



CPTG Certified Pure Tested Grade®

Application: T N

Ingredients: Cypress, Peppermint, Marjoram, Basil, Grapefruit, Lavender

Aromatic Description: Clean, fresh, mint, powdery

AromaTouch® | Massage Blend 15 mL

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Primary Benefits

- + Comforts and soothes skin
- + Provides a relaxing aroma

Description

AromaTouch, a dōTERRA proprietary massage blend, combines the unique benefits of oils known for their relaxing and comforting aromas. The harmony of CPTG® Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender essential oils creates a blend that complements various touch techniques, including dōTERRA AromaTouch Technique®, a proprietary method for applying essential oils that combines human touch to produce a profound overall wellness experience.

Uses

- + Apply directly to neck and shoulders or use with a carrier oil for soothing massage.
- + Massage into the hands of a loved one using the AromaTouch Hand Technique.
- + Add to Epsom salts and enjoy soaking in a hot bath.

Directions

Topical use: Apply 1-2 drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.