

## HAQUE & SONS LTD.

Tel: +880 31 716214-6, Fex: +880 31 710530

Accredited By . BMDC

Accreditation No. A 55144

MEDICAL EXAMINATION CERTIFICATE

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		100,000					
Have vo	ou ever had any of the following con	iditions?					
	3	200000000000000000000000000000000000000					
	Condition	YES NO	Condition		YES NO		
1	Eye/vision problem		18 Sleep problems				
2	High blood pressure		19 Do you smoke?				
3	Heart/vascular disease	1 V1	20 Operation/surg	ery			
4	Heart surgery		21 Epilepsy/seizur		1 My		
5	Varicose veins	1 N.	22 Dizziness/fainti				
6	Asthma/bronchitis		23 Loss of conscio	usness	U W		
7	Blood disorder		24 Psychiatric prol	olems	0 0		
8	Diabetes		25 Depression		D AC		
9	Thyroid problem	U //	26 Attempted suic		130		
10	Digestive disorder	1 Y	27 Loss of memor		D W		
11	Kidney problem	- Y	28 Balance proble		1 0 4		
12	Skin problem		29 Severe headac		JU 0 17		
13	Allergies	1/1	30 Ear/nose/throat	problems			
14	Infectious/contagious diseases		31 Restricted mob		· 9/1		
15	Hernia	- 'N'	32 Back problems	~			
16	Genital disorders	Trin	33 Amputation				
17	Pregnancy f the above questions were answere	- NA	34 Fractures/dislo	cations	0 1/2		
35	Have you ever been sinned off as	sick or repatriated fre	m a chin?		YES NO		
35	Have you ever been signed off as	sick or repatriated from	m a ship?		0 8/		
36	Have you ever been hospitalised?						
37	Have you ever been declared unfi	t for sea duty?			0 6%		
	Has your medical certificate ever t	been restricted or revo	ked?		0 60		
		medical problems, disc					
39	Are you aware that you have any i		sour declarated it t-	ccupation?			
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39	Are you aware that you have any in Do you feel healthy and fit to put Are you allergic to any medication.	erform the duties of y	your designated position/or				
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# MEDICAL EXAMINATION REPORT/CERTIFICATE

## MARITIME ADMINISTRATOR

CONFIDENTIAL DOCUMENT

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AHMED		IFTAKHAR		
DATE OF BIRTH		PLACE OF BIRTH		
10 17	2000	JASHORE	BANGLADESH	SEX
MONTH DAY	YEAR	CITY	COUNTRY	☑ MALE ☐ FEMALE
EXAMINATION FOR DUT	Y AS:	MAILING ADDRESS	OF APPLICANT:	
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DECK OFFICER	Ø	BAGHERPARA, DIS	T. JASHORE	
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Certification and Watchkeening for Seafarers 1978, as amended, and the Maritime Later Hospitalion, 2006, as amended DR. MIR. MD. RAIHAN

MBRS (DU), DEM CCD (Birdem), PGI (Ophth)

BMDC A-55144, MMC-BGD-016 MEDICAL REQUIREMENTS

General Physician

Radical Hospitals Limited Rev. Mar/2022

MI-105M

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifications shall be required to have a medical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer's certificate, application for Seafarer's Identification and Record Book, or application for certification of special qualifications. This medical examination must be carried out within the 24 months immediately preceding application for an officer certificate, certification of special qualifications or a Seafarer's Identification and Record Book. The examination shall be conducted in accordance with RMI MG-7-47-1. Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the scafarer's previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

- (a) Hearing
  - All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whispered voice in better ear at 15 feet (4.57 m) and in poorer ear at 5 feet (1.52 m).
- (b) Eyesight
  - Deck officer applicants must have (either with or without glasses) at least 20/20(1.00) vision in one eye and at least 20/40 (0.50) in
    the other. Applicants for deck officer and deck ratings who will serve on vessels of 500 gross tons or more must have normal color
    perception that complies with C.I.E. Standard 1: those serving on vessels less than 500 gross tons must comply with C.I.E.
    Standards 1 or 2.
  - Engineer and radio officer applicants must have (either with or without glasses) at least 20/30 (0.63) vision in one eye and at least 20/50 (0.40) in the other. Applicants for engineering officer or rating and for radio operator must comply with C.I.E. Standards 1, 2, or 3. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green.
- (c) Dental
  - Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure
  - An applicant's blood pressure must fall within an average range, taking age into consideration.
- (e) Voice
  - Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.
- (f) Vaccinations
  - All applicants should be vaccinated according to the recommendations provided in the WHO publication, International Travel and Health, Vaccination Requirements and Health Advice, and should be given advice by the certified physician on immunizations. If new vaccinations are given, these should be recorded.
- (g) Diseases or Conditions
  - Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the use of narcotics.
- (h) Physical Requirements
  - Applicants for able seafarer, bosun, GP-1, ordinary seafarer and junior ordinary seafarer must meet the physical requirements for a
    deck/navigational officer's certificate.
  - Applicants for fire/watertender, oiler/motor, pump technician, electrician, wiper, tanker rating and survival craft/rescue boat crewmember must meet the physical requirements for an engineer officer's certificate.

#### IMPORTANT NOTE:

A copy of the MI-105M must accompany the application. The applicant must retain the original of the MI-105M as evidence of physical qualification while serving on board a vessel.

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the right of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

#### DETAILS OF MEDICAL EXAMINATION

To be completed by examining physician; alternatively, the examining physician may attach an equivalent form. (See RMI MG 7-47-1, §3.3).

- L COMPLETE PHYSICAL EXAMINATION. INCLUDING HEARING TEST.
- 2. PATHOLOGICAL EXAMINAT A) Complete Blood Count. B) Blood Sugar Estemation C) Serological Test(VDRL)

D) Hepatitis B Sarface Antegen Test(HbsAg), E) Urinlysis F) Drug Test G) Alcohol-

- 3. X RAY EXR PA VIEW
- 4. E.C.G. TEST
- 5. EYE EXAMINATION FOR V/A & C/V

As Po-MIC-2008

MB8S (DU). DFM. CCD (Birdem). PGT (Ophth)
BMDC A-55144, MMC-BSD-016
DG Shipp.ng Bangladesh Approved
General Physician/I-105M
Radical Hospitals Limited.

13 FEB 2024



# HAQUE & SONS LTD.



Rummana Haque Tower, 1267/A, Goshaildanga, Agrabad C/A, Chattogram, Bangladesh. Tel: +88 02333316214-6

Name	IFTAKHAR AHMED	Date	13-Feb-2024
Age	23	Sex	MALE
Passport No	B00025632	CDC No	CO11648
Sample	BLOOD	Rank	APP OFFICER SCHOLAR

## **BIOCHEMISTRY REPORT COMPARE**

Vessel Name:	AMAGI GALAXY	FURANO GALAXY	
	After Sign-Off	Before Sign-On	Reference Range
Date of Report	09-07-2023	1202.2024	-
Serum Bilirubin	0.7	0.53	0.2 - 1.1 mg/dl
Serum S.G.O.T/A.S.T	21	22	Up to 37 U/L
Serum S.G.P.T.	25	17	Up to 42 U/L

DOCTOR'S REMARKS:

No Restrictions



**Doctor Seal & Signature** 

DR. MIR. MD. RAIHAN MBBS (DU). DFM. CCD (Birdem), PGT (Ophth) BMDC A-55144, MMC-BGD-016 DG Shipping Bangladesh Approved
General Physician
Radical HospiRevision Date: 24th July 2022



Id No : 0333

Date: 13-Feb-2024 Patient's Name: IFTAKHAR AHMED

Age: 23Y 3M 27D

D.Date: 13-Feb-2024

Gender: Male

Specimen : Blood

Doctor Name : Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM-C/O/11648

#### Haematology Report

(Relevant estimations were carried out by Mythic-One Auto Haematology Analyzer & checked manually)

Parameter Name	Results	Reference Range	
Hemoglobin (Hb)	<b>15.8</b> gm/dl	M:13-18 gm/dl. F:11.5-16.5 gm/dl. Child:10-13 gm/dl. Infant: (One year):8-10 gm/dl.	
ESR(Westergreen)	<b>04</b> mm/1st hr	Male:0-10, F:0-20 mm/1st hr.	
Total WBC Count(TC)	<b>6,300</b> /cumm	Adult: 4000 - 11000/cumm. Children: 5,000-15,000/cumm Infant(One Year): 6,000-18,000/cumm	
Differential WBC Count (DC)			
Neutrophils	64 %	Child: 25-66 %, Adult: 40-75 %	
Lymphocytes	29 %	Child: 52-62 %, Adult: 20-50 %	
Monocytes	04 %	Child: 03-07 %, Adult: 02-10 %	
Eosinophils	03 %	Child: 01-03 %, Adult: 01-06 %	
Basophils	00 %	Adult: 00-01 %	
Total Cir. Eosinophils	189 /cumm	50-450/cumm	
Total RBC Count	5.02 m/ul	M: 4.5-6.5, F:3.8-5.8 m/ul	
HCT/PCV	41 %	M: 40-54%, F:37-47%	
MCV	78 fL	76 - 94 fL	
MCH	<b>90</b> pg	27 - 32 pg	
MCHC	31 g/dL	29 - 34 g/dL	
RDW	12 %	11 - 16 %	
PDW	48 fL	35 - 56 fl	
Total Platelete Count (PC)	3,10,000 /cumm	150,000-450,000/cumm	
MPV	8.0 fL	7.0 - 11.0 fL	
PCT	0.01 %	0.1 - 0.%	
Bledding Time(BT)	. %	10 - 18 %	
Cloting Time(CT)	%	0.1- 0.2 %	

Checked By Medical Technologist

Dr. Sumaiya Khatun MBBS,MD(Gold Medalist) (BSMMU) Associate Professor Dept. Of Microbiology East West Medical College & Hospital.



Bill No	DIA24020333 Receive		d Date	13/02/2	2024
Patient's Name	IFTAKHAR AHMED				
Patient's Age	23Y 3M 27D Pat		Patient's	Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(B	IRDEM),PGT(Eye),DFM	С	DC NO	C/O/ 11648
Sample	BLOOD				

# BIOCHEMISTRY REPORT

Test Name	Result	Reference Range
Random Blood Sugar (RBS)	5.2 mmol/L	4.2 – 6.4 mmol/L
Serum Bilirubin (Total)	0.53 mg/dl	0.2 - 1.1 mg/dl
Serum ALT (SGPT)	17.0 U/L	Up to 40 U/L
Serum AST (SGOT)	22.0 U/L	Up to 37 U/L
HbA1C	5.1 %	4.0- 6.0 %
TIDATE	5.1 %	4.0-6.0 %

REMARKS (IF ANY)

IN VIEW OF THE LIVER FUNCTION TEST RESULT, HIS BLOOD IS FREE FROM TOXIC EFFECT OF CHEMICALS.

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor

Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24020333 Receive		d Date	13/02/2	2024
Patient's Name	IFTAKHAR AHMED			No. of the last of	
Patient's Age	23Y 3M 27D Pa			Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO C/O/ 116				C/O/ 11648
Sample	BLOOD			X-1000000000000000000000000000000000000	The state of the s

## SEROLOGICAL REPORT

<u>Test Name</u>	Result
HBsAg (Method : (ICT)	Negative
HIV 1 & 2 (Method : (ICT)	Negative
VDRL	Non-reactive
BLOOD GROUPING RESULT	
ABO Blood Group	"O" (+ve)
Rh (D)Factor	Positive

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology East West Medical College and Hospital.



Bill No	DIA24020333	Received D	Received Date 13/02/2024	
Patient's Name	IFTAKHAR AHMED			
Patient's Age	23Y 3M 27D Patie		tient's Sex	Male
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO C/O/ 11			C/O/ 11648
Sample	URINE			***

### URINE ROUTINE EXAMINATION

## PHYSICAL EXAMINATIONMICROSCOPIC EXAMINATION

Quantity	Sufficient	CELLS / HPF	
Color	Straw	RBC	Nil
Appearance	Clear	Pus Cells	0-2/HPF
Sediment	Nil	Epithelial	1-3/HPF

#### CHEMICAL EXAMINATION CASTS / LPF

Reaction	Acidic	RBC	Nil	
Albumin	Nil	WBC	Nil	
Sugar	Nil	Epithelial	Nil	
Ex.Phosphate	Nil	Granular	Nil	
		Hyaline	Nil	

### ON REQUESTCRYSTALS & OTHERS

Bile Salt	Not Done	Urates	Nil
Bile Pigment	Not Done	Uric Acid	Nil
Ketones	Not Done	Calcium oxalate	Nil
Urobilinogen	Not Done	Amor. Phos	Nil
B.J. Protein	Not Done	Hippurate crystal	Nil

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology

East West Medical College and Hospital.



**Test Name** 

Bill No	DIA24020333	Received Date 13/02/202		2024	
Patient's Name	IFTAKHAR AHMED	ED .			
Patient's Age	23Y 3M 27D	P	atient's	tient's Sex Male	
Ref. by	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM CDC NO		C/O/ 11648		
Sample	URINE				

#### DRUG ABUSE TEST

METHOD: Immunochromato graphic Assay (Rapid one Step Test)

Cocaine	Negative
Morphine	Negative
Marijuana	Negative
Barbiturates	Negative
Amphetamines	Negative
Phencyclidine	Negative
Alcohol	Negative
Benzodiazepines	Negative
Methadone	Negative

Checked By

Medical Technologist. Radical Hospital Ltd. Dr. Sumaiya Khatun MBBS, MD (Microbiology) Associate Professor Dept. of Microbiology

Result

East West Medical College and Hospital.

RADICAL HOSPITAL

radical\_hospitals@yahoo.com, www.radicalhospital.com

REF: MT. FURANO GALAXY

DATE: 13/02/2024

M/S. HAQUE & SONS LTD. RUMMANA HAQUE TOWER 1267/A, GOSHAIL DANGA AGRABAD C/A, CHITTAGONG.

## EYE EXAMINATION REPORT

NAME: IFTAKHAR AHMED RANK: APP OFF CDC NO: C/O/11648

VISUAL ACUITY:

RIGHT

LEFT

UNAIDED

616

AIDED

COLOUR VISION:

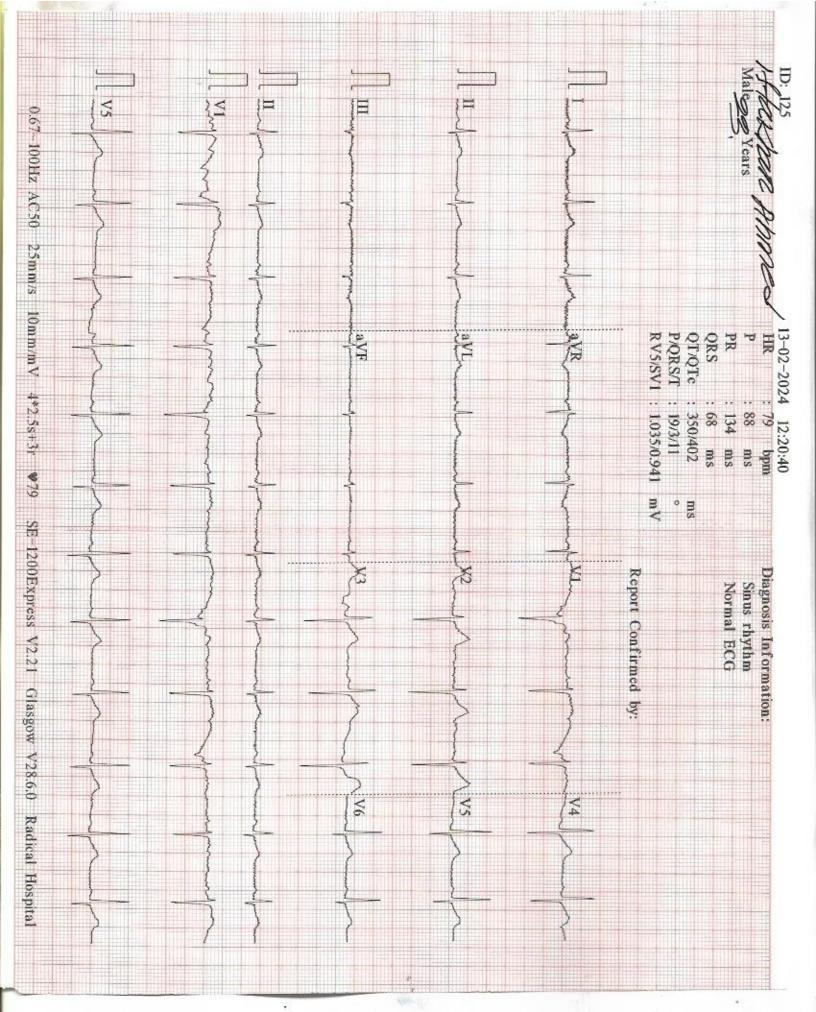
NORMAL / BLIND

OPINION

UNFIT / FIT FOR EMPLOYMENT ON BOARD

Dr. Mir Md. Raihan MBBS, PGT (Ophthalmology) Assistant Registrar (EX)

East west Medical College & Hospital



RADICAL HOSPITAL

radical\_hospitals@yahoo.com, www.radicalhospital.com

#### DEPARTMENT OF RADIOLOGY & IMAGING

ID. No.

24020333

Receive: 13/02/2024

Print: 13/02/2024

Patient's Name

IFTAKHAR AHMED

Age

23 YRS

Sex

: M

Refd. by

Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM

## X-RAY OF CHEST (DIGITAL)

Diaphragm

Both hemidiaphragm are normal in position.

C-P angles are clear.

Heart

: Normal in T.D.

Lung

: Lung fields are clear.

Bony thorax

Reveals no abnormality.

Comments

Normal chest skiagram.

Prof. Dr. Md. Mojibor Rahman

MBBS. DMRD (Radiology & Imaging)
Head of the Department (Radiology & Imaging)
Sylhet Women's Medical COllege Hospital



Patient ID	24010333	Voucher No	
Test Name	USG OF KUB	Delivery Date	13/02/2024
Patient Name	IFTAKHAR AHMED	CLANS .	19/92/2021
Age	23 YRS	Sex	Male
Refd. By	Dr. Mir Md. Raihan MBBS,(DU),CCD(BIRDEM),PGT(Eye),DFM		

# THANK YOU FOR THE COURTESY OF THIS REFERRAL

RT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.8 cm. The cortical Echogenicity are normal with clear cortico-medullar differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness. P-C systems are not dilated.

LT KIDNEY: - Is normal in size regular in shape and position. Bipolar length 9.7 cm. The cortical Echogenicity are normal with clear cortico—medullar differentiation. The cortical Thicknesses are normal. The renal sinus shows normal echogenicity and thickness. 
P-C systems are not dilated.

URINARY BLADDER: Is well filled. Wall thickness is regular and within normal limit.

No intravesicle lesion is seen

202-24 3.02-24

PROSTATE: Normal in size volume is 12.0 cc & regular in shape. Echogenicity is homogenous.

No area of calcification is seen.

COMMENT: Normal study.

Dr. Asma Ahmed MBBS,CMU,DMU PGT(Gynae & obs)

Advanced Training on TVS

Consultant Sonologist

# INTERNATIONAL CERTIFICATE OF VACCINATION OR REVACCINATION AGAINST CHOLERA

This is to certify that whose signature follows

Date of birth 17-10 -1000 Sex Male.

has on the date indicated been vaccinated or revaccinated against Cholera

Date	Signature and Professional status of vaccinator	Approved St	amp
1 SEC BEST	BMDC A-55144, MMC-BGD-010	25, Sheh Makhrim Aserina Uttern, Dhaks	
2 FEB MA	DR. AMTR. MD. RAIHAN MBBS (DU), DFM, CCD (Birdem), PGT (Ophte) BMDC A-5514A, MMC-BGD-016 DG Shipping Bangladesh Approved General Physician Radical Hospitals Limited	Son VACCALANTE SE STATE OF STA	
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4	PERSONAL PROPERTY OF THE PROPERTY OF THE PERSONAL PROPERTY OF THE PERSO		The state of the s
5		5	6
- 1			
6			
7		7	8

#### ISSUED ON BEHALF OF THE DEPARTMENT OF SHIPPING GOVERNMENT OF THE PEOPLE'S REPUBLIC OF BANGLADESH

Form No: SMC

I have read the contents of the certificate

and have been informed of the right to

review.

Seafarer's Signature



SL NO.

04.2024.5870

MIR. MD. RAIHAN

MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)

BMDC A-55144, MMC-BGD-016

DG Shipp.ng Bangladesh Approved General Physician Radical Hospitals Limited

Name & Signature of the practitioner:

## SEAFARER MEDICAL CERTIFICATE

This certificate is issued in accordance with Bangladesh Merchant Shipping Ordinance, 1983 and Bangladesh Merchant Shipping Officers and Ratings Training, Certification, Recruitment, Work Hours and Watch keeping Rules, 2011 in compliance with the International Convention on Standards of Training Certificate and Watch keeping for Seafarers, 1978 as amended (STCW'78) and Regulation 1.2 of the Maritime Labour Convention, 2006

SEAFARER INFORMATION: Name: Last AHMED First IFTAKHAR	Middle
Gender: (Male/Female)Nationality: BANGLADESH.	
Occupation: Deck/Engine/Catering/Other (specify)  Father's/ Husbad'sname: FARUGUL TSLAM  Mother's Name: JASNA AKTER  Address: House No: Street/ Road No: Locality/Village: POSCHIMA  P.O: BAGHER PARA  P.S: NARIKEL BARTA - 7970  District: JASHORE  DECLARATION OF THE RECOGNIZED MEDICAL PRACTITIONER:	Rank: APPRENTICE OFFICE C.D.C No CIO 11648 Seaman ID No. 0500 14971
I am duly authorized by the Department of Shipping, Government of the followings:	ne People's Republic of Bangladesh and confirm
1. Confirmation that identification documents were checked at the point 2. Hearing meets the standards in section A-I/9 3. Unaided hearing satisfactory? 4. Visual acuity meets standards in section A-I/9? 5. Colour vision meets standards in section A-I/9?  Date of last colour vision test 6. Fit for lookout duties? 7. Is the seafarer free from any medical condition likely to be aggravate render the seafarer unfit for service or to render the health of any other 8. Any limitations or restrictions on fitness?  If YES, specify limitations or restrictions:	:YES/NO :YES/NO :YES/NO :YES/NO :13 FE8 2024 :YES/NO d by service at sea or to
Duties: Location/Vessel: Medical/Other:  ADICAL HOSPITAL LIMITED Uttora, Dhaka, Bangladesh	
9. Medical fitness category : Fit No restriction Fit-Subj	ject to restrictions Unfit
10. Date of examination/Issue (DD/MM/YYYY)	n 2 years from the date of examination".

#### MEDICAL REQUIREMENTS

All applicants for an officer certificate, Seafarer's Identification and Record Book or certification of special qualifig:itions shall be required to have a physical examination reported on this Medical Form completed by a certificated physician. The completed medical form must accompany the application for officer certificate, application for seafarer's identity document, or application for certification of special qualifications. This physical examination must be carried out not more than 24 months prior to the date of making application for an officer certificate, certification of special qualifications or a seafarer's book. The examination shall be conducted in accordance with the International Labor Organization World Health Organization, Guidelines for Conducting Pre-sea and Periodic Medical Fitness Examinations for Seafarers (ILO/WHO/D.211997). Such proof of examination must establish that the applicant is in satisfactory physical and mental condition for the specific duty assignment undertaken and is generally in possession of all body faculties necessary in fulfilling the requirements of the seafaring profession.

In conducting the examination, the certified physician should, where appropriate, examine the seafarers previous medical records (including vaccinations) and information on occupational history, noting any diseases, including alcohol or drug-related problems and/or injuries. In addition, the following minimum requirements shall apply:

(a) Hearing:

 All applicants must have hearing unimpaired for normal sounds and be capable of hearing a whis pered voice in better ear at 15 feet (4.57m) and in poorer ear at 5 feet (1.52m).

(b) Eyesight:

- Deck officer applicants must have (either with or without glasses) at least 6/6 [20/20] (1.00) vision in one eye and at least 6/12 [20/40] (0.50) in the other. If the applicant wears glasses, he must have vision without glasses of at least 6/45 [20/150] (0.13) in both eyes. Deck officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow.
- Engineer and radio officer applicants must have (either with or without glasses) at least 6/9 [20/30] (0.67) vision in
  one eye and at least 6/15 [20/50] (0.40) in the other. If the applicant wears glasses, he must have vision without
  glasses of at least 6/60 [20/200] (0.10) in both eyes. Engineer and radio officer applicants must also be able to
  perceive the colors red, yellow and green.

(c) Dental:

- Seafarers must be free from infections of the mouth cavity or gums.
- (d) Blood Pressure:
  - An applicant's blood pressure must fall within an average range, taking age into consideration.

(e) Voice:

 Deck/Navigational officer applicants and Radio officer applicants must have speech which is unimpaired for normal voice communication.

(f) Vaccinations:

 All applicants shall be vaccinated according to the requirements indicated in the WHO publication, Interna-tional Travel and Health, Vaccination Requirements. and Health Advice, and shall be given advice by the certified physician on immunizations. If new vaccinations are given, these shall be recorded.

(g) Diseases or Conditions:

 Applicants afflicted with any of the following diseases or conditions shall be disqualified: epilepsy, insanity, senility, alcoholism, tuberculosis, acute venereal disease or neurosyphilis, AIDS, and/or the useofnarcotics. Applicants diagnosed with, suspected of, orexposed to any communicable disease transmit table by food shall be restricted from working with food or in food - related areas until symptom-free for at least 48 hours.

(h) Physical Requirements:

- Applicants for able seaman, bosun, GP-1, ordinary seaman and junior ordinary seaman must meet the physical requirements for a deck/navigational officer's certificate.
- Applicants for fireman/watertender, oiler/motorman, pumpman, electrician, wiper, tankerman and survival craft/rescue boat crewman must meet the physical requirements for an enineer officer's certificate.

#### IMPORTANT NOTE:

An applicant who has been refused a medical certificate or has had a limitation imposed on his/her ability to work, shall be given the opportunity to have an additional examination by another medical practitioner or medical referee who is independent of the shipowner or of any organization of shipowners or seafarers.

Medical examination reports shall be marked as and remain confidential with the applicant having the fight of a copy to his/her report. The medical examination report shall be used only for determining the fitness of the seafarer for work and enhancing health care.

#### DETAILS OF MEDICAL EXAMINATION:

(To be completed by examining physician; alternatively, the examining physician may attach a form similar or identical to the model provided in Appendix1):

1. Complete physical Examination.

2. Pathological Examination:

a.CBC b.ESR c.HBSAG d.LFT e.ECG f.RBS g.URINER/M/E 13 FFR 2024 DR. MIR. MD. RAIHAN
MBBS (DU), DFM, CCD (Birdem), PGT (Ophth)
BMDC A-55144, MMC-BGD-016
DG Shipp.ng Bangladesh Approved
General Physician
Radical Hospitals Limited