



**Jamie Marloo Thomas: Wayapa Wuurrk: Ancient Ways of Knowing, Doing & Being for A New World**



Jamie Marloo Thomas is a GunaiKurnai man and Maara descendant of Aboriginal Australia. He is the Co-Founder of Wayapa Wuurrk, which means “Connect to the Earth” in the language of the Maara and GunaiKurnai people. Learn about indigenous ways of being in connection with the natural environment and the reactivation of a reciprocal relationship with the Earth. Discover more about ancient ways of being and knowing and how to apply them to a modern world for the sustainability of life on Earth.

**TOP EMBODIMENT TIP:** Go out, take your shoes off and stand on the grass or the dirt, or the sand and close your eyes and have gratitude that we as a human species are here, because of Mother Earth, and just feel the love and energy that she will give you.

**Our Ancestors Understood Their Relationship To Mother Earth: “I sing for the land and the land sings for me” - Aboriginal Proverb.**

- Our ancestors understood their relationship with other animal species and other plant species.
- A lot of our current planetary problems are due to the disconnection of our relationship with the Earth.
- Connecting to life from an ancient perspective for a modern world can help us heal our relationship with nature and the environment so that we can pass on a healthy planet to future generations.

**Responsibility To Future Generations: It is our responsibility to share our connection to the Earth as our Ancestors did and teach others how to respect and care for it to heal it and let it heal us.**

- It is essential for us to think about passing the planet on to our great-great-great-grandchildren.
- For a hundred thousand years, Aboriginal people lived life well, living in harmony with what sustained them.
- Elders and the wisdom they share is important in society. Educate children on their connections to ancient culture, and teach them and encourage them to be connected to the Earth. This Rite of Passage is significant.

**What Is Wayapa?: Wayapa is a certified Indigenous Wellness modality and accredited course.**

- It is based on ancient indigenous wisdom that combines Earth mindfulness, storytelling, Embodiment practice of the fourteen elements, and taking action to care for the environment.

**Healing The Planet Is The Starting Point For Healing Ourselves: We can't be well if the Earth isn't well.**

- It matters that we find a connection to nature around us, as well as our own sense of belonging and purpose in caring for an Earth which sustains and nourishes us. **Look at what you can do. Even making small changes count.**

**Resources**

- ❖ **Courses:** For course info e-mail [info@wayapawuurrk.com](mailto:info@wayapawuurrk.com)
- ❖ **Website:** [wayapa.com](http://wayapa.com)



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The initiative was founded by Nicoleta Carpineanu (aka Nico de Transylvania), a Romanian, UK-based DJ/Producer who grew up in the forests of Transylvania. We began our first key project in Romania in April 2019 and in our first year planted over 25,000 trees. We reforest land that has been clear-cut, where natural reforestation would not occur. We only plant native, biodiverse species, grown locally and cared for until maturity in legally protected areas, adjacent to existing natural forests. Our aim is to plant one million trees in the Carpathians and beyond by 2025.

**OUR MISSION** is to preserve our forests and the people and wildlife they nurture, and to promote connection with nature through music, art, and culture.

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