



CPTG Certified Pure Tested Grade®

Application: A | T | S

Ingredient Information: Wild Orange, Star Anise, Ginger, Bergamot, Ylang Ylang, Frankincense, Lemongrass, Tonka Bean, Vanilla Absolute

Aromatic Description: Fresh, spicy, warm

dōTERRA Cheer® | Uplifting Blend 5 mL

60218863

Primary Benefits

- + Creates an optimistic, cheerful atmosphere with a warm, citrusy, and spicy aroma
- + Inspires an energizing and positive environment

Description

Being an easy-going, upbeat, and optimistic person doesn't just make you a joy to be around, it's also good for you. Sometimes even the happiest people need a little cheering up. During those cloudy, gray times, reach for dōTERRA Cheer Uplifting Blend. With its sunny and warm aroma, dōTERRA Cheer will brighten even your darkest days. Diffuse for an uplifting, energizing boost to any atmosphere. The inspiring blend of citrus and spice essential oils creates an uplifting environment as you seek the bright side of any situation.

Uses

- + Diffuse at home, work, or school.
- + Add a few drops to your favorite passive or car diffuser.
- + Apply a drop to the palm of the hand, rub the hands together, and inhale deeply.

Directions

Aromatic use: Add one to two drops to the diffuser of choice.
Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.