

Island Mint®

Summertime Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Tested Grade™

Application: A T N

Ingredients: Lime, Distilled Lemon, Peppermint, and Spruce essential oils

Aromatic Description: Minty, fresh, citrus, woody

PRIMARY BENEFITS

- Uplifting and invigorating aroma
- Breathe in and remember to stay positive
- Creates an environment of renewal and clarity

Island Mint®

Summertime Blend 15 mL

Part Number: 60208851

PRODUCT DESCRIPTION

Escape to a tropical oasis in the comfort of your home, or wherever you may be, with Island Mint. Delightfully fresh, this summertime blend is perfect to brighten your day. With the classically sweet combination of Lemon and Lime essential oils, complemented by fresh Peppermint and the unique depth of Spruce, Island Mint is perfectly balanced. It helps to create a feeling of clear airways and provides a restful and renewing atmosphere. Use Island Mint to transform any environment into a sunny paradise.

USES

- Diffuse throughout the day to create an uplifting environment.
- Promote feelings of clear airways and easy breathing by adding Island Mint to your diffuser jewelry or your favorite dōTERRA diffuser.
- Use on long road trips.
- Create your happy space any time of the year by incorporating Island Mint into your aromatic routine.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical Use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

