CURRENT EVENTS 29 September 2026

Asian Games 2026: Indian Women's 4x400m Relay Team Wins Gold

The Indian women's 4x400m relay team won the gold medal at the 2026 Asian Games in Aichi-Nagoya, Japan.

Key athletic and shooting gold medal victories achieved by Indian athletes at the 2026 Asian Games.

KEY EXAM POINTS

- The Indian women's relay team comprising **Kiran Pahal**, Poovamma Machettira, Prachi, and **Vithya Ramraj** won gold in the **4x400m** relay event.
- **Vithya Ramraj**, a prominent track athlete from **Tamil Nadu**, anchored the gold-winning relay effort.
- **Neeru Dhanda** became the first Indian shooter to win an Asian Games gold medal in the **women's trap** individual event.
- The **2026** edition of the Asian Games was hosted in **Aichi-Nagoya**, Japan.

DID YOU KNOW..!?

The inaugural Asian Games were hosted by India in **New Delhi** in **1951**.

India has hosted the Asian Games twice, first in **1951** and second in **1982**.

The Asian Games are regulated by the **Olympic Council of Asia** (OCA) and held quadrennially.

The official motto of the Asian Games is '**Ever Onward**', coined by Pt. **Jawaharlal Nehru**.

In the 19th Asian Games held in **Hangzhou**, China, in 2023, India achieved a record tally of **107 medals**.

REVISION FLASHCARD

Indian women's 4x400m relay team won gold at the 2026 Asian Games in Aichi-Nagoya, Japan.

Syllabus Relevance: High relevance for TNPSC Unit 2 Current Events (Sports Achievements and Athletes from Tamil Nadu).

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