

# Yarrow | Pom

Active Botanical Nutritive Duo 30 mL

dōTERRA®

Product Information Page



**Application:** T I N

**Ingredients:** Pomegranate Seed Oil and Yarrow Essential Oil

**Aromatic Description:** Herbaceous, fruity, spicy

**Main Chemical Components:** Punicic acid,  $\beta$ -caryophyllene, chamazulene

**YarrowPom** | Active Botanical Nutritive Duo 30 mL

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## Primary Benefits

- + Supports moisturization and soothes for healthy-looking skin
- + May assist healthy metabolic, cellular, immune, and nervous system function because of the blend's chemical composition, when taken internally\*

## Description

Yarrow | Pom is a carefully formulated fusion of Yarrow essential oil and cold-pressed Pomegranate seed oil created for a comprehensive approach to overall wellness. A potent botanical combination, Yarrow | Pom can help soothe and rejuvenate skin when applied topically. Although confirming research is needed, preliminary studies also suggest the primary chemical components of Yarrow | Pom, including punicic acid (an omega 5),  $\beta$ -caryophyllene, and chamazulene, have the potential to assist healthy metabolic, cellular, immune, and nervous system function when taken internally.\*

## Uses

- + Incorporate into a twice-daily skincare routine by gently applying drops to the face and neck.
- + Apply to calm the skin and reduce the appearance of blemishes.
- + Take a drop or two in water to start and end the day.
- + Use in massage for a soothing experience.

## Directions

**Internal use:** Dilute 1 drop in 4 fluid ounces of liquid.

**Topical use:** Apply 1 to 2 drops to desired area.

See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. May stain surfaces and fabrics.

### Application Methods

A Aromatic T Topical I Internal H Home Care

### Skin Sensitivity

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.