

# PastTense®

## Tension Blend 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**CPTG** Certified Pure Tested Grade®

**Application:** **A** **T** | **N**

**Ingredients:** Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, Rosemary

**Aromatic Description:** Fresh, mint, herbal

### PRIMARY BENEFITS

- Provides a calming and comforting aroma
- Soothes and cools skin

**PastTense®**  
Tension Blend 15 mL  
60215812  
Wholesale: \$30.00  
Retail: \$40.00  
PV: 30

### PRODUCT DESCRIPTION

Whether you're worried about an upcoming test, or a first date, PastTense can help you stay centered and grounded. With Wintergreen, Lavender, Peppermint, Frankincense, Cilantro, Marjoram, Roman Chamomile, Basil, and Rosemary, this fresh, minty blend has a soothing effect. PastTense provides an aroma of relaxation and tranquility. Apply to the neck, shoulders, or behind the ears and breathe in the cooling, comforting aroma of PastTense.

### USES

- Massage into shoulders, neck, and back for a cooling, soothing sensation.
- Add to temples and back of neck before taking a test or presenting in public for a calming aroma.
- Apply to the wrists while traveling for a relaxing aroma.

### DIRECTIONS FOR USE

**Topical use:** Apply to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

### CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.