

Holiday Peace®

Holiday Blend 15 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredient Information: Siberian Fir, Grapefruit, Douglas Fir, Himalayan Fir, Frankincense, Vetiver

Aromatic Description: Resinous, fresh, citrusy, woody

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Primary Benefits

- + Provides a calming, soothing atmosphere
- + Freshens the air
- + Adds a peaceful holiday aroma to any room or environment

Description

The grounding and calming aroma of Holiday Peace is a blend of CPTG® essential oils reminiscent of wintertime traditions. The blend of Siberian Fir, Douglas Fir, and Himalayan Fir—complemented by Grapefruit, Frankincense, and Vetiver will help fill the air with an elusive calming aroma during the busy holiday season. Diffuse Holiday Peace or apply it topically during family gatherings and holiday prep to keep the atmosphere peaceful and merry.

Uses

- + Diffuse to create a serene atmosphere during the busy holiday season.
- + Apply a few drops to a dolomite or clay ornament to add a festive spirit to the home.
- + Add a few drops to a spray bottle with water and mist your holiday décor for a grounding, woody scent.

Directions

Aromatic use: Add 3-4 drops to the diffuser of your choice.

Topical use: Apply 1-2 drops to the desired area. Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying.