

RABBI MENACHEM M. SCHNEERSON

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By the Grace of G-d
23rd of Av, 5720
Brooklyn, N. Y.

מנחם מענדל שניאורסאהן
ליובאוויטש

770 איסטערן פארקווי
ברוקלין, נ. י.

Blessing and Greeting:

I received your letter of the 16th of Menachem Av, in which you write about your general frame of mind and your anxieties. I also understand that your husband has been in a similar mood lately.

Needless to say, I am quite surprised at both you and your husband, in view of your background. For the matter of Bitochon is not an abstract thing, but a real feeling that should fill the mind and heart with the awareness of G-d's proximity and closeness at all time and under all circumstances, in every aspect of one's daily life. Surely you know the emphasis which Chassidus places on the idea of Divine Providence, which extends to everyone and everything individually, and that it is a benevolent Providence, inasmuch as G-d is the Essence of Goodness, and that, as a result, every Jew should and is able to serve G-d with joy and gladness of heart.

I trust that you will again reflect on the points mentioned above, which our Sages of blessed memory summarized in their well-known statement, "All that the Merciful One does, is for the good," and you will strengthen your faith and trust in G-d and rid yourself of the troubling thoughts and anxieties. And this very faith and trust will provide the additional channels and vessels to receive G-d's blessings in all your needs.

Hoping to hear good news from you about yourself, and about every one of your family, accompanied by inner joy and gladness of heart,

With blessing

M. Schneerson