

dōTERRA Touch®
Helichrysum
Helichrysum italicum 10 mL

dōTERRA®
Product Information Page



CPTG Certified Pure Tested Grade®

Application: **A** **T** **N**

Ingredient Information: Fractionated Coconut Oil,
Helichrysum

Aromatic Description: Earthy, woody, floral

Main Chemical Composition: Neryl acetate, α-pinene,
γ-curcumene

dōTERRA Touch® Helichrysum |
Helichrysum italicum 10 mL

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Primary Benefits

- + Soothes and rejuvenates skin
- + Promotes a glowing, youthful complexion

Description

A small perennial herb with narrow, silver leaves and flowers that form a cluster of golden yellow, ball-shaped blossoms, *Helichrysum italicum* is best known for its topical uses. The name "Helichrysum" is derived from the Greek "helios" meaning sun, and "chrysos" meaning gold, referring to the color of the flowers. Helichrysum has been used in herbal health practices since ancient Greece and the oil is highly valued and sought after for its many benefits. Also referred to as "everlasting" or "immortal flower," helichrysum is used in anti-aging products for its rejuvenating benefits to the skin. dōTERRA Touch Helichrysum can help reduce the appearance of blemishes and it promotes a healthy-looking complexion when applied topically.

Uses

- + Apply to skin to reduce the appearance of blemishes.
- + Add to your daily skincare routine.
- + Massage into temples and back of neck for a soothing sensation.

Directions

Topical use: For topical use only. Apply to desired area as needed. No dilution required.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

Application Methods

A Aromatic **T** Topical **I** Internal **H** Home Care

Skin Sensitivity

N Neat **D** Dilute **S** Sensitive Skin