



Arion Light: The Warrior Way – Enjoy a Dive Into an Extraordinary 4-Phase Coaching Method with Coach/Warrior/Clown



Arion Light is dedicated to awakening Love in Action through the Warriors of Love Embodiment Training and the Warrior Rhythm - how to flow with life and train yourself to become that living current of life. Learn real techniques to shift from surviving life to living and creating from deep embodied passion.

TOP EMBODIMENT TIP: Breathe in and let life ravish you right now in this moment.

Warriors of Love Embodiment: **Love in Action.**

- The miracle of love is the wild living current flowing through us like a river.
- Align your soul, body and action into a powerful unified rhythm.
- **Awaken the love in your body and let it be the force that creates your life.**
- Striving is more effort than it's worth.
- Open up to the true nature of love; you are worthy of it and you are love.
- The care gap happens when our actions often don't align with our perceived level of care.
- A radical internal shift happens when people connect with their essence, which can transform their whole life.

Warrior Rhythm: **4-Phase Coaching Method On How to Flow With Life.**

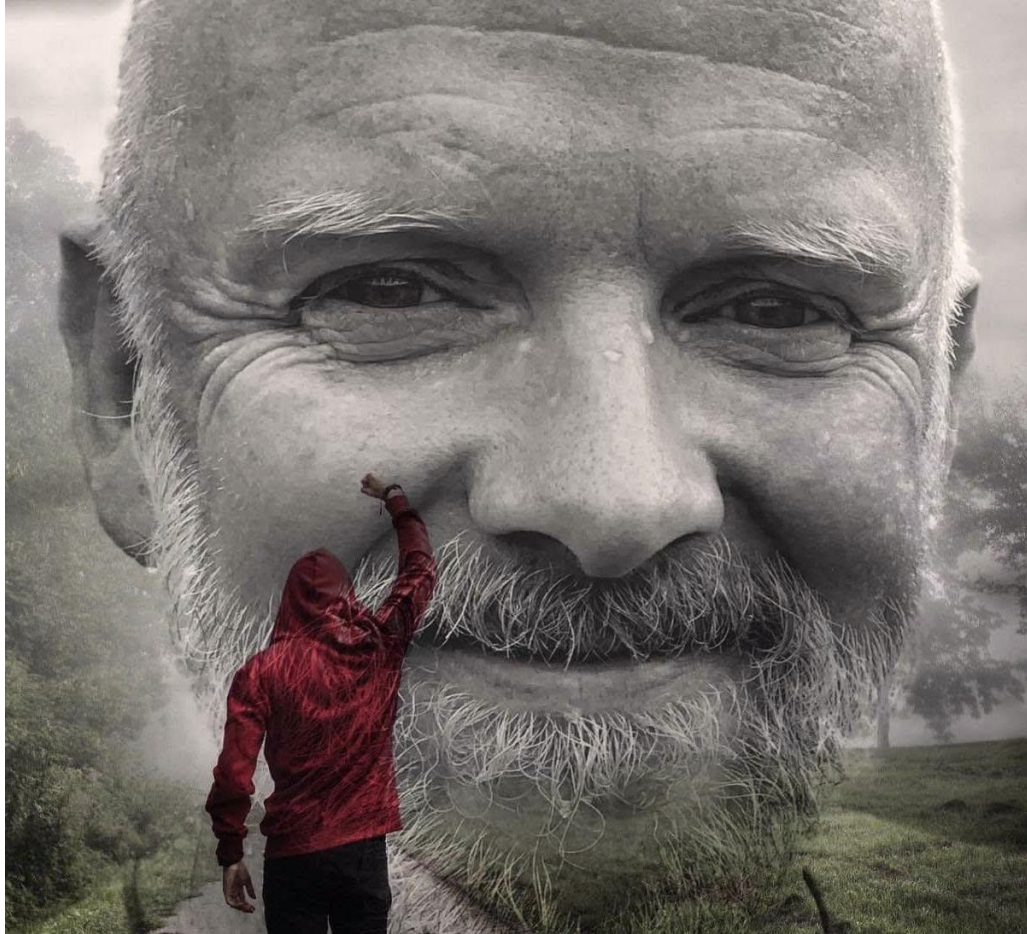
1. **Connection to Soul:** Get out of your head and the identity rules you've been told and make contact with your soul to connect with your vision.
2. **Embodiment:** Slow down and awaken love by breathing into the body so breath and movement become a living pulse in our bodies. When that love comes alive it shows us how to be in relationship and live in the moment. When the flow of life is alive in our body it initiates ecstatic action to move forward without effort or control.
3. **Creation:** Allow love to initiate action and birth powerful life-changing action into the world. The miracle of the work is to truly become love in action so that your unique vision of how love can come alive on this planet can become fully manifest.
4. **Transmutation:** Turn the feedback you get from action into more fuel. Break through the strong patterns that you have to fit in/ to belong. If you get rejected or fail, then turn that into more fuel rather than closing it off. The more revolutions we do through the cycle, the greater our connection to love and then the greater our power to impact the world in a way that's true for us.

Resources:

- ❖ **Courses:** Check out the facebook group [Warrior Rising](#) for free ceremonies, audio recordings & meditation
- ❖ **Website:** activationschool.com
- ❖ **Instagram:** [@warriors_oflove](#), **Facebook:** [Arion Light](#)
- ❖ **References:** Eckhart Tolle, Tony Robbins



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Dylan Newcomb, [UZAZU Embodied Intelligence](#)



Dylan Newcomb: Founder & lead trainer of UZAZU Embodied Intelligence, master embodiment-based coach for helping professionals & cultural creatives, embodiment researcher, and former professional dancer.

UZAZU Embodied Intelligence gives you a clear, integrative model & method for understanding how STATES work: how to identify State Imbalances and how to rapidly shift & re-pattern them, using a set of simple postures & movement patterns. As a Helping Professional, UZAZU gives you a **comprehensive, highly adaptable, embodiment-based methodology** for effectively working

with clients on almost any issue—in a way that easily integrates with and amplifies the potency of your existing skill sets.

UZAZU founder Dylan Newcomb is leading a 3-day live, online training this November 19-21, which will teach you all about embodied states and how to access and re-balance them—both for yourself and with your clients.

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UZAZU also offers a FREE Online Embodied Intelligence Self-Assessment, which you can complete in 10-15 minutes and gives you valuable insight into your own embodied states and patterns. **Visit [Uzazu.org](#) for details!**