CURRENT EVENTS 06 October 2026

India’s Wrestlers Achieve Best Asian Games Haul Since 1962

India secured six medals in wrestling at the Aichi-Nagoya Asian Games 2026, marking its best performance since 1962, despite a disappointing showing from the women's team.

A review of India's wrestling performance at the Aichi-Nagoya Asian Games 2026, highlighting the men's success and the women's team's underperformance.

KEY EXAM POINTS

- India secured a total of **six medals** in wrestling at the **Aichi-Nagoya Asian Games 2026**.
- This achievement marks India's **best wrestling haul** at the Asian Games **since 1962**.
- The **men's freestyle** campaign was strong, contributing **gold medals** to the tally.
- The **women's team** had a **disappointing showing**, with only **one medallist**.
- **Antim Panghal** (53kg) was the **lone woman medallist**, securing a **silver medal**.
- **Aman Sehrawat** (57kg) won a **gold medal** in men's freestyle.
- **Sujeet Kalkal** (65kg), a World Under-23 and Asian Champion, also claimed **gold** in men's freestyle.

DID YOU KNOW..!?

The **Asian Games** are a continental multi-sport event held **every four years**.

The **first Asian Games** were hosted by **New Delhi, India**, in **1951**.

The **Olympic Council of Asia (OCA)** is the **governing body** responsible for organizing the Asian Games.

Wrestling has been a part of the **Olympic Games** since **708 BC**.

The **44th Chess Olympiad** was successfully hosted by **Chennai, India**, in **2022**.

National Sports Day is celebrated annually on **August 29** in India, commemorating the birth anniversary of **Major Dhyan Chand**.

The **Major Dhyan Chand Khel Ratna Award** is India's **highest sporting honour**.

REVISION FLASHCARD

India's best Asian Games wrestling haul since 1962, with men's golds and women's underperformance.

Syllabus Relevance: High

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