CURRENT EVENTS 01 October 2026

# Asian Games 2026: Indian Athletes Win Medals in Squash and Sailing

Indian athletes achieved key medal wins in squash, sailing, and wrestling on Day 13 of the 2026 Asian Games.

The Asian Games is a quadrennial multi-sport event held among athletes from all over Asia.

## KEY EXAM POINTS

- The Indian **women's squash team** secured the **bronze medal** at the 2026 Asian Games.
- Indian sailors **Manu** and **Prince** clinched the **silver medal** in the men's skiff event.
- Wrestler **Nitesh** reached the final of the **97kg Greco-Roman** wrestling category.
- Archer **Ganesh Mani Ratnam Thirumuru** advanced to the semifinals in the **men's compound individual** event.
- Indian contingents represented the nation across **17 sports disciplines** on **Day 13** of the event.

## DID YOU KNOW..!?

The **20th Asian Games** 2026 are hosted in **Aichi-Nagoya, Japan**.

The first-ever Asian Games were inaugurated in **New Delhi**, India in **1951**.

India hosted the Asian Games twice, first in **1951** and later in **1982**.

The **Olympic Council of Asia (OCA)** is the supreme governing body for the Asian Games.

The official motto of the Asian Games is '**Ever Onward**', chosen by **Guru Dutt Sondhi**.

The **19th Asian Games** were held in **Hangzhou, China** in 2023.

**REVISION FLASHCARD**

*The first Asian Games were hosted in New Delhi in 1951; 2026 edition hosted in Aichi-Nagoya, Japan.*

Syllabus Relevance: Important national and international sports events are frequently tested in Group 1, Group 2, and Group 4 exams.

**Free School Books**
Read and study school textbooks for free on the Essaar Academy platform.
School Books: essaaracademy.in/school-books