

Delicious Diction

Food Idioms Explained

1.	What does the phrase "the icing on the cake" mean?
	 To add something extra To make something worse To make something better To make something easier
2.	What does the phrase "a piece of cake" mean?
	Something tastySomething toughSomething easySomething difficult
3.	What does the phrase "a hard nut to crack" mean?
	 Something easy to break Something difficult to break Something easy to understand Something difficult to understand
4.	What does it mean when you sugarcoat something?
	 You add sugar to something You make something look better You make something nicer You make something bigger

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5.	What does the phrase "spill the beans" mean?
	☐ To gossip
	☐ To tell a joke
	☐ To make a mess
	☐ To reveal a secret
6.	A "couch potato" is a person who takes little or no exercise. A lazy and inactive person.
	☐ TRUE
	☐ FALSE
7.	What does the phrase "walk on eggshells" mean?
	☐ To be very careful
	☐ To move quickly
	☐ To be very quiet
	☐ To take a long walk
8.	What does the phrase "in a nutshell" mean?
	☐ To be objective
	☐ To be brief
	☐ To be concise
	☐ To be exact
9.	What does the phrase "cry over spilt milk" mean?
	☐ To express joy
	☐ To be overly emotional
	To laugh uncontrollably
	☐ To regret a past mistake
10.	What does the phrase "like two peas in a pod" mean?
	☐ To be very similar
	☐ To be very different
	☐ To be in agreement
	☐ To be in disagreement

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