CURRENT EVENTS 06 October 2026

India's Athletics Campaign at 2026 Nagoya Asian Games

India's athletics performance at the 2026 Nagoya Asian Games, securing 24 medals but only one gold, has prompted a review of strengths and gaps.

The Asian Games is a continental multi-sport event held every four years, featuring athletes from across Asia competing in various disciplines.

KEY EXAM POINTS

- India secured a total of **24 athletics medals** at the **2026 Nagoya Asian Games**.
- Despite the high medal count, India managed to win only **one gold medal** in athletics at these Games.
- This performance marked a **sharp fall** in the gold medal count compared to the previous **Hangzhou Asian Games**.
- **Vithya Ramraj** won a **bronze medal** in the women's **400m hurdles**, breaking **P.T. Usha's national record** with a time of **54.75 seconds**.
- **Vithya Ramraj** anchored India to a **gold medal** in the **women's 4x400m relay** with a time of **3:29.69**.
- She also secured a **silver medal** in the **mixed 4x400m relay**, completing a **full set of medals** at the Games.

DID YOU KNOW..!?

The **first Asian Games** were held in **New Delhi**, India, in **1951**.

P.T. Usha, often called the '**Payyoli Express**', is one of India's most celebrated track and field athletes.

The **Major Dhyan Chand Khel Ratna Award**, instituted in **1991-92**, is India's **highest sporting honour**.

The **Arjuna Award**, established in **1961**, recognizes **outstanding performance** in sports and games.

The **Khelo India Youth Games** is a **national program** in India to promote grassroots sports and identify young talent.

The **44th Chess Olympiad** was successfully hosted by **Chennai, Tamil Nadu**, in **2022**.

REVISION FLASHCARD

India won 24 athletics medals, including one gold, at the 2026 Nagoya Asian Games.

Syllabus Relevance: High

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