

# Guaiacwood

*Bulnesia sarmientoi* 15 mL

dōTERRA®

Product Information Page



**CPTG** Certified Pure Tested Grade®

**Application:** A | T | N

**Aromatic Description:** Earthy, woody, sweet

**Ingredients:** Fractionated Coconut Oil, Guaiacwood

**Plant Part:** Heartwood

**Main Chemical Composition:** Bulnesol, guaiol

**Guaiacwood |** *Bulnesia sarmientoi* 15 mL

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## Primary Benefits

- + Provides a grounding aroma
- + Promotes a tranquil environment, helpful for meditation
- + Soothes minor skin irritations
- + Supports the skin's natural hydration

## Product Description

Guaiacwood has been used for centuries in meditation practices and wellness ceremonies by Native Americans. It is often used in perfumery and skincare products. Steam-distilled from the heartwood of the *Bulnesia sarmientoi* tree, CPTG® Guaiacwood essential oil has an earthy, grounding aroma with a subtle sweetness. Guaiacwood is blended with Fractionated Coconut Oil and can be used both topically and aromatically. Its woody scent provides a calming, tranquil atmosphere.

dōTERRA CPTG® Guaiacwood essential oil is sustainably and ethically sourced from Paraguay. Working with our sourcing partner, we're changing the future of the at-risk Gran Chaco Forest—one of the most biologically diverse areas in the world.

## Uses

- + Apply to the desired area to soothe minor skin irritations and support the skin's natural hydration.
- + Diffuse throughout the day or as a supportive aroma during yoga or meditation.

## Directions

**Aromatic use:** Add 3-4 drops to the diffuser of your choice.

**Topical use:** Apply one to two drops to the desired area.

See additional cautions below.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.