON, ROM	IJAN A	LI ROAD, W	VEST	Γ, DASHORA, MANIKGANJ SA	ADAR,	
MAN	NIKGANJ, BANGLADESH						
Pass	port No./Discharge Book No.: A01	10744	1				
Depa	artment (deck/engine/radio/food har	ndling/	other): ENC	INI	E		
Rout	tine and emergency duties (if know	n):					
	e of ship (eg. Bulkcarrier, chemica		as tanker, co	onta	iner, other cargo ships): OIL	СНЕМ!	ICAL
90000000	KER Trade area (e.g., coastal, trop	-					
(Ass	minee's personal declaration istanceshould beoffered bymedic veyou ever had anyof thefollowi	2 10 10 10 10 10 10 10 10 10 10 10 10 10	-				
	Condition	Yes	No		Condition	Yes	No
1.	Eye/vision problem			8.	Sleepingproblems		Z,
2.	High blood pressure		/ 1	9.	Do you smoke?		Z,
3.	Heart/vasculardisease		\mathbb{Z}_{λ}^{2}	20.	Operation/surgery		Z'
4.	Heart surgery		\square 2	21.	Epilepsy/seizures		E,
5.	Varicose veins		Z'_{j} 2	22.	Dizziness/fainting		
6.	Asthma/bronchitis		\mathbb{Z}_{-2}	23.	Loss of consciousness		
7.	Blood disorder		Z 2	24.	Psychiatricproblems		Z
8.	Diabetes			25.	Depression		Z,
9.	Thyroid problem			26.	Attempted suicide		Ø,
10.	Digestivedisorder		\square 2	27.	Loss of memory		d
11.	Kidneyproblem		Z 2	28.	Balanceproblem		
12.	Skin problem		W 2	29.	Severeheadaches	1	
13.	Allergies			30.	Ear/nose/throat problems		Ø
14,	Infectious/contagious diseases		(Y)	31.	Restricted mobility		
15.	Hernia		D. 3	32.	Back problems		
16.	Genital disorders		Z :	33.	Amputation		\(\omega'\)
17.	Pregnancy	\Box	MB :	34.	Fractures/dislocations		D

If anyof theabovequestions wereanswered pleasegive details below.



Rev. 03

Ado	litional questions		
35.	Haveyou ever been signed offas sick or repatriated from a ship?	Yes	No
36.	Haveyou ever been hospitalized?	П	
37.	Haveyou ever been declared unfit forseaduty?		
38.	Has your medical certificate ever been restricted or revoked?		N
39.	Areyou awarethat you have anymedical problems, diseases or illnesses?		
40.	Do you feel healthyand fit to perform theduties of your designated position/occupation?		
41.	Areyou allergic to anymedications?		
Con	FIT FOR DUTY ON BOARD SHIP		
42.	Areyou takinganynon-prescription or prescription medications?		P
Iher	ebycertifythat the personal declaration aboveis a truestatement to thebest of mykr	nowledg	e.
973	natureof examinee:		
Witr	DR. MIR. MD. RAIHA MBBs (DU), DFM, CCD (Birdem), PGT (Opl BMDC A-55144, MMC-BGD-01 DG Shipp.ng Bangladesh Approv	16	
Nan	ne:(Typed or printed) General Physician Radical Hospitals Limited	er)	
insti	ebyauthorizethereleaseofallmypreviousmedicalrecordsfromanyhealthprofessional tutions and public authorities to Dr. PHEME (1 ical examiner).	s,health theappro	ved
Sign	natureof examinee:		
Date	(day/month/year): 01 FEB 2024 DR. MIR. MD. RAIHAN	ı	
Witr	nessed by: (Signature) MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved)	y
Nam	ic:(Typed or printed) General Physician Radical Hospitals Limited.		
Date	& Contact details for previous medical examination (if known):)		



MEDICAL EXAMINATION

63	۰			-4
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		3.5		ı
Property.	•	-	••	

Use of glasses or contact lenses: Yes/No (If yes, specify which type and for what purpose)

			Visual Acu	ity						Visua	al fields
	Unaided			Aide	ed					Normal	Defective
	Right	Left		Righ	nt	Left			Right		
	eye	eye	Binocular	eye		eye	Binocu	lar	eye		
Distant	616	616							Left eye	-	
Near	NS	10									
						28					
Colo	rvision:	□ N	ot tested		Norn	dal	Do	ubtful		Defectiv	/e
Hear	rino										
, ica,	5							S	peech and	d whisper to	est
	Pure ton	e and aud	io metry (thre	eshold	values	in dB)			metres)		
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Right	20	20	2	2				1.		10	11
ear	00	7	2	_				\neg	Right ear	7,	700
Left ear	20					> 1	-		eft ear	19	7
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4.4.1000		No	ormal Abno	rmal					No	rmal Abi	iormal
Heac	i				2000	kin				2	
Sinu	ses, nose, t	hroat			V	aricose	veins		4	Z,	
Mou	th/teeth				V	ascular(inc. peda	l puls	es)		
Ears	(general)			7	Α	bdomen	and visc	era	ړ	\wedge	П
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Eyes	A			=	Α	nus (not	rectal ex	(am.)			H
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Lung	gs and ches	it					ic (full br	rief)	,		Ш
Brea	st examina	tion			P	sychiatri	ic		,		
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CL	. V .		C	No.	\mathcal{I}	ad a / 1		· france	01	FEB 2024	
Ches	st X-ray:	□ Not p	erformed		eriorm	ed on (d	ay/month	/year):/		
R	esults:	20	man	2.			711 T				
	/				-	Tion	18	1	1		



Urinalysis: Glucose: Protein:
Blood Analysis: Hepatitis B Test Perfective, V.D.R.L Manufacture, Immunodeficiency Virus Anti bodies
Other diagnostic test(s) and result(s): Test Result
Medical Examiners comments: FIT FOR DUTY ON BOARD SHIP
Vaccination status recorded: Yes No
Assessment of fitness forserviceat sea
On thebasis of theexaminee's personal declaration, myclinical examination and the diagnostic tes results recorded above. Reclarethe examineemedically:
Fit for lookout duty Not fit for look-out duty
Deck service Engine service Cateringservice Other services Unfit
Without restrictions With restrictions
Visual aid required: Yes o
Describe restrictions (eg. Specific positions, type of ship, trade area)
Action taken bymedical examiner (e.g., referral):
Medical certificate's dateof expiration (day/month/year):/ 31 JAN 2026
Date of examination (day/month/year): 01 FEB 2024
Number of Medical Certificate: Official stamp:
Signature of medical practitioner: DR. MIR. MD. RAIHAN
Name of medical examiner: (Typed or printed) MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician
Address of medical practitioner::
Authorized by: DASMAN BONNAM (competent authority)
Sa rosolo



	SEAFARER'S		EXAMINAT		/CERTIFICATE		
	orityoftheMaritimeAdminis	stratorandince	ompliancewithth	erequirementsofth		Seafarers)Convention1946(
SURNAME HOSSEN			GIVEN NAME MD SAZZAD	(S)			
NATIONALITY BANGLADESHI			ID DOCUMEN C/O/9598				
DATE OF BIRTH 09 MONTH	7. T.	1996 'EAR	PLACE OF BIR	тн	BANGLADESH COUNTRY	SEX FEM	
EXAMINATION FOR MASTER DECK OFFICE ENGINEERING RADIO OFFIC RATING	R G OFFICER	7	0/5 NU DASHO		NT: ROMJAN ALI RO GANJ SADAR, M		
	OVED MEDICAL PRACTION IFICATION DOCUMENTS W		D: VES/NO	I WE			
MEDICA	AL EXAMINATION (SEE	LAST PAGE FO	OR MEDICAL REG	QUIREMENTS) ST	ATE DETAILS ON RE	EVERSE SIDE	
HEIGHT WEIGH	BLOOD PRESSURE	PULSE	aprin	RESPIRATION	GENERAL APPEAR	ANCE OF	
191.45	DLOR VISION TEST:	01 FEB	2024	RT. EAR /		GREEN BLUE	
HEAD AND NECK	NTACT LENSES NECESSA	INT TO WILL	THEREGOR	Harris and the second	DIOVASCULAR)		
	Norm	an	Normal				
LUNGS	NORKI	m			(/NAVIGATIONAL OFFIC IRED FOR NORMAL VOICE CO	ER AND RADIO OFFICER)	
EXTREMITIES: UP	PER NOT	m	el	LOWER	Nem	mel	
IS APPLICANT VACCI	NATED IN ACCORDANCE	WITH WH	O RECOMME	NDATIONS?	YES	No 🗌	
	RING FROM ANY DISEAS SERVICE AT SEA OR LIK						
IS APPLICANT TAKIN	G ANY NON-PRESCRIPT	ION OR PRE	SCRIPTION ME	DICATIONS?	YES 🗌	Ne	
	Suzzad.			Hospital	01 FEB	2024	
THIS SIGNATURE SHOU	SIGNATURE OF APP		MINING P	PMC-200	DA	TE	



THIS IS TO CERTIFY THAT A PHYSICAL EXAMINATION WAS GIVEN TO:	MD SAZZAD HOSSEN
THIS APPLICANT IS CERTIFIED FREE OF COMMUNICABLE DISEASE: YES	NAME OF APPLICANT
SEAFARER IS FOUND TO BE (PTF / NOT FIT) FOR DUTY AS A (MASTER / DECK OFFICER , RATING/CHIEF COOK/ COOK) (WITHOUT ANY / WITH THE FOLLOWING) RESTRICTIONS	ENGINEERING OFFICER / RADIO OFFICER /
NAME AND DEGREE OF PHYSICIAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) MBBS (DU), DFM, CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 BMDC A-55144, MMC-BGD-016 BMDC BBMDC BBMD	
NAME OF PHYSICIAN'S CERTIFICATING AUTHORITY DAS 2119911	M CHIANDIA.
DATE OF ISSUE OF PHYSICIAN'S CERTIFICATE	MAT 2014.
SIGNATURE OF PHYSICIAN:	
DATE OF EXAMINATION:	
EXPIRY DATE OF CERTIFICATE: 3 1 JAN 2026	
SEAFARER ACKNOWLEDGMENT	
, MD SAZZAD HOSSAIN (NAME OF SEAFARER), CONFIRM THAT I H	AVE BEEN INFORMED OF THE CONTENT



MEDICALREQUIREMENTS

Allapplicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required tohaveaphysical completedmedical formmust certificated physician. The examinationreported onthis Medical Formcompleted bya. accompany the application for office recertificate, application for seafarer's identity document, or application for certification of special preceding applicationsforanofficer qualifications. This physical examination must be carried out not more than 24 months immediately certificate, certification of special qualifications or a sea farcy's book. The examination shall be conducted in accordance with the HealthOrganization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness InternationalLaborOrganizationWorld ExaminationsforSeafarers(ILO/WHO/D,2/1997.Suchproofofexaminationmustestablishthatthe applicantisinsatisfactoryphysicaland mentalconditionforthespecificdutyassignmentundertakenandisgenerallyinpossessionofall body faculties necessary infulfilling the requirements of the scafaring profession.

Inconducting the examination, the certified physician should, where appropriate, examine the seafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcoholor drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
 - Allapplicantsmusthavehearingunimpaired fornormal sounds and becapable of hearing awhispered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).
- (b) Eyesight
 - Deckofficerapplicantsmusthave(eitherwithorwithoutglasses)atleast20/20(1.00)visioninoneeyeandatleast20/40 (0.50)intheother. Ifthe applicant wears glasses, hemust havevisionwithoutglasses ofat least 20/160(0.13) in botheyes. Deckofficerapplicantsmustalsohavenormalcolorperceptionandbecapableofdistinguishingthecolorsred.green,blueand yellow.
 - Engineerandradioofficerapplicantsmusthave(eitherwithorwithoutglasses)atleast20/30(0.63)visioninoneeyeandat least20/50(0.40)intheother.Iftheapplicantwearsglasses,hemusthavevisionwithoutglassesofatleast20/200(0.10)in botheyes.
 Engineer andradio officer applicants must also be ableto perceivethe colors red, yellowandgreen.
- (c) Dental
 - Seafarers must befreefrominfections ofthemouthcavityor gums.
- (d) BloodPressure
 - Anapplicant's blood pressuremust fall withinanaveragerange, taking ageintoconsideration.
- (e) Voice
 - Deck/NavigationalofficerapplicantsandRadioofficerapplicantsmusthavespeechwhichisunimpairedfornormalvoice communication
- (f) Vaccinations
 - AllapplicantsshallbevaccinatedaccordingtotherequirementsindicatedintheWHOpublication,InternationalTraveland Health,VaccinationRequirementsandHealthAdvice,andshallbegivenadvicebythecertifiedphysicianonimmunizations.
 Ifnewvaccinations aregiven, theseshall berecorded.
- (g) Diseases or Conditions
 - Applicantsafflicted with any of the following diseases or conditions shall be disqualified epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
 - Applicantsforableseaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for officer's certificate.
 - Applicants for fireman/watertender,oiler/motor,pumpman.electrician,wiper,tanker rating andsurvivaleraft/rescueboat crewmanmust meet thephysical requirements for anengineer officer's certificate.

IMPORTANTNOTE:

The scafarer must retain the original of the 'Medical Examination Report/Certificate' as evidence of physical qualification while serving on board a vessel. An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or scafarers. Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/report. The medical examination report shall be used only for determining the fitness of the scafarer for work and enhancing health care. 'Fitness for duty' does not denote automatic employment. Final selection will be subject to meeting BSMs own minimum criteria for fitness, set out in the procedure manuals'.

EXAMINATION:

(To be completed by examining physician; alternatively the examining physician may attach a form similar or identical to the model provided - Medical Exam Form).

01 FEB 2024



DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp,ng Bangladesh Approved
General Physician
Radical Hospitals Limited.



Id No : 0013

Date: 01-Feb-2024

D.Date: 01-Feb-2024

Patient's Name: MD SAZZAD HOSSEM

Age: 27Y 4M 13D

Gender: Male

Specimen

: Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO:C/O/9598

Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range	
Hemoglobin (Hb) ESR(Westergreen)	13.2 gm/dl 06 mm/1st hr	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl. Male:0-10, F:0-20 mm/1st hr.	
Total WBC Count(TC)	7,100 /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm	
Differential WBC Count (DC)			
Neutrophils	64 %	Child: 25-66 %, Adult: 40-75 %	
Lymphocytes	31 %	Child: 52-62 %, Adult: 20-50 %	
Monocytes	03 %	Child: 03-07 %, Adult: 02-10 %	
Eosinophils	02 %	Child: 01-03 %, Adult: 01-06 %	
Basophils	00 %	Adult: 00-01 %	
Total Cir. Eosinophils	142 /cumm	50-450/cumm	
Total RBC Count	5.01 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul	
HCT/PCV	42 %	M: 40-54%, F:37-47%	
MCV	77 fL	76 - 94 fL	
MCH	33 pg	27 - 32 pg	
MCHC	33.4 g/dL	29 - 34 g/dL	
RDW	12.0 %	11 - 16 %	
PDW	36 fL	35 - 56 fl	
Total Platelete Count (PC)	2,77,000 /cumm	150,000-450,000/cumm	
MPV	8.9 fL	7.0 - 11.0 fL	
PCT	0.10 %	0.1 - 0.%	
Bledding Time(BT)	%	10 - 18 %	
Cloting Time(CT)	%	0.1- 0.2 %	

Medical Technologist

Dr. Sumaiya Khatun

MBBS,MD(Gold Medalist) (BSMMU) Associate Professor

Dept. Of Microbiology

East West Medical College & Hospital.

RADICAL HOSPITAL

radical hospitals@yahoo.com, www.radicalhospital.com

Bill No	DIA24020013	Received Date 01/0		01/02/2024	
Patient's Name	MD SAZZAD HOSSEM				
Patient's Age	27Y 4M 13D	Y 4M 13D Patie		Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		С	DC NO	C/O/9598
Sample	BLOOD				

BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.0 mmol/l	4.2 – 6.4 mmol/l
Serum Bilirubin (Total)	0.53 mg/dl	0.2 - 1.1 mg/dl
Serum AST (SGOT)	23.0 U/L	Up to 37 U/L
HbA1C	5.1%	4.2 - 6.7 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICAL.

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Bill No	DIA24020013	Received Date 01/02/20		2024
Patient's Name	MD SAZZAD HOSSEM			
Patient's Age	27Y 4M 13D	D Patient's Sex		Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(I	Eye),DFM	CDC NO	C/O/9598
Sample	BLOOD	a zwana septimen	1	

SEROLOGICAL REPORT

Test Name

Result

HBsAg (Method : (ICT)	Negative	
HIV 1 & 2 (Method : (ICT)	Negative	
VDRL	Non-reactive	

OD GROUPING RESULT	ANA I
ABO Blood Group	"O" (+ve)
Rh(D)Factor	Positive

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun
MBBS, MD (Microbiology)
Associate Professor
Dept. of Microbiology
East West Medical College and Hospital.



Bill No	DIA24020013	Received	Dato	01/02/2	2024
Patient's Name	MD SAZZAD HOSSEM	received	Date	0 1/02/2	2024
Patient's Age	27Y 4M 13D	P:	atient's	Sev	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PG		Contraction of the Contraction o	DC NO	74
Sample	URINE	, (L)(),D; W		DC NO	C/O/9598

URINE ROUTINE EXAMINATION

PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Colo	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-1/HPF
Sediment	Nil	Epithelial	1-2/HPF

CHEMICAL EXAMINATION CASTS / LPF

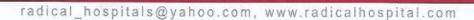
Reaction	Acidic	RBC	Nil
Albumin	Nil	WBC	Nil
Sugar	Nil ,	Epithelial	Nil
Ex.Phosphate Nil	Nil	Granular	Nil
		Hyaline	Nil

ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.





Bill No	DIA24020013	Received	Received Date 01/02		2024
Patient's Name	MD SAZZAD HOSSEM				
Patient's Age	27Y 4M 13D	Y 4M 13D Patie		Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO				C/O/9598
Sample	URINE				

DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Test Name	Result	
Drug Level of Urine		

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol Negative	
Benzodiazepines	Negative
Methadone	Negative
Propoxyphene	Negative

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumarya Khatun

MBBS, MD (Microbiology)

Associate Professor

Dept. of Microbiology

East West Medical College and Hospital.



Patient's Name	2	MD SAZZAD HOSSEN		
Age	:	27 Yrs	Date	: 01/02/2024
Sex	:	Male	CDC N	O:C/O/9598
Referred by	:	Dr. Mir Md. Raihan - MBBS, (DU), DFM		

Psychometric Test

Test Name	Remarks	
1.APTITUDE TEST		
Numerical Reasoning test	Poor /Good /very good /excellent	
Verbal Reasoning test	Poor /Good /very good /excellent	
Inductive reasoning test	Poor /Good /very good /excellent	
Diagrammatic Reasoning test	Poor /Good /very good /excellent	
Logical Reasoning test.	Poor /Good /very good /excellent	
Error checking test	Poor /Good /very good /excellent	
2.Skill Test	Poor /Good /very good /excellent	
	2	
3.Personality Test	INFJ / ENFJ / ISFJ / ENTP/ ESFJ /ESFF	
4. Watson Glaser test(Critical Thinking Test)		
Arguments	Poor /Good /very good /excellent	
Assumptions	Poor /Good /very good /excellent	
Deductions	Poor /Good /very good /excellent	
Interpreting Information's	Poor /Good /yery good /excellent	
Inferences	Poor /Good /very good /excellent	
5. Situational Judgment Test.	Poor /Good /very good /excellent	
Poor: <6 Good: 6-7 yery go	ord: 7-8 excellent: 9.10	

Good: 6-7

very good: 7-8

COMMENTS: HE IS MENTALLY FIT FOR SHIP JOB

Dr. Mir Md. Raihan

MBBS (DU), DFM, CCD (Birdem), PGT (opth)

Reg- A55144 BGD-016(MMC)

DG Shipping Bangladesh Approved

Malaysian Medical Council Approved

General Physician

Radical Hospitals Limited



REF: MT. ASPEN EXPRESS

DATE: 01/02/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

EYE EXAMINATION REPORT

NAME: MD SAZZAD HOSSEN RANK: 4TH ENG CDC NO: C/O/9598

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

AIDED

COLOUR VISION:

NORMAL / BLIND

OPINION

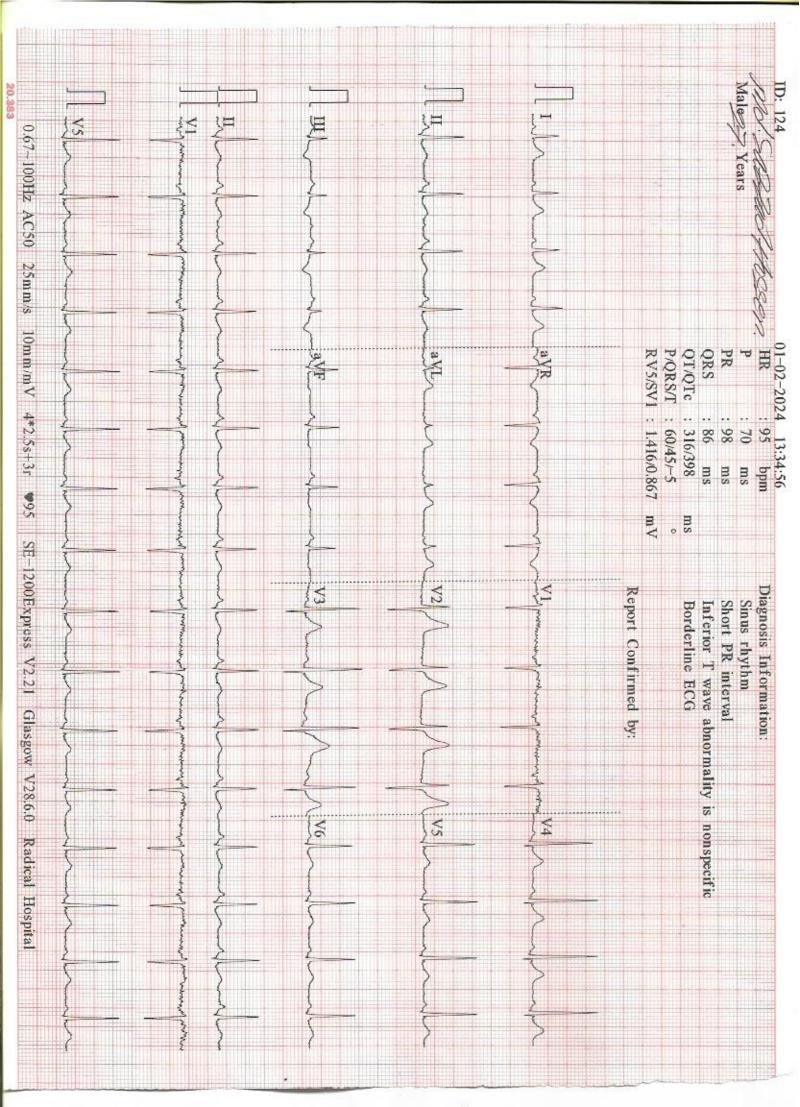
UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan

MBBS, PGT (Ophthalmology)

Assistant Registrar (EX)

East west Medical College & Hospital



RADICAL HOSPITAL

radical hospitals@yahoo.com, www.radicalhospital.com

DEPARTMENT OF RADIOLOGY & IMAGING

ID. No. : 24020013 Receive:01/02/2024 Print:01/02/2024

Patient's Name : MD SAZZAD HOSSEN

Age : 27 YRS Sex : M

Refd. by : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

X-RAY OF CHEST (DIGITAL)

Diaphragm : Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart : Normal in T.D.

Lung fields are clear.

Bony thorax : Reveals no abnormality.

Comments : Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical College Hospital

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST YELLOW-FEVER

Date of birth 18-SEP-1996 Sex MALE This is to certify that whose signature follows MD. SAZZAD HOSSEN (CAY 950 Laura has on the date indicated been vaccinated or revaccinated against yellow-fever Date Signature and Professional Origin and batch Official stamp of status of vaccinator no, of vaccine vaccination centre DR. MIR. MD. RAIHAN MBBS (DU). DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited. 2 3 3

This certificate is valid on only if the vaccine used has been approved by the World Health Organization and if the vaccinating centre has been designated by the health administration for the territory in which that centre is situated.

4

The validity of this certificate shall extend for a period of ten years, beginning ten days after date vaccination or in the extent of a revaccination within such period of ten years, from the date of that revaccination.

Any amendment of this certificate, or erasure, of failure to complete any part of it may render it invalid.

INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA

Date	Signature and Professional status of vaccinator	Approved S	Stamp
LEEB TO	DR. MAR. MD. RAIHAN MBBS (DU), DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited.	25, Shah Makhdum Arenue Uttere, Dhaka	
2	14.2		
3		3	4
4			
5		5	6
6			
7		7	8
8			

ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC



SL NO.

04.2024.5814

SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

Sealarers, 1970 as amended (STOW 70) and Negulation 1.2 of the f	Maritine Labour Convention, 2000
SEAFARER INFORMATION:	
Name: Last HOSSEN First MD	Middle SAZZAD
Gender: (Male/Female) MALE Nationality: GANGLADESHI	Date: 1 0 FE8 2024
Occupation: Deck/Engine/Catering/Other (specify) ENGINE	
Father's/ Husbad'sname: SAGER AHMED	
Mother's Name: REHANA BEGUM	Seaman ID No. 05000 955 6
Address: House No: Street/ Road No:	
Locality/Village: HARISHPUR	NID No. 4655585505
P.O: SANDWIP	Date of Birth: 18-09-1996
PS: SANDWIP	(DD/MM/YYYY)
District: CHATTOGRAM	(BB/MWITTT)
DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER: I am duly authorized by the Department of Shipping, Government of the followings: 1. Confirmation that identification documents were checked at the point of the standards in section A-I/9 3. Unaided hearing satisfactory? 4. Visual acuity meets standards in section A-I/9? 5. Colour vision meets standards in section A-I/9? Date of last colour vision test 6. Fit for lookout duties? 7. Is the seafarer free from any medical condition likely to be aggraved render the seafarer unfit for service or to render the health of any oth 8. Any limitations or restrictions on fitness?	int of examination :YES/NO :YES/NO :YES/NO :YES/NO :YES/NO :YES/NO :10 FEB 2024 :YES/NO
If YES, specify limitations or restrictions:	
Duties: RADICAL HOSPITAL LII Location/Vessel: Uttara, Dhaka, Bangiad Medical/Other:	Control of the Contro
	ubject to restrictions Unfit
10. Date of examination/Issue (DD/MM/YYYY) 10 FEB 2024 11. Date of expiry (DD/MM/YYYY) 31 JAN 2026	han 2 years from the date of examination".

I have read the contents of the certificate and have been informed of the right to review.

Seafarer's Signature



DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipping Bangladesh Approved
General Physician
Radical Hospitals Limited
Name & Signature of the practitioner:

MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug -related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
 one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
 glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
 perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure:
 - An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

 Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

- All applicants shall be vaccinated according to the requirements indicated in the WHO publication, Interna-tional Travel and Health, Vaccination Requirements, and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.
- (g) Diseases or Conditions:
 - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1):

DR. MIR. MD. RAIHAN

1. Complete physical Examination.

2. Pathological Examination:

a.CBC b.ESR c.HBSAG d.LFT e.ECG f.RBS g.URINER/M/E

DR. MIR. MD. RAIHAN
MBBS (DU), DFM. CCD (Birdem), PGT (Ophth)
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DG Shipp-ng Bangladesh Approved
General Physician
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