

Align

Centering Blend 5 mL

dōTERRA®

Product Information Page



CPTG Certified Pure Tested Grade®

Application: A T N

Ingredients: Fractionated Coconut Oil, Bergamot, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose, Jasmine

Aromatic Description: Green, fresh, herbal, floral

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60203246

Also Available in the Yoga Collection

60203244

Primary Benefits

- + Complements an effective yoga practice
- + Invites confident peace into your daily routine

Description

Align your intentions and cultivate a sense of peace and confidence with Align Centering Blend. A proprietary combination of CPTG® Bergamot, Coriander, Marjoram, Peppermint, Geranium, Basil, Rose, and Jasmine essential oils in Fractionated Coconut Oil creates a steadying, herbal aroma that invites feelings of trust and resolution. Align can be applied topically or to diffusing jewelry. Its grounding aroma pairs well with yoga or meditation as part of an effective routine. Align may be purchased separately or as part of the dōTERRA Yoga Collection.

Uses

- + Apply over heart, wrists, and back of neck.
- + Pairs well with Warrior II, Triangle, and Gate yoga poses.
- + Use during yoga practice or any time during your day.

Directions

Aromatic use: Apply 2-3 to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical use: Apply 1-2 drops to desired area. See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.