

DATE: 29/02/2024

Ref No: 253

TO WHOM IT MAY CONCERN

THIS IS TO CERTIFY THAT HE IS MR MD ZIAUL ISLAM, AGE 60+ YEARS MALE, CDC NO: C/O/2124, PASSPORT NO: A07135520, SEAMAN CAME TO ME FOR MEDICAL CHECK-UP. ON PHYSICAL EXAMINATION AND ON RELEVANT INVESTIGATIONS HE IS MEDICALLY FIT TO CONTINUE SHIP JOB.

THIS IS FOR YOUR KIND INFORMATION AND TAKE NECESSARY ACTION PLEASE.



DR. MIR MD. RAIHAN
MBBS (DU), DFM, CCD
Reg. No. A-55144 (BMDC)
Reg. No. BGD-016 (MMC)
DG, Shipping Approved (BD)
General Physician
Radical Hospitals Limited.



IBN SINA D. LAB & CONSULTATION CENTER, UTTARA

ISO 9001:2015 Certified



REPORT

I.D. No	: U77308	Received date	: 23 Feb 2024	Printed date	: 24 Feb 2024 10:18AM
Name of Pt.	: MD ZIAUL ISLAM	Age	: 60 y(s)	Sex	: Male
Ref. By	: SELF				
Exam	: XR CHEST P/A VIEW DIGITAL				

Thank you for the courtesy of this kind referral.

X-Ray Chest (P/A) View

Trachea is normal in position.

Both dome of diaphragm are normal in position & contour.

Both CP angles are clear.

Heart is normal in transverse diameter.

Both lung fields are clear.

Bony thorax and soft tissue appear normal.

Impression: Normal skiagram of chest.


Dr. Md. Shahjahan

MBBS, FCPS, M.Phil
(Radiology & Imaging-BSMMU)

Imaging Specialist

Associate professor (cc-ex.)

Tairunnessa Memorial Medical College & Hospital
Ibn Sina D-Lab, Uttara.



GUK EYE HOSPITAL
CARE YOUR EYE

গোক চক্ষু হাসপাতাল

প্লট-৩১, রোড নং-১৪, সেক্টর-১৩, উত্তরা, ঢাকা।

মোবাইল নম্বরঃ ০১৩২৪-৪৪৯১৩৫

Optical Advice

M.R. No. 12345

Patient's Name: Md. Ziaul Islam

Date: 24.02.24.

Age: 60y.

☒ Male ☐ Female

OD (RE)				OS (LE)			
SPH	CYL	AXIS	V/A	SPH	CYL	AXIS	V/A
DV	Plano	—	616	Plano	—	—	616
NV	+2.00	—	N5	+2.00	—	—	N5.

Dist PD RE: 32mm LE: 32mm Near PD RE: 30mm LE: 30mm

Lens: ☐ Glass ☒ Plastic ☒ White ☐ Tint ☐ Photochromic ☐ AR Coat ☐ Blue Coat

Multifocal: ☐ PAL ☐ Kryptop ☐ Executive ☐ Unis-D

Instructions: ☐ Distance only ☒ NV only ☐ Constant wear ☐ Vocational use

"হেটি চোখের বৃহৎ দান, সময় থাকতে চোখ বাঁচান"

রোগী দেখার সময়ঃ শুক্রবার বাতিল প্রতিদিন সকাল ৯.০০ থেকে বিকাল ৫.০০ পর্যন্ত

Ophthalmologist



Name : MD ZIAUL ISLAM
Passport Number : A07135520
DOB : 21.08.1963
Age/Gender : 60 y 5 m 10 d / Male

Lab No : GJL24009230
MRN : PIL240052299
Location : Gleneagles Medini - GP
Reference:

Branch : Glen. Medini Hospital
Collected : 31.01.2024 13:07:35
Received : 31.01.2024 13:07:38
Reported : 31.01.2024 16:26
Page No : 1 / 6

Requester : DR TEH YU CHIN

Newcastle Medical Clinic, c/o Numed Malaysia Sdn. Bhd.
 No.12 & 14 (GF), Jalan Eko Botani 3/3, Taman Eko Botani, Iskandar Puteri, 79100

TEST	RESULT	FLAG	UNIT	REFERENCE RANGE
HAEMATOLOGY				
Full Blood Count				
Haemoglobin	15.6		g/dL	(13.0 - 18.0)
Red Blood Cell	5.02		$\times 10^{12}/L$	(4.50 - 6.50)
Red Cell Distribution Width	13.2		%	(<14.3)
Packed Cell Volume	47		%	(40 - 54)
Mean Cell Volume	93		fL	(76 - 96)
Mean Cell Haemoglobin	31		pg	(28 - 34)
Mean Corpuscular Hb Concentration	33		g/dL	(30 - 36)
White Blood Cell	7.5		$\times 10^9/L$	(4.0 - 11.0)
Neutrophils (%)	43.3		%	(40.0 - 75.0)
Lymphocytes (%)	41.4		%	(20.0 - 45.0)
Monocytes (%)	9.9		%	(2.0 - 10.0)
Eosinophils (%)	5.3		%	(0.0 - 6.0)
Basophils (%)	0.1		%	(0.0 - 1.0)
Neutrophils (Absolute Value)	3.2		$\times 10^9/L$	(2.0 - 7.5)
Lymphocytes (Absolute Value)	3.1		$\times 10^9/L$	(1.5 - 4.5)
Monocytes (Absolute Value)	0.7		$\times 10^9/L$	(0.2 - 0.8)
Eosinophils (Absolute Value)	0.40		$\times 10^9/L$	(0.04 - 0.40)
Basophils (Absolute Value)	0.0		$\times 10^9/L$	
Platelet	199		$\times 10^9/L$	(150 - 400)
Erythrocyte Sedimentation Rate	10		mm/hr	(<31)

Peripheral Blood Film (PBF)

Peripheral Blood Film :

Red cells : normocytic normochromic picture.

White cells : appears normal.

Platelets : adequate.

COMMENT:

Blood film morphology overall appears normal.

BLOOD BANK

Blood Group (ABO & Rh)

A Rh (D) Positive

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Laboratory Report 07182
Version 1.01 1st June 2023


Name : MD ZIAUL ISLAM

Passport Number : A07135520

DOB : 21.08.1963

Age/Gender : 60 y 5 m 10 d / Male

Lab No : GJL24009230

MRN : PIL240052299

Location : Gleneagles Medini - GP

Reference :

Branch : Glen. Medini Hospital

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Newcastle Medical Clinic, c/o Numed Malaysia Sdn. Bhd.

No.12 & 14 (GF), Jalan Eko Botani 3/3, Taman Eko Botani, Iskandar Puteri, 79100

TEST	RESULT	FLAG	UNIT	REFERENCE RANGE
BIOCHEMISTRY				
Liver Function Test				
Total Protein	77		g/L	(64 - 85)
Albumin	47		g/L	(34 - 50)
Globulin	30		g/L	(20 - 39)
Albumin-Globulin Ratio	1.57			
Alkaline Phosphatase	46		U/L	(38 - 124)
Aspartate Transaminase	25		U/L	(<34)
Alanine Transaminase	24		U/L	(10 - 49)
Gamma-Glutamyl Transferase	26		U/L	(12 - 73)
Bilirubin, Total	10.4		umol/L	(<22)

Sample hemolysis Index 1. Hemolysis may interfere on Potassium, Creatinine Kinase, AST, Lactate Dehydrogenase and Uric Acid levels.

Fibrosis Score, FIB4

1.54

FIB4 Comment

Suggest fibroscan. Consider referral to Gastroenterologist/Hepatologist.

Risk for advance fibrosis

<1.33	Low risk
1.33-2.66	Intermediate risk
>2.66	High risk

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 Laboratory Report 01/19/24
 Version 1.05.141, June 2023



Name : MD ZIAUL ISLAM

Passport Number : A07135520

DOB : 21.08.1963

Age/Gender : 60 y 5 m 10 d / Male

Requester : DR TEH YU CHIN

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No.12 & 14 (GF), Jalan Eko Botani 3/3, Taman Eko Botani, Iskandar Puteri, 79100

Branch : Glen. Medini Hospital

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Received : 31.01.2024 13:07:38

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Page No : 3 / 6

Lab No : GJL24009230

MRN : PIL240052299

Location : Gleneagles Medini - GP

Reference:

TEST	RESULT	FLAG	UNIT	REFERENCE RANGE
Renal Function Profile				
Sodium	139		mmol/L	(135 - 145)
Potassium	4.8		mmol/L	(3.5 - 5.1)
Chloride	104		mmol/L	(98 - 109)
Urea Nitrogen	3.4		mmol/L	(2.5 - 6.5)
Creatinine	70		umol/L	(62 - 115)
Estimated - GFR (CKD-EPI)	>90		ml/min/1.73m2	(>90)
Uric Acid	0.36		mmol/L	(0.22 - 0.55)
Glucose	5.7		mmol/L	(3.9 - 6.0)

Interpretation:

Category	Plasma Glucose (mmol/L)	
	Fasting	Random
Normal	3.9 - 6.0	3.9 - 7.7
IFG (Prediabetes)	6.1 - 6.9	
Indeterminate		7.8 - 11.0
Diabetes Mellitus	>=7.0	>=11.1

IFG: Impaired fasting glucose;

Recommend Oral Glucose Tolerance Test (OGTT) for fasting plasma glucose levels 6.1 - 6.9 mmol/L or random plasma glucose levels 7.8 - 11.0 mmol/L.

Source: 2020 Clinical Practice Guidelines for the Management of Type 2 Diabetes Mellitus (6th Edition). Kuala Lumpur: Joint Publication of the Ministry of Health Malaysia, Academy of Medicine Malaysia, Malaysian Endocrine & Metabolic Society and Diabetes Malaysia.

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Laboratory Report QP/02
Version 1.00 1st June 2023



Name : MD ZIAUL ISLAM
Passport Number : A07135520
DOB : 21.08.1963
Age/Gender : 60 y 5 m 10 d / Male

Lab No : GJL24009230
MRN : PIL240052299
Location : Gleneagles Medini - GP
Reference:

Branch : Glen. Medini Hospital
Collected : 31.01.2024 13:07:35
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Requester : DR TEH YU CHIN

Newcastle Medical Clinic, c/o Numed Malaysia Sdn. Bhd.
No.12 & 14 (GF), Jalan Eko Botani 3/3, Taman Eko Botani, Iskandar Puteri, 79100

TEST	RESULT	FLAG	UNIT	REFERENCE RANGE
Glycated Haemoglobin (HbA1C)				
HbA1c, NGSP unit	6.1	*	%	(<5.7)
HbA1c, SI unit	43		mmol/mol	

(Method: Ion exchange HPLC)

Diagnostic Values of HbA1c in Malaysian Adults

HbA1c (NGSP) %	HbA1c (IFCC) mmol/mol	
< 5.7	< 39	Normal
5.7-6.2	39-44	*Prediabetes (IFG or IGT)
≥ 6.3**	≥ 45**	T2DM

IFG: Impaired fasting glucose; IGT: Impaired Glucose Tolerance;
OGTT: Oral Glucose Tolerance Test; T2DM: Type 2 Diabetes Mellitus

*Recommend OGTT for HbA1c levels 5.7-6.2%.

**As type 1 diabetes mellitus (T1DM) may develop rapidly, HbA1c may not be raised, and cannot be used reliably to diagnose T1DM.

Individualised HbA1c Target for Known Diabetes

HbA1c (NGSP) %	HbA1c (IFCC) mmol/mol	
≤ 6.5	≤ 48	A: Tight target range for young, newly diagnosed diabetes without hypoglycaemia.
6.6-7.0	49-53	B: Target range for all other individuals not in category A or C.
7.1-8.0	54-64	C: Target range for diabetes and comorbidities, short life expectancy and/or prone to hypoglycaemia.

Source: 2020 Clinical Practice Guidelines for the Management of Type 2 Diabetes Mellitus (6th Edition). Kuala Lumpur: Joint Publication of the Ministry of Health Malaysia, Academy of Medicine Malaysia, Malaysian Endocrine & Metabolic Society and Diabetes Malaysia.

Calcium	2.40	mmol/L	(2.18 - 2.60)
Adjusted Calcium	2.26	mmol/L	(2.18 - 2.60)

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Laboratory Report 01/02
Version 1.06 (1st June 2022)


Name : MD ZIAUL ISLAM

Passport Number : A07135520

DOB : 21.08.1963

Age/Gender : 60 y 5 m 10 d / Male

Lab No : GJL24009230

MRN : PIL240052299

Location : Gleneagles Medini - GP

Reference :

Branch : Glen. Medini Hospital

Collected : 31.01.2024 13:07:35

Received : 31.01.2024 13:07:38

Reported : 31.01.2024 16:26

Page No : 5 / 6

Requester : DR TEH YU CHIN

Newcastle Medical Clinic, c/o Numed Malaysia Sdn. Bhd.

No.12 & 14 (GF), Jalan Eko Botani 3/3, Taman Eko Botani, Iskandar Puteri, 79100

TEST	RESULT	FLAG	UNIT	REFERENCE RANGE
Lipid Profile				
Cholesterol, Total	3.8		mmol/L	(<5.2)
Cholesterol, HDL	1.0	*	mmol/L	(>1.0)
Cholesterol, Non-HDL	2.8		mmol/L	(<3.4)
Cholesterol, LDL	2.1		mmol/L	(<2.6)
Triglycerides	1.5		mmol/L	(<1.7)
Cholesterol/HDL Ratio	3.8	*		(<3.5)
ENDOCRINE				
Thyroid Stimulating Hormone	1.96		mIU/L	(0.35 - 4.55)
IMMUNOLOGY & SEROLOGY				
Rheumatoid Factor	< 3.50		IU/mL	(<14)
Hepatitis Bs Antigen	Non-Reactive			
Hepatitis Bs Antibody	10		IU/L	(Reactive >10)
Treponema pallidum Ab	Non-Reactive			
Alpha-Feto Protein	1.7		ug/L	(0 - 8.1)
CEA	< 0.5		ug/L	(<5)
CA 19-9	12.0		U/mL	(0 - 37.0)
Comment: Cancer marker results must be interpreted together with other clinical findings.				
Prostate Specific Ag, Total	0.37		ng/mL	(0 - 4.00)

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 Laboratory Report 01912
 Version 1.05 1st June 2023



Name : MD ZIAUL ISLAM

Passport Number : A07135520

DOB : 21.08.1963

Age/Gender : 60 y 5 m 10 d / Male

Lab No : GJL24009230

MRN : PIL240052299

Location : Gleneagles Medini - GP

Reference:

Branch : Glen. Medini Hospital

Collected : 31.01.2024 13:07:35

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Reported : 31.01.2024 16:26

Page No : 6 / 6

Requester : DR TEH YU CHIN

Newcastle Medical Clinic, c/o Numed Malaysia Sdn. Bhd.

No.12 & 14 (GF), Jalan Eko Botani 3/3, Taman Eko Botani, Iskandar Puteri, 79100

TEST	RESULT	FLAG	UNIT	REFERENCE RANGE
FEME				
Urine FEME				
Appearance	Clear			
Colour	Yellow			
pH	6.0			(5.0 - 8.0)
Urine Specific Gravity	1.016			(1.005 - 1.030)
Urine Nitrite	Negative			
Urine Protein	Negative			
Urine Glucose	Negative			
Urine Ketone	Negative			
Urine Urobilinogen	3.2		umol/L	(<16)
Urine Bilirubin	Negative			
Urine Blood	Negative			
Urine Leucocytes	Negative			
Microscopic Examination				
Red Blood Cell	Nil		/uL	(<4)
White Blood Cell	Nil		/uL	(<7)
Epithelial Cell	Nil		/uL	
Crystal	Nil			
Cast	Nil			
Bacteria	Nil			
Mucus	Nil			
Other	Nil			

Test(s) requested: ZAFP,ZC199,ZCEA,ZPSA,PKP1

Specimen Received: EDTAB,PLSFS,S,U

Fasting Sample

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Issued 15:10, June 2022

IBN SINA DIAGNOSTIC & CONSULTATION CENTER, UTTARA

TREADMILL STRESS TEST

ISO 9001:2015 Certified



I.D. No	: U85942	Received date	: 29 Feb 2024	Printed date	: 29 Feb 2024 07:52PM
Name of Pt.	: MD ZIAUL ISLAM	Age	: 60 y(s)	Sex	: Male
Ref. By	: NICVD.				
Exam	: ETT				

Total Exercise Time	: 0900 Min	Max.HR attained	: 150 Bpm.
% of max. pred. HR	: 93 %	Max. Pred HR	: 160 Bpm.
Maximum BP	: 140/90 mmHg.	Max. work load attained	: 10.10 METS
Indication	: Screening for IHD.		
Risk Factors	: Smoking		
Reason for Termina.	: Attainment of THR.		
Test Profile	: BRUCE		
Symptoms	:		

Summary Result ⇒ **NEGATIVE**

Comments:

- ☐ MD ZIAUL ISLAM performed stress test in Bruce protocol for the evaluation of IHD (angina pectoris).
- ☐ Exercise capacity was good.
- ☐ Inotropic and chronotropic responses were normal.
- ☐ Stress test was terminated because of attainment of THR.
- ☐ ECG at rest shows no abnormality.
- ☐ ECG during exercise & recovery shows no significant ST depression.

Conclusion : Stress test is **NEGATIVE** for ECG evidence of provokable myocardial ischaemia.

Dr. Md. Aminur Razzaque
MBBS. MD (Cardiology) NICVD,
Assistant Professor (Cardiology), NICVD
Advance training on Echocardiography JROP (India)
Consultant, IBN SINA D.Lab & Consultation center, Uttara.

24-Feb-2024 1:42 PM

ID:U78270

Name:Md Ziaul islam

Sex:Male

Birth Date:

60 Years

cm

kg

mmHg

Medication:

Symptoms:

History:

Request:

Dept.:

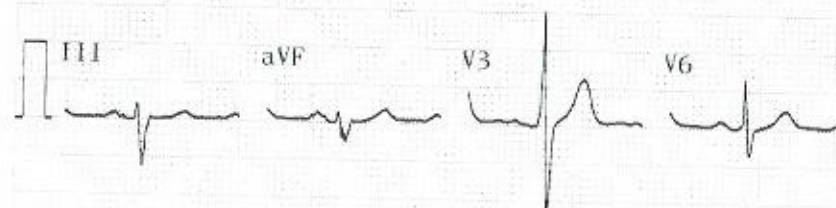
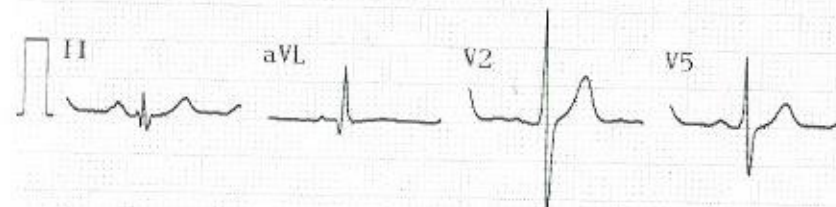
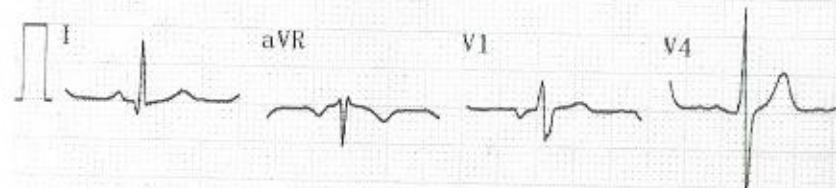
Vent rate	92	bpm
PR int	150	ms
QRS dur	98	ms
QT/QTc int	346/ 396	ms
P/QRS/T axis	46/ -20/ 53	°
RV5/SV1 amp	0.935/ 0.410	mV
RV5+SV1 amp	1.345	mV

1100 Sinus rhythm

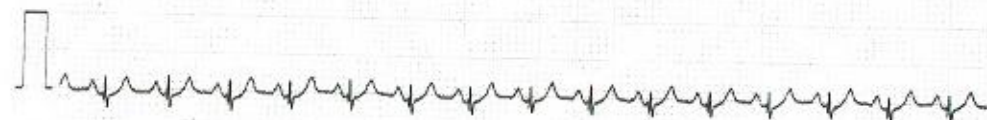
6220 Possible left atrial enlargement

9130 ** borderline ECG **

10 mm/mV 25 mm/s Average



Rhythm(II) 10 mm/mV 12.5 mm/s Filter 35 Hz



Unconfirmed Report
Reviewed by:

From: JPM Clinic D Lab And Consultation Center

ID: U78270

Name: Md Ziaul Islam

Sex: Male Birth Date:

60 Years

Medication:

cm

kg

mml/s

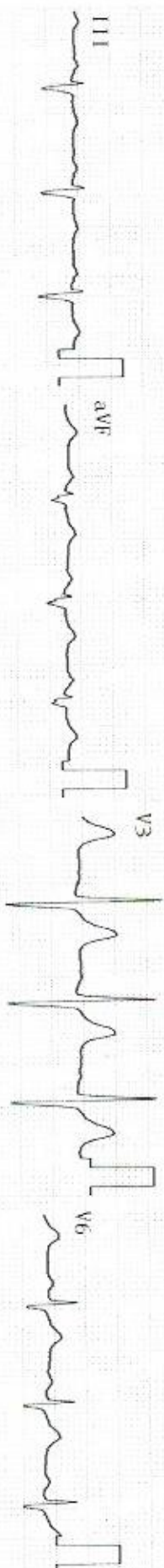
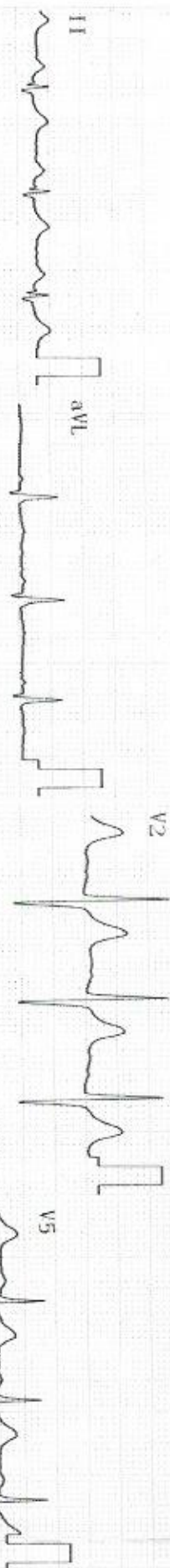
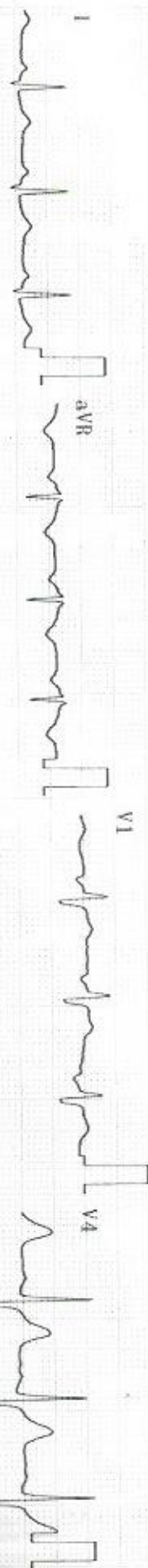
24-Feb-2024 1:42 PM

94 bpm

Symptoms: 10 mm/mV 25 mm/s Filter: H50 d 35 Hz 10 mm/mV

History: 10 mm/mV

10 mm/mV



Rhythm [11] 10 mm/mV



02-00 03-06

For Use On Nihon Kohden FQW 2103-140

CE

FQW JAPAN