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מנחם מענדל שניאורסאהן
ליובאוויטש

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ברוקלין, נ. י.

By the Grace of G-d
18th of Sivan, 5719
Brooklyn, N. Y.

Greeting and Blessing:

I received your letter, in which you write about your anxiety in regard to the question of Parnosso.

Needless to say, I am much surprised at you, that you should allow yourself to be so affected by this. For you surely know how often our Sages have impressed on us the importance of trust and confidence in G-d, in order that we realize that all difficulties encountered in life are only trials and tests of a passing nature. To be sure, the question of Parnosso is one of the most difficult tests - nevertheless, G-d does not subject one to a greater test than he can withstand, as our Rabbis expressed it, "According to the camel, so is its load." The very trust in G-d is a vessel and channel to receive G-d's blessings, apart from the fact that such confidence is good for one's health, disposition, and therefore is also a natural means to the desired end. All the more so, since, as you write, you have noticed an improvement in recent weeks. This should serve as an encouraging sign and greatly strengthen your trust in G-d. No doubt you also remember the commentary of my father-in-law of saintly memory, in regard to the saying of our Sages that "Life is like a turning wheel," at which my father-in-law remarked that "When a point on the wheel reaches the lowest degree, it is bound to turn upwards again."

As for your request for advice, in my opinion you ought to set a period of time for the study of Pnimius of the Torah, namely, Chassidus, concerning which it is written in the Zohar (part 3, page 124b) "In the area of Pnimius ha-Torah there is no place for negative things and evil," and as further explained in Iggeres ha-Kodesh, chapter 26.

In addition, I suggest that you should set aside a couple of pennies for Tzedoko every weekday morning before prayer, and also before Minchah. Also to recite at least one Kapitel Tillim after the morning prayers every day, including Shabbos and Yom Tov.

All the above should be Bli Neder, ^{and} at least until Rosh Hashanah. It would also be very good for you to know by heart several Prokim Mishnayos, and at least one Perek Tanya.

I am confident that the above, together with an increased measure of Bitochon will soon bring an improvement in your Parnosso.

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In accordance with the teaching of our Sages that money from a good and saintly source brings G-d's blessings, you will find enclosed a check from one of the treasuries for my father-in-law of saintly memory, to deposit to your business account, and may G-d grant that the prediction of our Sages will be realized in your case also.

Hoping to hear good news from you, and

With blessing,

M. Schneerson

Enclosed you will find a copy of a message, which I trust you will find useful.