



30 FIRST AID QUESTIONS

1. What is the first thing you should do when you arrive at the scene of an accident?

- ☐ Call emergency services
- ☐ Check the scene for safety
- ☐ Start CPR
- ☐ Move the injured person



2. What should you do first if you see someone collapse?

- ☐ Run away
- ☐ Check if they are breathing and call for help
- ☐ Give them water
- ☐ Move them to stabilized position

3. You find someone unconscious but breathing. What should you do?

- ☐ Place them in the recovery position
- ☐ Begin chest compressions
- ☐ Give rescue breaths
- ☐ Leave them to rest



4. If a person is not breathing, what should you do?

- ☐ Put a blanket on them
- ☐ Leave them alone
- ☐ Pour water on them
- ☐ Start CPR

5. What should you do when somebody is choking?

- ☐ Give them a drink
- ☐ Hit their back and do abdominal thrusts
- ☐ Tell them to lie down
- ☐ Wait and watch



6. Someone is choking but can still cough loudly. What should you do?

- ☐ Slap their back forcefully
- ☐ Encourage them to keep coughing
- ☐ Perform abdominal thrusts immediately
- ☐ Give them water to drink

7. You notice severe bleeding from a leg wound. What should you do?

- ☐ Cover the wound without pressure
- ☐ Apply a tourniquet immediately
- ☐ Wash the wound thoroughly with water
- ☐ Elevate the leg and apply direct pressure



8. What should you do if someone is having a seizure?

- ☐ Hold them down
- ☐ Clear the area and let the seizure happen safely
- ☐ Put something in their mouth
- ☐ Give them water

9. What should you do if someone has a broken bone?

- ☐ Move the bone back in place
- ☐ Apply direct pressure
- ☐ Keep the bone still and call for help
- ☐ Massage the area

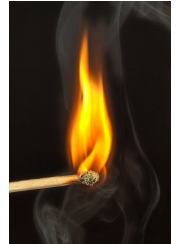


10. What should you do if someone has a nosebleed?

- ☐ Tilt their head back
- ☐ Give them water
- ☐ Tilt their head forward and pinch their nose
- ☐ Lie them down

11. How should you treat a minor burn?

- ☐ Apply ice directly on the burn
- ☐ Run cool water over the burn for 10 minutes
- ☐ Cover with butter or oil
- ☐ Pop any blisters formed



12. How to treat someone with heat exhaustion?

- ☐ Put them in a hot room
- ☐ Move them to a cool place and give water
- ☐ Wrap them in blankets
- ☐ Keep them standing

13. How to treat a person who has fainted?

- ☐ Shake them hard
- ☐ Lift their legs and let them rest
- ☐ Give them food quickly
- ☐ Pour water on them



14. How should you treat an object stuck in someone's eye?

- ☐ Try to remove it with tweezers
- ☐ Use a tissue
- ☐ Rinse with clean water and seek help
- ☐ Rub the eye to dislodge the object

15. How to treat a small cut?

- ☐ Cover it with a clean cloth
- ☐ Wash it with clean water and cover with a bandage
- ☐ Apply cream on it
- ☐ Do nothing



16. How to treat someone who was electrocuted but is now awake?

- ☐ Check for burns and call for help
- ☐ Give them water immediately
- ☐ Pour water on them
- ☐ Ask them to walk

17. How to treat a sprained ankle?

- ☐ Keep moving it
- ☐ Put heat on it
- ☐ Apply ice and rest the ankle
- ☐ Massage it



18. How to treat a person who feels very cold and is shivering?

- ☐ Put them in a hot bath
- ☐ Wrap several blankets around them
- ☐ Massage their skin
- ☐ Warm them slowly and give warm drinks if awake

19. How to treat a head bump with no open wound?

- ☐ Apply ice and watch for signs of concussion
- ☐ Wrap the head tightly
- ☐ Shake them to keep them awake
- ☐ Lie them down and let them sleep

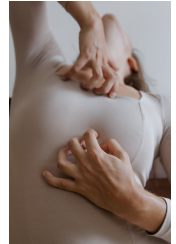


20. How to treat a diabetic person who feels shaky and weak?

- ☐ Give them water
- ☐ Give them salty food
- ☐ Give sugar or fruit juice
- ☐ Wait until they feel better

21. What are these symptoms: itchy skin, swelling, trouble breathing?

- ☐ Shock
- ☐ Heat exhaustion
- ☐ Infection
- ☐ Allergic reaction



22. What condition is suggested by symptoms such as trouble breathing, wheezing, and chest tightness?

- ☐ Asthma attack
- ☐ Heart attack
- ☐ Burn
- ☐ Heat stroke

23. Which symptom indicates a potential stroke?

- ☐ Mild fever and chills
- ☐ Temporary muscle cramps
- ☐ Gradual headache over several days
- ☐ Sudden weakness on one side of the body

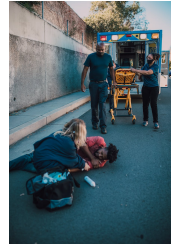


24. What are these symptoms: fast breathing, sweating, feeling dizzy after an injury?

- ☐ Infection
- ☐ Shock
- ☐ Burn
- ☐ Stroke

25. Someone suddenly shakes, falls, and becomes unresponsive. What could this indicate?

- ☐ Fainting
- ☐ Heart Attack
- ☐ Seizure
- ☐ Stroke

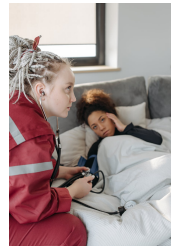


26. What are these symptoms: chest pain, shortness of breath, sweating?

- ☐ Stroke
- ☐ Allergic reaction
- ☐ Infection
- ☐ Heart attack

27. What condition is likely if someone has slurred speech, dizziness, and blurred vision after heat exposure?

- ☐ Allergic reaction
- ☐ Hypothermia
- ☐ Diabetic shock
- ☐ Heat stroke

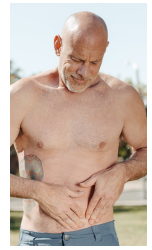


28. Someone feels very thirsty, dizzy, has dry skin, and hasn't urinated in many hours. What could this be?

- ☐ Heat stroke
- ☐ Infection
- ☐ Dehydration
- ☐ Low blood sugar

29. A person is vomiting, has stomach pain, and diarrhea after eating. What could be the cause?

- ☐ Food poisoning
- ☐ Allergic reaction
- ☐ Asthma attack
- ☐ Panic attack



30. A person is coughing, has a swollen face, and is having trouble breathing after eating. What could this be?

- ☐ Choking
- ☐ Heart attack
- ☐ Allergic reaction (anaphylaxis)
- ☐ Asthma attack