



Eivind Figenschau Skjellum: Two Uncommon Gateways to Your Greatest Leadership



Eivind Figenschau Skjellum is a recognised expert in the field of archetypes and masculine psychology, and the founder of Reclaim Your Inner Throne, taking men on a journey that can change their lives. In this session you will learn how to integrate the Creature and the Child to unlock your energy so that you can thrive, access your vision and vitality, and lead.

TOP EMBODIMENT TIP: Be aware of the state you are in throughout the day: working or resting. When we're working, we can charge ahead with the Creature by our side. When we are resting, the Child in us can start coming out and we get access to the joy in the present moment.

The Creature Archetype

- **The Creature is the instinctual part, like the lower self. Freud called it the ID.** Everything that's considered taboo: violence, aggression, abuse. The Creature grows into the Warrior archetype.

The Child Archetype

- **The Child is your innocence, your joy, your sense of adventure.** Looking at life like a blank canvas and being open to the joy of the present moment. The Child grows into the Lover archetype.

Leadership Problems:

- **Individual:** I don't enjoy my work; I feel like a fraud; I lack authority and power; I feel uncomfortable claiming rank
- **Collective:** Extreme polarization; technology evolving faster than humans; environmental collapse; addiction-based economy; increasing loss of liberty

Repression of The Creature vs Integration

- We become excruciatingly vulnerable, we shut down, we become dysfunctional in our relationship with power
- Without a conscious relationship with the Creature, it turns on us and becomes the Critic
- When we lean into life with power and that feral rage mastered, the Critic fades
- When the Creature is integrated, the Child feels protected and safe, and the fear becomes secondary to the thrill of moving ahead
- Integration of both Creature and Child is crucial because **they are the gatekeepers to enormous energy and lifeforce**

Resources

- ◆ **Website:** [Eivind Figenschau Skjellum](#)



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