

# Jasmine

*Jasminum grandiflorum* 2.5 mL

dōTERRA®

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A | T | S

**Plant Part:** Flower

**Aromatic Description:** Sweet, floral, warm, exotic

**Main Chemical Composition:** Benzyl acetate, benzyl benzoate

**Jasmine |** *Jasminum grandiflorum* 2.5 mL

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## Primary Benefits

- + Provides a comforting and encouraging aroma
- + Creates an elevating and inspiring environment
- + Promotes healthy-looking skin

## Product Description

Visually beautiful and distinctive, the pure white jasmine flower is associated with love and romance. Its aroma is complex and enchanting. Until recently, a complex process, separating the volatiles from the waxes and resins of the delicate petals, was the only way to capture its aromatic essence, creating an absolute. Steam distillation was not possible because of the delicate nature of the jasmine petals. After years of research, dōTERRA has discovered a way to successfully extract the pure and natural essential oil of jasmine flowers through steam distillation. dōTERRA steam-distilled Jasmine essential oil is sweet, fresh and floral, exquisitely capturing the essence of the flower as it opens. Jasmine has a calming aroma and helps create an optimistic atmosphere. Added to a carrier oil, it can be a part of a relaxing bath or a soothing massage. A main chemical component in Jasmine, benzyl benzoate, promotes healthy looking skin.

## Uses

- + Diffuse for a warm and inviting aroma.
- + Dilute in a carrier oil and add to a warm bath.
- + Add a few drops to Fractionated Coconut Oil for a relaxing massage.
- + Apply topically or add to skin or hair preparations.

## Directions

**Aromatic use:** Add three to four drops to the diffuser of choice.

**Topical use:** Apply one to two drops to the desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.