



Stephane Segatori: We Flow: Embodied Collective Intelligence Applied in Business



Stephane Segatori is the Director of We-Space Lab. A Certified MBTI Counselor and Collective Intelligence Specialist. Discover how human-centered business and high performance is possible. Learn embodiment tools for productivity, flow and performance.

TOP EMBODIMENT TIP: Life is even more beautiful than my heart and mind can imagine. Sink into that spark inside us and notice

We Flow

- Is Purpose, Impact and Play learning something new and inviting possibilities.
- Opening to possibilities is part of the We flow culture. It's a new way of being, growing and working around each other
- **Our purpose**: sinking into Persistent Wellbeing around each other & doing what's important for us in the world right now

We Space

- Leading edge spaces for groups of 2 or more. They give us access to **powerful emerging vistas** for collective consciousness. **Revealing wisdom, intelligence and care**. Provide a "group field" for deeper intersubjectivity and flow. Access to infinite resources and insights.

We Flow and Embodiment

Embodying Freedom of choice and action; embodying Play/Joy, welcoming liveliness; embodying healthy Seriousness
and Care to perform; embodying the "life integration process"; embodying Possibility, mind to an ever smoother living.

We Flow Embodiment Tools

- Using the heart as a **perception organ.** We use body gestures to **bring perceptions, gifts,** rest, shift states & rejoice
- Navigate life through the **territory of root-emotion**. Your next stage embodiment is already here, it has **"evolved" inside, ready to be expressed** and integrated. Once embodied One becomes a **transformational presence**.

<u>Playfulness:</u> Our mood state can be shifted using play and gesture to embody our desired mood for the day.

<u>Collective Intelligence Emerging:</u> Repeat practices that work. Use awareness to develop intentional culture and flow <u>Receiving</u>

- What if everything we need is already here? Within this group or just outside this group?
- Stay open to possibilities and layers in receiving

Moving From Frustration/Anger to Creative Power

- Fully experience the depths of your frustration. Notice the intensity.
- Trust your non-violence and constructivity. **Notice the power under the frustration.**
- There is a **choice point** of being creative rather than being negative.
- Within self-pity lives self-compassion. From here emerges access to wisdom around right action.
- Embody the constructive gesture, receive embodied support by having this gesture duplicated from another to anchor constructive power.

Resources

♦ Social: Facebook: <u>We-Space Lab EU</u>





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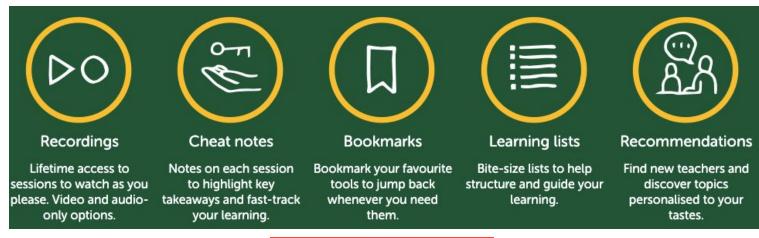


Michelle Boulé is a Transformational Life Coach, Healer, and world-renowned and award-winning Dance Artist and Teacher. She is the CEO of a multi 6-figure coaching+healing business, helping compassionate creatives all over the world manifest the lives they desire with more confidence, joy, impact, and alignment towards their truth. Her online group programs, private coaching, speaking, in-person retreats, and teaching draw from over 20 years of practice in somatic therapies, energy medicine, mindset psychology, spirituality, and an award-winning international career in dance. Clients and students praise Michelle for her direct, intelligent, loving, and joyful approach to guiding groups and individuals.

As a gift to all Embodiment Conference participants, please <u>click here</u> to download Michelle's free **5 Step Guide to Erase Doubt, Claim Your Truth, and Create the Business and Life You Desire.** If you suffer from loops of self-doubt, indecision, exhaustion, or a life that is less than fulfilled, this guide offers powerful insights and practical Action Steps you can use right away to create the life you truly desire.

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