CURRENT EVENTS 10 October 2026

Anushka Yadav Wins Hammer Throw Gold at National Open Athletics

Anushka Yadav secured the gold medal in the hammer throw with a record-breaking performance at the National Open Athletics Championships.

An annual premier domestic athletic championship organized by the Athletics Federation of India to showcase elite sporting talent.

KEY EXAM POINTS

- Anushka Yadav won the hammer throw gold medal with a remarkable throw of 66.53m at the National Open Athletics Championships on October 10, 2026.
- The 18-year-old athlete broke Manju Rani's previous meet record by over two meters during the competition in New Delhi.
- Her performance of 66.53m surpassed her own throw recorded at the recent Aichi-Nagoya Asian Games where she finished fifth.
- Anushka Yadav is currently recognized as the national record holder in the hammer throw event in India.
- Her winning mark on Saturday was superior to teammate and former national record holder Tanya Chaudhary.

DID YOU KNOW..!?

The National Open Athletics Championships is the premier domestic athletics competition conducted annually by the **Athletics Federation of India** (AFI).

The **Athletics Federation of India** (AFI) serves as the apex body for running and managing athletics sports in India and is affiliated with World Athletics.

Hammer throw is a classic track and field event where the objective is to throw a heavy metal ball attached to a wire and handle.

The **Asian Games**, recognized by the International Olympic Committee, is held every four years showcasing multi-sport athletic excellence across Asia.

National records in Indian athletics are officially ratified and maintained by the **Athletics Federation of India**.

Major athletic events regularly test athletes' performance metrics under **World Athletics** competition rules and regulations.

REVISION FLASHCARD

Anushka Yadav won the National Open Athletics hammer throw gold with a record 66.53m throw.

Syllabus Relevance: Important for TNPSC Unit 2 (Current Events - Sports achievements by Indian athletes).

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