



Stephane Segatori: We Flow: Embodied Collective Intelligence Applied in Business



Stephane Segatori is the Director of We-Space Lab. A Certified MBTI Counselor and Collective Intelligence Specialist. Discover how human-centered business and high performance is possible. Learn embodiment tools for productivity, flow and performance.

**TOP EMBODIMENT TIP: Life is even more beautiful than my heart and mind can imagine.
Sink into that spark inside us and notice**

We Flow

- Is Purpose, Impact and Play - learning something new and inviting possibilities.
- **Opening to possibilities is part of the We flow culture. It's a new way of being, growing and working around each other**
- **Our purpose:** sinking into Persistent Wellbeing around each other & doing what's important for us in the world right now

We Space

- Leading edge spaces for groups of 2 or more. They give us access to **powerful emerging vistas** for collective consciousness. **Revealing wisdom, intelligence and care.** Provide a “group field” for deeper intersubjectivity and flow. Access to infinite resources and insights.

We Flow and Embodiment

- Embodying **Freedom** of choice and action; embodying **Play/Joy**, welcoming liveliness; embodying healthy **Seriousness and Care** to perform; embodying the “**life integration process**”; embodying **Possibility**, mind to an ever smoother living.

We Flow Embodiment Tools

- Using the heart as a **perception organ**. We use body gestures to **bring perceptions, gifts**, rest, shift states & rejoice
- Navigate life through the **territory of root-emotion**. Your next stage embodiment is already here, it has “**evolved**” **inside, ready to be expressed** and integrated. Once embodied One becomes a **transformational presence**.

Playfulness: **Our mood state can be shifted using play and gesture to embody our desired mood for the day.**

Collective Intelligence Emerging: **Repeat practices that work. Use awareness to develop intentional culture and flow**

Receiving

- What if everything we need is already here? Within this group or just outside this group?
- **Stay open to possibilities and layers in receiving**

Moving From Frustration/Anger to Creative Power

- Fully experience the depths of your frustration. Notice the intensity.
- Trust your non-violence and constructivity. **Notice the power under the frustration.**
- There is a **choice point** of being creative rather than being negative.
- Within self-pity lives self-compassion. From here emerges access to wisdom around right action.
- **Embody the constructive gesture, receive embodied support by having this gesture duplicated from another to anchor constructive power.**

Resources

- ❖ **Social:** Facebook: [We-Space Lab EU](#)



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