

Wintergreen

Gaultheria fragrantissima 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade®

Application: **A** **T** | **S**

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Sweet, minty, refreshing

Main Chemical Components: Methyl salicylate

PRIMARY BENEFITS

- Provides a warming, soothing sensation on the skin
- Offers a refreshing, stimulating, uplifting aroma

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PRODUCT DESCRIPTION

Wintergreen essential oil is derived from the leaves of a creeping shrub found in coniferous areas. The main chemical component in Wintergreen, methyl salicylate, is used in topical creams and massage blends because of its soothing properties. In fact, Wintergreen and Birch are the only plants in the world that contain methyl salicylate naturally. As a flavoring, small amounts of Wintergreen are used in candies, toothpaste, and chewing gum. When diffused, Wintergreen has a refreshing aroma that's uplifting and stimulating. Through the dōTERRA Cō-Impact Sourcing® initiative, our new source of Wintergreen comes from Nepal where it is wild harvested by rural villagers then distilled by community-owned distillation facilities. This process creates increased economic opportunity for very remote regions in rural Nepal.

USES

- Combine one to two drops with carrier oil and rub on skin for a soothing, warming massage.
- Diffuse for a sweet, minty aroma.

DIRECTIONS FOR USE

Aromatic use: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Not for internal use. Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.