



CPTG Certified Pure Tested Grade®

Application: 

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Earthy, sharp, sweet

Main Chemical Components: Eucalyptol, α -pinene

Niaouli | *Melaleuca quinquenervia* 15 mL

This product is not available for purchase.

Primary Benefits

- + Renowned for its cleansing and rejuvenating effect on the skin
- + Good for cleaning household surfaces
- + May help keep skin looking healthy while reducing the appearance of blemishes

Description

Niaouli is a large evergreen tree native to Australia. The trees have five-inch long leaves and yellow-tinted flowers that flourish in tight spikes at the ends of the branches. The flaky look of the tree gave it various nicknames, such as paperbark or paper bark tea tree, and bottlebrush. A relative of Tea Tree, Niaouli has a sweeter aroma. Its refreshing, woody aroma is due to its eucalyptol content and composition of monoterpenes. Widely used in a variety of cosmetics such as lotions, creams, soaps, and toothpastes, Niaouli helps keep the skin and mouth healthy-looking and clean, according to preclinical research. It may also help to relax specific areas when used in a massage.

Uses

- + Add one drop to an adult facial cleanser or toothpaste.
- + Add to a favorite cleaning spray.
- + Include as part of a soothing massage.
- + Combine with Eucalyptus, Bergamot, or Lavender essential oils in your dōTERRA diffuser.

Directions

Diffusion: Use 3-4 drops in the diffuser of your choice.

Topical use: To apply topically, dilute one drop essential oil to ten drops carrier oil.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face, and sensitive areas.