



Ilarion Mercurieff: Indigenous Elder Knowledge and Wisdom for Modern Times



Ilarion Mercurieff is a messenger of the Unangan people, bringing the ancient knowledge of the Unangan way to modern times. Learn how humanity has strayed from traditional ways of knowing, and what we need to do to remember our place in the natural world and ensure our future.

TOP EMBODIMENT TIP: Watch a Two-Year-Old Child.

The Unangan Way: Stay in Your Heart Centre

- *Stay in your heart center. We have forgotten our niche in nature. We need to recall. **We have been in our minds for too long. We need to get back home, to our hearts.***

Traditional Philosophy: Be in the Moment

- *Be in the moment, in the heart, and the rest will be taken care of.*
- Unangan history shows how people thrived in the harshest conditions over thousands of years, not by thinking and planning, but by being in the moment.
- Raised traditionally, Ilarion learned at age six to move out of the thinking mind and **use the entire intelligence available to human beings.**

Finding Balance: Honoring the Feminine

- *Women already know.* His is a matrilineal culture - another perspective we've forgotten along the way.
- We've become imbalanced, leaning toward the masculine; **we need to remember the sacred feminine.**
- Men's role in humanity's future is to open the door, to protect women's wisdom.

Mother Earth's Messages: What is COVID's Message to Humanity?

- We have misunderstood the COVID-19 pandemic. It was created by Mother Earth, to teach us to **slow down to an "Earth-based pace"** and to show us that when we slow down, nature can heal itself quickly.

The Future: Be What The World Needs

- You cannot offer the world what you do not have. **You want peace, be peace. You want love, be love.**
- We need to heal our traumas so we can live in the heart.
- We need to let go of the river banks, move to the center of the flow, and travel with others who have also made the leap.

Resources

- ❖ **Books:** *Wisdom Keeper: One Man's Journey to Honor the Untold Story of the Unangan People*
- ❖ **Film:** *Wisdom Weavers of the World*, <https://www.wisdomweavers.world/>
- ❖ **Websites:** <https://www.wisdomweavers.world/>, www.gcill.org
- ❖ **References:** Work of others, recommendations, etc.



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Forests Without Frontiers is a non-profit CIC dedicated to planting trees and reforesting degraded landscapes with support from a network of artists and musicians, as well as businesses and individuals working to become carbon-positive.

The initiative was founded by Nicoleta Carpineanu (aka Nico de Transylvania), a Romanian, UK-based DJ/Producer who grew up in the forests of Transylvania. We began our first key project in Romania in April 2019 and in our first year planted over 25,000 trees. We reforest land that has been clear-cut, where natural reforestation would not occur. We only plant native, biodiverse species, grown locally and cared for until maturity in legally protected areas, adjacent to existing natural forests. Our aim is to plant one million trees in the Carpathians and beyond by 2025.

OUR MISSION is to preserve our forests and the people and wildlife they nurture, and to promote connection with nature through music, art, and culture.

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