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מנחם מענדל שניאורסאהן
ליובאוויטש

770 איסטערן פארקוויי
ברוקלין, נ. י.

By the Grace of G-d
1st day of Rosh Chodesh Elul
5733. Brooklyn, N. Y.

Mr. and Mrs. [redacted] and
[redacted]

Sholom uBrocho:

In reply to your letter in regard to your daughter [redacted]
and the problem of overweight,

Needless to say, there is no point in trying to force a grown-up person in such a matter. On the contrary, there is reason to believe that when left alone and seeing that no one is trying to force her, she will be inclined of her own accord to consult a specialist in the field and follow his advice.

Inasmuch as everything is by Divine Providence, I want to take this opportunity to add that the daily conduct and life in accordance with the will of G-d, in addition to the essential thing, is also the channel to receive G-d's blessings. And when a special blessing is needed, an additional effort is indicated, for there is always room for improvement in matters of Torah and Mitzvoth, which are infinite, since they derive from the Infinite. Moreover, inasmuch as parents and children are like one entity, every additional effort on the part of the parents is bound to be beneficial also to the children, particularly the one in need of a special blessing.

Wishing you Mazal Tov on the occasion of the
Bar Mitzvah of your son [redacted], and
a Kesivo vachasimo toivo to all the family,

With blessing,

M. Schneerson