



Parks, Recreation and Human Services Commission

Wednesday, March 27, 2024, 5:30 PM
COUNCIL CHAMBERS
1 Civic Center Circle
Brea, California 92821

Craig Livingston, Chair

Bill Higgins, Vice Chair

Eric Mason, Commissioner

Gill Realon, Commissioner

Irene Rifilato, Commissioner

This agenda contains a brief general description of each item the Commission will consider. The Community Services Department has on file copies of written documentation relating to each item of business on this Agenda available for public inspection. Contact the Community Services Department at (714) 990- 7738 or view the Agenda and related materials on the City's website at www.cityofbrea.net. Materials related to an item on this agenda submitted to the Commission after distribution of the agenda packet are available for public inspection in the Community Services Department at 1 Civic Center Circle, Brea, CA during normal business hours. Such documents may also be available on the City's website subject to staff's ability to post documents before the meeting.

Procedures for Addressing the Commission

The Commission encourages interested people to address this legislative body by making a brief presentation under Matters from the Audience. State Law prohibits the Commission from responding to or acting upon matters not listed on this agenda.

The Commission encourages free expression of all points of view. To allow all persons the opportunity to speak, please keep your remarks brief. If others have already expressed your position, you may simply indicate that you agree with a previous speaker. If appropriate, a spokesperson may present the views of your entire group. Commission rules prohibit clapping, booing or shouts of approval or disagreement from the audience. Please silence all cell phones and other electronic equipment while the Commission is in session. Thank you.

Written comments may be submitted in advance of the meeting by emailing ashleyr@cityofbrea.net.

Written comments received by 3 p.m. on the day of the meeting will be provided to the Commission, will be made available to the public at the meeting, and will be included in the official record of the meeting.

Special Accommodations

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Community Services Department at (714) 990- 7738. Notification 48 hours prior to the meeting will enable City staff to make reasonable arrangements to ensure accessibility. (28 CFR35. 102.35. 104 ADA Title 11)

1: Call to Order

2: Pledge of Allegiance

3: Invocation

4: Informational

4A. Student Advisory Board

5: Matters from the Audience

6: School District Representative

7: Correspondence - Staff

7A. Correspondence

8: Action

8A. Approval of the Minutes of the Meeting of February 28,2024

8B. Commission Reorganization

9: Discussion

9A. Focused General Plan Update - Community Steering Committee Appointment

9B. Tracks at Brea Western Extension Update

9C. Brea Resource Center and HOPE Center Update

9D. Arovista Park Modernization Project Update

9E. Ad Hoc Committee and Park Ambassador Appointments

10: Information Memorandum

10A. Information Memorandum - March 2024

11: Reports

11A. Park Ambassadors

11B. Golf Course Ambassadors

11C. Art in Public Places Committee - Rifilato

11D. Country Fair Steering Committee - Realon

11E. User Groups - Higgins

11F. Public Works - Esparza

11G. Community Services Staff

12: Adjournment

Date Posted: March 20, 2024



City of Brea

Parks, Recreation and Human Services Commission

Communication

Correspondence

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Correspondence - Staff	Item: 7A
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager

Prepared by: Ashley Reid, Community Services Specialist

Concurrence: Sean L. Matlock, Deputy Director of Community Services

Attachments

Corr.pdf

20240320151826.pdf

Comments or Suggestions:

More classic Silver
Sneakers please

15 min cardio
15 min strength
10 min weights
5 min Cool down

*And maybe 55 min again

Not enough room for your comments?

You can e-mail our team of supervisors at:

BCCTellUs@cityofbrea.net

Would you like us to get back to you?

We would be happy to respond, if you would please
fill out the information below:

Comments or Suggestions:

Ashley ♡
Thank You Sooo
much for having the
front desk contact
me (and save me a drive
in the pouring rain)
to alert me that
Body Pump was cancelled.

Not enough room for your comments?

You can e-mail our team of supervisors at:

BCCTellUs@cityofbrea.net

Would you like us to get back to you?

We would be happy to respond, if you would please
fill out the information below:



ben snowdon

Local Guide · 17 reviews · 3 photos

★★★★★ 8 hours ago **NEW**

Great public gym. Cost me \$7 and had all the kit I needed for cardio and free weights and machines. Not the same as a huge corporate gym but it's a big gym and for 7 bucks I got a great workout and never waited for a machine.

← Reply Like



Jack Barham

5 reviews

★★★★★ 10 hours ago **NEW**

In 1996 the Brea Community center committed to be a "place where all are invited to come together to play, to learn, to socialize, to create, to seek help, to relax and to celebrate." 28 years later this vibrant, well-staffed and welcoming environment is a testament to its visionary creator Chris, Fitness leaders Sean and DJ, and the many wonderful instructors Andrea and Barry and so many more. While my primary focus is fitness the overall atmosphere, the talent and kindness of everyone involved is extraordinary. Well done.

← Reply Like



silversneakers · Follow

silversneakers · Workout classes are a great way to improve your physical health and meet people. Sign up for a #SilverSneakers class near you! 🏃‍♀️

♥️ 🔍 📌

👤 Liked by breafitness and others
22 minutes ago

😊 Add a comment...

Matlock, Sean

From: Matlock, Sean
Sent: Tuesday, March 12, 2024 2:08 PM
To: stephen Flores
Subject: RE: Daily danger on The Tracks.

Hello Mr. Flores and thank you for your email. I will partner with the Police Department and our Public Works team to see what we can do moving forward to assist with this. In addition, I will share it with our Parks, Recreation and Human Services Commission which will meet later this month on March 27th.

Thank you again and please feel free to reach out to me with any questions/concerns. Have a good rest of the week!

Happy Day!!!



Please consider the environment before printing this e-mail

From: stephen Flores
Sent: Tuesday, March 12, 2024 1:09 PM
To: TheTracks <TheTracks@ci.brea.ca.us>
Subject: Daily danger on The Tracks.

My wife and I are homeowners here in Brea living near The Tracks Trail, the usage of which we very much enjoy. We generally walk it from Brea Blvd. east to State College or Birch Street end and back. Of course as you know, folks of all ages, from seniors such as my wife, Mila and I, down to infants in strollers being pushed by their mothers, populate the lanes. Also a notable presence along the trail are bike riders, specifically electric motorized bike riders -- and this email today is a serious concern about the alarming safety hazard these customarily speeding bicycles represent as they dangerously whiz past unaware pedestrians, myself included. One of these days someone is going to get hurt, badly, because of this. With subsequent injury, liability and legal claims, this is not likely to end well if the city may be found complicit, if not actually negligent, in this potential matter of inattention to public safety.

Those in a position of appropriate responsibility at the city of Brea are urged to address this problematic issue and enact measures to control it: e.g., Speed limit signage for motorized bicycles. Or whatever. In this regard, I should like to think that prudent action in the best interests of public safety is the inarguable priority in your decision-making.

Thank you for your attention.

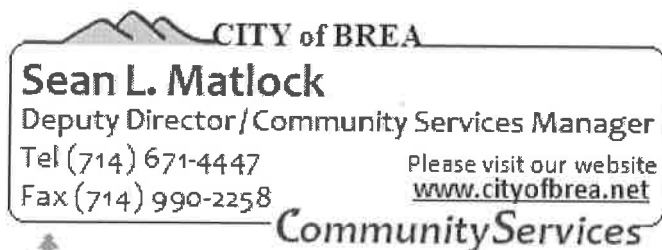
Steve Flores

Matlock, Sean

From: Matlock, Sean
Sent: Monday, March 18, 2024 8:21 AM
To: stephen Flores
Subject: RE: Attn: Sean Matlock, Community Services

Thank you for the information!

Happy Day!!!



 Please consider the environment before printing this e-mail

From: stephen Flores
Sent: Saturday, March 16, 2024 3:25 PM
To: TheTracks <TheTracks@ci.brea.ca.us>
Subject: Attn: Sean Matlock, Community Services

Re: The Tracks, once more, if you will. Allow me to suggest that you (and perhaps others with an interest here) walk the path next Saturday morning, as my wife Mila and I did today. Start around 8 a.m. or so, from the Brea Blvd. entry to the State College end and back again, in order to viscerally experience the recurring hazard of bicyclists, both motorized and pedaling, obviously speeding/weaving by you in either direction. Am suggesting this day and time as it seems particularly popular with Tracks users that often includes racing-style bicyclists bunched-up in fast-moving groups crowding over the marked trail lanes, in directions coming or going, weaving dangerously close to the pedestrians who are of course simultaneously using the same trail paths. I am not a squeamish or frail person but I am rational enough to avoid dangerous situations -- as is persistently being presented here, something, it goes without saying, the city did not anticipate but nonetheless is well-advised at this time to sensibly, satisfactorily remedy for the public good, as stated earlier. Thank you again, Sean, for your efforts in this regard.

~ Steve Flores



City of Brea
Parks, Recreation and Human Services Commission
Communication

Approval of the Minutes of the Meeting of February 28,2024

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Action	Item: 8A
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

RECOMMENDATION

Approve.

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager

Prepared by: Ashley Reid, Community Services Specialist

Concurrence: Carrie Hernandez, Deputy Director of Community Services

Attachments

Draft Minutes - 2-28-2024.pdf

**** The following document is a draft of the minutes and the not the official approved minutes**

Minutes for the Parks, Recreation and Human Services Commission

1 Civic Center Circle, Brea, California 92821

February 28, 2024, 5:33 PM - February 28, 2024, 6:49 PM

Roll Call: *(The following members were in attendance)*

- **Craig Livingston**, Chair - Parks, Recreation and Human Services Commission
- **Bill Higgins**, Vice Chair - Parks, Recreation and Human Services Commission
- **Eric Mason**, Parks, Recreation and Human Services Commissioner
- **Irene Rifilato**, Parks, Recreation and Human Services Commissioner

Absent:

- **Gill Realon**, Parks, Recreation and Human Services Commissioner

1. Call to Order

Chair Livingston called the meeting to order at 5:33 p.m.

2. Pledge of Allegiance

Livingston

3. Invocation

Livingston

4. Informational

Students from the Student Advisory Board provided Commissioners an update on activities that the board has planned.

Deputy Director Hernandez provided Commissioners an update on Community Services staffing and a current unscheduled vacancy on the Cultural Arts Commission.

5. Matters from the Audience

None.

6. School District Representative

Brea Olinda Unified School District Assistant Superintendent Rick Champion, provided Commissioners an update.

7. Correspondence - Staff

7A. Correspondence

Deputy Director Hernandez noted discussed the correspondence that was received from the community.

8. Action

8A. Approval of the Minutes of the Special Meeting of November 30, 2023

Motion was made by Vice Chair Higgins, seconded by Commissioner Mason to approve the Minutes of the Special Meeting of November 30, 2023. Ayes: Chair Livingston, Vice Chair Higgins, Commissioner Mason, Commissioner Rifilato Absent: Commissioner Realon Motion Passed

9. Discussion

9A. Friends of the Tracks at Brea Update

Community member Bill McMillan provided Commissioners an update on the non-profit status and efforts made towards achieving the groups goals.

Senior Management Analyst Colacion noted that a next step would be for the Friends of the Tracks group to meet with staff and the City of Brea Communications and Marketing Division.

In response to Commissioner Rifilato's inquiry, Senior Management Analyst Colacion discussed branding and the partnership with the City of Brea Communications and Marketing Division.

9B. Arovista Park Modernization Update

Senior Management Analyst Colacion provided Commissioners an update on the Arovista Park Modernization Project.

9C. Brea Senior Center - Feasibility Study and Future CDBG Funding Update

Senior Management Analyst Colacion provided Commissioners an update on staff's plan to convert the now-vacant offices left behind following the relocation of the Brea Resource Center.

9D. Brea Community Center - Future Conversion of Former Resource Center Location

9E. Year Round Aquatics Exploration

Senior Management Analyst Colacion provided Commissioners an update on the research being done for year-round aquatics programming at the Brea Plunge.

10. Information Memorandum

10A. Information Memorandum

Deputy Director Hernandez noted items listed in the Information Memorandum.

11. Reports

11A. Park Ambassadors

Commissioner Rifilato noted that she saw an increase of graffiti at Arovista Park.

11B. Golf Course Ambassadors

Vice Chair Higgins noted that the rain has affected attendance at both Birch Hills and Brea Creek golf courses.

11C. Art in Public Places Committee - Rifialto-

None.

11D. Country Fair Steering Committee - Realon-

Deputy Director Hernandez noted that the Country Fair Steering Committee has began meeting in preparation of Country Fair.

11E. User Groups - Higgins-

None.

11F. Public Works - Esparza

Parks Supervisor Esparza provided Commissioners a maintenance update.

11G. Community Services Staff

Executive Assistant Reid reminded Commissioners of the upcoming Brea Little League Opening Day on Saturday, March 2, 2024.

12. Adjournment

Chair Livingston adjourned the meeting at 6:49 p.m.



City of Brea

Parks, Recreation and Human Services Commission

Communication

Commission Reorganization

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Action	Item: 8B
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager



City of Brea

Parks, Recreation and Human Services Commission

Communication

Tracks at Brea Western Extension Update

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Discussion	Item: 9B
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

BACKGROUND/DISCUSSION

Staff will provide Commissioners an update on the Tracks at Brea western extension.

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager

Prepared by: Sean L. Matlock, Deputy Director of Community Services



City of Brea

Parks, Recreation and Human Services Commission

Communication

Brea Resource Center and HOPE Center Update

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Discussion	Item: 9C
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

BACKGROUND/DISCUSSION

Staff will provide Commissioners an update on the Brea Resource Center and HOPE Center.

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager

Prepared by: Carrie Hernandez, Deputy Director of Community Services



City of Brea

Parks, Recreation and Human Services Commission

Communication

Arovista Park Modernization Project Update

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Discussion	Item: 9D
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

BACKGROUND/DISCUSSION

Staff will provide Commissioners an update on the Arovista Park Modernization project.

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager

Prepared by: Jenn Colacion, Senior Management Analyst

Concurrence: Sean L. Matlock, Deputy Director of Community Services



City of Brea Parks, Recreation and Human Services Commission Communication

Ad Hoc Committee and Park Ambassador Appointments

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Discussion	Item: 9E
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

BACKGROUND/DISCUSSION

Commission members annually serve on current and active ad hoc committees to investigate and review issues and projects that are of special interest to the Commission. It is customary to review the list of Commission ad hoc committees to determine their viability and for the Chair to maintain or modify the existing appointments to these ad hoc committees. In addition to the Commission ad hoc committees, Commissioners occasionally represent the Commission on other committees such as the Country Fair Steering Committee and the Art in Public Places Advisory Committee.

Please review the attached list as Commissioners will be asked which ad hoc committee they would like to serve. Commissioners will also be asked their interest in serving as a representative to the Country Fair Steering Committee and the Art in Public Places Advisory Committee.

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager

Prepared by: Jenn Colacion, Senior Management Analyst

Concurrence: Sean L. Matlock, Deputy Director of Community Services

Attachments

Committee Appointments February 2023.pdf

AD HOC COMMITTEE APPOINTMENTS

May 24, 2023

Ad Hoc Committee Appointments

- | <u>Ad Hoc Committee</u> | <u>Assignment</u> |
|---------------------------------------|-----------------------------------|
| • Brea 265 Development | • Gill Realon/Eric Mason |
| • Birch Hills Golf Course Projects | • Bill Higgins/Eric Mason |
| • Arovista Park Modernization Project | • Irene Rifilato/Craig Livingston |
| • Pickle Ball | • Gill Realon/Bill Higgins |

Commission Representatives

- | <u>Committee</u> | <u>Assignment</u> |
|--|-------------------|
| • Art in Public Place Advisory Committee | • Irene Rifilato |
| • Country Fair Steering Committee | • Gill Realon |
| • User Groups/Field Allocation | • Bill Higgins |
| • Cultural Arts Master Plan Steering Committee | • Irene Rifilato |

Park Ambassadors

- | <u>Park</u> | <u>Ambassador</u> |
|--|---------------------------|
| • Arovista Park, City Hall Park/Plunge, Senior Center/Pioneer Hall, Skate Park | • Irene Rifilato |
| • Community Center, Olinda Oil Museum & Trail, Olinda Ranch Park, Tamarack Park | • Gill Realon |
| • Country Hills Park, Lagos de Moreno Park, Junior High Park, Wildcatters Park | • Craig Livingston |
| • Founders Park, Greenbriar Park, Woodcrest Park, Tracks at Brea Segments 1 to 3 | • Eric Mason |
| • Sports Park, Wildcatters Dog Park, Tracks at Brea Segments 4 to 6 | • Bill Higgins |
| • Birch Hills Golf Course, Brea Creek Golf Course | • Bill Higgins/Eric Mason |



City of Brea

Parks, Recreation and Human Services Commission

Communication

Information Memorandum - March 2024

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Information Memorandum	Item: 10A
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager
Prepared by: Ashley Reid, Community Services Specialist
Concurrence: Sean L. Matlock, Deputy Director of Community Services

Attachments

MARCH 2024 INFORMATION MEMORANDUM.pdf

I. GENERAL

Brea Golf Courses

The following information is collected from Western Golf, operator of both courses.

	<i>Birch Hills Golf Course</i>		<i>Brea Creek Golf Course</i>	
Item	December	January	December	January
Total Rounds	5,339	5,733	4,644	5,097
Total Bucket of Balls: Small	547	998	534	406
Total Bucket of Balls: Medium	798	950	404	473
Total Bucket of Balls: Large	957	498	589	658
Total Cart Rentals	3,991	3,843	2,245	2,359
Pay Your Age Rounds	98	126	149	101
Senior Rounds	1,039	409	1,882	2,281
Junior Rounds	234	224	491	271
Brea Rewards Renewals	103	129	18	22
Brea Rewards Members	77	74	21	26

Olinda Oil Museum and Trail

The regular open hours tours for the month totaled 87 visitors. It was a busy month with a consistent turn-out on the weekends. There was one special group tour of 30 boy scouts who toured the museum and hiked the trail. The trail's popularity remains high with it being a favorite for walkers and hikers in and around Brea. A constant level of regulars and locals use the trail daily, along with avid hikers finding the trail on numerous websites.

The wooden rig display enhancement to add the historic safety device called a 'Headache Post' was delayed due to the weather. The major pieces have been added but some placement work is required to fit the original position on the 100 plus year-old display. That work will be completed over the next month.

Special Events

Spring Craft Boutique

The Spring Craft Boutique was a two-day event this year, held on March 15th and 16th at the Brea Community Center. There were over 2,100 customers and community members who shopped at the 24th annual City of Brea Spring Craft Boutique. The boutique featured 200 vendors, selling unique one-of-a-kind seasonal and year-round gifts and décor, wearable art, jewelry, florals, baby items, tasty goodies and much more. This is a really fun event where the community is able to shop local, sample and purchase unique items from small business owners.



Pet Expo

We are so excited to be hosting our fifth Annual Pet Expo on April 6th from 9 a.m.-3 p.m. at the Brea Community Center. The Pet Expo will feature over 100 vendors, highlighting pet products, learning opportunities and pet adoptions as well as demonstrations from Anaheim Police Department K-9 Unit as well as the Brea Police Department. The community will be able to see a variety of K-9 techniques, including a drug sniffing drill, dog obedience and simulation bite. This event will cost \$3.00 for admission and we hope you all are able to attend this fun local event for the community.



II. COMMUNITY CENTER/RECREATION SERVICES

Operations/Facility Reservations/Contract Classes

For the month of February, we offered many exciting recreation classes within our Contract Class program. Some of the classes Crafts for Kids, Intro to Ballet, Intro to Karate, Tae Kwon Do for Kids, Intro to Golf for Kids and Adults, Horse Fun for Preschoolers & Kids, Horse Fun for Adults, various Semi-Private Tennis Lessons, and our very popular Gymnastics classes.

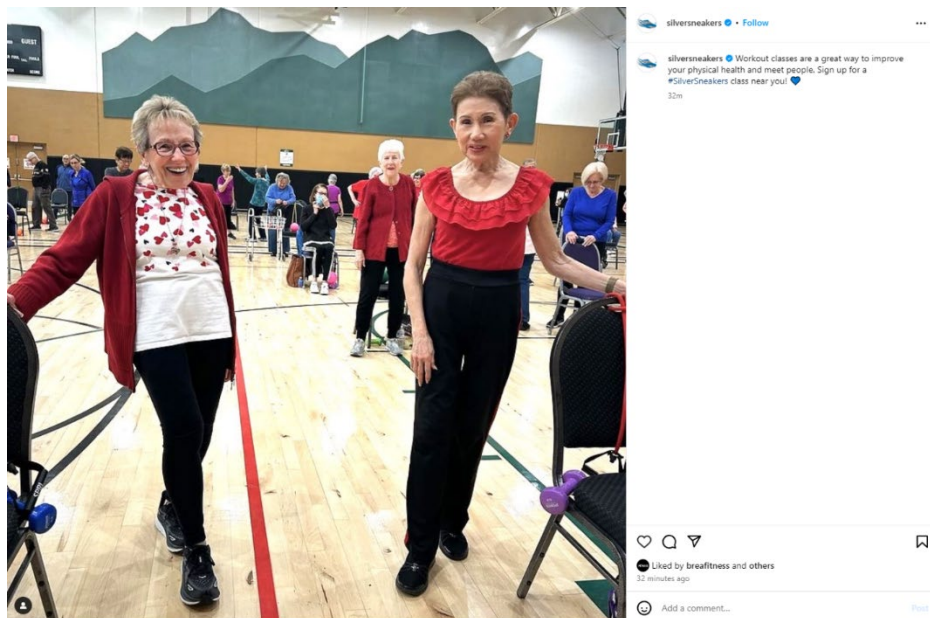
February was a busy month for Facility Reservations as our clients are gearing up for the Spring and Summer event seasons! During this month, we hosted six birthday parties, four weddings, two engagement celebrations, and a celebration of life. Business and non-profit clients Corban Group, LA

Education Partnership, California Knifemaker's, Brea Chamber, and Nordstrom all held events at the Brea Community Center. Church rental clients, Saddleback, Renew, and Calvary Life Fellowship, continue to meet each Sunday at the Community Center, Civic & Cultural Center, and Senior Center, respectively.

Brea Fitness Center

Brea Fitness continues to increase in memberships, drop-in, and class participation. Teens, adults, and seniors came together to play basketball, volleyball, "hit the weights", or take a group exercise class. All ages and all levels are getting fit together at Brea Fitness. The Fit-Team continues to provide a fun, safe and clean environment for community members to achieve their healthy lifestyles and Make Fit Happen.

Brea Fitness Center	January	February
Memberships	1037	1052
Insurance-Based Memberships	989	1020
Total	2026	2072
Monthly Drop-Ins	711	704



Total Class Attendance:

Program	Classes Per Week	January 2024	Classes Per Week	February 2024
BodyPump	6	227	6	343
Barre	4	107	4	181
Cycle	6	148	6	243
Circuit Training	1	35	1	50
SilverSneakers	3	420	3	772
Super Sculpt	1	69	1	73
Functional Strength	1	38	1	57
TRX Total Body Strength	2	35	2	63
TRX Strength & Conditioning	4	20	4	54
TRX Tone & Flow	1	38	1	73
TRX Strong: All Levels	2	49	2	53
Yoga	8	335	8	587
Zumba	9	691	10	1167
Low Impact	4	134	3	189
Kickboxing	1	32	1	40
Kinstretch	2	27	2	51
Mat Pilates	2	139	2	180
Total	57	2544	57	4150

Personal Training & Massage Therapy Attendance:

Program	January 2023	February 2024
Personal Training	106	90
Massage Therapy	20	36

Youth Programs

The After-School Program and Teen Zone are officially more than halfway through the school year. The kids continue to enjoy daily activity areas: sports/group games in the gym, art, Switch video game tournaments, playground, and games/hangout time in the cafe on top of study hall time to complete their homework. The month has seen fun seasonal activities and games. The kids were especially excited to make shamrock shakes in Cooking Club to Celebrate St. Patrick's Day and make leprechaun traps. The After School Program is full for Kinder through 6th, but there is still availability in the Teen Zone. The programs are still seeing an average of 100 students a day.

The Tiny Tots part-time preschool-aged program's Winter session came to an end on March 14. The last week brought about lots of green and St. Patrick's Day-themed activities including edible rainbows made out of fruit loops, marshmallows, and pots of gold coins. The program is also still working on growing its new TK/Kinder Club that takes place Tuesday and Thursday afternoons from 12:30-3:15. Participants have lunch with friends, and participate in more music, story time, arts and crafts, center play, and small group learning. It is a great program to partner with those in morning TK/ Kinder classes or for homeschooled or online learning students whose parents are looking for small group socialization and additional enrichment to their current learning platforms. The Spring session starts on March 25 with all classes full except Tues/Thurs in the 4-year-old room and the TK/Kinder Club. Participants can start anytime as long as there is space.

Important Upcoming Dates:

March 25- Spring Tiny Tots session begins

April 1-Spring Break Day Camp

April 10- Day Camp Registration Online (residents)

April 11- Day Camp Registration Online (non-residents)

May 6- Summer Tiny Tots Registration



Adult Softball

Mercury Insurance Returns For Another Softball Season After a successful Summer season of slow pitch softball in 2023, Mercury Insurance decided they wanted to get in on some more fun for a Winter/Spring season back at the Sports Park. We currently have six teams playing in the league, all of which are filled with employees of Mercury. They are currently playing on Sports Park field 2 each Sunday with the first game beginning at 3pm and the last game at 5:30pm. The season is scheduled to play all the way up until May 12th.

Brea Resource Center

The Brea Resource Center's Counseling Program continues to provide affordable individual and family counseling to the community. The Counseling Program provides both in-person and telehealth sessions for their clients. Our trainees consist of college students in their respective graduate programs attempting to complete their practicum hours to fulfill their graduation requirements.

Counseling Sessions	January	February
Number of Sessions	162	155
New Client Intakes	9	8
Total	171	163

Veteran Service Officers Ron Garcia and Gary Colletti continue to provide veteran services to our local veterans at the Brea Resource Center and Senior Center. Ron, who conducts one-on-one veteran services counseling at the Brea Resource Center, will often counsel his clients over the phone to ensure they are provided the resources and information that they need. Through their services, both Ron and Gary provide benefit claims counseling and referral assistance to our local heroes. For the month of February, our Veteran Service Officers assisted 15 Veterans.

For the month of February, HOPE Center received 51 calls regarding homeless concerns in Brea from these calls two homeless clients were placed in shelters. The HOPE Center conducted 14 proactive engagement, this is where the dispatch team is providing services and building rapport with homeless clients.

Community Health Initiative of Orange County (CHIOC) continued to provide free county services that include, Cal-Fresh, Medi-Cal, CalWORKs and General Relief. For the month of February, the representative assisted two clients.

Senior Center

Senior Center Numbers (At-a-Glance)	January	February
Total Transportation Trips Provided	684	503
New Registered Visitors	41	41
Total Meals Served	1,588	1,613
Program Attendance	4,360	4,501

February Highlights:

Unleashing Creativity: Painting for Older Adults is a hit!

Our latest Painting for Older Adults class is proving that artistic expression knows no age limit with seniors of all skill levels finding joy and connection through the creative process. This class

caters to both experienced artists looking to refine their techniques and curious beginners eager to explore their artistic side. The instructor fosters a supportive and welcoming environment, ensuring everyone feels comfortable picking up a brush, regardless of prior experience. We've witnessed some beautiful artwork being created, but more importantly, we've seen a sense of accomplishment and camaraderie blossom amongst our seniors. With its focus on creative expression and exploration, this class is proving to be a valuable resource for Brea's senior population.



Veteran's Club Takes Off!

Our Veteran's Club took a day trip to Wings Cafe in Fullerton, California. The cafe, situated right at the Fullerton Municipal Airport, offered the perfect combination – a hearty breakfast and a front-row seat to planes taking off and landing. Between bites of breakfast and sips of coffee, lively conversations filled the air. For many of our veterans, the act of sharing experiences goes beyond mere storytelling. It's a form of therapy, a way to connect with others who understand the unique challenges and triumphs of military service.

This day trip wasn't just about fueling up; it was about forging stronger bonds and celebrating the shared experience of serving their country. The camaraderie that blossomed over plates of food

and the shared spectacle of air travel serves as a powerful testament to the enduring spirit of the veteran community.



Case Management:

Home Delivered Meals	January	February
Number of Meal Clients	30	29
Total Deliveries	563	576
Total Meals Delivered	1458	1557
Number of Volunteers	25	25
Case Management Activity	January	February
Number of Active Clients	61	59
New Cases	3	1
Closed Cases	1	3
Home Delivered Meals	November	December
Number of Meal Clients	29	30
Total Deliveries	557	563
Total Meals Delivered	1671	1458
Number of Volunteers	27	25
Case Management Activity	November	December
Number of Active Clients	58	61
New Cases	1	3
Closed Cases	0	1



MEMORANDUM

DATE: March 6, 2024

TO: Parks, Recreation, and Human Services Commission

FROM: Edgar Esparza, Parks Supervisor

SUBJECT: Park Update, February 2024

Sports Park

Replace 3 electrical receptacles, add infield dirt to fields #1,2,3. Paint fire lane curbs, pressure wash restrooms, clean monument signs, and perform routine maintenance throughout park.

Arovista Park

Add infield dirt to fields #1,2, paint restrooms, clean monument sign, clean vee ditches and drains, replace hand dryer and perform routine maintenance throughout park.

Tamarack Park

Repair restroom light, add sand to play ground, replace basketball hoop, clean monument sign, and perform routine maintenance throughout park.

Jr. High Park

Repair restroom faucet, paint restroom, clean monument sign, and perform routine maintenance throughout park.

Country Hills Park

Repair tennis court lights, add Infield dirt to fields #1,2,3. clean monument sign and perform routine maintenance throughout park.

City Hall Park

Repair irrigation valve, pressure wash gazebo, trim large oak tree, and perform routine maintenance throughout park.

Greenbriar Park

Repair drinking fountain, clean drains, and perform routine maintenance throughout park.

Woodcrest Park

Clean monument sign, sift playground sand and perform routine maintenance throughout park.

Olinda Ranch Park

Repair restroom faucet, repaired ruts on horse trail, clean monument sign, and perform routine maintenance throughout park.

Olinda Ranch Oil Museum and Trail

Perform routine maintenance throughout park and trail.

Founders Park

Repair walkway light, sift playground sand, and perform routine maintenance throughout park.

Wildcatters Park

Repair parking lot lights, repair restroom urinal, clean monument signs, and perform routine maintenance throughout park.

Lagos De Moreno Park

Clean monument sign, pressure wash restrooms, and perform routine maintenance throughout park.

Dog Parks

Power broom artificial turf, maintain dog waste station, pressure wash picnic tables, clean monument sign, and perform routine maintenance throughout parks.

Tracks

Re-stake trees, repair erosion control, clean storm drain inlets, level ruts in DG trail, clean Trolley display, pressure wash restrooms, and perform routine maintenance throughout Tracks.

**Routine maintenance may include one or more of these tasks at each site: trash removal, restroom cleaning, mowing, edging, weeding, trimming, irrigation repairs, playground checks and repairs, ball field dragging, and court cleaning.

Upcoming Events			
April 5		Easter Party	Brea Senior Center
April 6	9am-3pm	Pet Expo	Brea Community Center
April 26		Volunteer Recognition Party	Brea Senior Center
April 26		National Arbor Day Celebration	
April 27 & 28		Orchestra Collective of Orange County	Curtis Theatre
April 27	8am-1pm	Love Brea	Civic & Cultural Center
May 10		Mother's Day Party	Brea Senior Center
May 11	9am-1pm	Health and Wellness Expo	Brea Community Center
May 11		Public Works & Fire Open House	Fire Station 1
July 4		Country Fair	City Hall Park
August 9		Brea Fest	Civic & Cultural Center

What's Doin' at the Brea Senior Center

Happy Valentine's Day!



February 2024

Hours | Monday-Friday, 8 a.m.-3 p.m.

Announcements

Mature Driver Class
Wednesday, Feb 7 & Thursday,
Feb 8, 1-5 p.m.

A two-day improvement class for licensed drivers age 55+. A Certificate of Completion will be awarded as evidence to obtain up to three years of reduced car insurance rates from participating insurance companies. Registration required. Please call 714-808-4679 to register.

By NOCE Active Older Adults

Making Sense of Today's Senior Living Options
Thursday, Feb 22, 10:30 a.m.

Explore the most common senior living options in this presentation to help you focus on the type of housing that will best suit your care needs and budget.

By Senior Helpers, Susan & Annette Real Estate, and Clear Choice Senior Services

OC Registrar of Voters Presentation

Thu, Feb 8, 11 a.m.

VOTE

Learn about the 2024 upcoming primary election, and all the services that Vote Centers offer.

Valentine's Day Trivia
Thu, Feb 15, 10:30 a.m.

By JSA and Optum Medical Group 

Mindfulness Workshops

Join Anjali, Meditation Coach, as she teaches these two free powerful, uplifting, and engaging workshops! Sign up at the front desk.

Friday, Feb 2, 9-10:30 a.m.

Importance of breathing & the power of gratitude.

Friday, Feb 9, 9-10:30 a.m.

Putting forgiveness into action & tools of affirmations and visualizations.

NEW! Staying Mentally Sharp for Older Adults Class
Wednesdays, 12:30-2:20 p.m.

This course provides older adults with the tools to reach their optimum levels of brainpower through skill-building with memory techniques. Registration required. Please call 714-808-4679 to register.

By NOCE

NEW! Creative Arts for Older Adults Class

Thursdays, 9-11:50 a.m.

This class encourages art appreciation, self-expression, and creativity through a variety of art media. Registration required. Please call 714-808-4679 to register.

By NOCE

Senior Tax Preparation
Tuesdays, starting in February,
12:30-3 p.m.

ARP Volunteer Tax-Aides help taxpayers with low and moderate incomes file their basic tax returns. Taxpayers with complex tax returns are advised to seek paid tax assistance. Restrictions apply, call 714-990-7750 to register.

Friday Lunch & Party Registration Change

Starting in 2024, Brea residents will be given priority to purchase Friday Lunch and Party tickets from the 1st day of the month to the 10th day of the month. Non-residents are eligible to purchase tickets beginning the 11th day of the month. Friday lunch & Party tickets will also be going up by \$1.00 starting in 2024.



Travel Group

Sherman Library & Gardens and Buffet Lunch at Avila's El Ranchito Wed, March 6, 9 a.m.-3 p.m.

Sherman Library & Gardens is a 2.2-acre garden located in Corona del Mar complete with a setting of immaculate gardens, patios and conservatories. After a docent-led garden tour, we will head down the street to El Ranchito for a buffet lunch including salad, enchiladas, burritos, rice & beans, and a soft drink. \$35 per person includes transportation, garden admission, and buffet lunch.



Yosemite May 6-8

Highlights: Chukchansi Gold Resort Casino, Yosemite National Park, Yosemite tram tour, Yosemite Village shops and restaurants. \$899 per person based on double occupancy.

Health Help

Free Nail Painting 1st & 3rd Monday of each month, 9-10 a.m.

Blood Pressure Checks Tuesdays, 10 a.m.-12 p.m.

Massage Therapy Fri, Feb 9, 10 a.m.-12 p.m. By **SCAN Health Plan**



Senior Services

Case Management Services

Are you a senior living in Brea? Are you a caregiver for a loved one? Achieve successful aging through advocacy, assessment, facilitation, and resource management. Eligibility to be a Case Management client: Brea resident, 60+ years of age, and client consent. Call 714-990-7750 for more info.

Medicare & Health Insurance Assistance 2nd & 4th Wed of each month 9:30-11:30 a.m.



Benefits anyone who has questions or needs assistance regarding Medicare, HMO's and secondary and long-term care insurance.

Appointment Required By Health Insurance Counseling and Advocacy Program

Legal Aid (Wellness Room) 4th Thursday of each month 12:30-2 p.m.

Appointments are available with representatives from Legal Aid Society of Orange County for seniors 60+, who reside in Orange County.

By Community Legal Aid SoCal

Senior Grocery Program 2nd & 4th Tue of each month 10:30-11:30 a.m.

Pick up a selection of fresh produce, dairy products, and shelf-stable dry goods, while supplies last. Bring your own grocery bags!

By Second Harvest Food Bank

Shopping Trips!

Every Monday, 12:45 p.m.
1st & 3rd Wed, 12:45 p.m.



Free transportation for Brea residents to Walmart, Ralphs, Rite Aid, Albertsons, and Trader Joe's. Shopping trips limited to one hour. Call 714-990-7754 to register.

Senior Center Gift Shop Open Monday through Friday 8:30-11:30 a.m.

Quality items available at bargain prices including: jewelry, home decorations, glassware, and assorted handcrafted items. Donated items accepted during business hours.

Senior Van Service Tue-Fri, 9 a.m.-1 p.m.

For \$2 per one-way, go to essential errands or appointments within 5 miles of your home (within OC). Eligibility includes 60+ years of age and Brea residency. Application required, as well as submitting your ride request 3 business days in advance. Service days and hours of operation are subject to change. Call 714-990-7750 for more information.

Fitness

Better Balance with Dan Mondays, 10-11:50 a.m.

Please call 714-808-4679 to register.

Registration Required By NOCE

Health & Wellness w/ Eunice Tuesdays, 10-11:50 a.m. Thursdays, 9:30-11:30 a.m.

Please call 714-808-4679 to register.

Registration Required By NOCE

Line Dancing Class
 Wednesdays, 12-3 p.m.
 Introduction: 12-1 p.m.
 Beginning: 1-2 p.m.
 Intermediate: 2-3 p.m.



Longevity Stick Balance Class
 Mondays (ZOOM only)
 Wednesdays & Fridays, 9-10 a.m.

Table Tennis
 Every Tue & Thu, 12:30-3:30 p.m.
 Resident Quarterly Fee: \$20
 Non-Resident Quarterly Fee: \$30

Tai Chi for Every Body
 (No class from 2/15-3/11)
 Mon, 10-11:30 a.m. (ZOOM only)
 Tue & Fri, 1-3 p.m. (ZOOM only)

Tai Chi 42 (Courtyard)
 Wednesdays, 8:30-10 a.m.

Yoga Class
 Tuesdays, 8:30-9:30 a.m.
 Thursdays, 8:30-9:15 a.m.



Join us for a yoga class for any level of experience. Bring your own mat.

Zumba® Gold
 Mondays, 12-1 p.m.
 Wednesdays, 10:30-11:30 a.m.

Classes

Painting for Older Adults Class
 Tuesdays 1-2:50 p.m.

Registration required. Please call 714-808-4679 to register.
By NOCE

Recorder Music Practice
 Wednesdays
 Intermediate: 9-10:30 a.m.
 Beginning: 10:30-11:30 a.m..

Beginning Ukulele Class
 Thursdays, 1-2:30 p.m.
 Need to purchase a ukulele, music stand, tuner, and a book.

Gatherings

Afternoons at the Movies
 Wed, Feb 14: "Past Lives"
 (2023) PG-13

Two childhood sweethearts, after decades apart, are reunited for one fateful week in New York as they confront notions of destiny, love, and the choices that make a life in this heartrending modern romance.

Wed, Feb 28: "AIR" (2023) R

Sonny Vaccaro and Nike pursue then undiscovered basketball rookie Michael Jordan, creating a partnership that revolutionizes the world of sports and contemporary culture.

Bible Study (Room C)
 3rd Wednesday of each month
 12:30-1:30 p.m.
By Cause Church Senior Ministry



Bingo! (Dining Room)
 Mondays, Wednesdays, and Fridays, 10:30-11:30 a.m.
 Thursdays, 12:30-1:30 p.m.

Birthday Party
 Friday, February 2, 11:30 a.m.
By Cause Church Senior Ministry

Book Club (Courtyard)
 4th Wednesday of each month
 11-11:30 a.m.

Discuss the book and pick up next month's book selection.
By the Brea Public Library

Bunco Group
 Every Tue & Fri, 12:45-2 p.m.

Crochet Group (Room C)
 Mondays, 10 a.m.-12 p.m.

Golf Practice
 1st & 3rd Tue of each month
 10:15-11:45 a.m.

Meet in the lobby for a ride over to Brea Creek Golf Course together.

Hooks and Needles—Knitting Group
 3rd and 4th Tuesday of each month, 1-3 p.m.

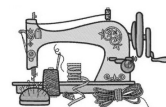


Loose Threads—Quilting Group (Room B)
 1st and 3rd Wednesday of each month, 9 a.m.-12 p.m.

Lotería
 Select Thu, 10:45-11:45 a.m.

Valentine's Day Party
 Friday, February 16, 10:30 a.m.-12:30 p.m.
By Dwight Manley & Alpa Maniar Insurance

Sewing & Embroidery Group
 Thursdays, 9 a.m.-3 p.m.



Bring your own sewing machine and projects you're working on. Basic knowledge of sewing required.

Sing-a-Long Group (Room C)
 Fridays, 1-2 p.m.

Timely Topics (Room C)
 Tuesdays, 10-11 a.m.

Veterans Club (Room B)
 Mondays, 11-11:45 a.m.

February Activities

FAMOUS QUOTE

"Age does not protect you from love. But love, to some extent, protects you from age."

ANAIIS NIN

FEBRUARY IS AFRICAN-AMERICAN HISTORY MONTH

2 Groundhog Day
13 Galentine's Day
13 Mardi Gras
14 Valentine's Day
14 Ash Wednesday
23 Banana Bread Day

BIRTHSTONE

Amethyst

FLOWERS

Violet and Primrose

Monday

A - Room A
B - Room B
C - Room C
CR - Computer Room
CY - Courtyard
D - Room D
DR - Dining Room
L - Lobby Area
LIB - Library
PH - Pioneer Hall
PHCR - PH Conference Room
WR - Wellness Room

5

9:00 Longevity Stick Balance (ZOOM)
9:00 Nail Painting (WR)
10:00 Tai Chi for Every Body (ZOOM)
10:00 Better Balance (PH)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:45 Walmart Shopping (L)

12

9:00 Longevity Stick Balance (ZOOM)
10:00 Tai Chi for Every Body (ZOOM)
10:00 Better Balance (PH)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:45 Walmart Shopping (L)

19

**Closed for
President's Day**



26

9:00 Longevity Stick Balance (ZOOM)
10:00 Better Balance (PH)
10:00 Crochet Group (C)
10:30 Bingo (DR)
11:00 Veterans Club (B)
12:00 Lunch (DR)
12:00 Zumba Gold (PH)
12:45 Walmart Shopping (L)

Tuesday

All programs and activities
subject to change and
cancellation without
prior notice.

6

8:30 Yoga Class (PH)
10:00 Health & Wellness (PH)
10:00 Blood Pressure Checks (WR)
10:00 Timely Topics (C)
10:15 Golf Practice (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 AARP Tax Prep (B & C)
12:45 Bunco (DR)
1:00 Tai Chi for Every Body (ZOOM)
1:00 Painting for Older Adults (D)

13

8:30 Yoga Class (PH)
10:00 Health & Wellness (PH)
10:00 Blood Pressure Checks (WR)
10:00 Timely Topics (C)
10:30 Senior Grocery Program (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 AARP Tax Prep (B & C)
12:45 Bunco (DR)
1:00 Tai Chi for Every Body (ZOOM)
1:00 Painting for Older Adults (D)

20

8:30 Yoga Class (PH)
10:00 Health & Wellness (PH)
10:00 Blood Pressure Checks (WR)
10:00 Timely Topics (C)
10:15 Golf Practice (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 AARP Tax Prep (B & C)
12:45 Bunco (DR)
1:00 Painting for Older Adults (D)
1:00 Knitting Group (DR)

27

8:30 Yoga Class (PH)
10:00 Health & Wellness (PH)
10:00 Blood Pressure Checks (WR)
10:00 Timely Topics (C)
10:30 Senior Grocery Program (L)
12:00 Lunch (DR)
12:30 Table Tennis (PH)
12:30 AARP Tax Prep (B & C)
12:45 Bunco (DR)
1:00 Painting for Older Adults (D)
1:00 Knitting Group (DR)

Wednesday

Thursday

Friday

	1 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:45 Lotería (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (C)	2 9:00 Longevity Stick Balance (PH) 9:00 Mindfulness Workshop (C) 10:30 Bingo (DR) 11:30 Birthday Party (DR) 12:00 Special Friday Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
7 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Intermediate Recorder Practice (C) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:45 Ralphs/Rite Aid Shopping (L) 1:00 Mature Driver (DR) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	8 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 11:00 OC Registrar of Voters Presentation (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 1:00 Beginning Ukulele (C) 1:00 Mature Driver (DR)	9 9:00 Longevity Stick Balance (PH) 9:00 Mindfulness Workshop (C) 10:00 Massage Therapy (L) 10:30 Bingo (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C) 1:00 Tai Chi for Every Body (ZOOM)
14 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Intermediate Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:30 Afternoon Movie (DR) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	15 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:30 Valentine's Trivia (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (C)	16 9:00 Longevity Stick Balance (PH) 10:30 Valentine's Day Party (DR) SOLD OUT! 12:45 Bunco (B) 1:00 Sing-a-Long Group (C)
21 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Quilting Group (B) 9:00 Intermediate Recorder Practice (C) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:30 Bible Study (C) 12:45 Albertsons/Trader Joe's Shopping (L) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	22 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:30 Senior Living Options (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Legal Aid (WR) 12:30 Bingo (DR) 1:00 Beginning Ukulele (C)	23 9:00 Longevity Stick Balance (PH) 10:30 Bingo (DR) 12:00 Special Dollar Lunch (DR) 12:45 Bunco (B) 1:00 Sing-a-Long Group (C)
28 8:30 Tai Chi 42 (CY) 9:00 Longevity Stick Balance (PH) 9:00 Intermediate Recorder Practice (C) 9:30 HICAP Counseling (WR) 10:30 Beginning Recorder Practice (C) 10:30 Bingo (DR) 10:30 Zumba Gold (PH) 11:00 Book Club (CY) 12:00 Lunch (DR) 12:00 Introduction Line Dancing (PH) 12:30 Mentally Sharp Class (B) 12:30 Afternoon Movie (DR) 1:00 Beginning Line Dancing (PH) 2:00 Intermediate Line Dancing (PH)	29 8:30 Yoga Class (PH) 9:00 Sewing & Embroidery (B) 9:00 Creative Arts Class (C) 9:30 Health & Wellness (PH) 10:45 Lotería (DR) 12:00 Lunch (DR) 12:30 Table Tennis (PH) 12:30 Bingo (DR) 1:00 Beginning Ukulele (C)	



Senior Lunch Menu – February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
		Voluntary Contribution - \$3.00 Meal Cost for Under Age 60 - \$5.00	Braised Cubed Beef Burgundy Sauce Sweet Potatoes Green Beans WW Dinner Roll w/ Smart Balance Seasonal Fresh Fruit	
5	6	7	8	9
Cream of Spinach Soup w/ SF Crackers Tarragon Chicken Salad w/ Yogurt Dressing Lemony Orzo Salad Mandarin Orange	Mexican Beef Cocido Cubed Beef Beef Broth Vegetable Mix Tortilla Salsa Victoria SF Fruited Gelatin	Ground Turkey Bolognese Bow Tie Pasta Italian Veg Blend WW Dinner Roll w/ Smart Balance Parmesan Cheese (1pk) Tropical Fruit Mix	Baked Tilapia Ranchera Sauce Mexican Rice Broccoli Tortilla Orange Juice SF Pudding	<div>Special Friday Lunches are Listed on the Next Page</div>
12	13	14	15	
Pork Chile Verde Verde Sauce Pinto Beans Peas & Carrots Tortilla Tropical Fruit Mix	Zuni Corn Soup w/ SF Crackers Poppy Seed Chicken Pasta Salad Harvest Salad (Spring Mix, Cranberries, Almonds & Balsamic Dressing) WW Crackers (2pk) SF Fruited Gelatin	Chicken Breast Alfredo Sauce Fettuccini Pasta Italian Vegetables Garlic Bread Strawberry Cake Diet: Fresh Fruit	Cubed Beef Stew Gravy Stew Veg Whole Baby Potatoes WW Bread w/ Smart Balance Mandarin Orange	
19	20	21	22	
	Roast Beef Mushroom Gravy Red Chunk Potatoes Capri Veg Blend WW Dinner Roll w/ Smart Balance Cherry Pie Diet: Fresh Fruit	Chinese Orange Chicken Orange Sauce Brown Rice Spinach Orange Juice SF Pudding	Pork Carnitas Bowl Tomato Cilantro Rice Fiesta Veg Mix Tortilla Sour Cream (1pk) Seasonal Fresh Fruit	
26	27	28	29	
Vietnamese Caramel Pork Caramel Sauce Jasmine Rice Broccoli Tropical Fruit Mix	Turkey Pot Roast Brown Gravy Sweet Potatoes Collard Greens SF Fruited Gelatin	Macaroni & Cheese Diced Tomatoes Carrots Breadstick (1pk) SF Apple Crisp Orange-Pineapple Juice	Chicken Meatballs Sweet Citrus Glazed Mashed Potatoes Oriental Veg Blend WW Dinner Roll w/ Smart Balance Mandarin Orange	

All meals comply with the Dietary Guidelines for Americans (DGA) 2020-2025 & Dietary Reference Intakes (DRI) for older adults as determined by the California Dept. of Human Services Agency & the U.S. Department of Agriculture. Meals on Wheels Orange County Lunch Program may change the menu for reason of quality control, price or vendor problems. This project is funded in parts through funds from the Federal Older Americans Act as allocated by the Orange County Board of Supervisors. Sugar free desserts and water packed fruits are used throughout the menu to accommodate diabetics. 1% Milk served daily. indicates sodium content over 1,000 mg. * indicates a special event or Holiday and the menu MAY exceed 1,000 mg. Low Cholesterol, 0% trans-fat buttery spread served with bread & rolls. Weekly average lunch meal provides >550 calories. Please note condiments are not analyzed and may increase sodium.

www.MealsOnWheelsOC.org

Special Friday Lunches

Tickets Available
January 3 (Brea residents)
& January 11
(non-residents)



Friday, Feb 2

Loaded Nachos with Ground Beef, Cheese, Beans,
Avocado, Sour Cream & Salsa, Mexican Salad,
and Seasonal Cookie

***\$5
LUNCH**

Friday, Feb 9

Dollar Lunch Sponsored by Dwight Manley

Orange Chicken, Chow Mein, Spring Roll, Asian Salad,
Fortune Cookie

***\$1
LUNCH**

Friday, Feb 16

Valentine's Day Party

SOLD OUT!

Chicken Parmesan, Penne Pasta with Pink Sauce,
Breadstick, Cauliflower Gratin, Italian Salad, Cheesecake
with Strawberry Sauce

***\$6
LUNCH**

Friday, Feb 23

Dollar Lunch Sponsored by Dwight Manley

Scrambled Eggs, Pork Sausage, Hash Brown, Buttermilk
Biscuit with Jam, Yogurt Fruit Parfait

***\$1
LUNCH**

Join us every Friday at the Brea Senior Center for a Special Friday Lunch!

SPACE IS LIMITED. Brea residents are eligible to purchase tickets from the 1st day of the month to the 10th of the month. Non-residents are eligible to purchase tickets beginning the 11th day of the month. Lunch service starts at **12 pm**. Friday lunches can be eaten in-person at the Senior Center or taken ***to-go for an added charge**. **Anyone under 60 will have an added charge of \$1.00.** Vegetarian options are available with advanced notice.

CHOCOLATE

B J G O R T K O M X H Q J O O C D M F S M E B G U Y F A K Y F P
 R Z V B H Y C I C I V J B Y Q V W Q L R B P C O T N P W K C Q Q
 V H C X M I K H P V G N O D I R B A H T J Z A U Y G A F J Q L C
 G F O A J X F C E D X J G H F B S S F C C C H E A D V B G F Z M
 V C Y K L I R Y J W N A M F A P E G A N A C H E T S N C H T S A
 K R D P J E B Q S E Y E N E O X B Y P C G S B L J S X E V Y B R
 A D K N A O H V O I Q H Q M M J H U X Z R N M T D H A R L Q F P
 H C I M S D N C W B K J Y S N W P N U E W Q W E C L R T T B W L
 P D Y A Z V Z I C I R H H W Y E U K H K H E P D O F A W R W F M
 H R E Z V J I A P R H C N U Z H Y F U M P T P N G T B N M E S
 C R A F T A T L S D D F N C C J F Q Y L I C X F M R K W O D I A
 X V E H L X C N X O X S K F R X C J E D M J Z E A R O V A L F G
 A M C E C A A K P Q B I S Q K M N M U R U T X Y R P J I K U G E
 C C U M I C R I X S U P P L Y I A F A K U B J P P C J Y S Z D R
 X U O H K A Z I W Q Y F P N V R Y H T V T T N A I L A L W I P Z
 F H G L U N H I E H E Y U F A L K W C H O E X O J X P N D R I X
 C Y J K R I S F X F H L U C A J X D R G Q O E E U T Q K D K D Y
 M Q U S B S T J Z D W J I M T D T L A D F B M W T G X M I Y M W
 P C B N W B I O T F O K I B M S Y P V R I K T B S Y A A Z L S I
 Z N W Q N P P K I Y W H P D F Y F H E R K B L Q X K S T P T X W
 S R O L E C A L A C C R O O U X B B J L W U V L I M I V X L H L
 S H Q W K S I E E C C W Z E V Z R D X Z P O U N D F X O W A N Q
 T X T O M M U S W B J I Y B V A J A L E H A G E H P D O K K E Y
 F A O V G I E R Q Q P S M U N Y W B F A C T O R Y P F Z N R Y A
 A Y X G K X Y O L X C H N D S B A R S G T E T C Z V A U E H O R
 O N O F K A N M J R V Q E B P W W J F A R O M A R N K G P O S X

AROMA	GANACHE
BARS	GLOBA
BLEND	HERSHEY
BRAND	MAKING
CACAO	MORSEL
CANDY	NOUGAT
CARAMEL	POD
CHEWY	POUND
CRAFT	SAUCE
CRAVE	SNACK
CREAMY	SUPPLY
DARK	SWEET
DIPPED	SWISS
ENJOY	TASTE
FACTORY	TEXTURE
FLAVOR	YUMMY

Come by and learn...

The Brea Senior Center is open to all senior and pre-senior community members. Come by and learn more about the many programs, services and events available for you.

Hours: Mon-Fri / 8 a.m.-3 p.m.

Location: 500 S. Sievers Avenue, Brea, California 92821

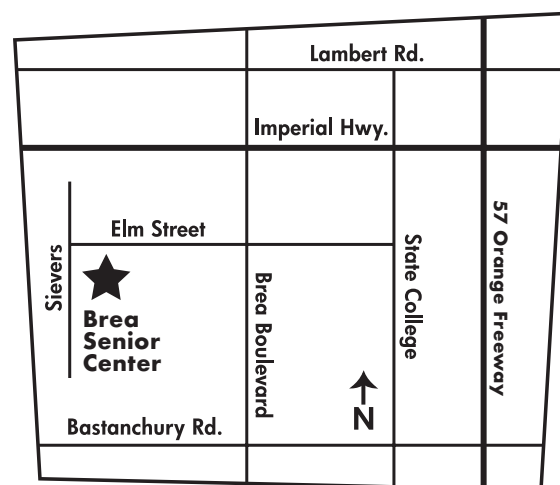
Telephone: 714-990-7750

Website: www.BreaSeniorCenter.com

Facebook: [Facebook.com/BreaSeniorCenter](https://www.facebook.com/BreaSeniorCenter)

Instagram: [instagram.com/breaseniorcenter/](https://www.instagram.com/breaseniorcenter/)

More details and information available online





City of Brea

Parks, Recreation and Human Services Commission

Communication

Park Ambassadors

Meeting	Agenda Group	
Wednesday, March 27, 2024, 5:30 PM	Reports	Item: 11A
FROM		
Chris Emeterio, Assistant City Manager/Community Services Director		

BACKGROUND/DISCUSSION

March 6 - Sports Park - **Higgins**
April 3 - Arovista Park - **Rifilato**
May 1 - Country Hills Park - **Livingston**

RESPECTFULLY SUBMITTED

Chris Emeterio, Assistant City Manager
Prepared by: Ashley Reid, Community Services Specialist
Concurrence: Sean L. Matlock, Deputy Director of Community Services